

**TODAY'S VERSE**

Matthew 7:2 For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.



**FACES OF HAMILTON COUNTY**

People who call our community their own.

What makes Dave Marsh smile? "The seasons of the year, when the song birds come," said the 83-year-old Noblesville resident. The Noblesville Lion was found volunteering at the Lions' annual Pork Chop Dinner this summer. Since then, he's helped coordinate the Lions Dodgeball and Cornhole Tournament, which benefits Lions charities. He has been a member of the Lions for 10 years and is involved with the Noblesville High School Leos. Today's feature is a look back at one of The Times' previous Faces of Hamilton County. Marsh was born and raised in Portland, Ind., and taught three years of school in Huntington. He spent a year stationed in France in the U.S. Air Force in 1961. He and a couple of GIs set up their own touring service and bought a car and sold seats and went all over Europe. He came to Noblesville to coach athletics in 1964, coaching football and track. He started out under Bill Nevitt, then assisted Jim Belden in football and assisted Dale Snelling in track until he left, then became head track coach. Marsh taught industrial arts, teaching electronics, drafting and woodworking and retired in 1995 when the new high school opened. He loves people and travel, so he worked in the travel business and still does. He has three children, eight grandkids and eight great-grandkids. Also making him smile is when he built music boxes for his five great-granddaughters, and used the "Let It Go" song from Disney's "Frozen." (By the way, The Belfry Theatre is presenting "Frozen Jr" in July 2022, with auditions in early June.) To learn more about the Lions, visit their meetings, at 6:30 p.m. the second and fourth Wednesday at Ginger's Cafe in Noblesville or send an email to noblesvilleions@gmail.com

**And Another Thing...**

Noblesville First United Methodist Church is offering a 13 week program called Divorce Care to help those in need of healing from separation and divorce. Our program will begin Friday January 18, 2022 from 6:30 to 8:30 pm and will run for 13 weeks, but people can join us at any time. Child care may be provided. They should enter Door # 1 and we will meet in the church parlor. More information can be found at: noblesvillefirst.com/divorcecare or https://www.divorcecare.org/groups/search

# The TIMES

Hamilton County's Only Daily Newspaper

NOBLESVILLE, INDIANA

50¢ WWW.THETIMES24-7.COM



Photo courtesy of DNR

The guided hikes are organized by Indiana State Parks in cooperation with America's State Parks. First Day Hikes will take place in all 50 states.

## Enter 2022 with a First Day Hike

Usher in 2022 with other outdoor lovers at one of the many First Day Hikes offered Jan. 1 at Indiana's state parks, forests, and lakes.

First Day Hikes are a healthy way to start 2022 and a chance to get outside, exercise, enjoy nature and connect with friends. Nearly all state parks and lakes, as well as some state forests, will offer hikes. Find a hike near you at on.IN.gov/INstate-parkevents.

The guided hikes are organized by Indiana State Parks in cooperation with America's State Parks. First Day Hikes will take place in all 50 states.

First Day Hikes originated more than 20 years ago at the Blue Hills Reservation, a state

park in Milton, Massachusetts. The program was launched to foster healthy lifestyles and promote year-round recreation at state parks.

For more information, visit America's State Parks' website (stateparks.org) or facebook.com/Americas-State-Parks-205324976548604.

For Hamilton County residents, the two closest First Day Hikes might be at Fort Harrison and Mounds. Details for those, and all the others received so far, are below.

**Fort Harrison State Park.** Meet at the Delaware Lake Shelter at 1 p.m. for a 2-mile, one-hour hike. Friends of Fort Harrison will be providing hot cocoa while supplies last.

**Mounds State Park.** Meet at the Nature Center Front Porch before 5:30 p.m. for warm beverages. At 5:30 p.m. will be a .25-mile easy hike lasting about 45 minutes along an illuminated trail.

**Brookville Lake.** Meet at 4 p.m. at the Campground Shelter at Mounds State Recreation Area, which is across from the Wildlife Wander Trail. Hike is 0.7 miles, rated easy, and should last about 45 minutes. There will be a campfire after the hike.

**Brown County State Park.** This hike will be open from 11 a.m. to 2 p.m. and will be self-guided with interpretive

➔ See HIKE Page A5



## FHD asks Hoosiers to get boosters, expands hours for vaccine clinic

Fishers Health Department announced Monday that it is expanding its hours of operation for the Fishers Vaccination Clinic. This move is in direct response to rapidly increasing COVID cases and decreasing hospital and ICU availability. The expanded hours are intended to encourage Hoosiers to complete their first vaccination round or complete a booster dose.

The Fishers Vaccination Clinic, located at 12520 E. 116th Street, will extend its hours to 9 a.m. - 7 p.m. Tuesday, Dec. 28 through Thursday, Dec. 30. To date, the site has administered more than 82,000 vaccine doses.

"We are absolutely at a point - again - where we are asking residents and Hoosiers everywhere to take this situation

seriously," said Monica Heltz, public health director for Fishers Health Department. "The number one way to protect yourself and loved ones is to complete your vaccination round and get boosted when eligible. The omicron variant is directly impacting our hospitals and health care systems and these measures can help alleviate this pressure. By the very nature of this virus, new variants will continue to develop until we take vaccinations and boosters seriously."

The State of Indiana reports statewide ICU bed availability at 12.2 percent, the lowest availability rate since the beginning of the pandemic. District 5, which represents Central Indiana, is reporting just 7 percent availability.

➔ See CLINIC Page A5

## Having a ball in the year 2022

With New Year's Eve just around the corner, I find myself thinking once again of Disney's Cinderella. I know what you are thinking. No, I'm not the party dude who ends up under the grand piano, drinking champagne from a lady's glass slipper. Shock! That's really not me.

Ryan Seacrest doesn't have to emcee the event to connect Cinderella's night out with a New Year's Eve bash.

For one thing, Cindy and I are alike. We can never seem to make it all the way to midnight. I don't know what it is, but once that final countdown begins . . . ten, nine, eight . . . I fall asleep long before zero. Same applies to rocket launches.

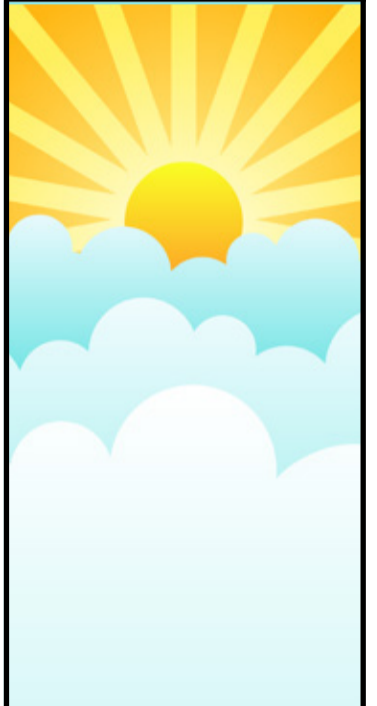
The whole countdown thing



JOHN MARLOWE  
With the Grain

➔ See MARLOWE Page A5

## The Daily Almanac



**Sunrise/Sunset**  
RISE: 8:09 a.m.  
SET: 5:31 p.m.



**High/Low Temperatures**  
High: 46 °F  
Low: 38 °F



**Wacky Holiday Today**  
• Holy Innocents' Day  
• Call a Friend Day



**What Happened On This Day**  
• 2007 Nepal abolishes monarchy  
• 1968 Israel raid on Beirut Airport  
• 1836 South Australia becomes a British colony



**Births On This Day**  
• 1934 Maggie Smith English actress  
• 1856 Woodrow Wilson 28th President of the U.S.

**Deaths On This Day**  
• 2004 Susan Sontag American author  
• 1984 Sam Peckinpah American director

**INSIDE TODAY**

Obituaries.....A2  
Classifieds.....A4  
In the Kitchen.....A6  
Health and Wellness.....A7

**HONEST HOOSIER**

I hope you all had a wonderful Christmas break. I know I sure did. Let's all count our blessings, and let's keep a kind thought for those who have a few less than the rest of us.



**TODAY'S HEALTH TIP**

Treat burns by immediately soaking the area in cold water for at least five minutes and cover any open areas with antibiotic ointment. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



**TODAY'S QUOTE**

Take a leap of faith and begin this wondrous new year by believing. Believe in yourself. And believe that there is a loving Source - a Sower of Dreams - just waiting to be asked to help you make your dreams come true.  
Sarah Ban Breathnach

**TODAY'S JOKE**

What's green, covered in tinsel and goes ribbet ribbet?  
A mistle-toad!

**THREE-DEGREE GUARANTEE**

Weatherby says the high today will be **44°**

If Weatherby is off by more than 3 degrees, e-mail us at weatherby@thetimes24-7.com and let us know. Include your name and phone number. Each month those who called in and caught Weatherby will be entered into a drawing for a prize.



The Times appreciates all our customers. Today, we'd like to personally thank John Thomas of Noblesville for subscribing!

**OBITUARIES**

Sam Manis  
Ronald Dee Hittle  
Clarence Alonzo Fulton



# It is not about luck, it is about gratitude



**Carrie Classon**  
Columnist

## Want MORE?

Carrie Classon's memoir, "Blue Yarn: A Memoir About Loss, Letting Go, & What Happens Next" is available at Amazon, Barnes and Noble, and other fine stores. Learn more at [CarrieClasson.com](http://CarrieClasson.com).

