

➔ TODAY'S VERSE

Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.



➔ FACES OF HAMILTON COUNTY

People who call our community their own.

What makes Sue Jourdan smile? "Taking something old and freshening it up, repurposing it. I love working with painting and antiques and doing things on the creative edge," said the 67-year-old Noblesville resident. She founded and is co-chair with Jennie Auble of the Red Geranium Artisan Market, in its sixth year in 2021 and which raises money for charities. She lives in Old Town Noblesville. "My husband, Bill, and I have lived in Noblesville for about 30 years. We love old houses, so we're on our second restoration, (this time) on Harrison Street." In 2021, their home was on the Noblesville Preservation Alliance Historic Home Tour. She was born in Columbus, Ohio, and raised there for a short time and then moved to Detroit because her dad transferred his job. Bill and Sue moved here in 1986 from Detroit when Bill joined the Noblesville Police Department. She's an interior designer and graduate of Wayne State University in Detroit and has been in the design business for more than 30 years. They have two children, Jennifer and Christine, and one grandchild, Spacely Finister, a third-grader at North Elementary, where her aunt Jennifer attended for the first two years of elementary school. And yes, if you wondered, her granddaughter's name came from Spacely Sprockets on The Jetsons' popular animated television sitcom from the early 1960s.

And Another Thing...

The Cicero Redevelopment Commission will meet at 6:45 p.m. on Thursday, Jan. 13, 2022, at Red Bridge Community Building, 697 E. Jackson St., Cicero.

The TIMES

Hamilton County's Only Daily Newspaper

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A records check revealed that the suspect car was reported stolen on Dec. 29, 2021.

Car chase and multiple arrests in N'ville

On Tuesday morning, police officers from the Noblesville Police Department (NPD) responded to the Deer Path subdivision swimming pool parking lot (12109 Wolf Run Road, Noblesville) to a report of a suspicious car.

Officers arrived on the scene shortly after the call and saw a black 2018 Infinity QX6 occupied by several people in the parking lot. As officers pulled up to investigate, the driver sped off. Officers immediately pursued the car for several minutes before the suspect car struck tire-deflation devices (Stop Sticks) deployed by deputies with the Hamilton County Sheriff's Department. A short time later the car crashed into a residence in the 1500 block of Millwood Drive, Noblesville. Officers were able to take two female passengers into custody immediately while three male suspects fled the scene. Officers quickly caught one of the male suspects a short distance from the car and NPD's K-9 & Drone



Rylan R. Brown

Units later found the remaining two male suspects. The home that was struck was left with minimal damage and no residents were injured.

One of the suspects, later identified to be Rylan R. Brown, 18, of Noblesville, was transported to Riverview Health (Noblesville) due to injuries received as a result of the K-9 apprehension as well as injuries from the crash. A 17-year-old female passenger was also transported to Riverview

Health for injuries suffered as a result of the crash. Both parties were treated for minor injuries and released.

A records check revealed that the suspect car was reported stolen on Dec. 29, 2021, from the 10600 block of Winghaven Drive, Noblesville.

The NPD was assisted by the Carmel & Fishers Police Departments, Hamilton County Sheriff's Department and Noblesville Fire Department. Based on information collected during the investigation, preliminary charges have been filed. The adult suspect in the case was booked at the Hamilton County Jail and a 17-year-old suspect was detained at the Hamilton County Juvenile Detention Facility. A 13-year-old suspect was released to his parents in lieu of detention. Two female passengers were released without charges.

*A charge is merely an accusation and the defendant(s) is presumed innocent until and unless proven guilty.

This, that and pondering 'tuthers . . .

Just scattershooting while wondering whatever happened to Alfred E. Neuman . . .

WOW, IT'S amazing how life changing a . . . life-changing event is (careful, no one ever accused me of being the smartest guy in the room).

For those who don't follow these weekly ramblings, I had a heart attack on Christmas Eve. Like a lot of things in my life, probably not the optimal time to have one - then again, when is? Since then, I've got to experience an ambulance ride from the nice folks at Star Ambulance. I got to go through our lovely emergency room here at Franciscan and I got to get to know the folks at the Heart Center of St. Vincent's.



TIM TIMMONS
Two Cents

➔ See TIM Page A5

Indiana American Water urges preparation for cold weather

With much colder weather in the forecast, Indiana American Water is urging customers to act now to secure homes and businesses against freezing pipes.

"With much colder temperatures expected across the state over the next several weeks, we are encouraging customers to act now to protect their plumbing system against the extreme cold," said Indiana American Water President Matt Prine. "Failing to protect your plumbing from cold temperatures can be disruptive and very costly. When ice expands inside pipes, it creates tremendous pressure that can crack and burst them, leaving homeowners with a costly plumbing bill, and thousands of dollars in water damage."

Luckily, these problems are preventable by evaluating areas of vulnerability and taking certain precautions. Implementing the following winterization tips now can help avoid headaches later:

- Search your house for unin-

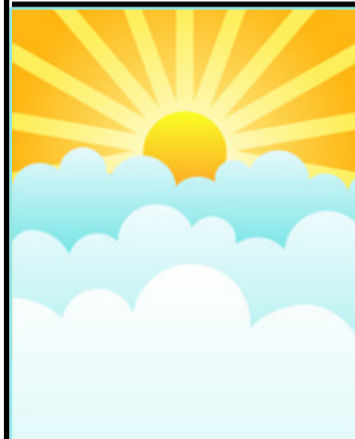


sulated pipes, especially in unheated areas. Consider wrapping pipes with foam insulation or electric heating tape but follow manufacturer's instructions carefully to avoid a fire hazard.

- Check to make sure your garage door and crawl space doors/vents are closed.
- Leave cabinet doors open in kitchen and bathroom areas to allow warm air to circulate and consider letting a faucet drip to keep water moving through the pipes. If you have young children, relocate any chemicals of cleaners that may have otherwise been out of reach behind the cabinet doors.
- Seal cracks and holes in outside walls and foundations with caulking, especially where cable TV or phone lines enter

➔ See WATER Page A5

The Daily Almanac



Sunrise/Sunset
RISE: 8:10 a.m.
SET: 5:38 p.m.



