#### TODAY'S VERSE

Psalm 119:9-11 "How can a young man keep his way pure? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against



#### TACES OF HAMILTON COUNTY

What makes Michael Harrison smile? "I'm 74 years old and still sitting here," said the Arcadia resident, an antique car buff who was found on Labor Day 2020 at Cicero Parks' 29th annual Red Bridge Park Car Show. He was showing his 1965 Plymouth Belvedere II, a 282 Automatic. He said he wanted to replace it with a four-speed manual transmission. Out of the factory, it was a 272 standard shift threeon-the tree manual transmission. Why'd he buy it? "I like old cars." He said, "I traded a '35 Plymouth for it." Through the years, he's owned a 1968 Charger 444, a 1970 Charger 444, a 1964 Plymouth Sports Fury 383 four-speed (his favorite). "I should have been a drag racer but I never could afford it," Harrison said. He was born in Richmond and moved to Arcadia at age 2. He attended school at Jackson Central and his first car was a 1948 Chevy with three-on-the-tree manual transmission. He operated his own trucking business for 30 years. A car he wished he still owned? "A '68 Charger, olive green." He and wife Debbie, between them, have five children, 10 grandchildren and

#### And Another Thing...

seven great-grandchildren.

The Indiana Department of **Environmental Management (IDEM)** has issued an Air Quality Action Day (AQAD) and is forecasting high ozone levels in Hamilton County for today, June 21, 2022.

IDEM encourages everyone to help reduce ozone by making changes to

daily habits. You can: · Drive less: carpool, use public

transportation, walk, bike, or work from home when possible

Combine errands into one trip · Avoid refueling your vehicle or using gasoline-powered lawn

equipment until after 7 p.m. Keep your engine tuned, and

don't let your engine idle (e.g., at a bank or restaurant drive-thru)

Conserve energy by turning off lights and setting the thermostat to

75 degrees or above Air Quality Action Days are in effect from midnight to 11:59 p.m. on the specified date. Anyone sensitive to changes in air quality may be affected when ozone levels are high. Children, the elderly, and anyone

with heart or lung conditions should reduce or avoid exertion and heavy work outdoors. Ground-level ozone is formed when sunlight and hot weather combine with vehicle exhaust, factory emissions, and gasoline vapors. Ozone in the upper atmosphere blocks ultraviolet radiation, but ozone near the ground is a lung irritant that can cause coughing and breathing

difficulties for sensitive populations. IDEM examines weather patterns and current ozone readings to make daily air quality forecasts. Air Quality Action Days generally occur when weather conditions such as light winds, hot and dry air, stagnant conditions, and lower atmospheric inversions trap pollutants close to the ground.



**NOBLESVILLE, INDIANA** 

### **City of Noblesville to Open Cooling Station** Who Came **Due to Heat Wave**

With the forecast showing sustained heat and humidity next week, the City of Noblesville will open Forest Park Inn as a temporary cooling center, an air conditioned facility where residents can go to prevent prolonged exposure to the elements. Forecasts call for highs in the 90s all week, including a near record high of 99 degrees on Tuesday, June 21.

"Heat illnesses should not be taken lightly. You have to keep an eye on yourself when your body overheats and drink plenty of water," said Mayor Chris Jensen. "The cooling center is intended as a safe place for individuals and families who experience heat-related illness or those that need a welcoming place to temporarily get out of the extreme heat and cool down."

The goal of the cooling center is to provide a centralized location and safe refuge from



the extreme weather. Forest Park Inn will be open 8 a.m. to 6 p.m. June 20-24 and provides air conditioning, restroom facilities, seating and bottled water. Trained city employees will also be on hand to assist members of the public.

As they do during severe weather, the NobleAct team will continue to monitor known, at risk clientele for heat relat-

See COOLING Page A9

### **Hamilton County Business Awarded IEDC Grant to Invest** in Manufacturing Readiness

Hamilton County's Indiana Mills & Manufacturing was among 43 Hoosier businesses awarded Manufacturing Readiness grants from the Indiana Economic Development Corp. and Conexus Indiana.

Indiana Mills is a company that specializes in the design, testing and manufacturing of safety equipment such as bus seats, seat belts and air bags for commercial, fire and military vehicles. The company is investing in cybersecurity, robotic welding systems and advanced

sensors for environmental monitoring. The grant going there is \$105,000.

This is the sixth round of awards presented, and these totaled nearly \$4 million, supporting a projected \$46.1 million in technology-enabled capital investment across the state.

'Manufacturing is in Indiana's DNA-we build things," Indiana Gov. Eric Holcomb said. "The demand for the Manufacturing Readiness Grants

See BUSINESS Page A8



Photo courtesy of the Sheridan Historical Society

#### **Patriotic Look for the Sheridan Museum**

**Members of the Sheridan Historical Society gathered recently** to decorate the outside of the museum for the upcoming Fourth of July holiday. Pictured (from left to right) are Connie Pearson, Tom Godby, Dan Pickett (on the ladder), Lis Pickett, Bess Coppess, and Donna Jessup. There is still more decorating to do but these folks made sure we got off to a great start.

# The Cat at Midnight



Lilian Jackson Braun was an American novelist, who was famous for writing cozy mysteries. Cozy mysteries are a sub-genre. Some readers

like them, because all of the sex happens "off stage," leaving a more comfortable reading experience.

All of Ms. Braun's bestselling stories have titles that begin "The Cat Who . . . " For example, my favorite title is The Cat Who Sniffed Glue (1988).

From 1966 to 1968, she wrote three "Cat" novels to critical acclaim, and then -- much like a mystery in one of her books -disappeared from the publishing world entirely for over 18 years. Equally as mysteriously, she reappeared in 1986 to release 27 more books before her death at age 97, in 2011.

It is believed that the two main characters in her novels, felines Koko and Yum Yum, were modeled after her own two Siamese cats. Cat lovers everywhere were enrapt, and waited impatiently for the release of her latest whodunit.

One of them was NOT my Cousin Jim.

Although Cousin Jim lives See MARLOWE Page A9

The Daily
Almanac

Sunrise/Sunset RISE: 6:15 a.m. SET: 9:16 p.m.

#### High/Low **Temperatures**

High: 97 °F Low: 63 °F

#### Today is....

- The Summer Solstice
- International Yoga Day • Anne and Samantha Day

#### What Happened On This Day

- 1985 The body of Josef Mengele is identified
- 2004 SpaceShipOne completes the world's first manned private spaceflight
  - 2009 Greenland assumes self-rule

**Births On This Day** 

• 1964 David Morrissey English actor 1986 Lana Del Rey American singer-songwriter, model

#### **Deaths On This Day**

• 1527 Niccolò Machiavelli Italian historian, philoso-

pher • 1970 Sukarno Indonesian politician, 1st

President of Indonesia

### 2022 State of the County **Address Set for June 29**

Hamilton County Commissioner Steve Dillinger will give his annual State of the County address on Wednesday, June 29 at the Hamilton County 4H Exhibition Center.

Dillinger is expected to discuss the county's response to COVID-19 as well as the progress made on a myriad of infrastructure projects including State Road 37, 146th Street, and

bridge work on Pleasant Street. "Hamilton County is a special place to live," Dillinger says. "I think those who come will be excited about what is happening in our county. So many

of the projects we are working

on directly impact our everyday lives.' Looking ahead, Dillinger will

See COUNTY Page A9

### **Heart and Soul Clinic of Westfield** Awarded \$150,000 for Work to Improve Cardiovascular Health

Heart and Soul Clinic announced yesterday it has received a grant totaling \$150,000 from the Indiana Department of Health to improve cardiovascular health as part of the state's Health Issues and Challenges program, which was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act.

Heart and Soul Clinic will be using these funds to enhance the

current mobile health services to focus on cardiovascular health and expand the outreach.

Executive Director Lisa Kreag said she is thrilled that Heart and Soul Clinic is among the grantees and cannot wait to start enhancing services. Heart and Soul Clinic provides free healthcare to uninsured and underinsured individuals in Central

See HEART Page A9

#### INSIDE TODAY

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	A10, A11

Health & Wellness.....A12

#### OBITUARIES

Susan Sferruzzi McCardle

The Times appreciates all our customers. Today, we'd like to personally thank PATRICK PICKETT for subscribing!

#### HONEST HOOSIER

It's the first day of summer! What a great time of year!



#### yourself without one."

🖚 TODAY'S QUOTE

"The best way to appreciate your job is to imagine

- Oscar Wilde

#### TODAY'S HEALTH TIP

If you're inactive and overweight, get tested for diabetes. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com





#### 🗢 TODAY'S JOKE

As the detective suspected, someone was adding dirt to the gravesite. Ah, the plot thickens!





PAGE TWO TUESDAY, JUNE 21, 2022

### **OBITUARIES**

#### **Susan Sferruzzi McCardle**

March 24, 1941 - June 19, 2022

Susan Sferruzzi McCardle, 81, of McCordsville, passed away on Sunday, June 19, 2022 at Traditions at Brookside.

She was born on March 24, 1941 to Joseph and Susan (Ailes) Sferruzzi in Indianapolis, Indiana.

Ms. McCardle graduated from Thomas Carr Howe High School in 1958. In 1959, she began working for Indiana Bell and retired in 1991.

In 1994, she went back to work for Indianapolis Public Schools for another 12 years. Ms. McCardle spent countless hours volunteering, earning the Stark Award from the Indianapolis Zoo in 1998. This prestigious award required 1000 hours of volunteer service. In her spare timeshe Susie made catnip toys and hammocks for the Humane Society and teddy bears for first responders to give to children.

Survivors include her daughter Cindy Stettler, who married Devin Stettler in 1994; as well as grand-daughters Samantha (22) and Hannah (20).

In addition to her parents, she was preceded in death by her 12 brothers and sisters; as well as 23 nieces and nephews.

Visitation is scheduled to be held from 4 to 7 p.m. on Wednesday, June 22 at Randall & Roberts Fishers Mortuary, 12010 Allisonville Road, in Fishers. Burial will be at Washington Park East Cemetery in Indianapolis.

Memorial contributions may be made to your local Humane Society; or Wounded Warrior Project, PO Box 758516, Topeka, KS 66675 (https://support.woundedwarriorproject.org).

Online condolences may be made at www.randallroberts.com.



Photo courtesy of HCEM

**HCEM** volunteers (from left to right) Joe March, Dane Dillon and John Gooldy pose at their training session with the Indiana Public Safety Commission.

### **HCEM Volunteers Complete Training**

Three Hamilton County **Emergency Manage**ment volunteers gave up their week to attend the Communications Technician course offered by the Indiana Public Safety Commission. Joe March, **RACES Program Coor**dinator, John Gooldy, **RACES Logistics Section** Chief, and Dane Dillon, RACES IT and Training Coordinator spent the week learning how to setup, program, and repair equipment.

"We are incredibly grateful for the time they donate to Hamilton County. We are better prepared to respond to emergencies and disasters because of their talents." said Shane Booker, Executive Director, Hamilton County Emergency Management.

The course is part of the Federal Emergency Management Agency's communications program. During an emergency or incident, the Communications Unit staff install and test communications equipment, supervise and operate the incident communications center, distribute, and recover communications equipment assigned to incident personnel, and maintain and repair communications equipment on site.

### 2022 Boys & Girls Club of Montgomery County Firecracker 5K Run/Walk

Looking for a fun run over the July 4 weekend? The consider a short drive to Crawfordsville where the Boys & Girls Club is putting on the Montgomery County Firecracker 5K Run/Walk on Saturday, July 2. The Firecracker 5k Run/Walk will start and finish at the Wabash Avenue First Presbyterian Church parking lot, located at 307 S. Washington Street. Event day registration will open at 8 a.m. with the Run/ Walk beginning an hour later at 9.

The cost to participate is \$30 per individual, or \$80 for a family of three or more participants prior to June 25. After that the cost is \$35 and \$90 up to the day of the event. Every participant who registers prior to the event

will receive a T-shirt.

Prizes will be awarded for winners in several age groups, so come out and support the Club. You can register at active. com, bgcmoco.org or the day of the event. Please contact the Club at (765) 362-8912 if you have any questions. Money raised from this event will go to support the Clubs programs.



11:00 a.m.

**2 Business Days Prior to Publication** legals@thetimes24-7.com

**Private Party Notices Submitted After Deadline May Be Subject To \$25.00 Fee** In Addition To The Cost Of The Advertisement

## **Indiana's Mitch Envy**



BRIAN HOWEY **Howey Political Report** 

Shortly after the university announced last Friday he was stepping away from the job he truly loved for the past decade, Purdue President Mitch Daniels's various text, email and phone inboxes began filling up. Hoosiers were urging Daniels to run for governor, for president, for mayor of Carmel or Indianapolis.