"It's not about luck," my friend Andrew insists, "it's about gratitude."

Andrew is not some sort of New Age guide, in case you were wondering. He is a slightly curmudgeonly tax preparer and not given to feel-good platitudes.

He was refuting what I had said, which was that luck has played a significant role in my life. When good things happen to me, I don't believe it's only because I worked hard.

"Lots of people work hard," I told Andrew. "Not everyone had the head start I did."

By "head start," I am usually referring to my mom and dad, who were the equivalent of winning the parent lottery at birth. I say this not because they were wealthy, but because I got every good thing a curious kid could wish for in parents.

I was always encouraged, no matter what I decided to try. They never assumed, because I was a girl, that I wouldn't want to camp in the wilderness or carry a canoe on my shoulders or learn how to keep bees.

My childhood was a time of exploration and love and support. Struggles and disappointments came later, but I will always remember childhood as that time when I would sit on the edge of my bed in the morning, my feet dangling just over the floor, and be overwhelmed by the myriad of possibilities the day held. I knew my parents would never discourage me from trying whatever I had in mind.

"A carnival on the hill? Why not?"

"A puppet show in the basement? OK."

"All the neighbor kids are coming over again today—for what?"

I would sit on the edge of the bed in the morning and feel how large a place the world was, how full it was with possibilities and adventures, and that feeling was never tamped down by my mom or dad. That,

in my opinion, was a giant stroke of luck.

Andrew disagrees. "You can't claim luck for having your parents," he insists (although Andrew has known my parents since he was 16 and he would be the first to agree I have terrific parents).

"Lots of people are born into great homes and they never appreciate it. The important thing is to be grateful for what you have."

I agree with Andrew on the importance of being grateful, so we can't really get a good argument started. Although I still know I was incredibly lucky—and continue to be—to have the parents I do, supporting every harebrained idea I come up with.

This past week was one dedicated to gratitude. We were asked to consciously focus on the many things we have to be thankful for and, for me, this is an absurdly simple task. I have a wonderful marriage and loyal friends and projects that excite me and supportive people in my life—starting with my parents.

And one of the things I am most thankful for is that I am able to see it—I am able to recognize all the good in my life. When some sadness or disappointment crops up, it is easily overwhelmed by the tsunami of good things that crowd my life. My little disappointment doesn't stand a chance when I begin the practice (which I try to remember every day) of consciously remembering all the ways in which I am blessed.

I know I've been lucky, but I'm glad Andrew got me thinking about this. Having him as my friend is just one more way that I'm lucky.

Till next time,  
Carrie

*Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each Wednesday.*

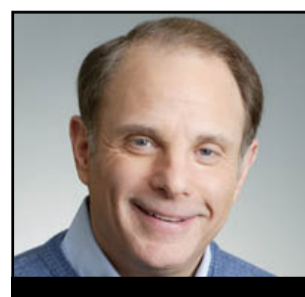
# Passing remarks for those who have passed on

At the end of each year, news stations recount notable people who passed away during the previous 12 months. I'd like to mention a few who meant a great deal to me...

Baseball lost a treasure in 2021. In 1974, Henry Aaron slugged career homerun number 715, eclipsing Babe Ruth's record after 39 years. Aaron not only held records, he was held in high esteem by most, except for a small minority who resented a Black man surpassing the Bambino. Legendary Dodger announcer Vin Scully would have none of it. He called the shot that day:

"A Black man is getting a standing ovation in the Deep South for breaking a record by an all-time baseball idol. What a marvelous moment it is for baseball. What a marvelous moment for Atlanta and the state of Georgia. What a marvelous moment for the world." Then Vin Scully went silent, letting his viewers absorb the moment.

Mort Sahl, the legendary comic, passed in 2021 at age 94. He was an observer of all things social and political, like Will Rogers, but far more acerbic.



**DICK WOLFSIE**  
Funny Bone

When I was in high school, just months after I got my license, I made my first solo auto trip to New York City. I was old enough to drive, but not quite old enough to drink. I somehow managed to sneak into the Bitter End, a Greenwich Village comedy club. I walked in and there was Mort Sahl sitting on a bar stool; his only prop was that day's newspaper. This is his one-liner I still remember: "There are Russian spies here now. And if we're lucky, they'll steal some of our secrets so they'll be two years behind."

Good-bye to Ed Asner, the curmudgeonly TV news executive on the Mary Tyler Moore Show. Earlier this year, I wrote about my interview with Mr. Asner and how I began the

## OBITUARIES

### Ronald Dee Hittle

March 2, 1948 - Dec. 22, 2021

Ronald Dee Hittle, 73, Noblesville, passed away on Wednesday, Dec. 22, 2021 at St. Vincent Carmel Hospital.

He was born on March 2, 1948 to Harlan and Phyllis (Freeman) Hittle in Indianapolis, Ind.

Mr. Hittle was a firefighter for 35 years, working for Westfield Fire Department, Carmel Fire Department and Battalion Chief at Washington Township Fire Department (IFD). He was also the business owner of Hittle Landscaping. Mr. Hittle was a competitive bass fisherman and a big Notre Dame Fan. He also built the largest snow removal operation in Central Indiana. But above all things, Mr. Hittle loved being a Fire Fighter.

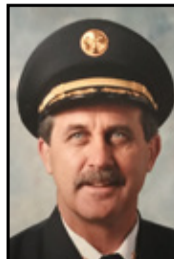
Survivors include his wife, Nancy Hittle; sons, Jeremy (Melissa) Hittle, Josh (Billie) Hittle and Brian (Kerri) Mayo; daughter-in-law, Amy Hittle-Rusher; sister, Julie (Michelle) Hittle; sister-in-law, Ann Hittle; grandchildren, Jordan Culverhouse, Faith Hittle, Tyler (Libby) Hittle, Alison Hittle, Lakin Hittle, Mayah Lopez, Matthew Lopez, James Hittle, Abigail Mayo, Joe Mayo and Sam Mayo.

In addition to his parents, he was preceded in death by his son, Chad Hittle; brother, Dennis Hittle; and grandson, Justin Culverhouse.

Services will be held at 2 p.m. on Wednesday, Dec. 29, 2021 at Randall & Roberts Funeral Center, 1685 Westfield Road in Noblesville, with Tony Murray officiating. Visitation will be from 10 a.m. to the time of service at the funeral home. Burial will be at Eagle Creek Cemetery in Westfield.

Memorial contributions may be made to Chad Hittle Memorial Fund, 399 S. 14th Street Noblesville, IN 46060, make checks to: HCPFFF (Hamilton County Professional Fire Fighters Foundation), [https://www.paypal.com/donate/?hosted\\_button\\_id=DLE4N-RK2QEL3G](https://www.paypal.com/donate/?hosted_button_id=DLE4N-RK2QEL3G)

Condolences online at: [www.randallroberts.com](http://www.randallroberts.com)



### Sam Manis

Dec. 5, 1944 - Dec. 14, 2021

Sam Manis, 77, passed away after a brief illness on Dec. 14, 2021, at Blake Medical Center in Bradenton, Fla.

He was born Dec. 5, 1944, in Anderson Ind., the son of Violet Ruth Raines and Sanford Monroe Manis.

Mr. Manis graduated from Anderson High School, Class of 1963, where he played basketball and football. Following graduation, he worked at LifeTime Tile Setters and then attended Ball State University.

Mr. Manis married his high school sweetheart, Lois Jean "Jeanie" Reasoner, and they celebrated 58 years of marriage in October. Mr. Manis retired from General Motors after 36 years. He was an avid fisherman growing up, and he enjoyed watching hummingbirds while drinking a glass of his famous sweet tea. When he was in Florida, Mr. Manis enjoyed working on his garden and going to The Elk's, which he was a member of.

Surviving in addition to his wife, Jeanie (Reasoner) Manis, are his sons, Scott Manis and Rob Manis; his daughter, Angel Farmen; his brother, Daniel Manis; sister-in-law, Peach Reasoner; and many grandchildren, great-grandchildren, nieces and nephews.

In addition to his parents, he was preceded in death by his sisters, Anita Kay Myers and Carolyn Sue Manis; father-in-law, Robert R. Reasoner; and mother-in-law, Mary L. (Jackson) Reasoner.

A time of visitation will be held Wednesday, Dec. 29, 2021 from 3 until 7 p.m. at Hartley Funeral Home Cicero Chapel, 209 West Jackson Street, Cicero, IN 46034.

Online condolences may be made at [www.hartleyfuneralhomes.com](http://www.hartleyfuneralhomes.com). Condolences can also be sent to 4459 W 300 S, Anderson, Indiana 46011. Donations will be used to honor Mr. Manis's favorite cause, The Butterfly Project. Donations may be sent to Bethel United Methodist Church; 4011 W 200 S, Anderson, IN 46011.



### Clarence Alonzo Fulton

June 25, 1927 - Dec. 22, 2021

Clarence Alonzo Fulton passed away on Wednesday, Dec. 22, 2021. He will be dearly missed.

He was born June 25, 1927 to Virgil and Carrie (Mundy) Fulton.

He is the 10th of his parent's 14 children. Mr. Fulton married Rosalee Ann Bannon on May 29, 1949 in the Noblesville Church of the Nazarene after completing his tour of duty in the US Army from 1945 to 1947.