High/Low Temperatures
High: 18 °F
Low: 14 °F



- Wacky Holiday Today**
- National Take Down the Christmas Tree Day
 - Cuddle Up Day
 - Apple Tree Day



What Happened On This Day

- 1929 Mother Theresa arrives in India
- 1838 Samuel Morse presents the telegraph to the public
- 1912 German scientist Alfred Wegener presents his theory of continental drift
- 1907 Maria Montessori opens her first school



Births On This Day

- 1412 Joan of Arc
- 1811 Charles Sumner American politician

Deaths On This Day

- 1919 Theodore Roosevelt 26th President of the U.S.
- 1852 Louis Braille French educator

➔ INSIDE TODAY

Obituaries.....	A2
Classifieds.....	A4
Comics.....	A4
Service Directory.....	A2
HSPA Ads.....	A4

➔ TODAY'S HEALTH TIP

Have diabetes or high cholesterol? One of the best medicines is regular exercise. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



➔ TODAY'S QUOTE

"Life is about change, sometimes it's painful, sometimes it's beautiful, but most of the time it's both."
Kristin Kreuk

➔ TODAY'S JOKE

What is a New Year's resolution? Something that goes in one year and out the other.

➔ HONEST HOOSIER

I get why companies have automated phone answering attendants. What I don't get is why they have to go a minute or more in multiple languages before they give me a chance to push the button I need.



The Times appreciates all our customers. Today, we'd like to personally thank **RON MCGILL** of Noblesville for subscribing!

➔ OBITUARIES

Stacy Dawn Hutson



13 WTHR 7 DAY FORECAST

THU 14/18 COLD, LIGHT SNOW FOR SOME	FRI 6/20 COLDEST PART OF SEASON	SAT 16/42 WINDY, NOT AS COLD	SUN 45/32 RAIN TO SNOW, FALLING TEMPS	MON 11/22 COLD AND BRISK	TUE 8/27 SUNNY AND BRISK	WED 18/43 SUNNY BUT CHILLY
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OBITUARIES

Stacy Dawn Hutson Aug. 30, 1962 - Jan. 2, 2022

Stacy Dawn Hutson, 59, Fishers, passed away on Sunday, Jan. 2, 2022 at St. Vincent Hospital in Indianapolis.

She was born on Aug. 30, 1962 to Robert and Mary (Strater) Holsten in Minneapolis, Minn.

She graduated from Carmel High School in 1980. She loved hosting family gatherings, cooking, taking care of everyone and spending time with her family.

Survivors include her husband of almost 38 years, Steve Hutson; parents, Robert and Mary Holsten; children, Jorie Hutson and Alie Hutson; brother, Jeff (Donna) Holsten; sisters, Sara Clark and Alison (Rick) Bond; brothers-in-law, Brian (Cara) Hutson and Mike (Beth) Hutson; nieces and nephews, Brad (Alyssa) Holsten, Alexandra (Brandon) Villa, Bobby Clark, Megan Clark, Nick Klepinger, Madalyn Klepinger, Elaina Klepinger, Emma Hutson, Jacob Hutson, Jack Hutson, Chloe Bond and Luke Bond; as well as several great-nieces and great-nephews.

Visitation is scheduled from 11 a.m. to 1 p.m., with services at 1 p.m., on Friday, Jan. 7, 2022 at Randall & Roberts Fishers Mortuary, 12010 Allisonville Road, in Fishers. Burial will be at Carmel Cemetery.

Memorial contributions may be made to the Joseph Maley Foundation, 7176 Lakeview Pkwy W Dr, Indianapolis, IN 46268.

Condolences: www.randallroberts.com



New Cryotherapy business hits Hamilton Town Center

A new sensation of wellness and recovery is hitting the Hamilton Town Center called Peak Cryo. Located at 13436 Tegler Drive, Suite 200 in Noblesville, Indiana 46060.

Whole Body Cryotherapy has become increasingly popular for its performance-enhancing, recovery, health, and wellness benefits. Using the state-of-the-art Impact Cryosauna, we

offer the safest single-person cryogenic chamber used for Whole Body Cryotherapy. During the session, the temperature is regulated by our CryoTechnicians within the range of -190F to -260F as the Cryosauna is filled with nitrogen mist. Your head is above the chamber at all times and with our CryoTechnicians engaging in continuous conversation during your 3-minute

session! You won't believe how quickly it goes!

Being former collegiate athletes, high school and youth sports coaches, the owners of Peak Cryo have been sport and fitness enthusiasts their entire lives. Wanting to continue to be involved in sport and wellness, the owners of Peak Cryo decided to open a cutting edge facility committed to helping people exceed

their goals in health, sport performance, and beauty.

Peak Cryo is officially open to the public! Hours of Operation are Mondays-Saturdays 10AM-8PM and Sundays 12PM-6PM.

For more information on Peak Cryo, contact Nicole Madsen at info@peakcryo.com or call (317) 219-6012. Peak Cryo information can also be found online at <https://peakcryo.com/>

Arts and education highlights for events in February 2022

The Center for the Performing Arts is located at 1 Carter Green in Carmel, Ind. Tickets and information available at TheCenterPresents.org or (317) 843-3800. Please note: Health and safety protocols are posted at TheCenterPresents.org/Health.

- Zach Brock Quartet 8 p.m. Saturday, Feb. 5 The Palladium Drewry Simmons Vornehm Jazz Series Tickets from \$25 (\$15 for students)

Heralded as "the pre-eminent improvising violinist of his generation," Zach Brock is a Grammy Award-winning musician and composer best known for his role in the instrumental supergroup Snarky Puppy. Brock was named DownBeat Magazine's Rising Star Violinist of 2013 and has recorded and toured with such jazz greats as Stanley Clarke, Phil Markowitz and Wycliffe Gordon.

- Intro to Stand-Up Comedy 6 p.m. Feb 7-28 The Palladium

Cost: \$110 for all sessions Professional comedian Mat Alano-Martin leads the class through the history, theory and mechanics of stand-up comedy, guiding each student in the development of an original five-minute comedy set to be performed in the March 4 graduation show.

