TODAY'S VERSE

Romans 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.



FACES of **HAMILTON COUNTY**

What makes Logan Browning smile? "Nothing makes me smile more than just getting to stand around and talk to people. I love hearing other people's stories and sharing my own. Any time you can make somebody laugh is time well spent in my book," said the 20-year-old Noblesville resident. He was born in Peru, Ind., and briefly lived in Alexandria, La. "In the fourth grade, my family and I moved here to Noblesville, and that's pretty much where I've been since," he said. Browning graduated from Noblesville High School in 2020 after spending most of his time involved with the NHS theater department and speech team. Since high school, he's been studying video production and screenwriting at Ball State University, where he is a sophomore. (His favorite filmmaker is actor, comedian and YouTuber Kevin Smith.) "Every Monday and Friday, however, I do have my own Classic Rock radio show from 6 a.m. to 7 a.m. on WCRD 91.3 in Muncie." "The greatest achievement I've reached in my life (so far) is honestly just meeting the people that I have and making the friends that I've made." Currently, he's a cast member in Main Street Productions' drama, "Of Mice and Men," on stage through Sunday at Basile Westfield Playhouse. "My character, Carlson, isn't really the nicest guy in the world. He's self obsessed, very conceited, and has a weird vendetta against an old dog belonging to another character." He said, "I've enjoyed being in this show a whole lot due to the fact that this role is so different in comparison to what I'm used to. I used to play the comic relief in shows, but this time I was a very 'not funny' jerk. It was a fun challenge for somebody who can't help but spit out one-liners like a b-list Bill Murray." Why theater? "That's a tough question to answer if I can be honest. I've always enjoyed performing and making people laugh in any way that I can. Whether it be in the classroom, at the workplace, or here on stage." He said, "Come see 'Of Mice and Men' this weekend and support these amazing people

And Another Thing...

- and me, if you want."

he 2022 Martin Luther King Jr. Essay Contest entry deadline is quickly approaching! Students in grades 6-12 are invited to participate in this

Students are being asked to write their essays based on the following quote from Dr. Martin Luther King Jr.: "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Hate multiples hate, violence multiplies violence, and toughness multiplies toughness in a descending spiral of destruction."

More specific contest information can be found on the Martin Luther King Jr. Essay Contest website, https://iasp.org/students/mlkjr-essay/. The online submission deadline is February 28, 2022.

Hamilton County's Only Daily Newspaper

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Boomer Bits



Ask Rusty - Swiss Immigrant Asks About Collecting Their Spouse Benefits

Dear Rusty: I am originally from Switzerland. I moved to the States, got married in 2012, and became a US Citizen in 2016. I never worked in the United States but have 44 years of Social Security contribution in Switzerland and have received a pension from there since I turned 62 (I'm now 64). Is it correct that I cannot apply for Social Security here in the States on my husband's account unless he is collecting his Social Security benefit? He will turn 62 this year but is still working and does not want to collect before 70. Signed: Immigrant from **Switzerland**

Dear Immigrant: Yes, it is correct that you cannot collect U.S. Social Security spousal benefits from your husband until he starts collecting his own Social Security benefit. As soon as your husband's benefits start, you can apply for your benefit as his spouse, even though you



ASK Rusty

Social Security Matters

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

aren't eligible for U.S. Social Security on your own. As a U.S. Citizen and current legal resident of the United States, you are eligible for U.S. spousal benefits from your husband even though you spent most of your life as a resident of Switzerland.

Since you mentioned your contributions to the Swiss social security program, I'd like to point out that there is a Social Security "totalization" agreement between the U.S. and Switzerland which permits using some of your Swiss credits to qualify for U.S. Social Security retirement benefits, but since

vou have never worked in the U.S. that bilateral agreement won't work for you. To use some of your Swiss credits to get U.S. Social Security on your own, you would need to have at least six (6) credits from working in the U.S. in a job which contributed to the U.S. Social Security program. Unless you have at least 6 U.S. Social Security credits, you cannot use the bilateral agreement with Switzerland to get your own SS retirement benefit, so you will need to wait until your husband

See RUSTY Page A5

Inflammaging; Making Aging A Disease

by Dr. Glenn Mollette

Grocery store shelves are not like they used to be. Before the pandemic there was plenty of whatever we typically wanted. It's not like that today.

Dear American

Truckers ...

Car dealerships have changed. Before the pandemic most dealers had plenty of new and used cars to sell. We were accustomed to browsing several lots as we shopped and compared models and prices. It's not like that today.

When you needed your car fixed, parts were readily available or just an overnight order away. Today, you might wait three or four months for a part.

I recently looked into adding an additional heating unit to my house and was told, "Order it now and you might have it by summer.'

A friend of mine ordered a small boat last August with the hopes he will have it by May or June this year, maybe.

The pandemic has changed our lives in more ways than

See GLENN Page A5

by John Grimaldi

As we age we become more susceptible to inflammatory diseases such as Rheumatoid arthritis. Thus a new moniker for the process of growing old has emerged - inflammaging. It makes sense once you consider that the majority of age-related diseases have an inflammatory origin and that aging, itself, is a disease.

The National Institutes of Health [NIH] has weighed in on the discussion arguing that: "Aging as the passage of time and the accumulation of wisdom is not undesirable; the physiological decline that accompanies the process, however, most certainly is ... aging is a 'special form of disease' ... Whilst many aging researchers have openly declared that the universality of the aging process means it is not a disease, aging fits the given medical definition of a disease. There is no disputing the fact that aging is a 'harmful abnormality of bodily structure and function.' What is becoming increasingly clear is that aging also has specific causes, each of which can be reduced to a cellular and

molecular level, and recognizable signs and symptoms .. As aging appropriately fits the definition of disease, there is a shifting consensus that aging should be seen as a disease process in itself, and not a benign progression of age that increases the risk of disease."

Meanwhile, the National Library of Medicine points out that inflammation is a normal bodily response to cell injury; it's part of a natural healing process when one is injured or has an infection. The inflammatory response occurs when tissues are injured by bacteria, trauma, toxins, heat, or any other cause your body releases chemicals that cause swelling. This, in turn, isolates the injury and attracts white blood cells that help the healing process.

But a runaway reaction can occur when there is no injury or infection. Since there's nothing to heal, the immune system cells that normally protect us begin to destroy healthy arteries, organs and joints, according to the Scripps Clinic Health Website.

See AGING Page A5

The Daily Almanac

Sunrise/Sunset

RISE: 7:31 a.m. SET: 6:24 p.m.

High/Low **Temperatures** High: 23 °F Low: 16 °F

Wacky Holiday Today

- International Tug of War Day
- Prevent Plagiarism Day

What Happened On This Day

- 2008 Fidel Castro steps
- down as Cuba's president • 1945 U.S. troops land on
- the island of Iwo Jima • 1878 Thomas Edison patents the phonograph

Births On This Day

• 1963 Seal

English singer-songwriter • 1473 Nicolaus Coperni-

cus Polish mathematician, astronomer

Deaths On This Day

- 2001 Stanley Kramer American director
- 1952 Knut Hamsun Norwegian writer, Nobel Prize laureate

Parking Lot Demo First Sign Of Project Coming



BETSY REASON

If you've driven by Noblesville's Federal Hill Commons this week, then you likely noticed that the parking lot and market

plaza are start-

ing to be demolished in preparation for the \$50 million planned Village at Federal Hill apartment/parking garage project.

It's been almost five years since the City of Noblesville's fifth park opened to our community with green space, an amphitheater, restrooms, a covered pavilion, a market plaza, community room and a 107-space parking lot.

It's become a popular gathering place for concerts, farmers markets, church and nonprofit

See BETSY Page A5

HONEST HOOSIER

Don't forget, to celebrate our presidents Monday. See you Tuesday!



TODAY'S HEALTH TIP

Seniors should always have bright lighting in their homes - it takes three times as much light to see as well as a teenager.

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



INSIDE TODAY

Obituaries	A2
Classifieds	A3
Service Directory	A4
In the Home	A6, A7
Silly Scopes	A8
Travel	A9

OBITUARIES

Charles Lawrence Bradshaw Joan Eunice Neuwirth Beverly J. Heiser



TODAY'S QUOTE

"It is hard to fail, but it is worse never to have tried to succeed."