Their union produced four children and he and his wife, Rosalee, were loving grandparents to 21 grandchildren and 22 great-grandchildren

In 1948, Mr. Fulton began working at Ford Fence Company in Broad Ripple and after six months, they made him foreman, a position he held until he resigned after twenty-nine years. He started his Multi-Lock business soon thereafter where he worked many years on "The Fulton Funny Farm". His health issues prompted him to research alternative holistic cures. He became a Master Herbalist and studied Iridology. Not only did he heal his own health issues, Mr. Fulton helped hundreds of people enjoy better health. He traveled all over the United States selling herbs and reading eyes.

He enjoyed tending to his beehives and had many adventures collecting new colonies of bees.

Mr. Fulton leaves a legacy of love and faith in the Lord that has influenced his entire family and many friends and loved ones along the way. We know Mr. Fulton is rejoicing in Heaven with his beloved Rosalee and daughter, Cindy.

Survivors include his four children, Daniel Lee (Suzanne V. Small) Fulton, Richard Wesley (Brenda F. Rivocecchi) Fulton, Cynthia Arlayne (Johnny Smith) Fulton and Julia Eileen (Johnathan Daniel Phillips) Fulton; 21 grandchildren; and 22 great-grandchildren

He was preceded in death by his wife, Rosalee; his daughter, Cynthia; his mother and father; and all of his brothers and sisters.

Funeral services will be held Thursday, Dec. 30, 2021 at 2 p.m. at Hartley Funeral Home Cicero Chapel, 209 West Jackson Street, Cicero, Ind. 46034 with burial to follow at the Cicero Cemetery. A time of visitation will be from 12 p.m. until time of the service.

Memorial contributions may be made in Mr. Fulton's memory to Union Friends Church, 533 South Union Street, Westfield, IN 46074. You may send condolences at [www.hartleyfuneralhomes.com](http://www.hartleyfuneralhomes.com).



## PUBLIC NOTICES

### PUBLIC NOTICE OF SALE

The following will be sold for charges:  
20583 CYNTHIANNE RD NOBLESVILLE  
On 01/12/2022 at 09:00 AM  
2011 HYUNDAI 5NPEC4AC2BH139517 \$1,440.00  
TL18579 12/22 It hspaxlp

### PUBLIC NOTICE OF SALE

The following will be sold for charges: ON 1/05/2022  
12 PM AT: 8280 E 216TH ST, CICERO  
2011 CHE k11tg5de4bb159369 \$1985.00  
2016 HYU kmhdh4ae1gu603095 \$1915.00  
10 AM AT: 17110 RIVER RD, NOBLESVILLE  
2005 LEX JTB8D69S450206920 \$1853.00  
The following will be sold for charges: ON 1/12/2022  
12 PM AT: 8280 E 216TH ST, CICERO  
1992 CHE lgnk18k6nj307838 \$3000.00  
12 PM AT: 8280 E 216TH ST, CICERO  
1997 CHE lGNDT13W7V2237439 \$1950.00  
2000 CHE 2G1FP22K6Y2176523 \$1800.00  
1997 FOR 1FMPU18L9WL80119 \$1850.00  
2008 KIA KNAD1E163386372139 \$1875.00  
1 PM AT: 14728 E 141ST ST, NOBLESVILLE  
1984 BMW wbaca5324rfg10367 \$2600.00  
1990 FOR 2fjw36g0lcb19267 \$2700.00  
1 PM AT: 1372 S 10TH ST, NOBLESVILLE  
2005 SCT JTKDE177850024185 \$5477.13  
TL18583 12/28 It hspaxlp

### 2022 Hamilton County Council Meeting Dates

Pursuant to IC5-14-1.5-5(c) the Hamilton County Council have scheduled the following meetings in 2022. Meetings are held in the Commissioners/Council Courtroom in the Hamilton County Government and Judicial Center, One Hamilton County Square, Noblesville, Indiana. Meeting dates and times are subject to change.

January 5, 2022	7:00 p.m.
February 2, 2022	7:00 p.m.
March 2, 2022	7:00 p.m.
April 6, 2022	7:00 p.m.
May 4, 2022	7:00 p.m.
June 1, 2022	7:00 p.m.
July 6, 2022	7:00 p.m.
August 3, 2022	7:00 p.m.
September 6, 2022	8:30 a.m.
September 7, 2022	8:30 a.m.
September 7, 2022	5:00 p.m.
October 5, 2022	7:00 p.m.
October 17, 2022	8:30 a.m.
November 2, 2022	7:00 p.m.
December 7, 2022	7:00 p.m.
December 29, 2022	9:00 a.m.

/s/Robin M. Mills  
Hamilton County Auditor  
TL18586 12/28 It hspaxlp

### 2022 Hamilton County Board of Commissioners Meeting Dates

Pursuant to IC5-14-1.5-5(c) the Hamilton County Board of Commissioners have scheduled the following meetings in 2022. Meetings are held in the Commissioners/Council Courtroom in the Hamilton County Government and Judicial Center, One Hamilton County Square, Noblesville, Indiana. Meeting dates and times are subject to change.

January 10, 2022	1:00 p.m.
January 24, 2022	12:15 p.m.
February 14, 2022	1:00 p.m.
February 28, 2022	12:15 p.m.
March 14, 2022	1:00 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
March 28, 2022	12:15 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
April 11, 2022	1:00 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
April 25, 2022	12:15 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
May 9, 2022	1:00 p.m.
May 23, 2022	12:15 p.m.
June 13, 2022	1:00 p.m.
June 27, 2022	12:15 p.m.
July 11, 2022	1:00 p.m.
July 25, 2022	12:15 p.m.
August 8, 2022	1:00 p.m.
August 22, 2022	12:15 p.m.
September 12, 2022	1:00 p.m.
September 26, 2022	12:15 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
October 10, 2022	1:00 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
October 24, 2022	12:15 p.m. Historic Courtroom 33 N. 9th Street, Noblesville
November 14, 2022	1:00 p.m.
November 28, 2022	12:15 p.m.
December 12, 2022	1:00 p.m.

The Commissioners have scheduled the following meetings with Hamilton County Highway staff at 8:30 a.m. on the following dates. Meetings will be held at the Hamilton County Highway Department, 1700 S. 10th Street, Noblesville, Indiana. Meeting dates and times are subject to change.

January 28, 2022
February 25, 2022
March 25, 2022
April 29, 2022
May 27, 2022
June 24, 2022
July 29, 2022
August 26, 2022
September 30, 2022
October 28, 2022
November 18, 2022

/s/Robin M. Mills  
Hamilton County Auditor  
TL18585 12/28 It hspaxlp

conversation by pointing out to him that his name was a clue in the New York Times Sunday Crossword Puzzle that week. Ed Asner was one of the few actors to get an Emmy Award for both a comedy and a drama on TV. My favorite line of his came while he interviewed Mary Richards for a job in the newsroom:

Mr. Grant: Mary, you have spunk.

Mary: Thank you, Mr. Grant.

Mr. Grant: I hate spunk. Mark Twain died in 1910, but I felt like he died again this year when Hal Holbrook passed. I first saw Holbrook's one-man show in 1973 in which he impersonated the great American writer. Holbrook became Mark Twain. He did over 2,000 performances, each time a little different, because he pulled his show from six hours of material he had absorbed. He was never quite sure what would emerge on any given night. No one was ever disappointed.

Earlier this month, we mourned the loss of former Senator Robert Dole. I never knew him and seldom agreed with him, but I recognized the gentleman and

hero that he was. He was a great wit who once panned his own failing presidential campaign against Bill Clinton by saying at a rally, "Thanks for inviting me here tonight. My wife, Elizabeth (who was president of the American Red Cross), couldn't be here. She's at another disaster."

Tommy Lasorda was the manager of the Los Angeles Dodgers from 1976-1996. His greatest claim to fame (other than winning two World Series) was that he somehow was able to get the Phillie mascot, known as the Phillie Phanatic, ejected from a baseball game for driving his all-terrain vehicle on the field with a life-size dummy of Lasorda sitting in the back seat.

Google "Lasorda Mascot" to see the hysterical video on YouTube. Then you can tell your friends you finally finished a Wolfsie column with a big laugh.

*Dick Wolfsie spent his career sharing his humor, stories and video essays on television, radio and in newspapers. His columns appear weekly in The Paper of Montgomery County. E-mail Dick at [Wolfsie@aol.com](mailto:Wolfsie@aol.com).*

# How the Supreme Court could alter the Indiana Senate race

In late June 2018, Democrat U.S. Sen. Joe Donnelly was cruising toward reelection and was on a conference call with Hoosier agriculture reporters when he learned that U.S. Supreme Court Justice Anthony Kennedy was retiring.

"It was like I got hit in the head with a baseball bat," Donnelly told me. "I had been watching that like a hawk, because the way the Supreme Court operates, there's a time when you really can't resign after that point in the year, there are things you have to do to get ready for the next cycle. He had already hired clerks. By that time, you're really in so deep you can't leave. So, this was the final week when he could possibly consider; this was the end of the final week. I know how emotional Supreme Court nominations are."