When "Based in Lafayette" journalist Dave Bangert asked the former Indiana governor about his prospects, Daniels responded, "I don't have any right now." The key phase was "right now.'

Knowing Mitch Daniels, it's hard not to think that as he told the Purdue trustees earlier this spring that the "Daniels Decade' was coming to an end, he didn't have a Plan A, a Plan B and a Plan C developing inside the man that Washington Post columnist George Will described at the 2011 CPAC as "never has there been a higher ratio between mind and mass."

Daniels had intricately mapped out two terms as governor before taking the oath, and then created the Purdue landing spot once his term ended in 2013.

Informed and reliable sources tell Howey Politics Indiana that the

discussion of a Daniels return to the Statehouse Second Floor office has been broached, at least among key allies. Gov. Eric Holcomb is term-limited, creating an open seat in 2024. But one longtime ally told me that he doesn't expect another Daniels political run ... right now.

Indiana has had six twoterm governors since 1972 (Doc Bowen, Robert Orr, Evan Bayh, Frank O'Bannon, Daniels and now Holcomb), with Henry Schricker serving as the 36th and 38th governor for one term each during World War II and again in 1949 (Gov. Isaac P. Gray served out the term of Gov. James Williams in 1880 and 1881 and was elected to a full term in 1884). There has never been a three-termer. According to the INGov website updated on Friday, the governor holds the office for four years and can choose to run for reelection. The governor is not eligible to serve more than eight years in any 12-year period.

Daniels was a strong governor between 2005 and 2013, setting in motion the Republican dominance that has resulted in General Assembly super majorities that began in 2014 and continue to this day while labor unions have been weakened. He never ran a negative TV ad during his campaigns, since emulated by Govs. Mike Pence and Holcomb. He was viewed as "transformative" because of his audacious scope (Major Moves, BMV streamlining, and the 2011 educational reforms) and conspicuous use of

political capital (like the time he coaxed suburban counties to start a tax that helped build Lucas Oil Stadium in downtown Indianapolis).

As he was leaving the Statehouse in December 2012, Daniels cited the "skills gap" - the needs of high tech employers and not enough available workers - as an goal unfulfilled. "Most of the other factors, we're pretty good at, you know, cost, infrastructure, taxes and regulatory climate. We're as good as the competition or better on most of those. We clearly aren't there with match of skills and jobs," he told HPI as he

was packing up his office. A week ago, the Indiana Commission on Higher Education released an "alarming" report that just 53% of the class of 2020 going to college, a decline of 6% since 2019 and 12% over the past five years. In his annual letter to the Purdue community earlier this year, Daniels asked, "Where are all the men?" It was a question raised by the decline in male enrollees. So right there is "unfinished business" that the 73-year-old Purdue president might want to have another

crack at. But Daniels' also told the Lugar Series graduating class a couple of months ago that it was time for a program graduate to become a governor, meaning it's time for a female governor. Lt. Gov. Suzanne Crouch is a Lugar Series graduate. "As a member of the Indiana House, I had the privilege of working with Gov. Daniels during his eight years in office," Crouch

said. "Mitch is a great leader and a champion for Hoosiers. Together, we tackled some of the biggest challenges facing our state."

Currently only Eric Doden has announced for the 2024 gubernatorial race, though U.S. Rep. Trey Hollingsworth, Lt. Gov. Crouch, and former state senator Jim Merritt are positioning for a run, while U.S. Sen. Mike Braun and U.S. Rep. Jim Banks are mulling their options. Ditto for Indiana Republican Chairman Kyle Hupfer. The most likely Democrat nominee is former senator Joe Donnelly.

Daniels supporters were crushed when he decided not to run for the Republican presidential nomination in 2012. The notion of Daniels appearing on a debate stage with Donald Trump or President Biden in 2023 and 2024 would be a fascinating development. But with the MAGA fever still mostly unabated, it is hard to imagine Daniels finding traction in today's national cult-like GOP.

There's another potential job opening in 2024, that of Major League Baseball commissioner. Current Commissioner Rob Manfred's term ends in two years. If there were to be a perfect landing spot for the former governor, the 10-year president of Purdue, the former White House budget director, it might be above the diamond. where plenty of challenges await.

- The columnist is publisher of Howey Politics Indiana at www.howeypolitics.com.

## **Vhite Dresses**



CARRIE CLASSON The Postscript

I've been under some stress lately.

I've written a novel, and now I have to wait to find someone who thinks it's worth publishing. (I happen to think it is, for the record.) So, while I wait, I get more and more

nervous. I know all the standard advice for this, and I try to follow it. I try to get plenty of sleep. (But how am I supposed to sleep when I don't know what will happen tomorrow?!) I try to eat healthy foods at healthy times. (But how am I supposed to avoid snacking at midnight when I'm roaming around the house like a nervous ghost, unable to

sleep?!) I listen to guided meditations where this super-calm voice tells me that "everything is happening in perfect timing." But this meditation was recorded years ago, and there's no telling if the timing of things might have changed since then (what with the pandemic and all), and I realize I haven't heard a word she's said for the last several minutes.

I told my doctor I was stressed, and she offered me some sort of serotonin pills, which do absolutely nothing as far as I can tell, so I forget to take them. I could reduce my coffee intake but, come on, I don't want to be stressed and dead, so what's the point in that? I try to read books, but I start to wonder who published them and how long the author had to wait before they were published and if they went crazy in the meantime and if they had some sort of secret edge and how could I get that edge and then I notice I have not read a single word. No. The only thing I've

found that really helps to calm me down is shopping for dresses. "Do you need more

dresses?" my husband, Peter, asks.

This is such a silly question. Of course, I do not need more dresses. The truth is, I don't even buy that many dresses. What I do is go to my favorite online consignment shop and look at dresses. OK, occasionally one of them makes it to my house. But that is not the point. It is the focus; it is the hypnotic quality of looking for the perfect white dress.

This is very calming. "You already have a white dress," a buttinsky voice in my head points

"Did I ask you?" I

reply. Obviously, I don't have the particular kind of white dress that I am looking for now and, whose business is it anyway, if I want to buy a \$13 white dress and own two totally different white dresses! I could be roaming the streets looking for hard drugs in my current state

of mind. Instead, I am stuffing my closet with white dresses which, it is true, I might not wear that often—if at all. But that is why dress

shopping is so alluring. It has almost nothing to do with the dresses.

Shopping for dresses allows me to imagine where I would wear the dresses, and the places I imagine I would wear them are all pleasant places. They are evenings out where I am not stressed—parties and celebrations and gatherings of friends. These dresses remind me that these things have happened and will happen again, and this current period of sitting in my pajamas in the middle of the night eating snack food is temporary.

Life has its ups and downs. When things are calmer, I plan to wear a lovely new white dress. Till next time,

Carrie

- Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.





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Who:

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7th - 8th Grade League

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\*\* Please Note: There will NOT be a Travel division for the 2022 Fall Ball season.

Cost: \$80 per Individual registration - \$900 per full-roster team registration \*\* Note: Credit card and processing does apply and will be added at checkout

How Do I Register? www.noblesvillebaberuthbaseball.com

> Please contact: Mark Kelly Director of Baseball Operations Noblesville Babe Ruth Baseball (317) 201-4751

nbrbdirectorofops@gmail.com

Chris Thomas Noblesville Babe Ruth Baseball (317) 538-6555 nbrbpresident@gmail.com

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Hearing aids are not just to help you hear but are critical to improving your brain's ability to decode speech. If hearing loss is left untreated. speech discrimination drops over time. This is because the part of the brain that decodes speech is not getting any exercise. Like a muscle without exercise, the ability to decode speech will deteriorate, but unlike a muscle, in most cases you can't get it back. This is why it's very important to get a hearing aid when you need one, rather than waiting until you can't hear at all.

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Photo courtesy of HHSC

Duke Energy was recently recognized for its invaluable support of the Hamilton Heights Elementary school's successful summer JumpStart program. Pictured (from left to right) are Toby Etchison (HHES JumpStart Summer School Instructional Assistant), Andrea Sayers (HHES JumpStart Summer School Teacher), Michelle Day (HHES JumpStart Summer School Teacher, Dagny Zupin, Community Relations Liaison for Duke Energy and Mark LaBarr, Community Relations Manager for

## **Duke Energy Recognized by HHSC for Supporting HHES Summer Literacy Program**

At Hamilton Heights' Year End Recognition Program earlier this month, Duke Energy was recognized for its long-standing support of the JumpStart program at the elementary school. Duke Energy has provided a \$10,000 grant for this year's program that begins in late July.

The summer literacy program, started in 2017, is designed for Heights elementary students who can benefit from an early start with reading and social-emotional learning. This year's Jumpstart Program will focus on incoming first graders. A maximum of 30 students can participate in this interactive summer Jumpstart Program that will be conducted for three hours daily for 10 days prior to the start of the school on August 5.

"This program continues to make a measurable difference in helping students to be more prepared for the start of the new year," said Julie Griffey, Hamilton Heights Elementary School Principal. "We are very thankful for Duke Energy's support of this special program designed to help students start off the new school year strong.'

"We are extremely grateful for Duke Energy's support and commitment to our summer literacy and social-emotional efforts at the elementary school," said Dr. Derek Arrowood, Superintendent, Hamilton

Heights School Corporation. "Duke Energy has been a strong partner to Hamilton Heights through its ongoing commitment to this invaluable literacy program since its inception. The program has proved to be impactful and beneficial to the students involved."

Representing Duke Energy at the program was Dagny Zupin, Community Relations Liaison, and Mark LaBarr, Community Relations Manager. "It is important that all HHES first graders feel ready to tackle the new school year. Duke Energy is proud to support JumpStart and Hamilton Heights' continued commitment to quality student programs.'

### **Hamilton County Volleyball Players Help Boiler Juniors Team Take Home** Second Straight Club National Title

THE ACADEMY
Volleyball Club

The 14 Gold volleyball team at The Academy Boiler Juniors won the AAU National Championship this past Saturday in the 14 Open Division. This is the club's fourth national championship and adds to an impressive list of accolades for the program. This is the second championship in a row for this squad as they won the 13s division in 2021.

Along with an AAU National Championship, the girls have won many big tournaments this season including Bluegrass,

JVA Summerfest, and the Windy City Qualifier.

The team is coached by John Shondell and Chandra Hepler. Shondell is the Associate Head Volleyball Coach at Purdue University. Chandra is a former division one player at the University of Missouri and is the current head coach at Warsaw High School.

Boilers Juniors is based in Lafavette, Indiana and has some of the top teams not only in the state but in the country as well. This is not the end of the season for this team as they will head to the USA Volleyball Girls National Championship in India-

napolis where competition begins June 27.

Boiler Juniors joined The Academy Volleyball Club, based in Indianapolis, in the summer of 2018. The club offers club teams, camps & clinics, lessons, tournaments, and more. In addition to the Indianapolis and Lafayette locations, the Academy Family also includes Grand Park in Westfield, Indiana. Between the three clubs, they have over 1500 athletes playing club volleyball.

To learn more about The Academy Volleyball Club and Boiler Juniors, visit www.boilerjuniorsvb.com.

#### **Hamilton County Emergency Management Volunteers** to Complete Communications Unit Technican Course

Hamilton County amateur radio operators will participate in the national Amateur Radio Relay League's Field Day starting at 2 p.m. on Saturday and going until 2 p.m. on Sunday at Coxhill Gardens, 11677 Towne Rd, Carmel. Sponsors of the event include the Central Indiana Amateur Radio Association and the Hamilton County Emergency Management's Radio Amateur Civil Emergen-

cy Service (RACES). Ham radio operators will demonstrate their skills and service by establishing temporary radio stations in public locations. Their use of radio signals, which reach beyond borders, bring people together while providing essential communication in the service of their communities. Field Day highlights ham radio's ability to work

reliably under any conditions from almost any location and create independent, wireless communications networks. The public is welcome to stop by and see how these systems work.

Many hams are volunteers with Hamilton County Emergency Management who serve in RACES, Community **Emergency Response** Teams, and the Emergency Operations Center. Most have portable radio communication capabilities that include alternative energy sources such as generators, solar panels, and batteries to power their equipment.

"Amateur radio operators have a long history of serving our communities when storms or other disasters damage critical communication infrastructure, including cell towers," said Shane

Booker, Executive Director of Hamilton County Emergency Management. "A station can be set up almost anywhere in minutes and communicate effectively with others. They are an integral part of our emergency resource capability.' Booker added.