- Performing Arts Connect: The Roots of Black Music in America 7 p.m. Monday, Feb. 7 Online via Zoom Tickets: \$12 New York-based musician Karlus Trapp's educational and entertaining performance/presentation is a 100-year journey through time with the music of America's Black musical

giants. The material comes alive through audience participation and interaction, including singing, call and response, percussion playing and Q&A.

- JazzTalk: A Conversation with Wynton Marsalis 6:30 p.m. Tuesday, Feb. 8 Online via Zoom

Free; Acclaimed trumpeter, bandleader and jazz standard bearer Wynton Marsalis discusses his life and work with JazzTalk host Todd Williams (a former bandmate) in advance of his Feb. 27 Palladium performance with the Jazz at Lincoln Center Orchestra. Viewers can pose questions after the conversation.

- Piaf! The Show 7:30 p.m. Feb. 10 The Palladium Telamon Passport Series Tickets from \$35

Inspired by the award-winning film La Vie en Rose, this program celebrates the life and career of legendary French chanteuse Edith Piaf through her most popular songs. Internationally acclaimed vocalist Nathalie Lhermitte, who has portrayed Piaf in this and other stage productions, is accompanied by live musicians and historical images for an unforgettable multimedia experience.

- Child & Adult Music Class: Things That Go Fridays, Feb. 18-March 25; 9:30 or 10:30 a.m. session available

The Palladium Cost: \$60 for six sessions Local musician Michelle Marti of ShooBeeLoo Music and Movement leads toddlers and their caregivers through interactive songs, stories and activities with toys and percussion instruments. Recommended for ages 10 months to 5 years.

- The Company Men 8 p.m. Friday, Feb. 18



THE CENTER FOR THE PERFORMING ARTS

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The Palladium Katz, Sapper & Miller Pop/Rock Series

Tickets from \$25

The Company Men weave today's Top 40 hits with reimagined classics of the past, blending songs by artists including Sam Smith, the Four Tops, Michael Jackson, Katy Perry, Adele, the Temptations, Sam Cooke, The Weeknd, Billy Joel, Prince, Meghan Trainor, Bruno Mars, Michael Bubl , the Eagles and many more.

- Live at the Center: Zach DuBois

7:30 p.m. Feb. 24 Online / at the Palladium

Free livestream; \$5 on site Singer-songwriter Zach DuBois spent several years working out of Nashville, Tennessee, and sharing stages with the likes of Turnpike Troubadours, American Aquarium, Jack Ingram, and Radney Foster before returning to Indiana.

Lauded by CMT and Billboard, he has released three studio albums and places his music "somewhere between John Denver and John Mellencamp."

- Polish Winiawski Philharmonic Orchestra

8 p.m. Friday, Feb. 25 The Palladium

Printing Partners Classical Series

Tickets from \$25

Principal Conductor Wojciech Rodek leads the acclaimed Polish orchestra, founded in 1944, on its first U.S. tour. Featuring violin soloist Sara Dragan, winner of many international com-

petitions, the program will include works of Rossini, Wieniawski and Schubert. Ball State Professor Heather Platt leads a preconcert Classics in Context discussion 7:15-7:45 p.m. in the Robert Adam Room.

- Faegre Drinker Peanut Butter & Jam: Animal Athletes with Silly Safaris 10:30 a.m. Feb. 26 The Studio Theater

Tickets: \$10 per child, includes up to two free adult admissions

What is the fastest animal on earth? Who can jump the farthest? Who can squeeze the strongest? Join us for Animal Athletes and compete for the gold medal with your favorite Silly Safaris stars. Let's get moving with reptiles, mammals, birds, amphibians and bugs! Recommended for ages 1-7.

- Jazz at Lincoln Center Orchestra with Wynton Marsalis

7 p.m. Sunday, Feb. 27 The Palladium

Drewry Simmons Vornehm Jazz Series Tickets from \$45

Dedicated to preserving America's jazz heritage, the Jazz at Lincoln Center Orchestra returns to the Palladium with 15 of the finest soloists, ensemble players and arrangers in jazz music today. Founded in 1988 and led since 1991 by world-renowned trumpeter and artistic director Wynton Marsalis, the big band performs a vast repertoire that ranges from new commissioned compositions to rare historic works.

Meeting Notes

Hamilton County Election Board

Public Notice
Public Meeting Notice
Hamilton County Judicial Center
One Hamilton County Square, Suite 106
Noblesville, Indiana
46060-2233
The Hamilton County

Election Board will convene a public meeting at 2 p.m. on Jan. 20, 2022, in the Conference Room of the Hamilton County Clerk's Office pursuant to Indiana Code 5-14-1-5.5.

The purpose of the meeting is to address any campaign finance issues, certify the poll pad and voting machine inventory, and other election-related resolutions.

2022 Martin Luther King Jr. Essay Contest now open

The 2022 Martin Luther King Jr. Essay Contest is now open! Students in grades 6-12 are invited to participate in this contest.

Students are being asked to write their essays based on the following quote from Dr. Martin Luther King Jr.:

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Hate multiplies hate, violence multiplies violence, and toughness multiplies toughness in a descending spiral of destruction."

More specific contest information can be found on the Martin Luther King

Jr. Essay Contest website, <https://iasp.org/students/mlk-jr-essay/>. The online submission deadline is February 28, 2022.

This program is FREE for Department of Student Programs member schools. Non-member schools will be charged \$10 per essay.

Department membership is independent of individual administrator membership through IASP. If you are unsure if your school is a DSP Member, or if you have other questions, please contact Chris at chammer@iasp.org.

We look forward to reading your student's submissions!

The Times SERVICE DIRECTORY

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Meeting Notes

Carmel Plan Commission

RESIDENTIAL COMMITTEE
Tuesday, January 4, 2022 Department Report
1. Docket No. PZ-2021-00195 DP/ADLS: Matriarch Birth Center.