- Theodore Roosevelt

TODAY'S JOKE

Why'd the witches lose the baseball game? Their bats flew







PAGE TWO 🗉 WEEKEND, FEB. 19-20, 2022

OBITUARIES

Charles Lawrence "Chuck" Bradshaw

May 30, 1945 - Feb. 13, 2022

Charles Lawrence "Chuck" Bradshaw, 76, of Carmel passed away Sun., Feb. 13, 2022.

He was born May 30, 1945 in Minneapolis, Minn.

Mr. Bradshaw was a 1971 graduate of Indiana University where he received his

Bachelor of Arts degree. Before starting Bradshaw Communications, Inc, he was owner of Lafayette Suzuki. He also worked

at Delphi Body Works. Mr. Bradshaw was a proud veteran having served in the US Marine Corps from 1963-1967 as Sergeant E5. He was a member of the Carmel VFW, Carmel Lions and the Corvette Club.

Survivors include son Joseph Bradshaw of Westfield; daughter Suzanne Bradshaw of Fishers; grandchildren Nick Bradshaw, Michael Bradshaw, Jersei Bradshaw and Maddox Bradshaw; great-granddaughter Magnolia Bradshaw; brother Terry Bradshaw, and extended family of 5 brothers and 2 sisters.

He was preceded in death by his parents, Michael Hoban Kane and Elvera Mae (Ziering) Kane; son Joseph Scott Bradshaw; and brother Michael Hoban Bradshaw.

Family and friends are scheduled to gather Fri., Feb. 18, 2022 at 11 a.m. in Northview Chapel 12900 Hazel Dell Parkway, and the Funeral Service is slated to begin at 1 p.m. followed by Military Honors.

The family request donations in memory of Mr. Bradshaw be directed to the Carmel VFW Post #10003, 12863 Old Meridian, Carmel, Ind., 46032. Envelopes will be available at the service.

Bussell Family Funerals is privileged to assist the family in arrangements.

Joan Eunice Neuwirth

March 19, 1922 - Feb. 12, 2022

Joan Eunice Neuwirth, 99, of Noblesville, passed away Feb. 12, 2022.

She was born in Detroit, Mich., on March 19, 1922 to Elton and Florence

Mrs. Neuwirth grew up in a loving family with three dear sisters, Lois, Jackie, and Toni. Their special bond continued to bring her joy and support throughout her life. She was raised in Detroit and joined the Navy as a WAVE during World War II. Through the GI Bill, she graduated from the University of Michigan with a degree in Dental Hygiene, which was her career for most of her working



Mrs. Neuwirth married Tony Neuwirth and they started a family, settling in Flint. She became a single mom in the early 1960s. She worked full time and also made time to be active in her church and Girl Scouts. She kept her four kids busy with music, theater, the library, and an occasional Detroit Tigers game. All of Mrs. Neuwirth's grandkids were blessed to have her in their lives, first in Davison, Mich., and later in Noblesville, Ind. She read the newspaper every day and loved to line dance, play piano, and gather with friends for cards games or social time.

Mrs. Neuwirth had a strong spiritual life and she loved her church families at St. Andrew's Episcopal Church in Flint and St. Michael's Episcopal Church in Noblesville. She especially loved gathering with her extended family. Her life was never easy, but she faced the challenges with strength and grace.

She was a kind, gentle spirit. She managed to see the best in everyone and to treat everyone with kindness and respect. She hated to be the center of attention; she was the heart of her family.

Survivors include her children Andy (Donna) Neuwirth, Janine (Greg) Cowell, Karen (Tom) Klein Ludwick and Gail (Al) Neuwirth Geisler; grandchildren Andrea (Leon) Anderson, Alan (Lauren) Neuwirth, Brian Cowell, Rick Cowell, Amy (Ben) Diveley, Josh (Stefanie) Klein, Henry Klein, Jamie (Kiel) Duckworth, Alyssa (Megan) Hillier-Geisler, Jesse (Kirsty) Geisler and Danika (Adam) Geisler; and great-grandchildren Tyler and Jake Anderson, Pakston and Ealan Duckworth, Nora and Jade Diveley and Riley Geisler.

A memorial service is scheduled follow at a later date. To honor Joan's memory, consider making a contribution to St. Michael's Episcopal Church in Noblesville or to WFYI or your local Public Television station.

Condolences can be made online at www.randallroberts.com.





Beverly J. Heiser

Oct. 25, 1928 - Feb. 17, 2022

Beverly J. Heiser, 93, of Noblesville, passed away on Thu., Feb. 17, 2022 at Allisonville Meadows in Fishers.

She was born on Oct. 25, 1928 to Fred and Florance (Stum) Bogan in Zionsville, Ind.

Survivors include her sons Daniel J. Heiser, Douglas Lee Heiser, Timothy Allen Heiser and James Edward Heiser; sister Louise Bales; four grandchildren; and seven great-grandchildren.

In addition to her parents, she was preceded in death by her husband Kenneth Heiser in 1985.

A graveside service is scheduled to be held at 11 a.m. on Fri., Feb. 25, 2022 at Oaklawn Memorial Gardens, 9700 Allisonville Road in Indianapolis.

Condolences can be made online at www.randallroberts.com.

College of Charleston Names Fall President's, Dean's Lists

The College of Charleston congratulates more than 2,000 students who were named to Fall 2021 Presi-

dent's List and Dean's List. The following local students earned honors:

- Madison Dalton of Fishers (46038) was named to the Dean's List. Dalton is majoring in Hospitality/ Tourism Management .
- Jessica Sutton of Indianapolis (46240) was named to the President's List. Sutton is majoring in Psychology
- Maria Zweig of Carmel (46032) was named to the President's List. Zweig

is majoring in Exercise Science.

Located in the heart of historic Charleston, South Carolina, the College of Charleston is a nationally recognized public liberal arts and sciences university. Founded in 1770, the College is among the nation's top universities for quality education, student life and affordability. Its beautiful and historic campus, combined with contemporary facilities, cutting-edge programs and accessible faculty attracts students from across the U.S. and

Hamilton County Emergency Rental Assistance Helping Residents Through Pandemic

The Hamilton County Township Association (HCTA) released their 2021 Annual Report on the Hamilton County Emergency Rental Assistance Program (HC ERAP) today. It outlines how the program helped stabilize the rental market during 2021. \$7,771,772 was awarded in rental/utility assistance to Hamilton County residents. Specifically, \$7,266,070 was awarded in rental assistance and \$505,701 in utility assistance, helping 1,380 unique households from being homeless due to the effects of COVID-19.

'The median combined household income of applicants receiving assistance is \$17,297 so clearly, we are assisting county residents really struggling to make ends meet," says Danielle Carey Tolan, HCTA President and Westfield Washington Township Trustee. "As the winter months continue to

bring spikes in COVID-19 along with inclement weather and dangerous temperatures, this program is more important than ever and vital to many of our renters and landlords," says Carey Tolan.

"Not only is this helping our struggling residents, but it's also helping our landlords, who have invested in our county, get paid the money they are owed," says Mark Heirbrandt, Hamilton County Commissioner. "This program served 97 veteran households and 337 households with disabilities. It also helped households where the primary worker needed to be at home to care for children out of school, or family members ill with COVID. 43% of applications were in these three categories so we had a real need. Taking advantage of federal funding to help our residents is something we should all be proud of,' says Heirbrandt.

"There has been a concern among some residents that programs like ERAP have been contributing to the labor shortage," says Carey Tolan. "We know businesses are hurting, and in an economy operating at full employment a top priority is for us to keep a roof over someone's head so they can stay in our community and retain or identify employment. Evidence shows that when that housing stability falters the ability to effectively work or participate in education or training goes with it." 57% of the households served by ERAP had at least one resident working.

Out of the 3,618 total applications received in 2021, 511 were denied assistance due to either fraud or not meeting eligibility. To be eligible for financial assistance from HC ERAP, you must be a renter in Hamilton County, Indiana, at least one adult in your household must have experienced a loss of

income due to COVID-19, and your household income is at or below 80% of the area's median income.

around the world.

The online application can be found at www. HCTAIndiana.com. A call center (317-618-3125) is open Monday through Friday, 9am to 5pm to assist renters and landlords. The website also provides a list of local partners, throughout the county, available to help residents with the application process. You can visit your local library or a partner site if you need internet access.