During Field Day 2021, more than 26,000 hams participated from thousands of locations across North America. There are more than 750,000 amateur radio licensees in the United States and an estimated three million worldwide.

For more information about ARRL Field Day, visit www.arrl.org/Field-Day. For additional information about amateur radio, contact Joe March, ARRL public information officer, at 317-224-9433 and visit www.arrl.org/ what-is-ham-radio.



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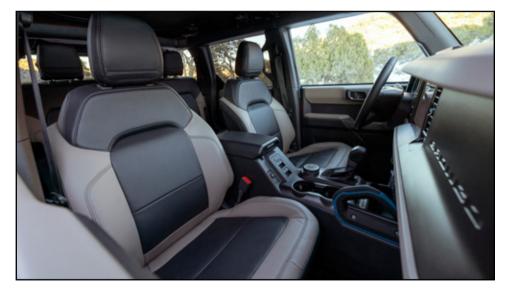
mes24-7.com

















Photos courtesy of Ford

### 2022 Ford Bronco Plants a Big Foot Despite Gas Prices

Could there be a vehicle more out of touch with our era of high fuel prices and emerging electric vehicles than the 2022 Ford Bronco Wildtrak Sasquatch edition? Well, maybe if you drove a Heavy Duty pickup for your daily city commute, but it's simply ridiculous as it guzzles gallons of gasoline like they're martinis at the club. And yet, it's about the most awesome SUV rolling. Just ask the long line of customers waiting for theirs.

If you're going to buy a Bronco, go full Sasquatch under the Wildtrak trim. The package is completely unnecessary for daily driving, but drenched our 2-door model in buckets of sass. Styling recalls the original Bronco that debuted in 1966 with round headlamps, wide flat hood, and BRONCO

stamped across the grille. Tie downs on the hood help locate the corners when parking or trail carving. Dark 17" wheels and black trim add mad vibes. Remove the entire hard top or just the front panels for fresh air.

Owners could hose out their original Broncos, and while the latest one is more sophisticated, it's nearly as robust. Sure, there's plenty of hard plastic on the dash and doors, but it's rendered in contrasting colors and receives molded-in texture for an upscale feel. Rubber flooring accompanies an actual drain plug in the passenger side floor if you make a mess! A heated steering wheel and dual-zone automatic climate control add comforts.

There's plenty of technology, too. Ford's touchscreens are very intuitive with icons for

#### **2022 Ford Bronco Wildtrak** Four-passenger, 4WD SUV

Powertrain: 2.7-liter T-I6, 10-spd trans Output: 315hp/410 lb.-ft. torque Suspension f/r: Ind/Solid axle Wheels f/r: 17"/17" alloy

Brakes f/r: disc/disc **Must-have features:** Style, Power

**Towing:** 3,500 lbs

0-60 mph: 5.9s.

Fuel economy: 19/20 mpg city/hwy

Assembly: Wayne, MI

Base/As-tested price: \$30,800/\$53,650

audio, phone, navigation, and apps along the bottom. Connect devices with Apple CarPlay, 4G Wi-Fi, and wireless console charging. Drivers get a flashy flatscreen instrument cluster with digital speedometer and bar graph tachometer. Safety is enhanced by adaptive cruise, lane keep assist, automatic emergency braking, and rear cross

path detection. Base Broncos come with a turbocharged four-cylinder that's frisky during daily driving, but the 2.7-liter Ecoboost (Ford speak for "turbocharged) V6 in our bruiser delivers 315 horsepower and a stout 410 lb.-ft. of torque. That all connects to the four-wheel-drive system through a snickclick 10-speed automatic

transmission. Jump through traffic, clamor up a trail, or tow 3,500 lbs. Drive however you want because fuel economy is rated a nearly identical 19/20-MPG city/highway.

If you've driven other hardcore off-roaders, you probably tired of the bounce house ride quickly. Given an independent front suspension, the Bronco is more civilized. Those big tires and offroad suspension do as well at soaking up potholes and highway expansion joints as they do at gobbling rough fields. Click the G.O.A.T. (Goes Over Any Terrain) dial to configure the powertrain for varying conditions. There's a sense of driving on your tippy-toes, and the short wheelbase takes finesse in corners, but the Bronco is tamer than its attire would indicate.

Its top rattles on the



CASEY WILLIAMS **Auto Reviews** 

highway, the suspension bounces over bumps, and it drinks gasoline like an undergrad guzzles beer, but it is still pretty cool and I kinda want one. Broncos start at \$30,800, but came to \$53,650 on big feet. Competitors include the Jeep Wrangler, Land Rover Defender, Toyota 4-Runner TRD, and Chevy Colorado ZR2. Storm Forward!

- Send comments to Casey at AutoCasey@aol.com

# www.TheTimes24-7.com www.TheTimes24-7.com

#### Tuesday, June 21, 2022 The Times, serving Noblesville and Hamilton County **Hamilton County Volunteers Service**



MARK HALL **Guest columnist** 

This month's column is about pantry food usage. Our mission is to provide no questions asked meals for neighbors that otherwise might go hungry. Presently, volunteers' stock over 7,000 meals a month through forty-two central Indiana pantries. Our desire is to stretch those meals as far as we can and to as many families as possible. Rather than provide many meals for a few, we attempt to provide a few meals for

Feeding Team is a 100% volunteer organization with no paid employees. Our expenses are funded through personal and corporate donations along with our annual fundraiser, the Feeding Team Festival, which this year will be the afternoon of October 1st at Federal Hill Commons.

In addition to purchasing meals, food is donated by individuals, families,

churches, companies, and other civic minded groups. Small amounts of food are donated directly into any pantry. Larger quantity donations are received by appointment at our office. What happens every week is a full circle of service where neighbors helping neighbors is the reality.

Inside each pantry are instructional signs, one of which requests that neighbors limit their choices to six items. Feeding Team's "Take What You Need, Give What You Can" operating philosophy works very well when neighbors respect the boundaries.

For the past five weeks, "raking and taking," our description for the behavior of a neighbor who takes most or all the meals from a pantry, has been widespread. The actions have been largely concentrated in seven pantry locations. The unfortunate consequence of the behavior is less food available for other hungry neighbors that stop by those same pantries. We have learned over the years not to chase these situations, reloading a pantry time after time typically results in more of the same

behavior. Feeding Team is a no questions asked charity. Neighbors can't steal from a Feeding Team pantry;

we are giving the food away. However, it is disheartening when a neighbor occasionally abuses the charitable intention of the model. The few times when neighbors take too much, we encourage them to connect with organizations that are better suited to serve them with more food over a longer period of time.

Through these experiences we learn to serve the community better. Publicizing information about pantry usage informs the neighbors who shop from and donate to the pantries how they can best serve the community. Thank you.

With over 27,000 food challenged neighbors in Hamilton County, www. Feedingteam.org provides outdoor 24x7x365 no questions asked free food pantries throughout the county.

Neighbors ask why do this, what is in it for you? The answer is always the same; serving people feeds the soul. It is a calling, not work. When criticized or questioned, I encourage people to learn my story before assuming anything. There were suppers when we as a young couple with young kids could only afford Dinty Moore Beef Stew and a potato for dinner.

Surreal Moment. This is

why the pantries exist, as a typical young family we could not always make ends meet.

Thank you for embracing the pantries. We love serving with so many neighbors across Hamilton County.

In future columns we will share more stories from neighbors about how your generosity served them in times of need. Be assured that the face of hunger in Hamilton County is not what you may think.

In practical terms this straightforward way to help neighbors is having real impact on lives, families, and our communities. Thank you. A few meals can change the course of a person's life. A can of green beans means so much more when you have nothing to feed your kids. Would you like to get involved? We are in the process of evaluating our next pantry locations. If you think you have a potential location, please contact us. www. feedingteam.org facts - 46 pantries, 7,200 meals in March 2022, thirty volunteer families.

- Mark & Lisa Hall are the Founders of Feeding Team. They may be reached at lisa@feedingteam.org and mark@feedingteam.org or 317-832-1104.



Photo courtesy of WWS

Ashley Knott (second from right) poses with Kiwanis Club of Westfield members (from left to right) Dr. Paul A. Kaiser, Bill Anderson and Marsha Bohannon.



**Ashley Knott presents Brian Anderson of Westfield** 

Lions Club with the Rock Service Award.

Photo courtesy of WWS

Ashley Knott (far left) poses with Rotary Club of Westfield members (from left to right) Melody Jones, Laura **Demeter, Cindy Olson and Richard Watkins.** 



initiatives like Service

school environment,

and AFS-USA.

Over Self and Key Lead-

er. Outside of the regular

they support community

groups like Student Im-

pact, Carter's Play Place,

Rotary Club of Westfield

has consistently supported

community and the Foun-

grams and initiatives like

teacher grants, Laugh It

Off Grant teacher appre-

Wheels, Westfield Public

ciation event, Meals on

Library book donation,

Mid-West Food Bank,

Interact, Rotary Youth

(RYLA), Youth Assis-

tance, Student Impact,

signage at school zones,

Gaga Ball pits in elemen-

tary schools, 151st Street

Roundabout, Christmas

Leadership Awards

the school district, the

dation by volunteering

and donating to pro-



## Westfield Washington Schools Give **Out First-Ever Rock Service Awards**

On June 14, during the school board meeting, the Westfield Washington Schools Board of Trustees, in partnership with the Westfield Education Foundation, gave out Rock Service Awards to three community organizations who have gone above and beyond the call to support the mission of Westfield Washington Schools which is to provide rigorous and engaging experiences to prepare all children for their future. Ashley Knott, executive

director of the Westfield Education Foundation, said she is proud to be shining a light on these organizations.

"It's been an honor and a pleasure to partner with these great groups to continue providing our Rocks with excellent academic and extracurricular experiences," Knott said. "These organizations truly have a selfless approach to community and it shows in all the things they have done for our district and our kids. We can't thank them enough for what they have helped us accomplish and we look forward to continuing these great relation-

ships for years to come."

Rebecca Olge, president

of the school board, said

trict highlight important community partners. "The Westfield Washington Schools board of trustees wanted to recognize groups that contribute to our community and make Westfield a better place," Ogle said. "These groups help nurture not just the students but our community as a whole.

it is important that the dis-

So, we're very excited to start giving out this service award and continue with our culture of gratitude and recognition that we've brought to our school board meetings and to our district. The following organizations were honored at the public meeting: Kiwanis Club of Westfield, Rotary Club of Westfield and

Here are just a few of the ways these groups have contributed to the district and the community: Kiwanis Club has partnered strategically with the Westfield Washington Schools to provide financial support to the Westfield Education Foundation, Care Closets, mental health awareness campaigns, scholarship

programs for high school

seniors and more. Addi-

development of in-school

tionally, they foster the

Westfield Lions Club.

tree decorating at Cool Creek roundabout and Westfield Lions Club has consistently supported the school district, the community and the Foundation by volunteering and donating to programs and initiatives like teacher grants, WHS Culinary program, WHS music programs, WHS Leos Club, student scholarships, WHS Hoosier service leadership through Girls State, Diabetes

Foundation of Indiana Open Doors of Westfield, Heart and Soul, Indiana Lions Eye Bank, Leader Dogs for the Blind and Indiana Law Camp. The school board and the Westfield Education Foundation will continue to use this award as a way to show its appreciation and gratitude to the people and organizations in our community who show a Rock Strong commitment to our students, staff and community members. Westfield Washington Schools is one of the fastest growing school districts in the state of Indiana. With an "A" rating from the Indiana Department of Education, WWS enrolled nearly 8,800 students, in 2021-22, across six elementary, one intermediate middle and high school. The district employs more than 600 teachers and nearly 250 support staff. Westfield High School is ranked in the top 3 percent nationally by U.S. News and World Report, and has a graduation rate of 98.3 percent with 86 percent of its graduates

continuing onto higher education. For more information on

Westfield Washington

k12.in.us.

Schools visit www.wws.

#### **PUBLIC NOTICES**

NOTICE TO CONTRACTORS
INDIANAPOLIS EXECUTIVE AIRPORT CONSTRUCTION PROJECT
- 2022
EXTEND RUNWAY 18-36

The Hamilton County Airport Authority, Noblesville, Indiana will be seiving sealed bids for the following project until 11:00 AM EST on Monday,

Bids shall be addressed to Cindy Duncan at the Hamilton County Auditor's Office and shall be to the attention of Hamilton County Airport
Authority; 33 North 9th Street, Suite L21, Noblesville, Indiana 46060, and

Authority; 33 North 9th Street, Suite L21, Noblesville, Indiana 46000, and will be clearly marked "Sealed Bids: DO NOT OPEN".