The applicant seeks site plan and design approval for a new medical health center, to be located south of the existing building at 520 N. Rangeline. It will be a two story, 7,000 sq. ft. building. The overall parcel size is 0.5 acres. 23 parking spaces will be provided. The site is located at 510 N. Rangeline Road. It is zoned B-5/Business and is located in the Old Town Overlay – Historic Rangeline Subarea. Filed by Justin Moffett of Old Town Companies.

Project Overview:
The Petitioner proposes to construct a new building just south of 520 N. Rangeline, which is a character building as designated by the Old Town Overlay. Sites to the north, south and east are all zoned B-5/Business. West of the site are sites zoned R-2/Residential. Please see the Petitioner's Information packet for more details.

Unified Development Ordinance (UDO) Standards this project MEETS:
Old Town Overlay

Zone, Historical Range Line Rd. sub-area:

- Permitted use: Clinic or medical health center
- Maximum building width when lot is greater than 80' wide: 55' allowed and proposed
- Front setback follows the average of the block and is within 3' of that distance: 14.25' existing of the nearest four buildings and 13' is proposed = OK
- Minimum side yard: 5' required, 65' proposed (north property line)
- Minimum rear yard: 5' required, 79' provided (west property line)
- Maximum Lot coverage: 61.3% proposed, 70% allowed
- Materials, Windows, Doors, Roof & Covered porch: Consistent with Overlay requirements
- Maximum Building Height: 30' allowed, 26'4" proposed
- Pedestrian connectivity: Paved walkway from the sidewalk to the front door required and provided
- Vehicular parking: 14 spaces required, 22 provided
- B-5/Business:
 - Minimum lot area: 10,000 sq. ft. required; 21,780 sq. ft. provided (0.5 acre)
 - Minimum lot width: 100' required, 127' directly fronting on Rangeline Rd.
 - Minimum ground

floor area: 900 sq. ft. required, about 4,400 sq. ft. proposed

- Signage: General sizes and locations shown, to be submitted later for final approval

UDO Standards NOT MET, therefore variances have been requested and/or adjustments required:

- Bicycle parking: 4 spaces required – petitioner states they will be provided. Need plans to be updated.
- 25' wide drive aisle width required, 24' provided

Site Plan, Parking and Engineering:
The Petitioner seeks approval for a new building to be constructed on an existing lot. The building currently located on this lot (520) is a contributing building of Social History Significance on the RuskinARC map of Carmel (Historical Architecture Survey) as well as a Character building on the Old Town Overlay map. In the B-5 district, there is no restriction on the maximum number of principal buildings per lot, therefore, it is permissible to build a second building. The Petitioner plans to utilize 520 as part of the new business and will maintain and preserve 520's historical character. Parking will be

provided on the west side of the lot, with 22 spaces provided and accessed from 5th St. NW. A clinic or medical health use requires 1 parking space per 250 sq. ft. The 7,000 sq. ft. building would require 28 spaces. However, the Old Town Overlay allows for a 50% reduction in the required number of spaces, bringing it down to 14 required.

The Petitioner is working with the Engineering Dept. on addressing their review comments through Project Dox.

Active Transportation:
There is an existing sidewalk along Range Line Road. The Thoroughfare Plan calls for this to be converted to an asphalt path. The Petitioner plans to maintain the existing sidewalk and will contribute to the non-reverting thoroughfare fund in lieu of constructing a new asphalt path in this location. A new 5' wide sidewalk will be constructed along 5th St. NW. New sidewalk will be installed along the east side of the new parking spaces. Ramps will be provided for access to the building – both through the back and to the front through the covered porch area. Bicycle parking is still needed – 2 racks are

required. The Petitioner has stated they will be adding this to the plans.

Architectural Design:
The proposed 2 story building will be residential in appearance, with white vertical board and batten siding, a dark gray brick base and wood accents. It will have a large wrap around porch, which is not a requirement, but is highly encouraged for new buildings in the Historic Range Line Overlay section.

Lighting:
The Petitioner has stated building accent lights will be installed; however, we have not yet seen fixtures or details regarding this. Petitioner, please provide lighting details.

Landscaping:
The Urban Forester has requested for existing trees to be noted on the landscape plan, as well as showing building base planting and parking lot screening. These items have been provided and are under review by the Urban Forester.

Signage:
The site is on two public street frontages; therefore, two main identification signs are allowed. The Petitioner has shown one wall plaque style sign and one ground sign. These two types are acceptable. The Petitioner has shown these signs as examples

but will return for final approval of the signage designs once that is ready.

December 21, 2021 Public Hearing Recap:
The Petitioner discussed the project and how it will be one of eight birth centers in Indiana. This will provide a unique experience for mothers in this region. The building will have room for clinic appointments, a teaching area, and birthing suites. No members of the public spoke regarding this project. Plan Commission members had concerns about the design of the building – they wanted to see it look more residential in character. In order to even the committee workload, the Plan Commission voted to send this item to the Residential committee with final approval authority.

DOCS Remaining Comments/Concerns:

- Adjustments to parking lot to gain 1' in drive aisle width
- Bicycle parking needed
- Lighting details needed
- Urban Forester approval needed

Recommendation:
After all comments and concerns are addressed, the Dept. of Community Services recommends the Residential Committee approve this item this evening.

Meeting Notes

Carmel Plan Commission

COMMERCIAL COMMITTEE
Tuesday, January 4, 2022 Department Report
1. Docket No. PZ-2021-00221 ADLS Amend: 421 S. Rangeline – Building Addition

The applicant seeks design approval for a 285 sq. ft. building addition to replace a garage that was destroyed by a fire. The overall site is 0.17 acres and is located at 421 S. Rangeline Road. It is zoned B-1/Business and is located in the Rangeline Road Overlay District. Filed by Stephanie Miller of Great Growins.