The Hamilton County Emergency Rental Assistance Program is included in two stimulus packages from the U.S. Department of Treasury. Six Indiana counties, including Hamilton County, were allocated funds in terms of grant dollars for COVID-19 relief assistance for rent and utilities, with the purpose of stemming homelessness and helping the economy.

Live Performances

Sting To Play Palladium On May 8 Fans can expect solo lition Man' punctuating his prolific and diverse Joe Sumner, his son, will

hits and classics from the Police when 17-time Grammy Award winner Sting makes his first appearance at the Center for the Performing Arts on May 8.

Sting's My Songs concert tour is an exuberant and dynamic show featuring his most beloved songs, written throughout his illustrious career. Hailed as a "masterful performance from start to finish," the concert "takes fans on a musical journey through time" with "hits like 'Fields of Gold,' 'Shape of My Heart,' 'Roxanne' and 'DemoFans can also expect to hear "Englishman in New York," "Every Breath You Take," "Roxanne," "Message in a Bottle" and

many more. Tickets starting at \$100 will go on sale at 10 a.m. Friday, Feb. 25, at the Palladium's Fifth Third Bank Box Office, online at TheCenterPresents. org and by phone at (317) 843-3800. The 7:30 p.m. event is part of the 2021-22 Center Presents Season sponsored by Allied Solutions.

Sting's latest album, The Bridge, showcases resenting various stages and styles from throughout his unrivaled career and drawing inspiration from genres including rock 'n' roll, jazz, classical and folk, the eclectic album features Sting's quintessential sound on pop-rock tracks such as the album's opening rock salvo,

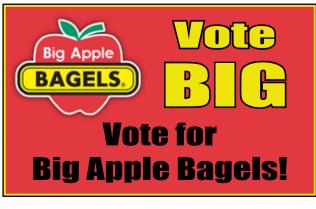
"Rushing Water," and the upbeat, whistle driven earworm "If It's Love." To explore the album, visit the interactive hub: http:// thebridge.sting.com.

On tour, Sting will be accompanied by an electric rock ensemble. appear as special guest.

Members of Sting's Fan Club will have the opportunity to access exclusive presale tickets prior to the general public. For complete tour, ticket and fan club information, visit www.Sting.com

The Center for the Performing Arts currently requires patrons age 12 and older to show proof of COVID vaccination, or a negative test taken within 72 hours of the performance, before entering its venues. Patrons age 3 and older must wear masks or other face coverings at all times.









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Photos courtesy of

Carmel residents are eligible for a \$50-\$75 rebate from the City Stormwater Program after installing a rain

Prepare For Spring With Native Plants And Rain Barrels

Spring rains, sunshine, and blooms are on the horizon. Plan ahead for your property by ordering your native plants and rain barrels from the soil and water conservation district. The SWCD has all the tools you need to conserve water and support pollinators like bees and butterflies with beautiful native plants.

Native plant kits allow you to take the guesswork out of plant selection by providing a set of plants that will be perfect for your yard. Each native plant kit contains 50 native plant plugs for \$135. There is a kit for all areas of your yard including pollinator, rain (for wetter areas), and shade garden.

Rain barrels are also available for pre-order for \$75. These re-purposed barrels capture rainwater from your downspout and roof and hold it for use at a later time. Rain barrel water is great for watering plants and gardens or even washing the car. In peak summer months, a rain

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barrel can save around 1,300 gallons of free, naturally soft water for your use. Pre-pay for your barrel and choose between grey and black fifty-five-gallon rain barrels. Diverters systems for easily installation are also available for \$30 and wooden pedestal stands are available for \$35.

Plant kit and rain barrel pre-orders can be placed online at www. hamiltonswcd.org. Orders for plants are due March 31st and rain barrel preorders are due May 12th. Rain barrels can be picked up May 20th in Noblesville and plants the week of June 13th. All proceeds support conservation projects and education in Hamilton County.

More information on native plants and rain barrels can be found on the Hamilton County SWCD website.

Questions regarding the sales or SWCD resources can be directed to at soil. water@hamiltoncounty. in.gov or 317-773-2181.



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Meeting Notes

Carmel Board of Zoning Appeals

Regular Meeting Mon., Feb. 28, 2022 Time: 6 p.m. Location: Carmel City Hall Council Chambers, 2nd Flr., 1 Civic Sq., Carmel, IN 46032

- PLEASE NOTE: • This In-Person meeting will be on Carmel TV and livestreamed on http://carmelin.new. swagit.com/views/1
- The meeting will be audio recorded and minutes taken by the BZA Secretary
- The recordings will be available via Laserfiche online

Agenda: A. Call to Order B. Pledge of Allegiance C. Roll Call

D. Declaration of Quorum

E. Approval of Minutes and Findings of Facts of **Previous Meetings**

F. Communications, Bills, and Expenditures

G. Reports, Announcements, Legal Counsel Report, and Department Concerns

1. BZA Rules of Procedure suspension request regarding public notice mailings: Notices of public hearing for the VOWC Gas Station Appeal were mailed out by the Petitioner via regular mail 21 days prior to the meeting (when Certificate of Mailing is required), and then they were mailed out again via Certificate of Mailing but that was done

I. New Business J. Old Busines

K. Adjournment

10 days prior to the meeting instead of the required 21 days prior.

H. Public Hearings 2.(A) Docket No. PZ-2022-00002 A: VOWC Gas Station Appeal.

The applicant seeks

to appeal the 12/9/21Determination Letter written by the Carmel Dept. of Community Services Director. The site is located at 2425 Harleston St. (part of Block B in Village of WestClay subdivision Section 6003-B). It is zoned Village of WestClay PUD/Planned Unit Development. Filed by Brenwick TND Communities LLC and Indy Holdings LLC, appli-

Young, Coons Resolution Establishing **National FFA Week Passes the Senate**

U.S. Senators Todd Young (R-Ind.) and Chris Coons (D-Del.) introduced a bipartisan resolution to establish February 19-26, 2022 as National FFA Week. The resolution passed the Senate with unanimous support and works to recognize the important role of the FFA in communities across America.

In addition to designating National FFA Week, the resolution highlights how pivotal the National FFA Organization is in developing young leaders and providing educational and career opportunities to students, and celebrates over 70 years of the FFA's membership magazine, now called New Horizons.

"Hoosiers agree FFA plays a critical role in the development of students through agricultural education. The lessons, tools, and resources gained

through the FFA program equip Indiana's future leaders with the skills needed to succeed in a variety of fields, including agriculture," said Senator Young. "I'm glad to introduce this resolution establishing National FFA Week in support of the more than 11,600 FFA members in Indiana.'

"In Delaware and across the country, young leaders learn to meet the agricultural challenges of tomorrow through programs offered by the Delaware FFA and the National FFA Organization, and our talented agricultural educators," said Senator Coons. "Here in the Senate, I'm glad we could pass this bipartisan resolution honoring this critical organization and its members who contribute so much to the fabric of many of our communi-

"National FFA Week is an important week for members across the country, as not only do we celebrate the organization, but we share the message of FFA and agriculture,' said National FFA Advisor Dr. James Woodard. "During this week, FFA chapters across the country celebrate agriculture while thanking their supporters -whether it be their local alumni chapters, ag advisors or local businesses who support them. Today, FFA and agricultural education continue to play a key role in not only developing the next generation of leaders but also developing those who will be filling the ever-growing need in the talent pipeline. We are grateful to Senators Young and Coons for supporting National FFA week and their continued support of

2022 Indiana Small Farm Conference To Go Virtual Amid COVID-19 Concerns

The 2022 Indiana Small Farm Conference - Indiana's premier annual event for the state's small and diversified farming community - has made the decision to pivot to a virtual platform amid the state's high numbers of COVID cases.

"All of us from Purdue Extension were looking forward to spending time with farmers, colleagues and friends this March at the Indiana Small Farm Conference," said Nathan Shoaf, urban agriculture coordinator and conference committee member. "We waited as long as we could before making the decision to pivot from an in-person conference to a virtual one, but we determined it was the safest path forward for everyone.

The 10th annual conference will offer free webinars and keynote speaker videos to all who register.

"We hope to interact with many past conference participants, as well as those who are attending for the first time," Shoaf said. "Thank you to all of

the farmers, vendors and sponsors who make this an incredible conference year after year."