Bids will be publicly opened and read aloud at 11:15 AM EST on Monday, July 11, 2022, at the Hamilton County Government & Judicial Center, Conference Room 1A, 1 Hamilton County Square, Noblesville, IN 46060

A voluntary Pre-Bid Conference will be held at the Indianapolis Executive Airport, 11329 E. State Road 32, Zionsville, Indiana 46077, at 1:00 PM

EST, on Tuesday, June 28, 2022. Work for this project is packaged into: ONE (1) CONSTRUCTION

DOCUMENT PACKAGE (PLANS AND SPECIFCATIONS). This includes two plan sets (Extend Runway 18-36 and Repair Taxiway A) and two specification volumes (Specifications and Bid Proposal Packet). The scope of work of the Base Bid and Alternate Bid includes all work required to extend Runway 18-36 and Taxiway A. This includes but is not limited to asphalt and concrete paving with subbase and subgrade work, underdrain installation, marking (temporary and permanent), electrical work (e.g., airfield edge lighting, airfield signage, new PAPI and wind cone, and glideslope relocation with partial replacement), and miscellaneous items such as

maintenance of traffic, seeding, erosion control, etc.). The Base Bid pricing is based on all construction being completed in 2022. The Alternate Bid pricing is based on all construction starting in 2023.

Additionally, there are two Additive Bid items that include the electrical vault relocation and Taxiway A-1 repair. The electrical vault relocation includes the construction of a new electrical vault with foundations, relocation of the existing regulators, existing vault modifications, installation of new electrical power and distribution, and removal of existing airfield cables. The Taxiway A-1 repair includes asphalt, subbase, subgrade removal and replacement. The Additive Bid work may occur in 2022 or 2023 with or without the other projects

Contractors may bid the Base and/or Alternate Paving, Marking and Electrical work. Contractors bidding on the Base or Alternate work are NOT required to bid the Additive work. However, Contractors not bidding all of these components may be considered non-responsive and excluded from award. Only one Contractor will be awarded the work based on the lowest, responsive and responsible bid received that aligns with available funding. The Owner reserves the right to select the base or alternate and combinations of the additive bids based on cost and available funding.

Details associated with the aforementioned project are more specifically set out in the plans and specifications.

Federal laws and regulations require that the successful bidder be contractually subject to applicable federal contract provisions and that the bidder incorporate such provisions in each subcontractor, material supplier, or service provider contract or agreement used for the proposed project. The full text of each contract provision, its source law or regulation, and its applicability to the proposed construction contract are contained in the Contract Documents. Certain ontract provisions are included in this Notice to Bidders by reference while the full text is included in the proposed construction contract

(1) Buy American Preference requires all steel and manufactured goods

be produced in the United States; Foreign Trade Restriction prohibits the use of product or services from a foreign country that discriminates against the United States as published by the Office of the United States Trade Representative: Davis-Bacon Act ensures that laborers and mechanics employed

receive pay no less than the prevailing wages and fringe benefits determined by the Department of Labor; Affirmative Action Requirement sets goals for minority participation in federally funded projects;

Government-wide Debarment and Suspension requires that bidders must certify that they are not suspended, debarred, or excluded by any

Federal department or agency; Government-wide Requirements for a Drug-free Workplace prohibits

the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance in the Owner's workplace.

As a federally funded project over \$250,000, the project is subject to the DBE requirements set forth in 49 CFR Part 26, Disadvantaged Business Enterprise Program. This federal requirement states that either as a part of the bid, or prior to execution of the contract, the apparent low bidder must provide documentation that the DBE Plan goal for the Sponsor will be met or that documentation that the DBE Plan goal for the Sponsor will be met or that adequate good faith efforts were made in the event the goal is not attainable. Prior to execution of the contract, the attached DBE Goal Achievement Letter of ntent shall be completed and submitted to the Sponsor or a DBE Achievement Waiver needs to be submitted to the Sponsor for approval. If the apparent low bidder fails to provide the appropriate DBE Goal Achievement documentation, the bid will be considered non-responsive and the next lowest bidder will be afforded the chance to obtain the contract. The DBE Plan goal for work on the

The Contract Documents including the Construction Plans,
Specifications and Bid Proposal are to be on file at the **Indianapolis Executive** Airport, 11329 E. State Road 32, Zionsville, IN 46077, and at the office of Woolpert, Inc., 333 North Alabama Street, Suite 200; Indianapolis, Indiana, 46204 beginning Monday, June 20, 2022. Copies of the Contract Documents may be obtained for the non-refundable cost of document reproduction and shipping, from Reprographix Inc., 437 N. Illinois St., Indianapolis, Indiana 46204, between 8:00 AM and 5:00 PM by telephone at 317-637-3377 or online at http://www.reprographix.com.

A certified check or bank draft payable to the Hamilton County

Airport Authority, Noblesville, Indiana, or a satisfactory bid bond, executed by the Bidder and an approved surety company in an amount not less than five (5) percent of the bid, shall be submitted with each bid.

(1) The Bidder (Proposer) must supply all the information required by the (2) The bids shall be based upon rates of wages at least as high as the

minimum rates established by the wage rate determination and included in these contract documents

The Hamilton County Airport Authority, in accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 USC 2000d to 2000d-4 and Title 49, Code of Federal Regulations, Department of Transportation, Subtitle A, Office of the Secretary, Part 21, Nondiscrimination in Federally-assisted programs of the Department of Transportation issued pursuant to such Act, hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, minority business enterprises will be opportunity to submit bids in response to this invitati consideration for an award. MBE's interested in participating in the construction program and bidding upon the project, upon request, will be supplied with information or plans and specifications desired

The Owner is cognizant of the time limitation for awarding contracts and giving Notice to Proceed pursuant to IC 36-1-12-6. However, due to the time requirements anticipated for obtaining approval of appropriate public agencies. and other required procedures, it is anticipated that the contract cannot be finally executed and Notice to Proceed be given until 90 days following the opening of the bids. Accordingly, bidders should be prepared to grant an appropriate extension of time pursuant to IC 36-1-12-6 at the time of making the tentative award to the lowest responsible bidder as determined by the Owner. No Bidder may withdraw its bid after the bid has been opened. The

Hamilton County Airport Authority, Noblesville, Indiana, reserves the right to waive any informality in bidding and to reject any and all bids.

Hamilton County Airport Authority
TL19198 6/21 6/28 1t hspaxlp

#### ADVERTISEMENT FOR BIDS

THE TOWN OF CICERO 331 E. JACKSON STREET Cicero, Indiana 46034

SEPARATE SEALED BIDS FOR THE CONSTRUCTION OF THE STRINGTOWN PIKE REHABILITATION PROJECT WILL BE RECEIVED BY THE TOWN OF CICERO CLERK Treasurer's Office at the 331 E Jackson Street, Cicero, IN 46034 until 4:30 COUNCIL MEETING AT THE RED BRIDGE PARK COMMUNITY BUILDING AT 697 WEST ACKSON STREET FROM 7:00 UNTIL 7:10 PM. BIDS WILL BE PUBLICLY OPENED AND READ ALOUD AT THE TOWN COUNCIL MEETING HELD AT THE TOWN HALL LOCATED AT THE RED BRIDGE PARK COMMUNITY BUILDING AFTER 7:10 PM (LOCAL TIME) ON THE SAME DATE. ANY BIDS RECEIVED LATER THAN THE ABOVE TIMES AND DATE WILL BE RETURNED

DESCRIPTION OF WORK:

This is a roadway rehabilitation project for the Stringtown Pike between Brinton Street (northern bound) and 216th Street (southern bound). This PROJECT ALSO INCLUDES RELATED RESTORATION ALONG EARTH SHOULDERS WITH SEEDING and grading for approximately two (2) feet on each side of the roadway immediately adjacent to the existing edge of asphalt.

THERE WILL BE NO PRE-BID MEETING HELD FOR THIS PROJECT.
ALL PRIME CONTRACTORS, SUBCONTRACTORS, SMALL, MINORITY, DISADVANTAGED AND/ OR WOMEN BUSINESS ENTERPRISES AND OTHER INTERESTED PARTIES ARE INVITED AND ENCOURAGED TO SUBMIT A BID. CONTRACTORS AND SUBCONTRACTORS PERFORMING PUBLIC WORKS WITH A VALUE OF \$300,000 OR GREATER MUST BE CERTIFIED IN ACCORDANCE WITH IC 8-23-10 BY THE INDIANA DEPARTMENT OF TRANSPORTATION

THE BIDDING DOCUMENTS MAY BE EXAMINED AT THE FOLLOWING LOCATIONS:

United Consulting, 8440 Allison Pointe Blvd., Suite 200, Indianapolis, Indiana 46250

Town of Cicero, 331 E. Jackson Street, Cicero, IN 46034 Dodge Data & Analytics (Plan Room)

BX INDIANA CONSTRUCTION LEAGUE (PLAN ROOM)
COPIES OF THE BIDDING DOCUMENTS MAY BE OBTAINED AT THE OFFICE OF UNITED

Consulting, located at 8440 Allison Pointe Blvd., Suite 200, Indianapolis, Indiana, 46250 (phone 317-895-2585; fax 317-895-2596), upon a nonrefundable payment of \$75.00 for each set. Any questions, comments, or requests for clarification should be made to United Consulting.

No Bid will be considered unless submitted on a copy of the printed Proposal FORM IN THE BIDDING DOCUMENTS. BIDDERS MUST OBTAIN BIDDING DOCUMENTS FROM United Consulting to be included in the project plan holders list to ensure proper notification of any Addendum. Failure to obtain Bidding Documents in THIS MANNER MAY BE DEEMED AS NON-RESPONSIVE AND MAY RESULT IN BID REJECTION. EACH BID MUST INCLUDE THE FOLLOWING COMPLETED AND EXECUTED ITEMS PROPOSAL FORM

FORM 96 (STATE BOARD OF ACCOUNTS)

BIDDER'S FINANCIAL STATEMENT (IF REQUIRED BY FORM 96) BID BOND OR CERTIFIED CHECK (5% OF BID AMOUNT)

E-Verify Affidavit BIDDER'S WRITTEN PLAN FOR A PROGRAM TO TEST BIDDER'S EMPLOYEES

For drugs in accordance with IC 4-13-18. Before commencing Work, the Bidder to whom the Work is awarded will be

required to furnish Performance and Payment Bonds in an amount equal to thi Contract Price, and certificates of insurance as required in the Specifications. ALL Bonds and liability insurance shall remain in effect for a period of twelvi (12) months following completion and OWNER acceptance of construction. FAILURE TO EXECUTE A CONTRACT AND TO FURNISH BONDS, CERTIFICATES OF INSURANCE, AND INDOT CERTIFICATION, AS HEREINAFTER SET OUT WILL BE CAUSE FOR FORFEITURE TO THE OWNER of the amount of money represented by the certified check or Bidder's Bond, as and for liquidated damages. A conditiona OR QUALIFIED BID WILL NOT BE ACCEPTED. NO BID MAY BE WITHDRAWN AFTER THE SCHEDULED CLOSING TIME FOR RECEIPT OF BIDS FOR AT LEAST 60 DAYS TO ALLOW REVIEW OF BIDS BEFORE ANNOUNCING AWARD OF CONTRACT.

BIDDERS SHALL BE REQUIRED TO MEET ALL APPLICABLE STATE REQUIREMENTS INCLUDING BUT NOT LIMITED TO THOSE IN IC 4-13-18, 8-23-20, 5-16-13, 5-22-16.5, 8-23-10, 22-5-1.7 and 36-1-12. Bidders shall comply with IC 22 including but not limited to FEDERAL FAIR LABOR STANDARDS ACT OF 1983 AS AMENDED, WORKERS COMPENSATION AND THE UNEMPLOYMENT COMPENSATION SYSTEM.

THE OWNER RESERVES THE RIGHT TO REJECT ANY OR ALL BIDS, OR TO MAKE SUCH COMBINATION OF BIDS AS MAY SEEM DESIRABLE, AND TO WAIVE ANY AND ALL INFORMALITIES IN THE BIDDING. THE OWNER MAY AWARD BIDS BASED UPON SELECTION OF ANY COMBINATION OF PROPOSAL FORM LINE ITEMS AS WELL AS MANDATORY ALTERNATIVES. BIDS SHALL BE AWARDED TO THE BIDDER OR BIDDERS DEEMED TO BE THE LOWEST, RESPONSIBLE, AND RESPONSIVE BY THE OWNER. BY THE ORDER OF THE TOWN OF CICERO, CHAD AMOS, TOWN COUNCIL PRESIDENT

**JUNE 2022** 

TL19179 6/14 6/21 1t hspaxlp

Never miss a public notice on legal proceedings! After it prints in your local newspaper, it goes online:

IndianaPublicNotices.com TheTimes24-7.com | TheTimes24-7.com TheTimes24-7.com

## **State AG Rokita Fights ACLU Over Girls Sports**

Indiana Attorney General Todd Rokita continues to defend a new Indiana law protecting girls' sports against a baseless lawsuit filed by the American Civil Liberties Union.