Project Overview:
The Petitioner proposes to construct an addition on the rear of the building to replace a garage that was lost to a fire. Parcels to the north across Elm Street are zoned B-1/Business and are within the Rangeline Overlay District. Parcels to the east are zoned R-3/Residential and some are within the Old Town Overlay – Character sub area. To the south, the parcels are a combination of B-1 and B-2/Business, also within the Rangeline

Overlay District. West across Rangeline Road is the Midtown PUD (Z-599-15). Please see the Petitioner's Information packet for more details.
Unified Development Ordinance (UDO) Standards this project MEETS:

- B-7/Business:
 - Permitted use: General Retail
 - Minimum lot area: 10,000 sq. ft. required, approx. 11,300 sq. ft. existing (0.25 acres)
 - Minimum rear yard: 30' required, 57'4" proposed east
 - Min. ground floor area: 900 sq. ft. required, 1300 sq. ft. proposed total
 - Maximum Building Height: 35' allowed, 11' proposed (to midpoint)
 - Vehicular parking: 7 spaces required; 10 provided
- UDO Standards NOT MET due to existing site conditions:
 - Some B-7/Business and Rangeline Road Overlay District standards cannot be met due to existing building placement and recent road improvements. Some of the B-7 items are minimum front yard, minimum side yard, and maximum lot coverage. Some of the Rangeline

Road Overlay items are minimum building height, construction materials, and sidewalk widths. The Petitioner is allowed to reconstruct after a fire. In this instance, the petitioner decided to do a building addition instead of reconstructing the garage for better site circulation and patron experience. The building addition, along with other building improvements are supported by the Department.

Site Plan and Parking:
The overall site plan and site circulation will not change. No parking spaces are removed in order to construct the proposed 285 sq. ft. addition on the east side of the existing building. Seven vehicular parking spaces are required and ten are existing (1 space per 200 sq. ft. for general retail/service). The existing concrete slab where the garage was located prior to the fire will remain and will now be used as a patio.

Active Transportation:
A new ADA ramp will be constructed for access into the new building addition. This is close to the parking area and will provide greater access for

patrons into the building. Two bicycle racks are required within 50' of the front entrance to the building. Petitioner, please provide the two required racks. A 5' sidewalk is required along Elm Street per the Thoroughfare Plan. However, it was not installed when the City acquired the corner property for construction of the round-a-bout. In reviewing the options, the City Engineer chose not to connect the sidewalk on the south side of Elm. Instead, pedestrians are routed across the round-a-bout to the north side of Elm because there was already sidewalk present on that side of the street.

Architectural Design:
The Petitioner proposes an 18' x 16' addition. Currently the building has vinyl siding. This will be replaced on the entire structure with hardi-plank siding for a more uniform and cohesive look. Shake style siding is added to the ridges for added architectural details. A new front porch will be constructed to enhance the look of the property as well.

Landscaping: The Urban Forester does not

have a plan to review at the present time. However, the Petitioner does not intend to make any changes to the existing landscaping on site.

Recommendation:
After all comments and concerns are addressed, the Department of Community Services recommends the Commercial Committee approves this item this evening.

2. Docket No. PZ-2021-00160 CA: West Main St. Block C2, Commitment Amendment.

The applicant seeks to amend commitments associated with Ordinance Z-611-16. The site is located at the southeast corner of Main Street and 4th Avenue SW. The properties are zoned R-2/Residence and C-2/Mixed Use District within the Old Town Overlay. Filed by the Department of Community Services on behalf of the Carmel Plan Commission.

Please see the Petitioner's Info Packet for detailed analysis and request for this commitment amendment.

December 21, 2021 Public Hearing Recap:
The Petitioner gave an

overview of the request, stating that the C-2 ordinance has evolved to include the items that were previously in effect through commitments. Members of the public spoke regarding this proposal. There were many questions about the timing of this request. There was confusion as to why it was proposed because the parcels are still under separate ownership. Another resident had concerns about commitments made by the City, then later changed. Plan Commission members had questions about the plan for the area and felt that commitments are needed to protect those who may not be interested in selling/moving. It was referred to the Commercial Committee meeting on Tuesday, January 4, 2022 for further review and discussion.

Recommendation:
If all comments and concerns are addressed, the Department of Community Services recommends the Commercial Committee forwards this item back to the full Plan Commission with a Favorable Recommendation.

Students gain recognition from their respective colleges

Ohio Wesleyan University

Ohio Wesleyan University is pleased to announce its Dean's List for fall semester 2021. To qualify for OWU Dean's List recognition, students must earn a grade point average of 3.5 or better on a 4.0 scale in all applicable classes.

Local residents earning Dean's List recognition for their fall academic achievements are:

Elisabeth Mann of Fishers (46037)

Rylie Moore of Noblesville (46060)

Founded in 1842, Ohio Wesleyan University is one of the nation's premier liberal arts universities. Located in Delaware, Ohio, the private university offers more than 70 undergraduate majors and competes in 24 NCAA Division III varsity sports. Through its signature program, The OWU Connection, Ohio Wesleyan teaches students to integrate knowledge across disciplines, build a diverse and global

perspective, and apply knowledge in real-world settings. Ohio Wesleyan is featured in the book "Colleges That Change Lives" and included on the U.S. News & World Report and Princeton Review "Best Colleges" lists.

The University of Evansville

The University of Evansville recently recognized students who received Dean's List Honors for the Fall 2021 semester.

Founded in 1854, the University of Evansville is located in Evansville, Indiana. The first in the state to be designated as an Ashoka U Changemaker Campus, its changemaking culture empowers students to improve the world around them. UE has an array of majors in business, engineering, the arts and sciences, and health science programs.

Jacob Overstreet of Fishers, studying Archaeology

Annie Kim of Carmel, studying Biology

Alexa Davis of Westfield, studying Communication

Nathan Bradford of Fishers, studying Neuroscience

Cecilia Odenbaugh of Carmel, studying Undeclared

Abigail Thomason of Noblesville, studying Elementary Education

Emily Bickel of Fishers, studying Exercise Science

Mackenzie Carter of Fishers, studying Exercise Science

Grace Reisinger of Carmel, studying Public Health

Julia Libby of Noblesville, studying Nursing

A total of over 630 students were named to the UE Dean's List. To merit this honor, a student must have carried a full academic load of 12 hours or more and have earned a grade point average of 3.5 or above.

Founded in 1854, the University of Evansville is located in Evansville, Indiana. The first in the state to be designated

as an Ashoka U Changemaker Campus, its changemaking culture empowers students to improve the world around them. UE has an array of majors in business, engineering, the arts and sciences, and health science programs. For more information, please visit evansville.edu.