Malik KenyattaYakini, co-founder and executive director of the Detroit **Black Community Food** Security Network, will keynote at 11:30 a.m.

ET, March 3. Genesis McKiernan-Allen and Liz Brownlee, co-founders of the Hoosier Young Farmer Coalition, will also present keynote remarks for the conference.

Since 2013, the Indiana Small Farm Conference has featured comprehensive programming about diversified farming and local food systems, bringing together novice and experienced small-scale farmers.

"I am confident our excellent team of educators and farmers will deliver high-quality online content to help you continue to farm throughout this uncertain time," says Mike Hoopengardner, owner of Redbud Farm and Caprini Creamery and ISFC committee member. "Please join us virtually for the

10th annual Indiana Small Farm Conference."

This year's free conference offers 10 tracks from which attendees can choose sessions that best align with

- their farming operations
 - Vegetable Production • Livestock Production
 - Marketing
- Urban Agriculture · Regenerative Agricul-
- - Value Added Soil Health
- Pollination Manage-
- Perennial Crop Pro-
- Innovations in Response to Climate Change

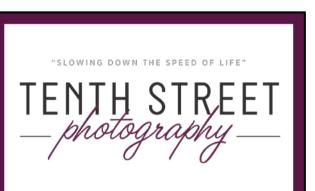
A detailed conference schedule will be available, and currently scheduled sessions are subject to change. For more information, or to register, visit the Indiana Small Farm Conference website at purdue.ag/sfc. Follow the conference on Twitter and Instagram at @SmallFarm-Purdue or on Facebook at @PurdueExtensionSmall-Farms, with the hashtag #PurdueSmallFarms.





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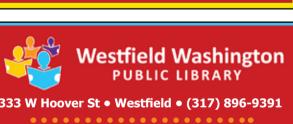
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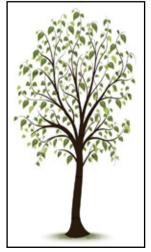
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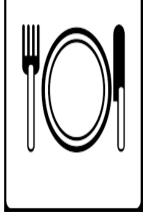
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UAGING From Page A5

And now the folks at Stanford University and the Buck Institute of Research on Aging have come up with a way to use a blood test to determine an individual's so-called inflammatory age – or iAge. Your iAge differs from your chronological age in that it's a measure of the chronic inflammation in

our bodies.

Stamford's Dr Nazish Sayed, who helped develop the iAge blood test, says that "Our chronological age shouldn't matter to us so much. What should matter is how well we age. Our goal should be a healthier old age, one in which we prevent some of the ill health that is all too commonly associated with it ... Chronic inflammation is characterized by being low-grade and persistent, and ultimately it leads to collateral damage to tissues and organs. It

has been associated with heart disease, cancer. and neurodegenerative diseases. Thus, we hypothesize that by testing for and then working to lower iAge, we can minimize the diseases that are associated with chronic inflammation."

Sayed explains that they tested blood samples from 1,000 individuals. He said it turned out that some of those blood tests showed that a number of donors with a chronological age of 45 had high levels of inflammation and an iAge of 65. The iAge factor is essentially a measure of an individual's inflammatory markers. "Our test isn't commercially available yet, but we hope it could be used to screen for these inflammatory markers as part of annual check-ups. This could allow for early detection of a variety of chronic conditions including heart disease and maybe

O GLENN

From Page A1

sickness and death. The new normal is having to wait longer on what used to be so available.

If you think America's products, food and merchandise are difficult to get now, then can you imagine if our American truckers all went on strike?

Canadian truckers have recently blocked the flow of goods into the United States. The protest follows rallies over opposition to COVID-19 mandates in cities across Canada. In a show of solidarity with a demonstration in Ottawa that has gone on for more than a week by the so-called Freedom Truck Convoy. The protests have paralyzed the Canadian capital's business district and led the mayor to call for 2,000 extra police officers to quell the nightly demonstrations.

Several people involved in the protest Tuesday in Canada said the demonstrations had expanded from its original purpose, opposing mandates for cross-border truck drivers, and were there in opposition to all vaccine mandates, in addition to supporting truck drivers, the Windsor Star reported.

"Any delay or disruption in the supply chain creates problems, not just for agriculture but the state economy," said Chuck Lippstreu, president of the Michigan Agri-Business Association, which represents businesses that support farmers, early in the closure.

The Canadian Vehicle Manufacturers' Association, which represents the Detroit Three automakers, called for an end to the protest, citing its effect on the country's economy. (NNY.360. com)

If the American truckers stopped driving today, the grocery stores would dry up and the movement of most everything you would want or need would not be available.

Truckers work hard. They have long hours. They sacrifice a lot by being gone so many hours, days and weeks. They deserve whatever they are paid and I'm sure in many cases are deserving of more. However, to our truckers, I have this request, please help us keep this country moving. We have enough problems in this country. A shut-down of any kind by America's truckers would create severe hardship on the people everywhere in America.

we respect you. We appreciate you. We need you to keep this country moving. Furthermore, God bless you for what you do.

Enjoy the book titled, Grandpa's Store, a reflection of my childhood by Glenn Mollette. Available from Amazon. com or wherever books are sold. The book is told from the perspective of a child and young teen from an era of simpler American small community life of the late fifties and early seventies.

Hear Glenn Mollette every weekday morning EST at 8:56 on XM radio 131



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UBETSY From Page A1



The Times photo by Betsy Reason

"Road Closed" signage is up and demolition has already begun in preparation for Noblesville's Village at Federal Hill apartment/parking garage project.

events and more.

I was sad as I drove by it on Saturday, thinking that our beautiful, serene park -- that's so nice to just go and enjoy some quiet time, so wonderful with lights during the holidays - was under construction with bulldozers.

We spent millions of dollars creating the 6.5-acre Federal Hill Commons park, and now we're tearing out its surface parking lot and will soon be also demolishing the park's five-year-old restroom building.

During construction, Old Town Companies will be making temporary striped spaces available on land just west of this project site, west and north of Wendy's for the Farmers Market that opens for the season in May and concerts once construction starts. The old Kahlo lot, south of the project across Conner Street, will be available on evenings and weekends for public parking as well. Events will continue at Federal Hill Commons throughout the construction process,

including the weekly Farmers Market, Concerts at the Commons, ice rink and other Noblesville Parks' programming.

The current restroom building will go away, but not until new bathroom options are available. The project includes new restrooms with increased capacity in the new location.

The covered pavilion sponsored by the Rotary Club will remain. The playground area and amphitheater will remain. The developer considers the proximity to the park and its events as an amenity for these residents. No additional apartments east of Nixon Street are planned. Nixon Street will remain open but will be reconfigured as it will be the main entrance for the parking garage. John Street (one block west) will be used more for thru-traffic. There could be potential roundabouts constructed in the future at the intersections of John Street and Logan Street and John Street and Conner Street.

It's a public-private

project between the City and Old Town Companies with 220 living units and 31,700 square feet of commercial retail space. The project was announced at Noblesville Mayor Chris Jensen's 2020 State of the City address. The project's first phase will be a five-story, mixed-use building connected to the garage at the east end of the property, according to Athletics. That building will feature 77 residential units and could include up to 1,000,000 square feet for non-residential uses. Three other buildings are planned as part of the project: Two four-story buildings and a three-story building with two levels of office space over ground-floor retail are in

The Village at Federal Hill project does not reduce the green space size of Federal Hill Commons park. The footprint of the project falls within the current parking lot and increases capacity, convenience and safety of parking, restrooms and

the plans.

park storage space. As part of the negotiation and economics of the project, the city donated a small portion of the parking lot to the developer for their \$35M investment. The surface parking lot will be transformed into a building with a parking garage. The city will own the garage portion of the building, so the land will remain the city's. However, the four sides that wrap around the garage for multifamily apartments and retail (first floor) will be privately owned. This means there will be two parcels created as a result - one tax exempt and one

There will be 300 total parking spaces, 90 of which will be used for the apartments and 210 spaces for the public. On-street parking is available for free on Logan Street, and the garage is expected to be free to the public.

tax generating.

Garage construction is expected to begin this

- Contact Betsy Reason at betsy@thetimes24-7.com

URUSTY From Page A1

claims his Social Security to start collecting spouse benefits from him. Assuming your spousal benefit from your husband will be higher than you would be eligible for on your own anyway, not getting your own Social Security retirement benefit using the bilateral totalization agreement is inconsequential.