"It's called Hoosier common sense," Rokita said. "Biological males have certain physiological advantages that make it unfair to allow them to compete for spots on girls' sports teams. The law passed by the Indiana General Assembly simply acknowledges that science and protects the integrity of girls' sports in K-12 schools.'

Rokita filed a brief Friday opposing the ACLU's motion for a preliminary injunction against enforcement of the new law, House Enrolled Act 1041.

"After all the years of hard work to ensure equal opportunities for girls and women," Rokita said,



Attorney General Todd Rokita

"it's unconscionable that these leftists are trying to tear down that progress in the name of nonsensical wokeism."

The ACLU is representing a 10-year-old Indianapolis Public Schools student who was born a male but began identifying as female by age 4 and, with parental support, took puberty blockers to avoid developing male characteristics. Although a biological male, the student wants to play on a school-sponsored girls' softball team.
The ACLU's case

manifests blatant weaknesses — invoking federal Title IX protections in its argument, for example.

The Title IX law prohibits sex discrimination and requires equal opportunities regardless of sex. But such protections are exactly what the law under challenge by the ACLU helps achieve. Obviously, the ordinary meaning of sex at the time of Title IX's enactment in 1972 was biological sex, not gender identity.

"I promised Hoosiers when the governor vetoed this law that I would gladly defend it if the legislature overrode the veto," Rokita said. "Indiana's lawmakers did their part, and I am doing mine. Hoosier girls deserve no



Photo courtesy of the Noblesville Lions

#### **Noblesville Lions Cooking for Senior Citizens**

On Saturday, for lunch, the Noblesville Lions cooked lunch for the Senior Citizens group. The seniors provided the meat, and the Lions cooked and served. Lion Steve Shaw, Grill Master, and (from left to right) Lions Tim Baker, Steve Morgan, Ron Williamson, Dale Unger and Steve Stage all took the time to help with the effort and provide a great meal for the Senior Citizens group.

### Holcomb Announces Construction Underway Candidate Calls for on the South Shore Double Track Project

Governor Eric Holcomb on Monday announced construction is moving forward on one of the largest public transit investments in Indiana's history – double tracking of the South Shore Line from Michigan

City to Gary. This project, a prominent piece of Holcomb's Next Level Agenda, adds nearly 18 miles of new track over a 26-mile corridor along the Northern Indiana Commuter Transportation District's (NICTD) existing South Shore Line between Gary and Michigan City and makes multiple improvements to the existing line.

"The Double Track Project is transformative for Northwest Indiana and the positive impacts will be felt across the state for generations to come," Holcomb said. "This game changing project is another prime example of how Indiana is laser-focused on connecting people and businesses to our state's exceptional quality of life, great communities, and pro-growth business envi-

ronment." The Double Track Project includes 18 miles of new double track territory including a separated twotrack right-of-way along two miles in Michigan City. The project will include replacing the current street-running tracks on 10th and 11th Streets, a new overhead contact system, 22 at-grade crossings, 20 culverts, platform upgrades at five stations and more than 1,400 parking spaces. The project will increase train frequency and drastically reduce travel time on the South Shore Line. Once the project is complete, service is planned to operate every 16 minutes during weekday peak periods and approximately every 75 minutes during weekday off-peak periods

and evenings. The project will improve safety along the entire alignment, especially in Michigan City, where the new alignment will remove the street-running tracks, eliminate 20 at-grade crossings, and provide a safer environment for pas-

Construction is expected to finish in early 2024 with passenger service starting later in the year.

In addition to the Double Track project, Holcomb has made the West Lake Corridor extension of the South Shore Line a Next Level Agenda priority. Combined, the Double Track and West Lake Corridor projects are projected to attract approximately \$2.7 billion in private investment to Northwest Indiana, and result in over 6,000 new jobs and \$5 billion in economic impact by 2048.

Federal, state, regional and local officials joined Gov. Holcomb today to officially break ground on the Double Track project. The nearly \$650 million project is funded through a mix of federal, state and local dollars with \$173 million in federal funding coming from the Federal Transit Administration's Capital Investment Grants program and another \$24 million coming from the American Rescue Pro-

gram. "The NICTD Double Track Project is an example of planning and building for the future, today," said Kelley Brookins, Region V FTA Administrator. "The economic value of transit to American families, particularly now that gas is so expensive and to businesses who will see more consumers and employees using transit cannot be understated. What you are doing here is just the sort of transformative thinking President Biden and Secretary Buttigieg envision. Expand the South Shore Line -- a project that improves access, expands opportunity, and creates jobs -- is one very important part of this expansion."

Holcomb, Indiana's Congressional delegation, members of the Indiana General Assembly, the Northwest Indiana Regional Development Authority and local elected leaders worked with NICTD to provide funding and leadership for the project. The state has committed more than \$340 million, locals have partnered to commit

more than \$80 million and NICTD has committed up to \$30 million.

"Today's groundbreaking is the product of years of hard work to make the South Shore Line Double Track Project a reality. This game-changing infrastructure priority will benefit Hoosiers in Northwest Indiana for years to come, with an expected economic impact of \$5 billion by 2048 and the creation of more than 6,000 new jobs. Thank you to NICTD, Governor Holcomb, Congressman Visclosky, and the countless community leaders who played a role in helping us reach this pivotal moment," said

Senator Todd Young. "I thank Gov. Holcomb and every official and person who has made this day possible. I would stress though that our work is not done," said retired Congressman Pete Visclosky, current chairman of the Gary/Chicago International Airport. "Now we must make every effort to ensure that the development potential of the South Shore Rail Line is maximized in an economically and socially positive fashion. We must also begin today the necessary work to further expand the South Shore Rail Line southeast to Valparaiso and further

south in Lake County." "The South Shore Double Track project will advance transportation across Northern Indiana, improving efficiency, strengthening safety, and boosting economic development in the South Bend region," said Representative Jackie Walorski.

"Today's groundbreaking is a huge milestone in bringing this vital project another step closer to the finish line. I'm thrilled to join Senators Young and Braun, Governor Holcomb, and other local, state, and federal officials in celebrating this progress and working together to advance innovative solutions that will strengthen our communities."

"Thank you to Governor Holcomb, the Indiana General Assembly, NICTD, and my predecessor Congressman Pete advocacy and relentless pursuit to bring this project to fruition," said Representative Frank Mrvan. "This transformational achievement will reduce travel times, increase train frequency, improve public safety, and promote economic development in our industrial corridor. I look forward to seeing how this success will be enjoyed by all individuals and families who will use the improved passenger rail to recreate and work throughout the Chicagoland area and South Bend."

"Double tracking the South Shore Line unlocks the true potential of this railroad and opens up vastly improved commuter rail service from northwest Indiana to Chicago and back," said Michael Noland, president of the South Shore Line. "Reliability, more frequent service options, reduced time to market and safety enhancements are vital to the long-term success and will result in tremendous economic growth. We can't thank our partners at the FTA enough as they have been with us at every step of this process. And profound gratitude to Governor Holcomb and our local, state and federal delegation for their support and leadership to get us to

this great day." "After more than six years of effort, both the Double Track project and West Lake Corridor, a brand new eight-mile extension of the South Shore line running from Hammond to Dyer along the Indiana-Illinois state line, have been fully funded with a combination of local, state and federal dollars," said Sherri Ziller, president and CEO of the Northwest Indiana Regional Development Authority. "The expansion will give Hoosiers the chance to compete for higher paying jobs in Chicago and is expected to attract more than 11,000 new residents and create thousands of jobs throughout the region. This is the largest economic development project in the State's history and an unmatched opportunity for Northwest

## **Debate of Secretary** of State Candidates

Secretary of State candidate, Jeff Maurer, issued a welcome and a challenge to the other candidates who are running for the Indiana office.

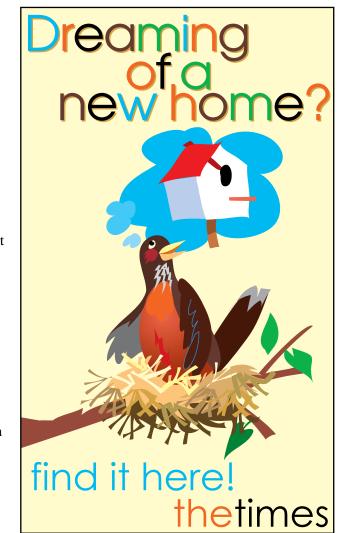
"I congratulate Republican Diego Morales and Democrat Destiny Scott Wells for joining me in the race," Maurer said. The Republican and Democratic parties held nominating conventions for state offices over the weekend. Their candidates for federal and local offices were selected in taxpayer funded primary elections earlier this year.

Maurer called for a public debate among all the candidates ahead of early voting.

"Hoosiers deserve to see how each candidate would preside over Indiana's elections, and they deserve that debate before any Hoosiers cast their votes," Maurer said.

State delegates nominated Maurer as Secretary of State candidate March 5 at the Libertarian Party of Indiana convention, which is self-funded by the party and its delegates.

Jeff Maurer is the Libertarian Party candidate for Indiana Secretary of State. As the third highest Constitutional office in Indiana, the Secretary of State oversees elections, business licensing, securities fraud investigation, and auto dealer regulation.



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### **O BUSINESS**

program has proven time and time again to us that these investments

help Hoosiers build things

better."
Launched in 2020, the Manufacturing Readiness Grants program was created to stimulate private sector investments to modernize Indiana's manufacturing industry. Since then, \$17.4 million in grant funding has been awarded to 212 companies in 60 counties, prompting proposed projects with combined budgets of \$138.9 million and \$22

million in estimated new

wages. "Technologies play a critical role in Hoosier manufacturing and are key as we continue to build a tech savvy economy of the future," said Indiana Secretary of Commerce Brad Chambers. "Through the Manufacturing Readiness Grants program, we'll ensure new equipment secures Indiana's competitive advantage globally, encouraging further capital investment and positioning us to become an even more dominant player in the advanced manufacturing age.'

In recently published case studies, Conexus Indiana provides an in-depth look into various completed projects, highlighting business impact and outcomes. These, along with data analysis from applications and surveys, find:

- Rather than displacing workers, investments in technology are freeing workers from tedious tasks to perform higher-value, higher-paying functions.
- Awards support modernization at primarily small and midsized firms (average of 165 employees) with long histories of participation in Indiana's manufacturing economy (average of 37 years in operation).
- The most adopted technologies include robotics, cobots, 3D printing and next-generation machines with sensor-enable features such as data analysis, machine learning and artificial intelligence.
- 68% of companies report Manufacturing Readiness Grants have enabled or expanded the scope of technology projects, and an additional 26% say the grant accelerated project timelines.

"The Manufacturing Readiness Grants program is clearly a powerful tool in our work to ensure that Indiana companies, at all levels of the globally competitive supply chain, adopt the new technologies important for the future of Indiana's manufacturing economy," said Mitch Landess, vice president of innovation and digital transformation at Conexus Indiana. "Conexus Indiana's vision is to affirm Indiana as the center of innovation and digital transformation, and it's clear we are squarely on the path of achieving that distinction."

Recipients include: Antique Candle Works Inc. (Tippecanoe County; \$200,000 grant award) is a candle manufacturer that produces soy wax candles and ships to customers across North America. The company is investing in a digital plant initiative that will leverage a combination of Internet of Things (IoT) sensors, centralized data gathering, cloud-based analytics, automation, and machine learning to self-optimize and dynamically adjust its manufacturing process for increased agility and efficiency.

Batesville Tool & Die Inc. (Ripley County; \$71,912 grant award) is a



From Page A1

global supplier of precision metal stamping components for the automotive and appliance industries, among others. The company is investing in smart robotics for an automated bin-picking and assembly process.

Dewig Bros. Packing Co. Inc. (Gibson County; \$50,000 grant award) is a manufacturer of proprietary branded meat products such as cured and smoked bacon, hams and pork loins and sausages such as bratwurst, German bologna and snack sticks. The company is investing in an automated link cutter for its diverse sausage line, which will help the company increase efficiency.