University of the Cumberlands

University of the Cumberlands is proud to congratulate Navatha Dhadigala of Westfield, IN (46074), on completing their Master of Science in Information Technology. The university wishes Navatha all the best in their future endeavors. Well done, Patriot!

University of the Cumberlands is one of the largest and most affordable private universities in Kentucky. Located in Williamsburg, Kentucky, Cumberlands is an institution of regional distinction offering quality undergraduate, graduate, doctoral, and online degree programs.

Indiana Hospital Association reinforces commitment to health care affordability

Statement from IHA President Brian Tabor

"Indiana hospitals remain committed to addressing health care affordability for Hoosiers. Hospitals have demonstrated this commitment even during the pandemic, with health systems working with insurers and collaborating directly with employers to lower costs for patients and businesses. Indiana's hospitals have also been recognized for leading the country in transparency. These initiatives are already proving to be effective.

Indiana hospitals are leaders in efforts to lower costs while improving the state's health. However, until all stakeholders are at the table, these efforts will always fall short. We must stop oversimplifying the causes and engage in honest, inclusive discussions without the threat of legislative rate-setting or appealing to outdated studies."

ABOUT INDIANA HOSPITAL ASSOCIATION

The Indiana Hospital Association serves as the professional trade association for more than 170 acute care, critical access, behavioral health, and other specialized hospitals in Indiana. IHA advocates on behalf of its members in Indiana's General Assembly, U.S. Congress, and with multiple regulatory agencies at the state and federal levels. Dedicated to improving quality, patient safety, and Hoosiers' health status, IHA holds numerous grants and facilitates collaboration among hospitals to improve outcomes. IHA also provides members with the data analytics that they need to ensure access to quality, cost-effective health care services across the state of Indiana. To learn more about IHA, visit IHAconnect.org.

Top 10 cardiovascular research accomplishments in 2021

While COVID-19 vaccines and variants continued to capture health headlines, a number of significant scientific research breakthroughs offered promising news in the fight against heart disease, stroke and cardiovascular risk factors. The American Heart Association, the largest non-governmental funder of heart and stroke related research in the United States, has been compiling an annual list of major advances in heart disease and stroke science since 1996.

A complete review of the Association's top 10 picks for leading cardiovascular-related research accomplishments published in 2021 can be found here. An overview of significant research highlights selected by the volunteer medical experts of the American Heart Association, a global force for longer, healthier lives for all, includes:

There's new hope in the fight against the obesity epidemic.

Some 650 million people worldwide have obesity, a major risk factor of cardiovascular disease, and the problem continues to grow. In June 2021, semaglutide, as a weekly under-the-skin injection, became the first medicine since 2014 to be approved by the U.S. Food and Drug Administration for chronic weight management. A series of studies in 2021 detailed potential weight loss benefits of semaglutide in non-diabetic subjects. Participants of the STEP 1, STEP 3 and STEP 4 trials who were treated with semaglutide were likely to lose significantly more weight – up to as much as 16% of their body weight – compared to as little as 2.4% of body weight loss among those given placebo. In a different approach to obesity, another new study found that people with obesity who underwent bariatric surgery, had a 42% lower risk of dying or having major cardiovascular problems such as heart attack, stroke and heart failure hospitalization, compared to matched peers who did not have the surgery.

Medication to treat diabetes continues to show

additional health benefits. Medicines called SGLT2 inhibitors have continued to extend their potential beyond their approved use to treat Type 2 diabetes. Multiple clinical trials throughout the year (including SCORED, SOLOIST-WHF and EMPEROR-Preserved) supported various benefits from SGLT2 inhibitors: a lower risk of hospitalization/urgent care for heart failure or death from heart disease in people with chronic kidney disease and Type 2 diabetes; reduced risk for ventricular arrhythmias, cardiac arrest or sudden deaths among trial participants who had heart failure and reduced ejection fraction; and lower rates of cardiovascular death or hospitalization due to heart failure in people with heart failure with preserved ejection fraction.

Tackling diabetes complications continues to be a priority.

People with Type 2 diabetes have at least double the risk of developing and dying from cardiovascular disease, and kidney disease is a common long-term complication. Two new studies reported success in treating those complications. In FIGARO-DKD, the medication finerenone reduced risk of cardiovascular death or complications by 13% compared with placebo. In AMPLITUDE-O, prescribing efglenatide in people with Type 2 diabetes and a history of cardiovascular disease or current kidney disease plus at least one other cardiovascular risk factor resulted in risk factor improvements and 27% lower odds of experiencing a heart attack, stroke, or death from cardiovascular or unknown causes.

Precision medicine offers new options for protecting the heart from other diseases.

Using precise gene editing, investigators may have opened new therapeutic doors for two life-threatening diseases, transthyretin amyloidosis and Duchenne muscular dystrophy. Several early basic science trials (including a small study in the New England Journal



American Heart Association.

of Medicine and a series of experiments described in the AHA journal Circulation Research showed promising results in editing or reprogramming targeted genes using CRISPR-Cas9-based therapies – results that could pave the way for new options in personalized medicine.

Lifestyle and clinical interventions are key tools to tackling hypertension.

Nearly half of the U.S. population has hypertension, or high blood pressure – one of the leading contributors to heart attacks and strokes. The massive Salt Substitute and Stroke Study from China, involving 600 rural villages and nearly 21,000 people, found that replacing 25% of the sodium chloride in a salt shaker with potassium chloride could reap major health improvements including a 14% reduction in stroke rates. Another large trial from China, reported the potential benefits of tighter blood pressure control among study participants who were assigned to an intensive intervention targeted to lower their blood pressure.

COVID-19 has unique impact on young hearts.

For children and young adults, the pandemic has posed special challenges, in the form of rare but serious conditions linked to the virus or to two of the vaccines. A European study published in Circulation identified a newly emerging, coronavirus-related condition – multisystem inflammatory syndrome in children. MIS-C can cause dangerous inflammation in the heart, lungs, kidneys, brain, skin, eyes and other organs. The new syndrome's most common cardiac implications included arrhythmias, shock, dilated coronary arteries

and fluid buildup in the pericardial sac around the heart. Other research sought to better understand cases of myocarditis, or heart muscle inflammation, arising after vaccination with either of the new mRNA vaccines. Overall, the risk of myocarditis after vaccination was low, the studies concluded, and most cases were mild or moderate and eventually resolved.