You should be aware, too, that by your husband waiting until age 70 to claim his maximum SS benefit, and since you will have passed your own full retirement age by that time, the higher amount he gets at age 70 will be your survivor benefit if your husband should pass before you do. Upon his death you would get his full age 70 benefit instead of the smaller spousal benefit you will get while you are both living. Your benefit as his spouse while both of you

are living will be 50% of the benefit your husband is entitled to at his full retirement age, but your benefit as his surviving widow will be 100% of the benefit he is receiving at his death.

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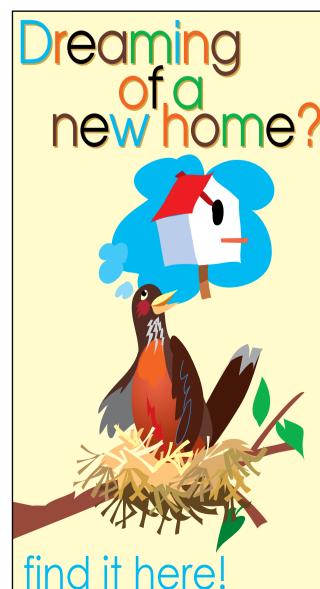


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ON-TREND Ideas for Sprucing Up Your DECK

FAMILY FEATURES

nstalling or updating a deck can transform your outdoor living area. Not only is a deck aesthetically appealing, but it also allows you to create additional space for a wide range of uses, whether it's a lively entertainment zone or tranquil, relaxing retreat.

If you're planning a deck build or renovation in 2022, consider incorporating one or more of these design trends identified by Westlake Royal Building Products, a leading manufacturer and distributor of materials for home remodeling, building and construction.

Creativity in Design

While decking design features used to be reserved for luxury upgrades, creative flair is increasingly mainstream. Some options for incorporating greater depth and style into your deck design include mixing and matching boards to create patterns, inlays and focal points or utilizing two-tone designs for more visually interesting aesthetics.

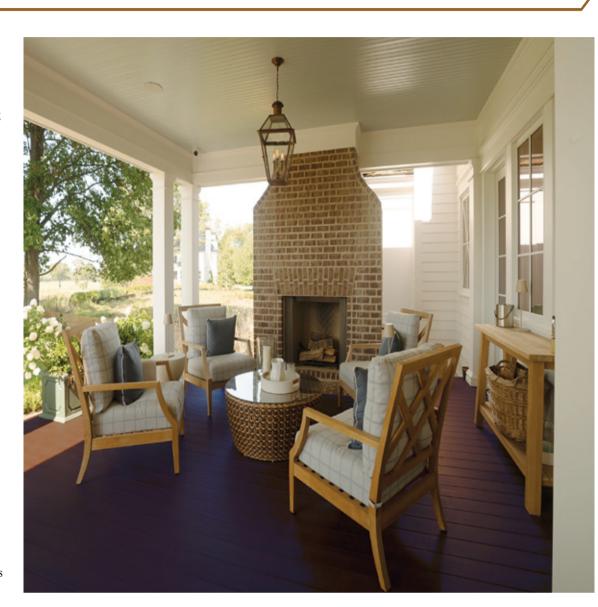
On-Trend Colors

Classic lumber-toned decks never go out of style, but adding some flair with an eye-catching color is a subtle way to elevate your deck's aesthetic appeal. Some designs incorporate color throughout while another way to bring color to your deck is through distinctive inlay design or other design features.

Working with a product like Zuri Premium Decking gives you a selection of six on-trend colors, including Hickory, a true mid-tone brown, as well as Chestnut, Walnut, Pecan, Brazilia and Weathered Gray. The planks feature minimal grain repetition to capture the look of true exotic hardwood with no painting, staining or resealing needed, and all are backed by a 25-year warranty against color shifting.

Multi-Seasonal Spaces

Once you create an incredible outdoor space, you'll likely want to use it as often as possible. That's why many homeowners are designing decks with multiple seasons in mind. Features like retractable walls can help you block cool breezes and trap the warmth of space heaters or a fireplace while roofs provide shade and fans help circulate the breeze during warmer months. Decks built with clean, simple lines can offer a connection to nature as well as convenience for homeowners transitioning from indoor to outdoor spaces.



Popularity of Composite Decking

Weather patterns can cause substantial damage to a home's exterior materials, including a deck where natural wood is prone to drying out. This creates an upkeep cycle that requires ongoing investments of time and money. An alternative to natural wood, such as Zuri Premium Decking by Royal, combines the low-maintenance, high-durability properties of composite decking with the exterior environment-defining presence of exotic wood. The result is an authentic look with zero-maintenance upkeep.

Bringing the Inside Out

A deck's design elements were once limited to predictable furnishings like a picnic table and grill, but those days are gone. Homeowners seeking to create an outdoor oasis are bringing amenities of the indoors outside. You'll find outdoor kitchens and weather-proof TVs, rugs and furniture, allowing homeowners to incorporate the convenience and comfort of indoor living rooms and kitchens into their outdoor spaces despite elements like snow, wind and rain.

Masonry as an Accessory

If you love the look of masonry but have your heart set on a deck, you can take the path of many homeowners and incorporate masonry as an accessory or design element. Mixing building mediums provides texture, which creates an immersive tactile experience through sight and touch. Options like a fireplace or firepit, pillars, skirting, bench seats, planters, water features, kitchen or bar space and walkways can all complement and enhance the decking so you get to enjoy the best of both worlds.

Clean Sightlines

A deck is an ideal vantage point when you have a beautiful view to enjoy and using the right materials can enhance that experience. Creating a clean, sophisticated and unobstructed view is easy when you outfit your deck with the right lighting and use cable or glass railings, which provide safety along with clear views of the landscape beyond.

Find more tips and ideas to spruce up your outdoor living space at liveabode.com.



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Weekend, Feb. 19-20, 2022 TIM TIMMONS, Publisher @ JOE LARUE Managing Editor @ MELISSA MEME, Account Executive @ BETH HEDGE, Business Manager

Tulip Time: A Celebration!

Tulip season is here! This popular flower symbolizes hope and positivity and is also a feast for the eyes. Which tulip is your favorite?

Tulip time is a real celebration every year. Many of us have caught the tulip virus. It only takes one experience with tulips to become hooked. Tulips are available everywhere from December to May. Buy them locally, so your flowers are fresh, and to support local flowers growers.

Spring flower Tulips bring a cheerful spring atmosphere to your home. The ultimate spring flower comes in many different shapes and colors, each with its own appeal. Use them as part of a large bouquet or enjoy them as a gorgeous eye-catcher on their own.

Good to know If your tulips have gone limp when you get home, not to worry! Tightly wrap the flowers in a newspaper and leave them upright in water overnight. Tulips combine beautifully and easily with all kinds of flowers. Daffodils are the exception to the rule: this flower gives off a certain mucus, which tulips cannot stand. Cell elongation



Photo courtesy of Pixabay

Tulips will continue to grow in the vase, because of 'cell elongation' in the stems. This makes the growth and flowering of these harbingers of spring even more magical. If you don't want your tulips to grow, you can stop the growing process by piercing them with a needle just below the bud.

Beautiful for longer If you want to enjoy your tulips for as long as possible, follow these tips to get the most out of your bouquet of spring delight:

- Buy fresh tulips. The deeper the flower bud is still in the leaf, the fresher they are.
- Make sure your tulips are properly wrapped before taking them home, to avoid damage or exposure to temperature fluctua-
 - Cut off the bottom of

the stems diagonally with a clean, sharp knife, to allow the tulips to soak up as much water as possi-

- Start by putting the tulips in a dark place in water, so that they can fill up with water and acclimatize.
- Give your vase a good clean before use, so that bacteria do not get a chance to contaminate the tulips
- Fill the vase with fresh room temperature tap water and change it daily.
- Add cut flower food or a scoop of sugar to the water to make sure the water stays clean for
- Use a vase with plenty of room for the stems. If you want to know

more about bulb flowers or pre-forced bulbs, check out www.ilsysays.com.

Plant Summer Bulbs Now For A Flower Oasis

If you want to enjoy an abundance of beautiful flowers next summer, plant summer bulbs in the spring. There is plenty of choice, and they are all spectacular.