Diamond K Sweets & More LLC (Owen County; \$137,500 grant award) is a confectionary manufacturer of gourmet chocolate and candy products. The company is investing in automated equipment to produce confectionary products on a commercial scale

Dorel Juvenile Group Inc. (Bartholomew County; \$68,600 grant award) is a manufacturer of child safety products, primarily child restraint systems. The company is investing in various robotics, including cobots, to automate the packaging and handling of its finished goods.

Economy Signs (Lake County; \$21,750 grant award) is a full-service commercial sign shop that fabricates and installs signage for individuals, businesses and churches. The company is investing in equipment to automate the production of channel letters, which is currently performed by hand

performed by hand.
EHOB Inc. (Marion
County; \$110,000 grant
award) is a manufacturer
of pressure injury prevention products for hospitals.
The company is automating its wheelchair cushion
manufacturing process
with custom-built machin-

Green Sign Company Inc. (Decatur County; \$50,000 grant award) is a custom signage manufacturer specializing in permitting, design, engineering, digital signs, manufacturing, graphics and branding and installation. The company is investing in two ultraviolet, light-emitting diode (UV-LED) flatbed digital printers to automate the cutting process.

Griner Engineering Inc. (Monroe County; \$32,250 grant award) is a machine shop supplying precision machined components and services to various industries. The company is investing in robotics and sensors to automate the loading and unloading of materials and allow its ma-

chines to run unattended. Hoosier Tank and Manufacturing LLC (St. Joseph County; \$40,000 grant award) is a madeto-order manufacturer of steel air reservoirs for the heavy-duty truck and trailer industries. The company is investing in a Markforged 3D printer to produce carbon fiber reinforced components and a 3D laser scanning system to analyze, measure and quality check its finished goods.

Indiana Furniture Industries Inc. (Dubois County; \$109,121 grant award) is a furniture manufacturer of

products for various office environments such as private office settings, open office settings and conference rooms. The company is investing in autonomous mobile robots (AMRs) for material handling.

Inotiv Inc. (Posey County; \$41,877 grant award) is a contract research organization specializing in nonclinical and analytical drug discovery and development services. The company is investing in digital testing equipment to create a mobile workstation, which will include wireless capabilities, digital radiography, data collection and acquisition, and analytic capabilities.

ITAMCO Co. (Marshall County; \$191,240 grant award) is a gearing and precision machining manufacturer for heavy-duty industries including mining, off-highway vehicles, marine, wastewater, construction and aviation. The company is investing in automation and robotics to augment both the pre- and post-heat treatment steps in its manufacturing process.

Laidig Systems Inc. (St. Joseph County; \$130,000 grant award) is a manufacturer of bulk material storage and reclaim systems for industries such as food processing, meals, pulp and paper, wood pelleting, biomass, biofuels and ethanol. The company is investing in a new 40,000-square-foot manufacturing facility, including automated cranes and a state-of-the-art, computer-controlled lathe.

Lanthier Winery
LLC (Jefferson County;
\$50,000 grant award) is a wine and spirits manufacturer and distributor of vodka and gin distilled from wine. The company is investing in technology to transition from batch to continuous distillation as part of a larger winery expansion.

expansion. LOD LLC (Benton County; \$140,000 grant award) is a metal fabricator producing proprietary after-market parts for automotive and off-road vehicles, specializing in heavy-duty and metal bumper assemblies, and also serves as a contract manufacturer. The company is investing in a robotic welding system, fiber laser cutting and 3D scanning to enable modern design for

various vehicle models. Mack Tool & Engineering (St. Joseph County; \$85,000 grant award) is a precision machine shop that supplies machined parts and assemblies to the aerospace, medical and other industries. The company is investing in new software to enhance the capabilities of its 16 CNC machines as well as a cobot tending system to augment its manufacturing process.

Major Tool & Machine Inc. (Marion County; \$175,000 grant award) is a contract manufacturer specializing in large CNC milling and turning machining, manual and robotic welding, engineering, program management, inspection and assembly services for aerospace and defense, power generation, energy, semiconductor and oil and gas industries. MTM is investing in RFID technology for CNC cutting tools and Machine Learning software to improve efficiencies, reduce costs and provide an avenue to close the existing skills gap for employment opportunities.

Marion Manufacturing (Vigo County; \$115,000 grant award) is a manufacturer of precision machined components supporting U.S. defense and infrastructure systems.



**Governor Eric Holcomb** 

Marion is a low-volume, high-mix manufacturer investing in its first collaborative robots (cobots) to automate two machine cells.

Marson International LLC (Elkhart County; \$162,500 grant award) is a tube fabricator, specializing in large and small diameter tubes for diverse customers in gas and diesel chassis, RV, power generation, mass transit, construction machines and more. The company is investing in robotics and automation for its buffing, bending and cutting processes.

Michiana Global Mold LLC (St. Joseph County; \$145,000 grant award) is a precision mold builder for plastics and rubber injection molding. The company is investing in automated equipment to increase efficiencies and allow for more unmanned production.

Miller's Wood Specialties Inc. (Wayne County; \$155,000 grant award) manufactures and recycles wood packaging products, including pallets, crates and custom boxes. The company is investing in an automated system with machine vision, which can identify recycled lumber, cut the lumber to the optimum length and sort the material into bins of similar sizes.

Ottenweller Company Inc. (Allen County; \$110,000 grant award) is a is a family-owned producer of quality metal fabricated products serving the construction, forestry, defense, medical and material handling industries. The company is investing in a robotic welding system to secure new business.

Paragon Medical Inc. (Kosciusko County; \$105,000 grant award) is a contract medical device manufacturer that produces a full range of components for the global orthopedic and life sciences market, including bone screws, plates, orthopedic implants, endoscopic devices, sterilization trays and more. The company is investing in additive manufacturing, with a focus on metal 3D printing, enabling rapid iteration on patient-specific devices for

the medical device market.
Peak Toolworks (Dubois County; \$60,763 grant award) is a cutting tool manufacturer for tools and blades that cut through steel, chrome, copper and plastic, including its own patented tool designs.
The company is investing in automated equipment for its tool manufacturing processes and robotics for auto-loading thousands of tools.

auto-loading thousands of tools.

Pivot Manufacturing
Inc. (Delaware County;
\$58,750 grant award) is a startup manufacturing company that provides design and technical consulting in the medical and automotive sectors.
The company is investing in new equipment to offer rapid manufacturing in the form of small-volume prototype orders for its customers.

POLARIS Laboratories LLC (Marion County; \$36,700 grant award) is a laboratory services company that provides the manufacturing industry with testing and analysis of oils, coolants, grease and fuels to improve equipment reliability. The company is investing in autonomous robotics to prepare samples for its ICP (Inductively Coupled Plasma) spectroscopy analysis system, which uses proprietary AI (artificial intelligence) and ML (machine learning) software.

Precise Tooling Solutions (Bartholomew County; \$167,500 grant award) is a specialty tool manufacturer that builds plastic injection molds, services molds and produces ergonomic machine bases and workstations for manufacturing. The company is investing in an automated work cell that pairs cobots with a new CNC graphite mill/pallet changer and an EDM sinker machine for lights-out manufacturing.

Prime Cut 41 (Fountain County; \$10,000 grant award) is a family-owned, farm-to-table business that raises livestock on local farms. The company is building a new processing facility for custom orders with retail space and investing in an automated cutting system to bring meat processing capabilities in-house.

Rathburn Tool & Manufacturing (DeKalb County; \$170,000 grant award) uses extensive experience, technology and creativity to provide precision machining of steel, aluminum, brass, stainless steel and castiron components for heavy truck, rail, recreation, firearms, construction and various industrial sectors. The company is investing in smart robotics and automation, including cobots, machine vision systems, automatic feeder systems, laser scanners and smart torque guns to increase output and production cycle time while still delivering exceptional quality for new and existing custom-

Riverside Mfg LLC (Allen County; \$200,000 grant award) is a manufacturer specializing in harsh environment electronics. This includes custom product development, printed circuit board assembly, electronics assembly, industrial labels, metal fabrication, plastic injection molding, over molding, cable and wire harness assembly and instrumentation. The company is investing in an automated, high-capacity production line for next-generation

Rochester Iron & Metal Inc. (Fulton County; \$37,500 grant award) is a recycler and reseller of scrap metal. The company is investing in an automated conveyor belt, magnets and pre-shredder, which will create production efficiencies such as increased throughput and energy savings while also eliminating heavy, unshreddable metals from the company's existing auto shredder.

electronics assembly.

Skinny Guy Campers LLC (Elkhart County; \$37,875 grant award) is a manufacturing startup that makes self-contained, truckbed campers with heat, light, water and power that fit most North American pick-up trucks. The company is investing in digitized truck beds measurements with advanced precision to enable custom fitting of camper designs to more truck models.

Stalcop Metal Forming
LLC (Boone County;
\$68,039 grant award) produces customer-designed
specialty cold formed parts

and submit aphttps://www.ana.com/adv.try/manufactoness-grants/.

and precision machined components and sub-assemblies. The company is investing in advanced fabrication equipment to perform its manufacturing processes in-house and secure new business.

Steel Warehouse Company LLC (St. Joseph County; \$50,000 grant award) is a family-owned premier steel processor and service center with distribution, shipping and processing capabilities for slit coil, sheet, plate and cold-rolled steel products. The company is investing in a heavy payload robotic system to automate production of its dock ramp leveling line products.

Stoutco Inc. (Elkhart County; \$75,000 grant award) is a steel fabricator that crafts hot and cold rolled steel as well as stainless, aluminized and aluminum and provides an array of blanking capability including lasers, turret punches and shears. The company is investing in an automated fiber laser cutter to augment its current capabilities and secure new business.

Talon LLC (Elkhart County; \$100,000 grant award) is a manufacturer of fabricated metal products and is investing in fiber laser cutters to enhance workflow flexibility, eliminate the need for oxygen and cutting gases, and reduce energy consumption.

Uniseal Inc. (Vanderburgh County; \$20,000 grant award) is a manufacturer of sealants and adhesives for the automotive sector. The company is investing in automated equipment to augment its material blending process.

Vista Plastics LLC (Elkhart County; \$60,000 grant award) is a plastics extrusion manufacturer and is investing in smart equipment to automate various steps in its extrusion production line for cutting more precise lengths.

Walerko Tool and Engineering (Elkhart County; \$55,000 grant award) is a manufacturer of precision piece parts, tools, fixtures and special machines for the heavy off-road, military, marine, aerospace and machine tool industries. The company is investing in new technology and enhanced machinery to further automate its machining processes and to increase output for current and new customers.

Wilco Distributing (St. Joseph County; \$50,000 grant award) is a manufacturer of construction products specializing in interior and exterior commercial and residential doors and hardware for the hospitality, multifamily and design and build industries. The company is investing in automated equipment for its manufacturing line for pre-hung door production.

Workhorse Motor Works Inc. (Randolph County; \$130,000 grant award) is an original equipment manufacturer of all-electric, last-mile delivery vehicles. Workhorse will apply the award to invest in robotic automation, machine vision and advanced sensor systems to improve its Union City manufacturing and quality control processes as part of the company's vision to "pioneer the transition to zero emission commercial vehicles.

To apply for a Manufacturing Readiness Grant, Indiana companies are encouraged to review eligibility requirements and submit applications at https://www.conexusindiana.com/advancing-industry/manufacturing-readiness\_grants/

# www.TheTimes24-7.com

#### **O MARLOWE** From Page A1

only about 40 minutes from Ms. Braun's residence in Tryon, N.C., I would have to say that Jim's love of cats is furdeep at best. Cats are aloof and stand-offish, withdrawn and reserved, and Jim likes to maintain a reciprocal amount of affection. Jim might throw a box on the back porch for a cat to sleep in, but he's not about to let the critter curl up in bed with him to read one of Ms. Braun's novels.

Earlier this year, Cousin Jim was reclining on the sun porch after a long day writing software code -- unwinding in the gentle North Carolina night breeze -- when an uninvited visitor showed up. If not for the river of white fur flanking the right side of her face, or the four white boots on her feet, the cat was as dark as the lightless sky.

After a cordial greeting, the two spent the first encounter just staring at each other through the blackness. Then about midnight, the cat slinked again into the darkness.

The next night, the cat showed up again, and again the two shared the general space of his back porch, until the cat sauntered off - again around midnight - into the tall undergrowth of the ravine behind Jim's house.