Donnelly ended up losing to Republican Mike Braun five months later, 51-45%, with the Republican carrying 84 counties. The Kennedy retirement and the volatile confirmation hearing of Judge Brett Kavanaugh a month before the election that



**BRIAN HOWEY**  
HOWEY POLITICS

included sketchy allegations that as a teenager he had sexually assaulted a girl completely roiled the Indiana Senate race.

The Kavanaugh confirmation sequence was a determinative one that may have decided this race. It gave President Trump more reasons to come to stump for Braun, showing up a half a dozen campaign rallies. It certainly ignited the Republican base. And it put Donnelly in a bind, eventually opposing the Kavanaugh confirmation.

This coming June, the U.S. Supreme Court's decision's in the Mississippi case *Dobbs v. Jackson Women's Health Organization* has the potential to alter the political environment once again. Republican

U.S. Sen. Todd Young is seeking a second term and will likely face Democrat Hammond Mayor Thomas McDermott Jr.

McDermott says that the potential for the U.S. Supreme Court's overturning of *Roe v. Wade* next summer could be a huge break for his campaign. "I know many women are concerned about *Roe v. Wade*," he said. "I think we know what happens when *Roe* is overturned, Todd Young has got a lot of explaining to do. Some women are going to love him for that and others are going to be angry."

McDermott said that if the Supreme Court announces a repeal of *Roe* next June, "that could energize my campaign."

According to Planned Parenthood of Indiana & Kentucky, 50% of Hoosiers describe themselves as pro-choice while 49% are pro-life. A Harvard CAPS-Harris Poll survey earlier this month showed 54% opposed overturning *Roe v. Wade* while 46% support. A November Quinnipiac poll found that 63% agree with the *Roe v. Wade* ruling; and 60%

of respondents in a November Washington Post/ABC News poll and 58% of May Gallup respondents want the court to uphold the decision.

Sen. Young is a vociferous pro-life advocate, joining 200 Republicans in signing an amicus brief surrounding the Mississippi case, asking "the Court uphold Mississippi's law as effectuating important state interests, or, alternatively, return this case to the lower courts for consideration."

The State of Mississippi in 2018 enacted the Gestational Age Act, a state law prohibiting abortion after 15 weeks' gestation, except in cases of medical emergency, prompting the Jackson Women's Health Organization to sue, maintaining the law violates the viability standard established by *Planned Parenthood v. Casey*.

"We are only one of seven countries around the world ... that allows abortion to take place past the point at which a baby can feel pain in the womb," Young told WIBC. "We join the likes of the Chinese Communist Party and the dictator

in North Korea in our policies."

Curt Smith, former president of the Indiana Family Institute, writes in a *Howey Politics Indiana* column that the pending SCOTUS ruling could alter the American political landscape. "First, if *Roe v. Wade* and its subsequent cases are struck down, abortion policy will drastically change," Smith explained. "Fifty state legislatures will set abortion laws and limits, not nine Supreme Court justices in Washington, D.C. As a pro-life state (one advocacy group rates Indiana the fifth most pro-life state in America), Indiana will certainly immediately move to change abortion laws."

"Assuming the ruling comes down in late June of 2022 ... there will be immediate calls for a special session of the Indiana General Assembly to restrict abortion," Smith continued. "The politics of abortion would change immediately as well, and for the better, although it will be harder for the GOP to maintain its coalition without opposition to abortion as its central

organizing principle. The focus of abortion lawmaking would then be in the states. No longer would U.S. Supreme Court nominees come under such intense scrutiny and slander. No longer would judicial appointments be such a strong issue in presidential politics. The energy for or against abortion would be diffused across 50 states and the nearly 7,400 state legislative races that fill those legislative seats."

And Smith added, "This, too, would be a healthy development for national politics. As noted above, the GOP has relied on pro-life positions to maintain its wide vote margin with faith-based voters, who make up perhaps 28% of the population and more than half of the GOP base vote. With abortion no longer a national issue, the party will need to sharpen its policy focus to retain those voters."

Look for Indiana's Senate race as a potential post-*Roe* bellwether.

*The columnist is publisher of Howey Politics Indiana at www.howeypolitics.com*

## Are you experiencing uncomfortable plumbing problems? This might be why

I'm running through my list of suggested topics from readers, and this one goes out to a reader from Sheridan. It's a common problem, but one of those topics that doesn't usually come up in casual conversation - constipation.

There are three common times in a person's life when constipation can become a problem. The first is during early childhood, the second when a person has decreased activity for some reason, and the last is during the elder years. Each one has different causes.

First, I have to deliver yet another lesson in basic anatomy and physiology. When we eat, food travels through the following structures: mouth, esophagus, stomach, small intestine and finally, the large intestine. This journey is facilitated by peristalsis, a physiologic process where involuntary muscles in the wall of the digestive tract contract to move food

from north to south.

While constipation can involve trouble anywhere along the way, the vast majority of problems occur in the colon. One of the main jobs of the colon is to reclaim water from the stool (undigested food that remains). If the stool is slowed down in its transit through the colon, more water is absorbed, making the stool firmer and more difficult to evacuate.

Young children can develop problems with constipation when they put off going to the bathroom for various reasons. When this happens, they can develop a condition called encopresis and they can retain incredible amounts of stool in their colons.

Eventually the colon dilates to the point where the muscles are not able to push the stool out and the child may lose the urge to have a bowel movement. These children may pass very large bowel movements and may have a



**JOHN R. ROBERTS, M.D.**  
Montgomery Medicine

great deal of pain when doing so. They also may have accidents, passing semi-solid or liquid stool that has leaked around the blockage. Painful movements lead to the child not wanting to have a bowel movement and the cycle repeats itself. It's important to treat this condition as early as possible using medications and behavioral modification.

Another common cause of constipation is a period of inactivity, especially after surgery. This is

especially true following abdominal surgery, particularly if it involved manipulating the intestines. When a surgeon handles the intestines it tends to interrupt normal peristalsis for a period of time. Taking pain medication post-operatively is also a common cause of constipation, especially in older patients. It's important to minimize the use of narcotics and to prevent post-operative constipation using a regimen started immediately after surgery.

Older persons are also more likely to be inactive, so they tend to suffer from bouts of constipation. Often these folks are on medications that can exacerbate the normal age-related slowing of intestinal motility. Some common drugs that can cause this slowing include Benadryl®, Tylenol PM®, Zantac®, some antidepressants, and anticholinergic medications used to treat bladder spasms and incontinence.

As usual, prevention is the best medicine. All people should consume adequate fiber as well as plenty of fruits and vegetables. Google "high fiber diet" for recommendations. Children need to be taught the habit of sitting on the toilet at least twice a day for ten minutes or so. They should not be rushed and they should have good support for their feet. Along those lines, a shout out to two of my patients for telling me about the Squatty Potty®. This is a simple device that elevates the feet, allowing one to be in a more anatomic position to make it easier to have a bowel movement ([www.squattypotty.com](http://www.squattypotty.com)).

Those who are having surgery or who are laid up for another reason should make sure they are consuming plenty of liquids and they should take a stool softener like docusate or osmotic agent like Miralax® on a regular basis starting at the beginning

of their illness, before constipation becomes an issue. The elderly should consume fluids and also remain as active as possible. We joke a lot about prunes, but they really do work.

Young children who have difficulty with bowel movements should be evaluated by their physician. The earlier this problem is treated, the easier it is to correct. For adults who are suffering from constipation who do NOT have abdominal pain, laxatives such as Dulcolax® are generally safe and effective for short-term use. If results are not obtained in a few days or you develop pain you should consult your medical provider.

*Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine as well as the Deputy County Health Officer in Montgomery County.*

## Trumpeter Byron Stripling headlines CSO's January Pops at Palladium

Byron Stripling - conductor, musician, singer and actor - has ignited audiences around the world since his Carnegie Hall debut with Skitch Henderson and the New York Pops. On Saturday, January 8, the electrifying trumpet virtuoso brings his horn to the Palladium at the Center for the Performing Arts as guest artist of January Pops with the Carmel Symphony Orchestra under Artistic Director Janna Hymes.

The performance begins at 7:30 pm. Tickets start at just \$18 and are available by calling the Palladium box office, 317.843.3800, or at [www.CarmelSymphony.org](http://www.CarmelSymphony.org). Abundant free parking - curbside or garage - is available within a short walk of the Palladium.

Stripling is a pops orchestra favorite, soloing with over 100 orchestras worldwide. He earned his musical stripes as lead trumpeter and soloist with the Count Basie Orchestra, and has played and recorded extensively with the bands of Dizzy Gillespie, Woody Herman, Dave Brubeck, Lionel Hampton, Clark Terry, Louis Bellson, and Buck Clayton, as well as with the Lincoln Center Jazz Orchestra, the Carnegie Hall Jazz Band and the GRP All-Star Big Band. Stripling currently is Principal Pops Con-

ductor with the Pittsburgh Symphony Orchestra, and Artistic Director and Conductor of the highly acclaimed Columbus Jazz Orchestra.

His prolific recording career includes hundreds of albums with the greatest pop, Broadway, soul and jazz artists of all time, in addition to multiple recordings with his own quintet. An accomplished actor and singer as well as a musician, Stripling has appeared in the 42nd Street production of "From Second Avenue to Broadway," "The Young Indiana Jones Chronicles," and was chosen to star in the lead role of the Broadway-bound musical "Satchmo," based on the life of the great Louis Armstrong.