Grateful bloomers

If you enjoy flowers and have a garden or balcony/ terrace, summer bulbs are just the thing! They are grateful bloomers and come in so many shapes, colors and sizes. Plant them in spring for maximum summer enjoyment. Summer bulbs cannot withstand frost, so it's best to be patient until the risk of frost has completely passed.

Flowers make you happy There is a reason why flowers make us happy.

They have an immediate effect on our happiness by creating the same emotional response as joy and gratitude. That's pretty clever! Needless to say, tastes differ, but one thing is certain: whichever summer bulb you choose, you will enjoy flowers all summer long

Style Find out which summer bulb is your perfect match. If you like majestic and compelling, lilies and dahlias are a good choice. If elegance is your middle name, choose gladioli or callas. And if you prefer an intimate style, begonias and freesias are an excellent choice. Follow your

preference and go for the varieties that make you the happiest.

A7

In pots

If you have a balcony or terrace, rather than a garden, you can plant summer bulbs in pots. Low-growing dahlias and tuberous begonias in particular do really well in pots or planters. Make holes in the bottom of the pot to allow excess water to drain away. Summer bulbs love warmth and light, so put them in a sunny spot, because then you will enjoy them the most.

Would you like to know more about flower bulbs? Then take a look at www. flowerbulbs.com.



Photo courtesy of MelindaMyers.com

Raised beds provide gardeners the opportunity to overcome poor soil, resulting in more productive gardens.

Raised Bed Gardening Provides Easy **Access and Increased Productivity**

By Melinda Myers Raise your garden to new slow-draining soil. This heights for easier access and will allow water to readily greater productivity. Raised beds allow you to overcome poor soil by creating the ideal growing mix. They also make gardening more comfortable thanks to less bending and kneeling.

Whether you purchase a kit or build your own, there are a few things to consider when creating a raised bed garden.

Locate the garden in a sunny area if possible. Most plants require at least six hours of sun, and vegetables like tomatoes, peppers and melons produce best with a full day of sunlight.

Select a long-lasting material such as interlocking block, fieldstone, plastic lumber or naturally long-lasting wood like cedar. The material selected will influence the shape and size of your garden. Some materials allow for curved beds while others are limited to squares, rectangles, and other angular shapes.

Design your raised bed to fit your space and your needs. A three- or fourfeet width makes it easy to reach all parts of the garden for planting, weeding, and harvesting. Raising your planting bed at least eight to twelve inches improves drainage and provides an adequate space for most plants to root and grow. If you want to minimize bending, go higher. Add benches to increase your gardening comfort and ease.

Roughen or loosen the existing soil surface if your bed is built on compact, move from the raised bed into the soil below. Cover the bottom of the bed with newspaper or cardboard, if needed, to suffocate existing weeds and grass.

Line the bottom of your raised bed with hardware cloth to reduce the risk of animals burrowing into your garden. Lay the hardware cloth over the ground and bend it up along the inside of the raised bed walls.

Fill the bed with a quality growing mix that is well drained but also able to retain moisture and nutrients. This may be a mixture of quality topsoil and compost, a high-quality potting mix, or a planting mix designed specifically for raised bed gardens.

Grow any plants that you normally would grow in ground. Just make sure the plants are suited to the growing conditions - sunlight, heat, and wind – in your area. Since the soil mix and drainage is ideal in a raised garden, you will be able to grow more plants per square foot. Just be sure to leave sufficient room for plants to reach

their mature size. Keep your plants healthy and productive with proper watering. This is critical for growing any garden, but even more crucial in a fast draining raised bed. The simple act of raising the garden height increases drainage, and a raised bed filled with planting mix

means more frequent watering. Consider using drip irrigation or soaker hoses for watering ease. Always water thoroughly when the top inch of soil is dry.

Add some mulch to help reduce watering and the need for other garden maintenance. Spread a layer of evergreen needles, pine straw, shredded leaves, or other organic matter over the soil surface. This helps conserve moisture, suppresses weeds and adds nutrients and organic matter to the soil as it decomposes. You'll spend less time watering and weeding throughout the

Add an organic fertilizer at planting if your planting mix does not already contain one. Apply again mid-season if the plants need a nutrient boost. Always follow the label directions on the fertilizer container.

The time and effort invested in creating raised beds will be returned many times over with years of healthy and productive gardens.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine.

Agapanthus, Liatris Spicata And Dahlia **Beneficial For City Insect Population**

Insects thrive in a healthy urban ecosystem. Planting with melliferous plants is essential for this. With their generous nectar and pollen, summer bloomers make an important contribution to biodiversity in the urban ecosystem. Agapanthus, Liatris spicata and Dahlia are particularly popular with bees and butterflies. Summer bloomers are also ideally suited for greening the city; residents benefit from a green, colorful environment.

Greater biodiversity Insects thrive in nature as well as in urban environments. In built-up environments, adapted management, sufficient nesting opportunities, and the right planting are important factors for a healthy ecosystem. Summer bulbs are indispensable in the planting. The first ones will flower in late May, tying in nicely with the season of spring-flowering bulbs. They can be planted in grass strips and borders, as well as in planters or bowls. By using them in places that connect them to the countryside or other green areas in the city, biodiversity becomes even greater. This brings greenery closer to residents as well.

Agapanthus in white or

• The bulbous inflorescence of Agapanthus (African lily) is made

up of dozens of flowers. Many cultivars are suitable for landscaping. This summer bloomer thrives in planters and bowls, but can also be grown in soil. Although the plant is not 100% hardy, deciduous species can withstand mild

winters. • Location: full sun

• Planting depth: 4 inches

• Flower color: different shades ranging between purple, blue and

• Flowering period: July-September

• Height: 3 to 4 feet

Hardy Liatris Liatris spicata (blazing star) has tuberous rhizomes and flowers on long spikes. Unlike most plants, flowering happens from the top down. Liatris is drought-resistant and very hardy; the plant will flower year after year.

• Location: full sun/ partial shade

• Planting depth: 4

- Flower color: purple
- and white • Flowering period:
- July-August • Height: 2 to 3 feet
- Eye-catcher: Dahlia The single and

semi-double flowers of dahlias are very popular with bees and butterflies thanks to their generous amounts of pollen and nectar and their long flowering period. Dahlias are annuals; the tubers must be removed from the soil after flowering and can then be replaced by spring bloomers. Their bright colors make them real eye-catchers.

- Location: full sun/ partial shade if desired
- Planting depth: 2
- Flower color: white, yellow, orange, pink, red, purple and bicolored
- Flowering period: July-October
- Height: 1 to 5 feet Practical tips
- 1. Most summer bloomers are sun lovers: the sunnier the location, the richer the flowering.
- 2. The planting period of summer bulbs, tubers, and rhizomes is after the last frost, from late April until late May.
- 3. Make sure the soil is sufficiently moisture permeable.
- 4. Summer bloomers combine very well with, for example, perennials.

At www.flowerbulbs. com, under the heading 'professionals', you will find more information about the use of flower bulbs in public spaces.

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Weekend, Feb. 19-20, 2022 **A8**

Sillyscopes is intended for entertainment purposes only for readers of The Times. It is not intended to be used for practical advice (like anyone really would!).



AQUARIUS

Jan. 20 - Feb. 19

Yeah, OK, so it's a week later and vou're still bummed that the Super Bowl once again took place without our beloved Indianapolis Colts. Cheer up Bucky, it could be worse. The New England Patriots could have been in it!



PISCES

Feb. 20 - March 20

Yes, Valentine's Day is a time for sentiment and expressing your innermost feelings. On the other hand, Pisces, an evening with Turner Classic Movies and a quart of Haagen-Dazs can't be all bad.



ARIES

March 21 - April 20

Stand strong, Aries. This is the time for you to step up and make your presence known. Do not be shy. Be bold. Answer the call. Unless it's the IRS. If it is, just let it go to voicemail.



TAURUS

April 21 - May 21

Tough time of the year for nature lovers like yourself, Taurus. But fear not. The bone-chilling temps followed by the warmth and back to brrrrrr are keeping you inside and keeping the coyotes from devouring those cute little rabbits in your yard.



GEMINI

May 22 – June 22

Valentine's Day was a special time for Geminis because you are naturally sweet anyways. So enjoy the extra attention but remember that "sweet" often ends up in cavities and unwanted body fat.