This routine continued over the course of several weeks, each one gaining confidence in the other, until a rather wobbly bond was formed. Jim ultimately began furnishing cat

treats, and an occasional bowl of premium cat food. The cat provided the entertainment and affection, eventually willing to curl up on the wicker recliner at Jim's feet.

It was obvious that Cousin Jim was becoming attached to the cat, and probably the same could be said of Gabby. Jim named the cat Gabby, because "the dumb thing won't shut up while I'm trying to work.'

Gabby presented a problem for Jim. The only reason Jim was in North Carolina was to take care of my Aunt Sharon in her enfeebled last few years. Jim's Mother had retired to North Carolina to escape the cold, harsh Chicago winters, and Jim really had no other connection to the place. He had no intentions of remaining there after her passing. In fact, a pending purchase of Jim's new software meant he may have to move to Austin, maybe as soon as summer's end.

'What if she actually belongs to someone?" asked Jim just a week ago. "I can't just take her with me. That's cat-napping!"

"You might just leave her there to wander wild," I suggested.

"No! What if she falls off one of these cliffs around here?" he said, although I thought the likelihood was as remote as the terrain.

'You'll know what to do," I reassured him. "Things nearly always work themselves out." I heard from Jim,

Wednesday. His voice was weak, and carried an undertone of melancholy in each word.

What's wrong?" I

"It's Gabby," he said. "Oh, no! Did something

happen to her? Well, kind of."

Jim told me the story. Gabby was missing. She didn't show up in the evening. Instead, she wandered in at midnight -- the time she usually departs. She was disheveled and distressed. She wouldn't let Jim touch her. She wouldn't eat. He called his friend, Troy, who has cats. Troy was little help.

Gabby staggered about, wanting to lie down, yet unable to decide where or how. She was belligerent, and caterwauled her anguish nonstop.

Oh no!" I said. "Yep," replied Jim. "The first kitten was born right at midnight. Jet

next two hours." 'What are you going to do, now?" I asked.

black. One each for the

"I really don't know," said Jim with zero enthusiasm. "I really don't

Jim's got a real Lilian Jackson Braun cozy mystery on his hands, I thought. I can't say he's finding it very comfortable, though. Nevertheless, he was right about one thing:

It has a whale of a cliffhanger.

- John O. Marlowe is an award-winning columnist for Sagamore News Media.

#### **O** HEART From Page A1

Indiana and this funding will assist the clinic to continue to reduce healthcare barriers.

Heart and Soul Clinic is one of more than 150 entities to receive funding for the Health Issues and Challenges program, which focuses on the following priority areas: tobacco use, food insecurity/obesity, lead exposure, hepatitis C, chronic disease, public health prevention programs, and substance use disorder and community health work-

ers. Priority was given to applicants that demonstrated high need and high impact in their grant proposals.

The state awarded more than \$35 million statewide in the initial round of funding.

#### **OCCUPING** From Page A1

ed needs and work with local resources to meet needs.

Throughout the heat wave, the city encourages residents to stay indoors, drink plenty of water, limit your exposure to direct sunlight, reduce strenuous activities and wear lightweight, light colored and loose-fitting clothing.

"As simple as it sounds, staying hydrated and being inside with air-conditioning are the top protective factors against heat-related illness and death – particularly during a heat wave. If your home

is not air-conditioned, we invite you to reduce your risk for heat-related illness by spending time in air-conditioned public facilities like the Forest Park Inn," Jensen said. "During next week's heat wave, I also ask that you be a good neighbor and frequently check on at risk people living near you, such as the elderly and disabled or homebound people - and keep an eye on outside pets.

For more information on heat-related warning

signs and illness symptoms and hot weather tips, please visit www.cdc. gov/disasters/extremeheat.

Noblesville is the 10th largest city in Indiana, home to more than 69,600 residents, and the county seat in Hamilton County, Indiana. Just north of Indianapolis, the growing city is known for its nationally recognized public schools, extensive public park system, Hamilton Town Center, and the outdoor music venue Ruoff Music Center.

#### **O COUNTY**

also speak about designs for a new domestic violence shelter, construction of a new employee parking garage, and plans for two new county parks, as well

as the county's finances. The State of the County From Page A1

is hosted by the Noblesville Chamber of Commerce. The event is scheduled to start at 11 a.m. and end at 1 p.m. Doors open at 11 a.m. Member pricing begins at \$34 for a single ticket and \$300 for

a corporate table of eight. Premium sponsorships and non-member rates are also available. Registration is required; those interested in attending can register at www.noblesvillechamber. com.



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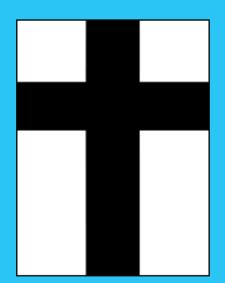
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Tuesday, June 21, 2022 **A10** 

# Fresh, Healthy Recipes to help boost iron levels Family Meals

# boost iron levels, aid plasma donation recovery



Marinated Skirt Steak

hef Nate Appleman knows how important it is to serve healthy meals to your family - ones they actually want to eat. Before having his first child, he transformed his eating and exercise habits and lost 85 pounds to get on a healthier path.

Now, he's cooking meals for his family, including 14-year-old Oliver who was diagnosed with Kawasaki Disease as a toddler – an inflammation of the blood vessels that can cause damage to coronary arteries – as a healthy lifestyle is important to help manage the disease. Since Oliver's diagnosis, Appleman made it his personal mission to create awareness of Kawasaki Disease and for the critical need for plasma donations that many people with the disease rely on for treatment, which is why he partnered with Abbott to bring attention to the need for plasma donations.

Plasma is a powerful part of your blood that supports essential bodily functions. It's a lifeline for thousands of people who are immune-compromised and live with a variety of chronic and complex diseases. In fact, more than 125,000 Americans rely on medication made from plasma every day, according to the Plasma Protein Therapeutics Association (PPTA).

The COVID-19 pandemic led to a serious shortage of plasma donors – average donations per center in the United States were down approximately 11% during the first few months of 2021 compared to the previous year, further deepening the nearly 20% decline in donations in 2020 compared to 2019, according to the PPTA.

Donating plasma is a safe and relatively easy process. Since plasma is replaced in the body within about 24 hours, it can be donated up to twice per week. With a donation that typically takes between 1-3 hours, you can make a lasting impact by providing lifesaving medicine for patients like Oliver.

It's a good idea to fuel up with iron-rich foods before and after donating, so Appleman created these fresh, nutritious recipes he loves to serve his family: Marinated Skirt Steak, Lemon Chicken with Roasted Red Onions and Potatoes,

and Cheesy Frittata with Veggies. Learn where you can donate at betheldonor.abbott.

#### **Marinated Skirt Steak**

Recipe courtesy of chef Nate Appleman on behalf of Abbott

#### Vinaigrette:

- 1/4 cup oil
- 1/4 cup fish sauce 1/4 cup rice wine vinegar
- 2 tablespoons raw sugar
- cup chopped fresh cilantro 1 lime, juice only
- 1 clove garlic, minced
- small Thai bird chile or serrano chile, chopped 1/4 head finely shaved green cabbage
- 1/4 head finely shaved purple cabbage 2 carrots, thinly julienned

- 1 1/2 pounds trimmed skirt steak
- 1/2 cup coconut milk

- 3 cloves garlic, minced
- 2 tablespoons lime juice
- 1/4 cup chopped fresh cilantro 2 tablespoons sriracha salt, to taste
- cups cooked brown rice 1/2 cup crushed peanuts

1 lime, quartered, for garnish To make vinaigrette: In large bowl, mix oil, fish sauce, rice wine vinegar, water, sugar, cilantro, lime juice, garlic and chile. Toss cabbage and carrots in vinaigrette; refrigerate until ready to serve.

To make skirt steak: Marinate steak in coconut milk, garlic, lime juice, cilantro, sriracha and salt, to taste, at least 1 hour, or up to 24 hours.

Heat grill to high.
Grill 3-4 minutes each side until medium rare.

Let rest 3 minutes.

Thinly slice steaks against grain and serve with vinaigrette, rice and crushed peanuts; garnish with lime wedges.

#### Lemon Chicken with Roasted **Red Onions and Potatoes**

Recipe courtesy of chef Nate Appleman on behalf of Abbott

#### Lemon chicken:

- 1 whole chicken, cut into eight pieces
- 1 ounce minced garlic 1/4 teaspoon granulated garlic
- 1/4 teaspoon paprika
- 1/4 teaspoon smoked paprika 1/4 teaspoon ground fennel seed
- 1/4 teaspoon dried oregano 1/4 teaspoon ground coriander 1 tablespoon kosher salt

#### **Potatoes:**

2 1/2 pounds Yukon gold potatoes salted water

#### Cauliflower:

- 1 head cauliflower salted water
- 2 tablespoons mayonnaise
- 1 teaspoon tamari or soy sauce 1 tablespoon chopped parsley

#### Roasted onions: 1 red onion

salt

#### For serving:

3 ounces pitted Castelvetrano or green olives, cut into quarters

5 ounces wild arugula

1 lemon, quartered

To make lemon chicken: Marinate chicken in mixture of minced garlic, granulated garlic, paprika, smoked paprika, fennel pollen, dried oregano, coriander and salt; let sit overnight.

To make potatoes: Boil potatoes in heavily salted water until tender. Cool, peel and cut into 1 1/2-inch chunks. Toss with oil to coat; reserve.



Lemon Chicken with Roasted Red Onions and Potatoes

To make cauliflower: Cut cauliflower into florets and blanch in salted water 1 minute; shock in ice bath. Remove from ice and dry. Toss with mayonnaise, tamari and parsley; reserve.

To make roasted onions: Preheat oven to 450 F. Peel onion and slice into 1-inch rings. Toss with salt and oil; roast until slightly caramelized with texture. Chill and reserve. Preheat oven to 450 F.

Bake chicken on sheet pan approximately 15 minutes. Add potatoes and cauliflower. Bake approximately 15 minutes then switch oven to broil approximately 10 minutes.

Squeeze lemon over reserved onion. When chicken is crispy and reaches internal temperature of 165 F, remove from oven and add onions and olives. Plate chicken, potatoes, onions, olives and cauliflower on top of arugula and garnish with lemon.

### **Cheesy Frittata with Veggies**

Recipe courtesy of chef Nate Appleman on behalf of Abbott

Roasted garlic:

2 heads garlic olive oil

#### Frittata:

2 medium leeks, sliced

8 ounces blanched, chopped broccoli salt, to taste

2 tablespoons chopped fresh parsley ounces grated Parmigiano

Reggiano

2 tablespoons heavy cream

To make roasted garlic: Preheat oven to 400 F.

Slice 1/4 inch off entire heads of garlic and place cut sides down in 1-liter casserole dish. Drizzle with olive oil and sprinkle with salt; cover with lid.

Bake 35-45 minutes until heads of garlic are soft and light brown. Let cool then use back of knife to squeeze garlic from pods.

To make frittata: Lower oven to 375 F. In saute pan, heat oil over medium-high heat. Cook leeks until soft; add broccoli then season with salt, to taste, and remove from heat

In mixing bowl, mix roasted garlic, sauteed leeks and broccoli, eggs, parsley, Parmigiano Reggiano and cream; place in 9-inch pie dish and bake approximately 20 minutes until top of frittata is brown. Remove from oven and let cool slightly before cutting and serving.



Cheesy Frittata with Veggies

Tuesday, June 21, 2022

## Sustainable Family Meals from Farm to Table

FAMILY FEATURES

uch time is often spent planning and preparing family meals, from choosing recipes to gathering ingredients and working in the kitchen. However, where that food actually comes from and how it's made is an often-overlooked part of food preparation.

Next time you lay out a weekly menu that includes recipes like this Bone-In Prime Rib, keep sustainability in mind by considering the practices put in place by America's farmers. For example,

by America's farmers. For example,
the corn industry's evolution in sustainability along with its documented environmental, economic and social improvements over the last several decades points to farmers' willingness to embrace change.

As the largest sector in American agriculture, corn farmers impact hundreds of thousands of jobs, infuse billions of dollars into the economy and care for critical resources while overseeing substantial improvements in production.

The family farm belonging to Nathan and Nicki Weathers in Yuma, Colorado, includes 3,000 acres of irrigated crops and 300 cows. They harvest grain corn, which goes to a feedyard, dairy or an ethanol plant, and silage, which is sold to local feedyards.

According to Nathan, corn is the best feed available for his farm and makes his beef production more sustainable.

"They go hand in hand," Nathan said. "To be able to drive the protein market and meet the demands of the future, we have to be sustainable in both. We need to have protein and be able to grow it and have a feed source for pork and poultry. Corn is an efficient and economic feed source for all our protein."