He has performed solo on The Grammy Awards telecast, played on soundtracks of favorite films, and millions have heard his trumpet and voice on TV commercials and TV theme songs including "20/20" and CNN.

"Byron Stripling is just an extraordinary talent, a fantastic entertainer," said CSO Artistic Director Janna Hymes who collaborated with Stripling when she was Music Director of the Williamsburg Symphony Orchestra and he appeared as a guest artist.

"I'm thrilled to bring



Photo courtesy of Center for the Performing Arts

**Stripling is a pops orchestra favorite, soloing with over 100 orchestras worldwide.**

him to the Palladium and introduce him to our Central Indiana audience, because everyone who loves music should know this artist!" she exclaimed. "His orchestral arrangements are simply first-rate, and January 8 truly is a do-not-miss performance, a great shot of energy with which to open the new year!"

In accordance with public health guidelines and entertainment industry standards, the Center for the Performing Arts has adopted the following health & safety policies and protocols for its campus during the current season:

- **Masking**  
Masks are required upon entry for everyone age 3 and older (worn at all times except when actively eating or drinking).
- **Vaccination**  
All patrons age 12 and up must show proof of full COVID-19 vaccination when entering the Palladium and other CPA indoor spaces. The CPA will accept paper vaccination cards, photocopies, photos or digital images confirming vaccination status, along with valid ID. The Indiana State Department of Health offers vaccination certificates online that can be stored on a smart phone.

As an alternative to vaccination, patrons may present physical or digital proof of a negative COVID-19 test taken within 72 hours prior to the event. For patrons and visitors younger than 12, no such proof is required.

Complete details, and updates, can be found at [www.TheCenterPresents.org](http://www.TheCenterPresents.org).

Carmel Symphony Orchestra's diverse season of exceptional music continues with:

- Family Fun Concert  
Sunday, January 23, 3 pm at the Palladium
- Masterworks 3  
Saturday, February 12, 7:30 pm at the Palladium

Guest artist: Harlem String Quartet  
Selections from Wagner, Bernstein, Tchaikovsky and others - Beethoven Lives  
Upstairs: A Classical Kids Live! Event

Saturday, February 19, 4 pm at the Palladium  
- Pops Concert

Saturday, February 26, 7:30 pm at the Palladium  
Serpentine Fire - the Music of Earth, Wind and Fire

- Side by Side Concert with Fishers High School  
Sunday, March 6, 4 pm at the Palladium

- Masterworks 4  
Saturday, March 12, 7:30 pm at the Palladium

Selections from Beethoven, Ginastera Estancia and Rimsky-Korsakov  
- Masterworks 5

Saturday, April 23, 7:30 pm at the Palladium  
Guest artist: Edgar Meyer, double bass

Selections from Schuman, Joplin, Gershwin, Zimmer and others.

For more information and tickets (season or select individual performances), visit [www.CarmelSymphony.org](http://www.CarmelSymphony.org) or call the Palladium box office at 317.843.3800.

The 2021-22 Carmel Symphony Orchestra season is supported by the City of Carmel, the Center for the Performing Arts, the Palladium, and Pedcor.

Visit us online at: [www.TheTimes24-7.com](http://www.TheTimes24-7.com)



## Indiana Birding Trail Hoosier Choice Award winners take flight

The Indiana Audubon Society has announced the winners of the Indiana Birding Trail Hoosier Choice Awards. The goal of these awards was to highlight the best of the best for birding within Indiana. The top 10 sites and winners of the Hoosier Choice Awards are:

Goose Pond Fish & Wildlife Area [Bloomington]  
Eagle Creek Park [Indianapolis]  
Indiana Dunes State Park [Chesterton]  
Celery Bog Nature Area [West Lafayette]  
Indiana Dunes National Park [Porter]  
Jasper-Pulaski Fish & Wildlife Area [Medaryville]  
Kankakee Sands [Morocco]  
Muscatatuck National Wildlife Refuge [Seymour]  
Fort Harrison State Park [Indianapolis]  
Mary Gray Bird Sanctuary [Connersville]  
“We really wanted to know: if someone were to visit Indiana, which birding trail sites can they not miss,” says Sam Warren, Communications & Outreach Manager for Indiana Audubon. Warren continued, “We have 66 incredible sites across the state, but that’s quite a lot to take in for visitors, beginning

birders, or even advanced birders!”  
Now, the Hoosier Choice Awards have given everyone a narrower focus when it comes to picking between the locations. The awards were chosen by the public, during two voting rounds between Nov. 1 and Dec. 1, 2021.  
The Indiana Birding Trail is comprised of 66 sites across Indiana that highlight the state’s diverse habitats and over 400 documented bird species. From prairies and wetlands to forests and sand dunes, Indiana provides ample habitat for bird species flying along the Mississippi Flyway. Originally created with 60 sites, 6 new locations were added at the end of 2020. While no new sites will be added this year, the Hoosier Choice Awards highlight the most popular birding destinations within the guide.  
To learn more about the Indiana Birding Trail and find your adventure, explore the website at [www.indianabirdingtrail.com](http://www.indianabirdingtrail.com). You’ll find an interactive map, information about each site, and the full Indiana Birding Trail guide (available in hard copy or downloadable PDF).

## Indiana awards \$35.2 million to community partners to accelerate student learning across our Hoosier state

Governor Eric J. Holcomb and the Indiana Department of Education (IDOE) has announced that \$35.2 million in state and federal grant funds are being awarded to 123 community partners and schools across the state as part of Indiana’s Student Learning Recovery Grant Program. These grants are awarded in addition to more than \$122 million awarded over the summer to partnerships across the state to accelerate student learning.

“It’s more important now than ever that our communities, families and schools come together to accelerate student learning,” said Gov. Holcomb. “This important work requires unparalleled collaboration, and I’m thankful that so many partners across the state have stepped up to the plate to deliver these extended learning opportunities for our students.”

These awards are funded through the second round of Indiana’s Student Learning Recovery Grant Program, with \$27.5 million allocated to partners across the state. This state funding is supplemented by an additional \$7.7 million in state set-aside funding as part of Indiana’s federal COVID-19 relief funds. The funding, which will serve students in 56 of Indiana’s 92 counties, will work to accelerate student learning in literacy, mathematics and college and career readiness.

Recipients receiving the largest grants in this second

round include:

Greater Lafayette Commerce (GLC): As the facilitator of the Workforce 2030 Council, GLC works with schools and local industry to create targeted educational programming, career coaching, stackable credentialing and employer tuition assistance programs. With this funding, GLC will create an accelerator to help learners overcome the setbacks caused by the pandemic and graduate from high school ready for both career and continuing education.

United Way of Central Indiana (UWCI): In 2021, the UWCI implemented a county-wide accelerated learning program across multiple satellite learning sites to offer in-person, extended learning time for students in Marion County demonstrating the greatest need. With additional round two funding, UWCI will facilitate another year of this accelerated learning program.

Boys & Girls Clubs of Northwest Indiana: The Boys & Girls Clubs of Northwest Indiana will enroll 770 youth and teens in their re-LEARN program (Literacy, Education, Activity, Readiness and Nutrition) for transformative, in-person instruction. When age-appropriate, members will also enroll in Career Academy, a college/career readiness program.

Created this year through House Enrolled Act 1008,

the Student Learning Recovery Grant Program allocated \$150 million to support accelerated learning plans, with a focus on partnerships between community organizations, education service centers, higher education institutions and K-12 schools. Applications for the first round of state grant funding opened in April 2021, with funding awarded over the summer to more than 110 school and community partnerships across the state, serving students in 83 of Indiana’s 92 counties.

Many first-round recipients quickly deployed their grant funds as part of summer and fall learning recovery, and are continuing to use those resources to accelerate student learning outside of the typical school day. Highlights from this first round of grant funding are available online.

This grant provides an important financial resource to schools and community partners, with research showing that the academic impacts of the COVID-19 pandemic are substantial. According to research from IDOE and the National Center for the

Improvement of Educational Assessment, Inc., the academic impact ranges from moderate to significant across schools, academic subjects and demographic groups.

“Educators across the state are working strategically to help close learning gaps and reduce the significant academic impact we’ve seen from pandemic-related school disruptions. This is an enormous responsibility – and it requires all of us,” said Dr. Katie Jenner, Indiana Secretary of Education. “This includes our schools, our higher education institutions, our families, and our community partners, joining together through student-focused partnerships. I’m grateful for the important work that’s being funded through Indiana’s Student Learning Recovery Grant Program, as we all come together to ensure that every student has the opportunity to build the knowledge and skills they need to succeed.”

Questions from schools and community partners about the program may be directed to [CommunityLearningGrant@doe.in.gov](mailto:CommunityLearningGrant@doe.in.gov).



**NOBLESVILLE  
BABE RUTH  
BASEBALL**

*Providing an affordable and positive baseball experience for all young men ages 13-18*

REGISTRATION OPENS DECEMBER 1ST

Though we are “Noblesville Babe Ruth Baseball,” we welcome and encourage players from other communities to participate with us!