CANCER June 23 - July 23

Good time of the year for the part of you that enjoys being content, Cancer. Grab a book by your favorite author and curl up with a blanket - or you could schedule that overdue colonoscopy. Either way, you'll need the book.



LEO

July 24 - Aug. 23

You are such a giving person, Leo. And that seems to coincide very closely with what's going on in your life right now. You've given everyone at work, at home and the grocery store the flu. Stay home!



VIRGO

Aug. 24 - Sept. 23

Worrying is a natural trait for you Virgo. There are two ways to look at it. You can either worry yourself to death or you can worry that you're worrying too much. Of course we worry that might worry you worse.



LIBKA

Sept. 24 – Oct. 23

It is the perfect week when your meticulous streak rises to the top, Libra. Everything must be just so in your life and the stars have lined up for that to happen. Just try to ignore anything connected to Biden, Trump or Pelosi.



SCUKPIU Oct. 24 - Nov. 22

You are so intense, Scorpio, and that will be a challenge for you this week. Try to lighten up a bit and realize that intensity is not always a good thing. Especially for a day trip to the spa.



SAGITTARIUS

Nov. 23 - Dec. 22

Sagittarius, your jovial side is front and center this week. However, that does not mean it's a good time to play a practical joke on your boss . . . or at least not one that can be traced back to you, if you get



CAPRICORN

Dec. 23 - Jan. 19

You are nothing if not consistent, Capricorn. And that is admirable. However, this would be a good week to break from that consistency a little bit. After all, one can only eat so much bran cereal.

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STATEPOINT CROSSWORD THEME: SUPER BOWL

ACROSS

- 1. Shout from a ship?
- 5. Shout from the bleachers
- and don'ts 11. Infamous Henry's
- number
- 12. One with COVID, e.g. 13. Fighter jet button
- 15. Resting stops
- 16. Not guilty, e.g. 17. One of Singapore's
- official languages 18. *Home of last year's
- Super Bowl winners
- 20. Armor chest plate
- 21. *Given name of 2011
- Super Bowl MVP 22. African grazer
- 23. Greek woodland deities 26. Ramones' hit "I Wanna
- Be
- 30. Big fuss 31. Like certain Chili Pep-
- pers (2 words) 34. Cattle call goal
- 35. Scatterbrained
- 37. Bonehead
- 38. In a different direction 39. Jeté in ballet
- 40. More so than eggy
- 42. Conducted 43. Christmas firewood (2
- words) 45. Annotator and commen-

- 47. Soda-pop container
- 48. Unpleasant and offen-
- 50. SWAT attack, e.g.
- 52. *Super Bowl I and II
- winning coach
- 55. Pertaining to a pope
- 56. Cain's unfortunate
- brother
- 57. Gives a hand
- 59. Anoint
- 60. Bébé's mother
- 61. Season to be jolly
- 62. *Most Super Bowl wins
- by one team
- 63. Snoop 64. Carhop's load

DOWN

- 1. *Roman number of this year's Super Bowl
- Misbehavin'"
- 3. Santa Maria's traveling partner
- 4. Despair in the face of obstacles
- 5. "The Hobbit" hobbit
- 6. "Caribbean Queen"
- 7. Colloquial approval
- 8. Cold cuts counter 9. South American tubers 10. Pig's digs

- 12. Not dense
- 13. Make corrections
- 14. *Florida team with no Super Bowl appearances
- 19. Return punch 22. Come and
- 23. Lamentably
- 24. Bye, to Edith Piaf 25. Bottom line
- 26. *2022 Super Bowl
- stadium
- 27. Upholstery choice 28. *Archie to Super Bowl MVPs Peyton and Eli
 - 29. Exploits
 - 32. *Super Bowl Halftime
- show Snoops's "last name" 33. Hardly a beauty
 - 36. *Like some teams 38. Oenophile's concern
- 40. Many, many moons
- 41. Empower 44. Big Dipper's visible
- 46. Oppressive ruler
- 48. On the wagon 49. Nail salon board 50. Feminine of raja
- 51. Mt. Everest to Earth
- 52. Aladdin's light 53. Christian of fashion 54. Result of a brainstorm
- 55. Rudolf Nureyev's step 58. Stallone's nickname



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Weekend, Feb. 19-20, 2022

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Top 5 Things To Do When Visiting Alcatraz East Crime Museum

While visiting the Pigeon Forge area there's a mustsee destination for everyone who considers themselves to be a true crime fan or history buff. Alcatraz East Crime Museum is a popular destination for those tourists and residents alike. The museum puts the spotlight on crime and punishment, giving people an experience they can't find elsewhere. Not only will guests learn about some of the most notorious crimes, but they will also learn about the consequences of crime, and the important role that law enforcement plays.

"Many people are not sure what to expect when they walk through the door, but once they leave they are happy they did so," says Summer Blalock, manager for Alcatraz East. "It's truly a unique experience and something that everyone can get something out of."

True crime and history buffs are not the only ones who make the museum a destination. There are individuals and families who visit, because it provides such an educational and interesting experience. There are areas of the museum that will engage all ages, including kids who can be a junior detective and meet McGruff the Crime Dog.

Here are the top 5 things to do at Alcatraz East Crime Museum:

See O.J. Simpson's famous white Bronco on display. The actual vehicle that captured the attention

of millions is on display is one of the things people want to see most.

Get hands-on experiences all throughout the museum. Guests can be a part of a line-up, walk through a jail cell, test their hand at solving crime, and more.

Brush up on crime history, including seeing a serial killer exhibition, and learning about the history of crime in America. The crime information will take you from pirates to white-collar criminals to the events of 9/11, and beyond.

Learn how law enforcement solves crime by taking part in the investigation. This hands-on exhibit allows you to solve crime through forensic science, including using DNA,

blood analysis, and fingerprinting.

Check out the artifacts.
The museum is loaded with real crime-related artifacts that are in display. Some of the most notorious artifacts include Ted Bundy's VW Beetle, John Dillinger's death mask, and John Wayne Gacy's paint box.

"We are a top destination in the Gatlinburg and Pigeon Forge area," added Blalock. "The historical information and exhibits are something for everyone to see and enjoy."

Alcatraz East Crime Museum features over 100 exhibits, including temporary exhibits, focusing on the notorious history of crime in the country, crime scene investigation, the consequences of crime, crime fighting, counterfeit crimes and pop culture, and more. There are numerous popular items on display for people to see, including the famous white Bronco from the O.J. Simpson chase and Ted Bundy's famous Beetle. The museum also features special guest speakers throughout the year.

This top museum is open at 10 a.m. daily. The last tickets are sold 60 minutes before closing. These interactive experiences are available for birthday parties, school groups, scouts, team building, or other special events for an additional fee. To get more information about tickets, discounts, and what all the museum offers, visit the site: https://

www.alcatrazeast.com. About Alcatraz East

Alcatraz East is the most arresting crime museum in the United States. Guests of all ages can encounter a unique journey into the history of American crime, crime solving, and our justice system. Through interactive exhibits and original artifacts, Alcatraz East is an entertaining and educational experience for all ages - so much fun it's a crime! This family attraction is located at the entrance of The Island, located at 2757 Parkway, Pigeon Forge, TN. The last ticket is sold 60 minutes before closing. For more information and to purchase tickets, visit: www. alcatrazeast.com.

Ben Rector Announces Upcoming Tour

Indie hitmaker Ben Rector is ready to live his best life returning to the road with his upcoming tour THE JOY OF MUSIC: LIVE kicking off on May 5 in Madison, Wisconsin. The "millennial playlist staple" (HuffPost) will perform music off his upcoming album, The Joy Of Music, as well as fan favorites including "Brand New," "Love Like This," and more. Rector will be joined by special guests including Jake Scott, Jordy Searcy and Stephen Day. The tour will make a stop in downtown Indianapolis at TCU Amphitheater at White River State Park on Saturday, May 14, 2022. Tickets go on sale to the general public on Friday, February 4 at 10 AM local time at www.livenation.

Fans can sign up for access to presale tickets at BenRectorMusic.com/tour. The fan presale will begin Tuesday, February 1 at 12pm local venue time. The general public onsale will begin at 10am local venue time on Friday, February

"I think this album is my best work and I'm so excited to perform it live," said Rector.