Flu vaccine may also protect the heart.

While flu vaccines are highly recommended for people with cardiovascular disease who are at high risk from the flu, a new study found the vaccine may offer extended protection beyond flu season. Researchers found that people vaccinated against the flu within 72 hours of a heart attack or invasive coronary procedure were 28% less likely to have a heart attack or a dangerous clot in a coronary stent or die of any cause over the course of the next year, compared to people who received a placebo vaccine. Those who received the flu vaccine were also 41% less likely to die of cardiovascular disease.

Research continues to support need for quick action to treat strokes. It's long been known that time lost is brain lost in treating strokes and two studies in 2021 examined efforts to shave minutes off the time from stroke onset to initiation of therapy. Both reported better patient outcomes. One study conducted in Houston and six other U.S. urban centers examined mobile stroke units, ambulances with specially trained staff, a CT scanner and laboratory testing equipment that allows for stroke diagnosis and treatment in the vehicle. A study from

Spain found that people having a stroke who were transferred directly to a hospital angiography imaging suite, bypassing the emergency department and conventional imaging, were treated more quickly with a procedure to restore blood flow to the brain.

Heart-health issues in pregnancy put mothers, infants and adolescents at risk.

Cardiovascular disease is the No. 1 cause of maternal death in the U.S. Risk factors that arise before pregnancy can threaten pregnancy outcomes and raise cardiovascular dangers later. A recent study found that most women in the U.S. are not in good cardiovascular health before they give birth, and that trend is worsening: in 2011, 42.1% of women had ideal cardiovascular scores, but in 2019, only 37.7% did. Another study found that poor maternal heart health at an average of 28 weeks into pregnancy was linked to poorer heart health in the children later, at ages 10 to 14.

Studies scrutinize the risk of extra anti-clotting treatments.

Researchers continue to explore the appropriate dosage and length of time for using antiplatelet medicines. An international trial called MASTER DAPT found that after coronary angioplasty and implantation of a particular type of drug-eluting stent, shortening the time patients who were at high risk of bleeding received dual antiplatelet therapy to one month appeared to lower that risk without increasing risks for heart attack, stroke and death. Research from Michigan found that people with atrial fibrillation or blood clotting in the veins (venous thromboembolism) but no recent heart attack or history of heart valve replacement who were using direct oral anticoagulants revealed that over an average of almost 21 months, those also taking aspirin had a higher risk of bleeding problems and related hospitalizations without an improvement in clotting rates.

A single pill for cho-

lesterol and BP may help prevent heart disease.

A large international study found that a "polypill," taken with aspirin, was associated with a 31% lower risk of cardiovascular death or events including heart attack, stroke, cardiac arrest and heart failure. The polypill contained four medications: simvastatin, which is used to treat high cholesterol and triglycerides, and the blood pressure medicines hydrochlorothiazide, atenolol and ramipril.

Studies published in the American Heart Association's scientific journals are peer-reviewed. The statements and conclusions in each manuscript are solely those of the study authors and do not necessarily reflect the Association's policy or position. The Association makes no representation or guarantee as to their accuracy or reliability. The Association receives funding primarily from individuals; foundations and corporations (including pharmaceutical, device manufacturers and other companies) also make donations and fund specific Association programs and events. The Association has strict policies to prevent these relationships from influencing the science content. Revenues from pharmaceutical and biotech companies, device manufacturers and health insurance providers and the Association's overall financial information are available online.

About the American Heart Association

The American Heart Association is a relentless force for a world of longer, healthier lives. We are dedicated to ensuring equitable health in all communities. Through collaboration with numerous organizations, and powered by millions of volunteers, we fund innovative research, advocate for the public's health and share lifesaving resources. The Dallas-based organization has been a leading source of health information for nearly a century. Connect with us on heart.org, Facebook, Twitter or by calling 1-800-AHA-USA1.

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Submissions for the 2022 Hoosier Women Artists exhibition now accepted

Recently, Lt. Gov. Suzanne Crouch, along with Treasurer Kelly Mitchell and the Indiana Arts Commission, announced details for the 2022 Hoosier Women Artists exhibition.

"Receiving the artwork and meeting the women behind the pieces is something I look forward to every year, and we are pleased to bring back the Hoosier Women Artists program," Crouch said. "Artists come from different walks of life and have found such beautiful ways

to express their abilities. I encourage all those who are interested to submit their work."

Established in 2008, the Hoosier Women Artists exhibition celebrates the importance of the arts in Hoosier communities and highlights the work of talented female artists throughout Indiana.

Crouch said a wide variety of visual arts including drawing, painting and photography are welcome to enter. The artwork is selected by a panel that includes Crouch, Mitchell

and peer artists coordinated by the Indiana Art Commission.

"One of the highlights of my year is working with gifted female Hoosier artists to display their incredible talent throughout the Statehouse," Mitchell said. "We are excited to continue the program after taking a hiatus due to COVID-19. I'm hopeful we receive more submissions this year than ever before!"

Mitchell said designers of the Hoosier Women Artists exhibition will

have their artwork displayed in her office and the lieutenant governor's office at the statehouse for one year to be enjoyed by the thousands of school groups, visitors and staff who explore the building annually.

Additionally, pieces of art will also be selected by First Lady Janet Holcomb, Secretary of State Holli Sullivan, Auditor Tera Klutz, Chief Justice Loretta Rush and Secretary of Education Dr. Katie Jenner to display in their respective offices.

Submissions may be made on the Indiana Art Commission's Online Application System from today through Jan. 31, 2022. Applicants will need to create a username and password and select Hoosier Women Artists as the program name.

Requirements include: Framed wall art only; Maximum dimensions (including frame): 42" x 60"; Maximum weight: 60 lbs.; Must be installation ready, including frame

and hanging wires; and Submit one entry per artist to be considered.