**Registration:** December 1, 2021 thru March 2022

**Evaluations:** March 12, 2022, NHS Aux Gym (New players ages 13-15 only)

**Opening Day:** April 18, 2022 (13-15)  
April 30, 2022 (16-18)

[www.noblesvillebaberuthbaseball.com](http://www.noblesvillebaberuthbaseball.com)

# Classifieds

765-361-0100 ext. 15 | [class@thepaper24-7.com](mailto:class@thepaper24-7.com)

Deadlines for next-day publication:

Monday - Friday 9 a.m. to 4 p.m.

Line ads: 1 p.m. | Display ads 11 a.m.

Pittman & Davis Sunbelt Fruit Medley for the Holidays! Brighten Someone’s Winter! 6 Rio Ruby Red Gems. 8 Tiny Tim Navels. 4 Mini Fuji Apples. Call NOW and SAVE 51%! Pay just \$19.99. FREE Shipping! Call 1-888-570-0987 to order item SFM and mention code P2YG52 for savings or visit [pittmandavis.com/P2YG52](http://pittmandavis.com/P2YG52)

ENJOY 100% guaranteed, delivered-to-the-door Omaha Steaks! Get 8 FREE Filet Mignon Burgers! Order The Delightful Gift this holiday season- ONLY \$99.99. Call 1-877-326-0793 and mention code 65658TNT or visit [www.omahasteaks.com/thegift1443](http://www.omahasteaks.com/thegift1443)

Hale Groves Fruit Favorites Gift Box for the Holidays! Send 2 navel oranges, 1 grapefruit, 2 honey-sweet tangerines, 2 petite red navels, 2 pears & 2 orchard fresh apples! SAVE 43%! Just \$23.99 (plus s/h.) Call 1-866-476-3760 to order item 296X and mention code H2YH71 for savings or visit [halegroves.com/H2YH71](http://halegroves.com/H2YH71)

**FREON WANTED:** We pay \$\$\$ for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-291-9169 or visit [RefrigerantFinders.com](http://RefrigerantFinders.com)

Portable Oxygen Concentrator May be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 877-930-3271

DISH Network. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-551-9764

Earthlink High Speed Internet. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-977-7069

High-Speed Internet. We instantly compare speed, pricing, availability to find the best service for your needs. Starting at \$39.99/month! Quickly compare offers from top providers. Call 1-844-961-0666

4G LTE Home Internet Now Available! Get GotW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 1-877-327-0930

Smart Home Installations? Geeks on Site will install your WIFI, Doorbells, Cameras, Home Theater Systems & Gaming Consoles. \$20 OFF coupon 42537! (Restrictions apply) 855-668-0067

LIVE PAIN FREE with CBD products from AceWellness. We guarantee highest quality, most competitive pricing on CBD products. Softgels, Oils, Skincare, Vape & more. Coupon Code: PRINT20 Call Now 833-226-3105

SERIOUSLY INJURED in an AUTO ACCIDENT? Let us fight for you! Our network has recovered millions for clients! Call today for a FREE consultation! 844-517-6414

ATTENTION OXYGEN THERAPY USERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 855-965-4916

New Starting Base Pay - .60 cpm w/ option to make .70 cpm for Class A CDL Flatbed Drivers, Excellent Benefits, Home Weekends, Call 800-648-9915 or [www.boydandsons.com](http://www.boydandsons.com)

DONATE YOUR CAR TO CHARITY! FAST FREE PICK-UP-24 HR RESPONSE! Help Children in Need, Support Breast Cancer Education/Prevention or Veterans. Tax Deduction 844-820-9099

DIAGNOSED WITH LUNG CANCER? You may qualify for a substantial cash award. NO Obligation, NO risk! We’ve recovered millions. Let us help you!! Call 24/7, 844-284-4920

Looking to SELL your Home? Save time & money, connect with the Top Agents in your area to get more MONEY and close FASTER! Call 317-854-9781

Wesley Financial Group, LLC - Timeshare Cancellation Experts - Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 877-329-1207

Never Pay For Covered Home Repairs Again! Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF 2 FREE Months! 1-855-408-3894

COMPUTER ISSUES? GEEKS ON SITE provides FREE diagnosis REMOTELY 24/7 SERVICE DURING COVID19. No home visit necessary. \$40 OFF with coupon 86407! Restrictions apply. 888-715-8176

Need Help with Family Law? Can't Afford a \$5,000 Retainer? [www.familycourtdirect.com/Family/Law](http://www.familycourtdirect.com/Family/Law) - Low Cost Legal Services - Pay As You Go - As low as \$750-\$1,500 - Get Legal Help Now! Call 1-888-417-4602 Mon-Fri 7am to 4 pm PCT

Denied Social Security Disability? Appeal! If you're 50+, filed for SSD and denied, our attorneys can help get you approved! No money out of pockets! Call 1-855-995-4758

Thinking about installing a new shower? American Standard makes it easy. FREE design consultation. Enjoy your shower again! Call 1-855-475-0534 today to see how you can save \$1,000 on installation, or visit [www.newshowerdeal.com/hoosier](http://www.newshowerdeal.com/hoosier)

Directv Stream - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package, \$84.99/mo for 12months. Stream on 20 devices at once in your home. HBO Max FREE for 1 yr (w/CHOICE Package or higher.) Call for more details today! (some restrictions apply) Call IVS 1-844-412-9997

Guaranteed Life Insurance! (Ages 50 to 80). No medical exam. Affordable premiums never increase. Benefits never decrease. Policy will only be cancelled for non-payment. 833-535-1043

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trustee by Authors Since 1920. Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-888-965-1444 or visit <http://dorranceinfo.com/hoosier>

DIRECTV for \$69.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. One year of HBO Max FREE. Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Call for more details! (some restrictions apply) Call 1-888-885-8931

# HIKE

From Page A1

stops along the way, including a hot chocolate stop. Participants should start at the Nature Center. The hike is 2 miles and should take about 90 minutes.

**Cataract Falls.** A brochure for this self-guided hike is available at the gatehouse.

**Chain O'Lakes State Park.** Meet at 2 p.m. at the Sand Lake Beach parking lot for this 1.5-mile hike over easy terrain, which should last about 90 minutes. The hike will be followed by cocoa and cookies as supplies last.

**Charlestown State Park.** Meet at the Trail 3 and 4 parking lot at 10 a.m. for a 2.5-mile, two-hour hike to Rose Island. The hike is considered moderately rugged.

**Clark State Forest.** Meet at the west side shelter at noon for a guided hike on a 1-mile loop in the White Oak Nature Preserve. Enjoy this easy hike and the talk given about the importance of white oak trees and responsible management.

**Clifty Falls State Park.** Meet at the Clifty Shelter at 2 p.m. for a two-hour moderately rugged hike along Trail 8. This trail meanders along the west side of Clifty Creek and offers scenic views of the canyon below. Water and cookies will be provided before the hike. The restroom at Clifty Shelter will be closed for the winter, so plan ahead.

**Falls of the Ohio State Park.** Meet at the Interpretive Center at 2 p.m. to hike the fossil beds and

learn about Devonian sea life. Bring binoculars to look for winter birds. The Interpretive Center will be closed on Jan. 1 except for restrooms.

**Ferdinand State Forest.** Meet at the Sycamore Shelter at 9 a.m. to hike about 1.7 miles along a section of the Twin Lake trail with a brief stop to warm by a fire and have hot chocolate.

**Greene-Sullivan State Forest.** Take a self-guided 1-mile hike around Reservoir 26, where you'll find a series of question and answers to related to natural resources.

**Hardy Lake.** Meet at the Main Trailhead across from the beach access road at 9 a.m. for a 2.75-mile, one-hour hike.

**Harmonie State Park.** Meet at the pool parking lot at 10 a.m. CT for a moderate 2-mile, 90-minute hike. Cookies and cocoa will be provided by the Friends of Harmonie after the hike.

**Indiana Dunes State Park.** Meet at the Indiana Dunes State Park Nature Center at 10 a.m. for a 1 1/2-mile, 90-minute hike on the 3-Dunes Challenge. Drinks, snacks, a campfire, and a 3-Dunes Challenge sticker will be provided by the Friends of the Indiana Dunes.

**Interlake State Recreation Area.** Stop by the main office to pick up a map for a scavenger hunt from 8 a.m. to 3:30 p.m. CT and complete the hike for a prize while supplies last.

**Jackson-Washington State Forest.** Meet at the

parking lot below the CCC playground at noon at start of Trail 1, just before the Pinnacle Shelter, for a 2-mile, one-hour hike to Pinnacle Peak.

**Lieber State Recreation Area.** Join the naturalist for Lieber's Sunset First Day Hike at 4:30 p.m. at Hilltop Shelter. Hike is a moderate 1.5-miles. Snacks and hot chocolate, and a campfire will be provided.

**Lincoln State Park.** Meet at the Nature Center at noon CT for a 1 1/2-mile, one-hour hike to the Sarah Lincoln Nature Preserve. Snacks and hot chocolate provided at the Nature Center. A second 2-mile hike will be offered around Lake Lincoln.

**Martin State Forest.** Meet at the Hardwood Lake parking area at 10 a.m. for a half-mile guided hike.

**McCormick's Creek State Park.** Meet at Canyon Inn at 1 p.m. for registration for Winter Magic Photo Contest Hikes, which will begin at 2 p.m. Pick one of three different guided hikes. After the hikes, enter your photos and enjoy refreshments courtesy of Canyon Inn.