Citi is the official card of THE JOY OF MUSIC tour. Citi cardmembers will have access to presale tickets beginning February 1st at 10am local time until February 3rd at 10pm local time through the Citi Entertainment program. For complete presale details visit www.citientertainment.

Rector rang in the new year by "giving fans a tease of his feel-good album" (E! Online) with an early release of the three tracks, "Dream On," "Supernatural" featuring GRAMMY® Award-winner Dave Koz, and "Living My Best Life" to share a taste of what's to come on his highly anticipated album, The Joy of Music, scheduled to be released on March 11, 2022. The album will include additional collaborations with award-winning rapper Snoop Dogg, iconic jazz musician Kenny G, Taylor Goldsmith from folk-rock band Dawes, as well as the YouTube sensation One Voice Children's Choir.

ABOUT BEN RECTOR Growing up in Tulsa, Oklahoma, Rector never expected to find himself immersed in the music scene. Though he spent his childhood learning piano and eventually picking up guitar in his teen years as he made the transition to singing and songwriting, Rector was not truly serious about his music until he studied at the University of Arkansas. It was there that Rector released his first self-titled EP, launching his music career as he began playing live shows. By the time he graduated, Rector had released two full-length albums and was ready to make the move to Nashville in order to dive head-first into the music industry.

into the music industry. Now, Rector has made a name for himself as both an artist and songwriter. He's released seven studio albums, including Brand New (2015) which peaked in the Top 10 on the Billboard 200 and Magic (2018) which debuted at No. 1 on the Billboard Americana/Folk Albums chart. Last year, he used his experience to be an all-star mentor on ABC nit snow American Idol alongside Ryan Tedder, Jewel, Jason Aldean, Jimmie Allen, Joss Stone among many others. Rector's music has been used in over 100 television and film placements, including The Ellen DeGeneres Show, and Pretty Little Liars, American Idol, among others, and his sold-out amphitheater shows have landed him television performances on Jimmy Kimmel Live, Conan, the TODAY Show, and Live! with Kelly and Ryan. When the pandemic

hit, Rector took the time to pour into his music as much as possible and has since announced his upcoming album, The Joy Of Music, is scheduled for release on March 11, 2022.

For more information, visit benrectormusic.com and follow him on Facebook, Instagram, Twitter, and YouTube.

Listen to Ben Rector on Amazon Music, Apple Music, Pandora, Spotify, and YouTube Music.

SPONSORS: The 2022 concert series at the TCU Amphitheater at White River State Park is made possible through the generous support of its sponsors including TCU, Coors Light, and more.

VIP PREMIUM SEATS:
Be a VIP and take your concert experience to the next level! With a full-service VIP Club & Restaurant, VIP parking and prime seats, it's the only way to see a show. For full and mini-season ticket information, contact:

317-829-5147 & IndyPremiumSeating@livenation.

TICKETS: Tickets are available at www.LiveNation.com. All dates, acts and ticket prices are subject to change without notice. Ticket prices are subject to applicable fees.

Get Away Without Going Away

(eLivingtoday.com)
Family vacations are a
great way to bond and
take a step back from
the hectic schedules that
accompany everyday life,
but sometimes time or
money (or both) make
planning an elaborate trip
a non-starter.

However, a staycation – a vacation you take right in your hometown (or nearby) – can be much less expensive and fit into nearly any amount of available time with the added bonus of skipping out on potentially stressful travel.

Consider these staycation ideas to take advantage of your local area's attractions and prove you don't have to go far to spend quality time together.

Visit local landmarks. Just because it's not a traditional vacation doesn't mean you can't pretend to be tourists. Start by visiting the places you recommend to friends and family from out of town or pick up a city guidebook to uncover hidden spots you may not even know exist. Make a plan to seek out historic sites, visit local landmarks like museums or try an out-of-theway restaurant (or two) you've never eaten at before.

Camp out in the backyard. Camping doesn't have to be done far from home. In fact, it can be done right in your own backyard. Pitch a tent to sleep under the stars and plan a night full of traditional camping activities like roasting s'mores, telling spooky stories by flashlight and trying to identify stars and constellations.

Set up a picnic in the park. Pack a basket with sandwiches, fruit and other treats and head to the park. You can enjoy a casual meal then take advantage of the open space for a family walk or game of tag before retreating to the playground to let the little ones expel any leftover energy.

Have a home spa day. If you're looking for some relaxation but don't want to splurge on the full spa treatment, plan an at-home oasis instead. Light some candles, run a bubble bath and break out the facial masks and fingernail polish.

Visit an amusement park. No matter where you live, there's probably an amusement or water park within driving distance. A quick online search before you arrive can help prepare a strategy for hitting the most popular thrill rides and waterslides while skipping those that may not provide quite the same entertainment value.

Find more tips and tricks for enjoying family time together at eLiving-today.com.

The Black Keys Announce Dropout Boogie Tour

The Black Keys have announced initial details for their Dropout Boogie tour, a 32-date North American run produced by Live Nation beginning July 9 in Las Vegas. This is the band's first string of shows since touring in support of their 2019 studio album "Let's Rock" (Nonesuch). The tour will make a stop at Ruoff Music Center located in Noblesville, Indiana on Saturday, July 16, 2022 as part of the Coors Light Concert Series along with special guests Band of Horses and Ceramic Animals.

The Black Keys will be holding an exclusive fan club presale on Tuesday, Feb. 1 at 10 am local time. Sign up for the free Lonely Boys & Girls Club and receive early access to tickets. Presale ends Thursday, Feb 3 at 10 pm local time. A limited number of VIP packages will also be available starting Tuesday, Feb. 1 at 10 am local time. VIP packages include premium seats, sound check visit, an autographed lithograph and more! General on-sale begins Friday, Feb 4 at 10

am local time. Details can be found at theblackkeys. com.

Citi is the official card of the Dropout Boogie tour. Citi cardmembers will have access to presale tickets beginning Wednesday, Feb 2 at 10 am local time until Thursday, Feb 3 at 10 pm local time through the Citi Entertainment program. For complete presale details visit www.citientertainment.com.

The Black Keys are singer/guitarist Dan Auerbach and drummer Patrick Carney. Last year, the duo received its 14th Grammy nomination, this time for Best Contemporary Blues Album for Delta Kream, which was released in May 2021 by Nonesuch Records. The project, which features 11 Mississippi hill country blues songs by artists such as R.L. Burnside and Junior Kimbrough, was the band's fifth consecutive top 10 debut on The Billboard 200. Pitchfork said of the album, "By spending the time playing the blues that's buried deep in their soul, the Black Keys reveal how far they've gone in a

space of 20 years," while the UK's Independent said, "The blues flow through The Black Keys' music as steady as the Mississippi River. Now they're going right to the source on Delta Kream, a sweltering collection of some of their favourite hill country blues standards. The fact they're exploring such familiar territory is to the album's benefit. The Black Keys know this music as well as their own. Delta Kream celebrates true musicianship. A soundtrack for those hot and heady nights of late summer. It's brilliant." Delta Kream also made Best of 2021 lists from several publications, including both Uncut and Mojo.

Mojo.
Most recently, The Black Keys released the Super Deluxe 10th anniversary edition of their landmark seventh studio album, El Camino in late 2021. El Camino was produced by Danger Mouse and The Black Keys and was recorded in the band's then-new hometown of Nashville during the spring of 2011. The Black Keys

won three awards at the 55th annual Grammys for El Camino—Best Rock Performance, Best Rock Song, and Best Rock Album—among other worldwide accolades.

Formed in Akron, Ohio

in 2001, The Black Keys

have been called "rock royalty" by the Associated Press and "one of the best rock 'n' roll bands on the planet" by Uncut. Cutting their teeth playing small clubs, the band have gone on to sell out arena tours and have released nine previous studio albums: their debut The Big Come Up (2002), followed by Thickfreakness (2003) and Rubber Factory (2004), along with their releases on Nonesuch Records, Magic Potion (2006), Attack & Release (2008), Brothers (2010), El Camino(2011), Turn Blue (2014) and "Let's Rock" (2019), plus a 10th anniversary edition of Brothers (2020). The band has won six Grammy Awards and a BRIT and headlined festivals in North America, South America, Mexico, Australia, and Europe.