A reception will be held March 3, 2022 at the Indiana Statehouse to honor and showcase the selected artists.

The Lieutenant Governor constitutionally serves as the President of the Indiana Senate, serves as the Secretary of Agriculture and Rural Development, chairs the Indiana Intellectual and Developmental Disabilities Task Force and oversees four state agencies.

TIM From Page A1

And I got to hear from you . . . A LOT of you! Let me say it again, WOW! E-mails, texts, phone calls and such have been overwhelming. To be fair, I can't really tell you how much I appreciate it. Your kindness is appreciated more than I will ever be able to explain. Many thanks!

AND ONE that made me smile a lot came from a gentleman who asked to remain nameless. He takes me to task often for what he calls my "pig-headed, right-wing approach." But instead of his usual e-mail telling me which end to stuff my opinion into, his message said that I need to get well soon so he can continue arguing with me. Thanks! I love you, too, M.R.

SO THE quick update is that I'm going in for surgery this month and will be out of the loop for a few days afterward. OK, maybe more than a few, but not much more. All the folks in the know tell me that the prognosis is good for the blockage I have - and the fact that I am back on the wagon with my diet will likely help.

So once again, thank all of you who have offered prayers and kind words and such. It's very touching and most definitely appreciated! We'll talk again soon!

AW HECK, it just wouldn't be me if I didn't mention politics. The Indiana Legislature convenes its 2022 session next week - and I urge you to keep your eyes on our hired help. Yes, they are zeroing in on newspapers again, but they are also going to be looking at issues involving personal rights and such. The more you pay attention, the better. When those good folks are left unchecked and don't hear your opinions, they can do some awfully strange things. Let Rep. Brown and Sen. Boots know what you think. Actually, they'll appreciate it.

FOR THOSE who don't remem-

WATER From Page A1

the house, to keep cold air away from pipes.

- Make certain the water to your hose bibs is shut off inside your house (via a turnoff valve), the lines are drained, and the hose is disconnected from the spigot.

- Drain and shut off entirely the water to any unoccupied residence such as a summer or vacation home. A loss of power during a winter storm could cause pipes to freeze. If you intend to leave a property entirely without heat, be sure to drain all water to prevent the possibility of frozen pipes.

- Set the thermostat at no lower than 55 degrees if you're going out of town. Although you may be able to get away with a lower temperature, this setting is generally considered to be safe for pipes.

- Make sure you know where your main water shut-off valve is in case you need to shut your water off in an emergency.

- Consider wrapping your water heater in an insulation blanket. While not really at danger for freezing, this can lower your heating bills.

Indiana American Water is also encouraging customers to keep fire hydrants clear near their homes and businesses when snowfall accumulates. This small step can save precious time if firefighters need to access it in an emergency. Remove snow and ice within a 3-foot perimeter of the hydrant and shovel a pathway from the hydrant to the street so that firefighters can access it quickly.

Additional information on preventing frozen pipes is available online at <https://www.amwater.com/inaw/water-information/wise-water-use>.

About Indiana American Water

Indiana American Water, a subsidiary of American Water (NYSE: AWK), is the largest investor-owned water utility in the state, providing high-quality and reliable water and wastewater services to approximately 1.32 million people. With a history dating back to 1886, American Water (NYSE:AWK) is the largest and most geographically diverse U.S. publicly traded water and wastewater utility company. The company employs approximately 6,400 dedicated professionals who provide regulated and regulated-like drinking water and wastewater services to an estimated 14 million people in 25 states. American Water provides safe, clean, affordable and reliable water services to our customers to help keep their lives flowing. For more information, visit amwater.com and follow American Water on Twitter, Facebook and LinkedIn.

ber, Alfred E. was the freckled, gap-toothed toon from MAD Magazine way back when. He and the magazine are still around but the prices have gone way up and the humor the other way - just my two cents.

Timmons is the chief executive officer of Sagamore News Media, the company that owns The Noblesville Times. He is a proud Noblesville High School graduate and can be contacted at timmons@thetimes24-7.com.

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Did You Know?

- The county was founded in 1818 and was named after Toussaint Dubois.
- Jasper, the county seat, has a population of 15,038 and a land area of 13.35 square miles.
- Jasper is nicknamed “The Nation’s Wood Capital” because it is home to numerous furniture companies.
- The land area of the county is 453.33 square miles and the population is 41, 889.
- Patoka Lake, which hosts several national tournaments, is located at the county’s eastern

1. How many residents of the county do not live in Jasper?
≥
2. What is the population density of Dubois County?
≤
3. What percentage of individuals in the county reside in Jasper?
≥
4. How old is Dubois County?
≤

Answers: 1. About 26, 851 2. 92.4 per square mile 3. 35% 4. 201 Years

Got Words?

Jasper is the only city in the state of Indiana to have an Arts Council. The council has won numerous awards for their commitment to the community, including the Governor’s Art Award in 1987 and 2007. How do you think having an Art Council benefits Jasper and how could it improve

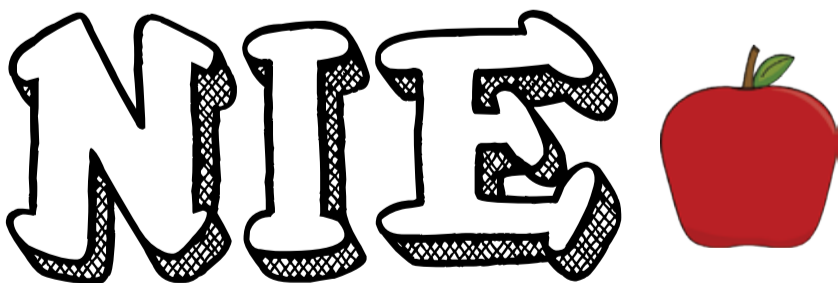
Word Scrambler

Unscramble the words below!

1. RAST NLCOIUC
2. ARSJPE
3. OAKPAT LEKA
4. OWOD
5. SIOUBD TYCUNO

Answers: 1. Arts Council 2. Jasper 3. Patoka Lake 4. wood 5. Dubois County

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