**Mississinewa Lake.** Meet at the Blue Heron Trail within Miami State Recreation Area at 4:30 p.m. for this hour-long hike. S'mores will be served. Advance registration is requested by calling 260-468-2127.

**Monroe Lake.** The ninth annual First Day Trail Run/Walk will take place at Fairfax State Recreation Area. Registration

is from 2:15 to 3:15 p.m. at Bay View Shelter and the untimed event starts at 3:30 p.m. Participants can choose from a 1.3-, 2.9-, or 3.7-mile course. Cost is \$15 and includes a grab-n-go box meal, event patch, gift certificate, and an entry for prize drawing. Advance registration is required by Dec. 30.

**Morgan-Monroe State Forest.** Meet at the forest office parking lot at 9 a.m. for this walk on an accessible trail.

**O'Bannon Woods State Park.** Meet at the nature center at 10 a.m. for a Walk with an Ox and the park's donkeys, Garth and Gracie. The walk will be on a roadway for about 1 mile, with photo opportunities with the animals. Refreshments will be served at the Nature Center.

**Ouabache State Park.** The hike will start at 1 p.m. at the bison enclosure parking lot on Trail 1, an easy trail with a gravel surface, and will go around the American bison enclosure. The hike will include a stop at the feeding station where guests will be able to observe the bison up close.

**Owen-Putnam State Forest.** Meet at the Owen Putnam State Forest office at 9 a.m. for a guided hike on Poplar Top Trail.

**Patoka Lake.** Meet at the Nature Center at noon and grab a challenge sheet about Patoka history that participants can fill in during the hike. The winner will receive a 2022 Annual Entrance Pass. Cookies and hot

chocolate will be served. **Pokagon State Park.** Meet at the CCC Shelter for a 3-mile hike from 2 to 3:30 p.m. There will be a bonfire, cocoa, and treats after the hike. **Park in the South Beach parking lot or near the basketball courts.**

**Potato Creek State Park.** Meet at the Quaking Aspen parking lot at 2 p.m. for a 1-mile hike around Worster Lake. Bring binoculars. At 3:30 p.m., warm up at the Nature Center with a bowl of chili provided by the Friends of Potato Creek.

**Prophetstown State Park.** Meet at the Prairie View Picnic Area at 1 p.m. Jan. 1 or 2 for a 2-mile easy hike. Enjoy hot chocolate and apple cider by the campfire.

**Raccoon State Recreation Area.** Meet at the Bluebird Shelter at noon for this one-hour moderately rugged hike.

**Salamonie Lake.** Meet at the Interpretive Center at 10:30 a.m. for this one-hour hike through the woods along the Wildlife Management Trail. Advance registration is requested by calling 260-468-2127.

**Shades State Park.** Meet at the Hickory Shelter at 10:30 a.m. for this 1-mile moderate to rugged hike on Trail 1. Expert birder and park volunteer Alan Bruner will lead this hike, which includes Prospect Point, Silver Cascade Falls, and Devil's Punchbowl.

**Spring Mill State Park.** Two hikes will be offered. Meet at the Spring Mill Inn at 9 a.m. for a 90-minute moderate to difficult Nature Preserves Hike along Trail 3. For an easier hike, meet at the Gus Grissom Memorial parking lot at 10 a.m. for a 30-minute hike along Trail 6, which is paved and .25 miles long. Hot chocolate and cookies will be served in the Lakeview Room at the Inn after the hikes. **Summit Lake State Park.** Meet Smokey Bear at the Park Office from noon to 2 p.m. for photos and a scavenger hunt on Trail 4. **Tippecanoe River State Park.** Meet at the Fire Tower parking lot at noon for this .5-mile hike to the tower. **Turkey Run State Park.** Meet at 2 p.m. at the Turkey Run Inn for a guided hike through Turkey Hollow on Trail 6 and the Trail 7 loop. **Versailles State Park.** Meet at the Oak Grove parking lot at 1 p.m. for a 2.5-mile moderately difficult hike on Trail 1. Refreshments will be provided. **Whitewater Memorial State Park.** Meet at the Poplar Grove Shelter at 2 p.m. for a 2.5-mile hike of the Memorial Loop Trail, which should last about 90 minutes. **Yellowwood State Forest.** Meet at the forest office parking lot at 9 a.m. for a first day hike along the 1-mile Resource Management Trail.

# CLINIC

From Page A1

Nearly 90 percent of Fishers adults are vaccinated as of December 21. Fishers' booster uptake rate is nearly 40 percent. Individuals who received the single-dose Johnson & Johnson vaccine two or more months ago should receive a Pfizer or Moderna booster vaccine while individuals with Pfizer or Moderna two-dose vaccination should receive their booster after six months. "Not only are these numbers sobering, but they're real. By opening the vaccination site to more hours this week, we hope we can capture those who might have time off or more flexibility to be able to make an appointment or walk-in," said Fishers Mayor Scott Faddness. "This is one step each of us can take to protect ourselves and our loved ones."

For more information on the steps you can take on how to protect yourself and loved ones from the omicron variant can be found at fishers.in.us/coronavirus. The FHD continues to support CDC recommendations for protection from COVID that include vaccination, masking up, and avoiding large indoor or poorly ventilated gatherings.

About Fishers Health Department  
Created in April 2020, the Fishers Health Department exists to bring a high level of health and safety services to the residents of Fishers. The FHD serves its residents through COVID-19 Pandemic support, vital records, immunizations, environmental management,

food safety and permitting, vector control, well and septic services, communicable disease management, and educational support. For more information, visit fishers.in.us/healthdept.

# MARLOWE

From Page A1

reminds me of my last colonoscopy, when the anesthesiologist asked me to count backward from 100. I conked out at ninety-seven. Colonoscopies aren't parties, by any means, but come to think of it, my body feels the same the morning after.

They say you should never go to a party hungry, and I understand. You risk succumbing to the temptations of the snack food table, and blow your diet on all that fatty food. The problem is that none of the snacks add up to a full meal. Parties make me hungry. I've discovered that sitting down with the entire tray of finger sandwiches in my lap calls a lot of attention to one's self.

Just once, I'd like to bring a foot-long baguette to a party, and make myself a real supper. C'mon, Prince. Cindy just put in a full day's work mending and cleaning. Somebody slip her a ham sandwich or a boar's head, for goodness sake!

Okay, I've never had bluebirds sew up my party attire, and I've never owned a pumpkin carriage. But I did own a 1977 yellow-orange Chevy Vega hatchback, once, which I think counts. It had a 140 cubic inch, 2.3 liter aluminum block engine, which meant it got tremendous gas mileage. Not that I ever noticed, mind you, because it used motor oil at a rate three times faster.

One year, I attended a New Year's Eve party on the east side. I used only 2.5 gallons of gasoline to make the 206 mile round trip. I used the same amount of motor oil just to get there. I remember that I was so embarrassed, because I had to hit the host up for two quarts of 30-weight from his garage to get back home. What really made me feel uncomfortable was that guy hadn't invited me.

In refreshing my memory of Disney's Cinderella on a Wikipedia page, I was shocked to learn that thousands of variations of the "Lost Slipper" fable exist. Seems like we humans like a good rags-to-riches story.

The ancient Greek story of Rhodopis appears to be the oldest adaptation known. However, my favorite story comes from Germans Jacob and Wilhelm Grimm. Gotta love those Brothers Grimm!

In their version, called Aschenputtel or "Ashfoot," the oldest mean stepsister, desperate to win Prince Charming and his kingly fortune for herself, decides to cut off her toes in order to make certain that when the Prince calls, her foot will easily fit the slipper. My understanding is that she used to be named Margaret, but now just goes by Ilene.

Although Halloween is fast encroaching on New Year's Eve as America's favorite party date, I believe New Year's Eve has one advantage

over all holidays. On January 1, even if it's only symbolic, we turn the page and begin anew. Fairy godmother or not, we can change our lives if we make the effort.

If Cindy were here, now, I'll bet she'd tell us: "Keep putting in the hard work, and you might find happiness afoot. I'm having a ball!"

I wish the same for all of you. Happy New Year!

John O. Marlowe is an award-winning columnist for Sagamore News Media.



**Leaf Filter**  
GUTTER PROTECTION

BACKED BY A YEAR-ROUND CLOG-FREE GUARANTEE

EXCLUSIVE LIMITED TIME OFFER!

**15% OFF** & **10% OFF**  
YOUR ENTIRE PURCHASE & SENIORS & MILITARY!

**+ 5% OFF** TO THE FIRST 50 CALLERS ONLY!

WE INSTALL YEAR-ROUND!

FINANCING THAT FITS YOUR BUDGET!  
Promo Code: 285  
\*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE **1-877-361-4260**  
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

\*For those who qualify. One coupon per household. No obligations estimate valid for 1 year. \*\*Offer valid at time of estimate only. The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2019 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." Manufactured in Pleasant, Michigan and processed at LMT Mercer Group in Ohio. See representative for full warranty details. CSD# 1103797, DOP# 1078368-550, License# 7656, License# 50145, License# 41264, License# 69328, License# 12244, License# 21828, WA Lic# 603,233,977, License# 21022,2966, License# 21022,2966, License# 2705132153A, License# LEAF7NW623Z, License# WV055912, License# WC-2998-H17, Markau HIC License# H0107000, Registration# 176497, Registration# HIC0569929, Registration# C127229, Registration# C12220, Registration# 3652091E, Registration# PCAP; Registration# R731804, Registration# 13W096C2807, Registration# PA069383, Suffolk HIC, License# 52229-H, License# 270516A445, License# 20200022, License# 20200020, License# 000099, Registration# H-19114.



Find the right senior living option for your mom or dad with our personalized process

Our service is free, as we're paid by our participating communities and providers.

**1-855-588-8462**

*aPlace for Mom.*

THE PLACE FOR SENIOR LIVING ADVICE

Upgrade Your Home with a **NEW METAL ROOF**

Guaranteed to Last a Lifetime!

LIMITED TIME OFFER

**\$500 OFF** + TAKE AN ADDITIONAL **10% off**

Install for Military, Health Workers and First Responders

**ERIE Metal Roofs**

STRONG AS STEEL WITH THE ATTRACTIVE LOOK OF VARIOUS ROOF STYLES

From Dimensional Shingles to classic styles reminiscent of Cedar Shake and Spanish Tile, an architectural roofing system by Erie Metal Roofs can enhance the beauty of your home while protecting your family and property for a lifetime.

Call today to schedule your **FREE ESTIMATE 1-866-781-6023**

Made in the USA

**ERIE Metal Roofs**

This is an advertisement placed on behalf of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. Offer expires October 1st 2021. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on homeservices.compliance.com. All rights reserved.

**dish** BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! ADD TO YOUR PACKAGE FOR ONLY **\$19.99** where available

**2-YEAR TV PRICE GUARANTEE**

**\$69.99** MO. for 12 mos. America's Top 120 Package **190 CHANNELS** Including Local Channels!

**FREE VOICE REMOTE** Hey Google

**FREE SMART HD DVR INCLUDED**

**FREE STREAMING ON ALL YOUR DEVICES**

CALL TODAY - For \$100 Gift Card Promo Code: DISH100

**1-855-551-8162**

Offer ends 4/13/22.

\*All offers require credit qualification. 24-month commitment with early termination fee and auto-pay. Prices include Hopper Duo for qualifying customers. Hopper Duo \$15/mo. or Hopper 3 \$5/mo. more. Lightfoot fees may apply based on credit qualification.

DON'T JUST KINDA TV **DIRECTV**

EVERY LIVE GAME EVERY SUNDAY

With NFL SUNDAY TICKET and DIRECTV local channels (CBS, FOX, NBC). Select live games excluded.

**The undisputed leader in sports. DIRECTV brings you every live NFL game, every Sunday, with NFL SUNDAY TICKET and DIRECTV local channels (CBS, FOX, NBC).**

Select int'l games excluded. NFL SUNDAY TICKET subscription required.

**Watch your favorite live sports, news and entertainment anywhere\***

Contact Your Local DIRECTV Dealer Today!

IV Support Holdings **888.885.8931**

**DIRECTV PREFERRED DEALER**

\*Available only in the U.S. (excl. Puerto Rico and U.S. M.I.). Req. compatible device. Live streaming channels based on your TV pkg & location. Not all channels available to stream out of home. To watch recorded shows on the go, must download to mobile device using Genie HD DVR model 18944 or higher connected to home Wi-Fi network. Record and fast-forward may not work. Limits: Mature, music, pay per-view and some On Demand content is not available for downloading. 5 shows on 5 devices at one. All functions and programming subject to change at any time. DIRECTV SVC TERMS: Subject to Equipment Lease & Customer Agreements. Must maintain a min. base TV pkg of \$29.99/mo. Programming, pricing, terms and conditions subject to change at any time. NFL, the NFL Shield design and the NFL SUNDAY TICKET name and logo are registered trademarks of the NFL and its affiliates. NFL team names and uniform designs are registered trademarks of the teams indicated. ©2021 DIRECTV, DIRECTV and all other DIRECTV marks are trademarks of DIRECTV, LLC. All other marks are the property of their respective owners.

# TUESDAY

## In The Kitchen

Tuesday, Dec. 28, 2021

A6

### A Secret Ingredient for Winter Wellness

Support your immune system with 100% orange juice

**FAMILY FEATURES**

**W**hile winter rushes in with brisk breezes and chilly temperatures, staying indoors to avoid the weather shouldn't mean forgoing healthy habits. One step toward wellness is maintaining nutritional value in meals from morning to night, even when comfort foods call your name.

As a key source of nutrients that supports a healthy lifestyle year-round, especially during cold and flu season, one 8-ounce serving of Florida Orange Juice provides more than 100% of your daily value of vitamin C and is a good source of potassium, folate and thiamin. Fortified juice also contains 15% of the daily value of vitamin D, which plays an important role in regulating immune response and helps cells fight off bacteria and viruses that enter the body.

Additionally, 100% orange juice is virtually the only dietary source of a unique, powerful phytonutrient (naturally occurring plant compound) called hesperidin, which may also help support a healthy immune system. According to the USDA, the flavonoid hesperidin is highly concentrated in citrus and rarely found in other foods.

"Maintaining a well-balanced diet is one way to help support your immune system in the colder months," said Dr. Rosa Walsh, scientific research director at the Florida Department of Citrus. "For example, 100% orange juice contains vitamin C, vitamin D (in fortified juice) and phytonutrients like flavonoids and colorful carotenoids, making it a nutritional powerhouse."

This Orange Honey Glazed Carrots recipe offers a warming yet nutritional, naturally sweet way to incorporate orange juice into your winter menu. Orange juice is also a go-to ingredient for popular non-alcoholic drinks like this Orange Juice Mint Mocktail, a perfect pairing for winter meals.

Visit [floridajuice.com](http://floridajuice.com) to find more recipes for winter wellness.



Orange Honey Glazed Carrots



Orange Juice Mint Mocktail

**Orange Juice Mint Mocktail**

- 2 cups Florida Orange Juice
- 1/4 cup lemon juice
- 1/4 cup water
- ice cubes
- 1/2 cup carbonated water
- 2-3 mint leaves

In pitcher, stir orange juice, lemon juice and water.  
Divide mocktail evenly among ice-filled glasses and top with carbonated water.  
Garnish with mint leaves.

**Orange Honey Glazed Carrots**

- 2 cups sliced carrots
- 1/4 cup Florida Orange Juice
- 1 teaspoon honey
- 1 teaspoon cornstarch
- 1/8 teaspoon salt
- 1/8 teaspoon ground ginger
- fresh parsley, for garnish
- fresh chives, for garnish

Steam carrots until tender.  
In saucepan over medium heat, whisk orange juice, honey, cornstarch, salt and ginger.  
Cover, whisking constantly until sauce thickens.  
Pour sauce over steamed carrots. Top with parsley and chives.

## The Times SERVICE DIRECTORY

**APARTMENTS**

**NOBLE MANOR APARTMENTS**

Now accepting applications for 2 bedroom apartments  
*Affordable housing that is income based*

Applications can be picked up Monday through Friday 8-12 and 1-3

780 Noble Run • Noblesville  
(317) 773-6133

**AUTOMOTIVE**

**Alexander's**  
Auto & Radiator Repair

*Four Seasons Free Coupon*

Hours:  
Monday - Friday  
8 AM - 5 PM

**317-773-7098**

820 Hannibal Street  
Noblesville

**FEATURED BUSINESS**

**NOBLE MANOR APARTMENTS**

Now accepting applications for 2 bedroom apartments  
*Affordable housing that is income based*

Applications can be picked up Monday through Friday 8-12 and 1-3

780 Noble Run • Noblesville  
(317) 773-6133

LOCAL HOUSING OPPORTUNITY

**FUNERAL SERVICES**

**BUSSELL FAMILY FUNERALS**

Serving Hamilton County and surrounding areas

BussellFamilyFunerals.com



Donna Bussell  
Owner/Director

1621 E. Greyhound Pass  
Carmel, IN 46032  
317-587-2001

**FUNERAL SERVICES**

Traditional Services  
Affordable Cremation  
Pre-Planning

**Hersberger Bozell FUNERAL HOME**

8820 North Main Street  
Lafayette, Indiana 46033  
765-534-8331  
[www.hersbergerbozell.com](http://www.hersbergerbozell.com)



**FUNERAL SERVICES**

**Indiana Funeral Care**

[indianafuneralcare.com](http://indianafuneralcare.com)

Indianapolis  
(317) 636-6464  
8151 Allisonville Rd.  
Indianapolis

Greenwood  
(317) 348-1570  
2433 E Main St.  
Greenwood

**HOME SERVICES**



**HOME SERVICES**

**SUPREME MECHANICAL SERVICES LLC**

The Diamond Standard in HVAC

**317-354-7088**

**RESTAURANTS**

**Jim Dandy Restaurant**  
Since 1964

Online Ordering is HERE!  
Visit our new website at [www.jdrest.com](http://www.jdrest.com) to order now!  
Sign up for our email list to receive weekly deals and specials!

Monday - Saturday 6:30 AM - 9 PM  
Sunday 7:00 AM - 9:00 PM

2301 E. Conner  
Noblesville  
317-773-3288

Would you like to be included in our next Service Directory? Contact our advertising department at 317-770-7777

VISIT US ONLINE AT:  
[WWW.THETIMES24-7.COM](http://WWW.THETIMES24-7.COM)