Consider these ways the corn industry is continuing its efforts toward sustainable practices, according to the National Corn Growers Association's Sustainability Report.

#### **Soil Conservation**

Healthy soils are the foundation of agriculture production and why corn farmers are committed to leaving land in better shape than they found it. Adoptions in conservation tillage and other soil conservation strategies have contributed to a reduction in erosion.

#### Water Stewardship

Farmers recognize the invaluable role water plays in raising crops each year. They also know they must actively protect this resource for the benefit of their crops, their communities and the planet.

#### **Ecosystem Resilience**

With approximately 90 million acres planted annually, corn is grown in a variety of ecosystems. Supporting the health of those ecosystems requires active attention from farmers, who respond by using integrated pest management techniques, establishing wildlife habitats on their lands and more.

#### **Energy Efficiency**

Technology that enhances farmers' productivity also help reduce the amount of energy and emissions required for corn production. Farmers provide a carbon reduction strategy through the production of ethanol and the support of the Renewable Fuel Standard, a program created by Congress intended to reduce greenhouse gas emissions and expand the nation's renewable fuels sector while reducing reliance on imported oil.

#### Minimal Waste

Due to corn's versatility, from animal feed to ethanol production and bioplastics, the components of each kernel find homes in a variety of uses, leaving little to go to waste.

Find more information at ColoradoCorn.com.



Photo courtesy of Getty Images

#### **Bone-In Prime Rib**

Recipe courtesy of chef Jason K. Morse, C.E.C., 5280 Culinary, LLC, and Ace Hardware Grill Expert on behalf of the Colorado Corn Administrative Committee

1 bone-in prime rib roast (8 pounds) oil

5280 Culinary Rub-a-Dub seasoning, to taste 5280 Culinary Island Boys Coffee seasoning,

Remove roast from packaging and place on large sheet pan. Drain juices and warm at room temperature 20 minutes.

Starting at tail on bone side of roast, cut bone along ribs, between meat and ribs, to back side, separating bones from meat.

Rub prime rib with light coat of oil. Season on all sides and under bone with blend of seasonings. Return bones to bottom side and, using butcher twine, secure in 2-3 areas by tying bones to meat. Wrap in plastic wrap or place in pan and refrigerate 12-16 hours.

Preheat smoker or grill to 200 F and load with preferred smoking wood chunks, if desired.

Place prime rib on grill rib side down, fat side up, allowing drippings to collect in drip tray. Increase heat to 350 F. Close lid and cook, uncovered, until desired doneness is reached.

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Tuesday, June 21, 2022

### **Answers Surrounding The Formula Shortage: What You Can Do**

By: Dr. Cameual Wright, CareSource Vice President and Market Chief Medical Officer

The U.S. is facing an unforeseen and unprecedented shortage in infant formula. The Milk Bank, a nonprofit tissue bank in Indianapolis, estimates that 30% of popular formula brands, well above 50% in some major cities, are sold out in stores. This leads many to wonder why this is happening, where parents can turn to find the proper nutrition for their babies, and how the general public can assist during this public health emergency.

Why is the U.S. facing a shortage of formula and who is most impacted?

There are three main drivers for the current shortage. The largest factor is that the biggest formula provider, Abbott, had a recent product recall due to contamination concerns. As formula is produced at very few factories in the U.S., this recall has led to 40% less formula on store shelves. In addition, the COVID-19 pandemic has caused significant and lingering supply chain challenges. Anything coming from a manufacturer takes longer to be delivered and placed on the shelves for purchase. Finally, formula is strictly



Dr. Cameual Wright

regulated, and the Federal Drug Administration (FDA) has previously not approved formula from other countries for sale in the U.S. These factors have combined to create a critical shortage of safe formula options for U.S. parents to purchase during this time.

Families who rely on formula to feed their infants, including Medicaid members, families with limited funds and those who live in under-resourced and/or rural areas are the most impacted by this crisis. The formula that is available exists mainly in affluent areas, leading to serious access and availability issues.

What can parents do to find the necessary nutrients for their baby?

Breast milk is and always has been the most optimal source of nutrition for infants. If breastfeeding is an option, that is the top recommended practice for giving your baby the

nutrients they need. If breastfeeding is not an option, organizations like The Milk Bank provide pasteurized pre-screened milk for recipients. Mothers can receive up to 40 ounces of donor milk without a prescription, and if more is needed, work with your health care provider to obtain a prescription. Some health plans, including the nonprofit health plan CareSource, will cover the cost for donor milk. If you are using formula, it's important to know that you can switch brands if your usual brand is not available during this time.

Why is formula so important for babies?

Formula is carefully regulated and designed to meet the unique needs of infants as they grow and develop. Homemade formula is not monitored and unlikely to meet the nutritional needs of the infant, leading to potentially serious nutritional deficiencies. Since infant formula is closely structured, it is important to purchase it from reputable sources, not from unknown suppliers or individuals. When searching for formula, remember that smaller stores and markets may have supplies when the larger stores are sold out. Before use, confirm your formula is from a

reliable source and it has not reached the expiration date. Your health care provider is a great source for guidance on proper formulas to meet your baby's unique needs. Some providers may even have formula samples that they can provide.

There are several actions to avoid during this unprecedented time. Avoid milk substitutes, including almond, soy, raw or goat milk, as these substitutes do not provide proper nutrition. Most importantly, do not dilute the formula with water or other liquids to make it last longer. If water is added, it could disrupt the formula's nutritional balance. In addition, dilution can affect the sodium levels in the baby, leading to serious health consequences. Sharing breast milk is also not recommended, as that milk has not been pasteurized or tested. Instead, excess breast milk should be donated to milk banks to ensure it goes through the proper safety protocols.

It's important to recognize that you should not switch a baby too soon to whole milk. In fact, pediatricians typically have babies stay away from whole milk for their entire first year of life. If a baby has whole milk in their first year, it is recommended

to be only for a short time and to also supplement the milk with iron, as this is not found in whole milk, but is needed for growing babies.

Where can parents turn for resources and assistance during the formula shortage?

There are several resources that can help if you cannot find your baby's formula. First, call your baby's doctor to see if a more available formula would work. Talk to your WIC nutritionist about other formulas or can sizes that might be available options. Call the MCH MOMS Helpline at 1-844-MCH-MOMS (1-844-624-6667) for assistance finding information. You can also contact The Milk Bank at (317-536-1670) to find out how to receive donor milk. Families can also use health plans, like CareSource, to assist them in navigating this challenging time. CareSource has a dedicated care management team to provide resources and support to families to assist with their unique needs.

At CareSource, this issue is of the utmost importance to us, as many of our Medicaid members are formula users and are directly impacted by the shortage. We pay for lactation consultants to assist

you with questions about breastfeeding, and we provide all mothers with a breast pump and supplies. In response to this crisis, we provide critical information and resources to assist families, partner with local providers like The Milk Bank, and answer pertinent questions regarding the formula shortage.

By partnering with The Milk Bank, CareSource is sponsoring 1,000 ounces of human milk through their Give an Ounce campaign. The gift is part of our larger effort to increase access to adequate infant nutrition during this time. Finally, CareSource also offers a transportation and food transportation benefit, providing unlimited transportation for all medical needs, including trips to milk bank hubs.

If you are interested in helping provide nutrition for babies, consider donating money to your local milk bank to offset the costs of breast milk for many families that need it. Spreading the word about this issue and informing others of places to turn for infant nutrition as well as building awareness of the unhealthy actions to avoid are the best ways that we can keep babies as healthy and safe as possible during this challenging

### How Consistent, Healthy Meal Access Impacts Hoosier Families In Crisis

By Vlad V. Bora, Executive Chef, Ronald McDonald House Charities of Central Indiana and Linda Broadfoot, CEO, Second Helpings

Partnerships are everything to nonprofits. For Ronald McDonald House Charities of Central Indiana (RMHCCIN), which provides a supportive home away from home for families of children receiving medical care at Riley Hospital for Children at Indiana University Health and other area hospitals, and Second Helpings, a community kitchen that prepares and delivers more than one million meals to the Central Indiana community each year, the last thing they want individuals to think about is where they're getting their next meal.

When families are in crisis, such as a child suddenly in the hospital, they could be facing food insecurity, especially when many families come to stay at the Ronald McDonald House from areas all over the state as specialized medical care is often

regionalized. Executive Chef of Ronald McDonald House Charities of Central Indiana, Vlad V. Bora, and CEO of Second Helpings, Linda Broadfoot, share the impact of food insecurity on Hoosiers and how their partnership allows families to be worry-free about accessing consistent, healthy meals in the most difficult time of their lives.

When someone is food insecure, it means they cannot get enough food to be healthy.

The U.S. Department of Agriculture defines food insecurity as a lack of consistent access to enough food for an active, healthy life. Healthy food exists, but it's about consistent access. It's not about having a full, healthy meal once in a while, rather, it's being able to have access every day. Food impacts every part of our health, especially for kids, so getting all the nutritional elements is important in order for them to grow properly and focus in the classroom. If an adult doesn't have consistent access, they can't

concentrate, learn, work and their body can't grow properly either. Whatever they can access, is there nutritional variety at an affordable price? If not, that family or individual may be facing food insecurity.

Food insecurity and sudden crises impact Hoosiers more than we may realize.

According to the Indy Hunger Network, 888,600 people go hungry in Indiana and 270,000 people need food assistance in Marion County, which is about 25% of the population in Indianapolis. At the beginning of the COVID-19 pandemic, the need for meals went up drastically – within a month in March 2020. Second Helpings saw many individuals needing food assistance for the first time. It serves as a reminder that anyone is one emergency or crisis away from being in a very different financial situation where consistent, healthy food is not obtainable.

This can also happen to a family if they suddenly need to travel to seek specialized medical care for their sick or injured child When families arrive for the first time at the Ronald McDonald House, they are in complete distress. Many arrive with just the clothes on their backs. RMHCCIN's mission is to keep families close and near the care they need, and that includes access to healthy, home-cooked meals. Families can't focus on taking care of their children if their own

well-being is suffering.
This partnership is
essential to the food
operations at the Ronald
McDonald House and in
the Ronald McDonald
Family Rooms

Family Rooms.
Each day, Second
Helpings provides meals
for families staying at the
Ronald McDonald House
on Limestone Street and
in the Ronald McDonald
Family Rooms located in
Riley Hospital for Children at Indiana University
Health. Since the Family
Rooms became a partner
agency in 2019, they've
provided over 17,000
meals and over 1,000

pounds of food. The House became a partner agency in December 2020, and Second Helpings has provided over 3,500 meals and over 8,000 pounds of food for families since then. The pounds of food can be ingredients, snacks or any excess food that Chef V. and volunteer groups cook into meals or stock in the House's pantry through RMHC-CIN's Meals that Heal program. In addition to food, Second Helpings provides vital professional kitchen equipment for the House to use during meal preparation.

Many families could face food insecurity without the guarantee of healthy, home-cooked meals.

meals.

For those facing food insecurity, difficult choices are made every day. For some, it can be deciding to purchase more groceries for the week or paying the electric bill. For others, it can be paying for their medication or buying food for their kids. For a family facing a

medical emergency or new diagnosis, it can completely throw their budget out the window. The benefits of guaranteed healthy, home-cooked meals go beyond the body's physical need for the food. It brings families together in a space different from their room at the House or their child's bedside in the hospital. Families get the opportunity to talk with other families going through similar situations which can help overcome some of the pain.

Additionally, although they're at the Ronald Mc-Donald House dinner table and not at their home, it allows them to maintain some piece of their routine that's not lost in between procedures, doctor appointments, tests, etc. At the end of a stressful day at the hospital, having this meal access doesn't solve the crisis they're going through, but it can make a real difference in their spirit and outlook so they can focus on what matters most – caring for their

### New Film Exposes Family, Community Impact Of U.S. Addiction Crisis

While a number of states have settled with the drug industry in the opioid crisis, the impact of drug addiction still rages on. And a new documentary film – The Addict's Wake — focuses in on the people of one small town who, like those in so many communities across the nation, have felt the ripple effect of the addiction crisis in every corner of their

county.

The feature-length film, which seeks to link communities to take action and find a pathway to hope and recovery, will premiere a virtual screening for the public from June 16 – 26.

"This film is a clarion call for community stakeholders to unite resources and ideologies to fight back against substance-use disorder at a grass-roots level," said film producer, Lisa Hall, president of Glory Girl Productions. "It takes you alongside a community searching for hope and solutions on the long journey from addiction to recovery."

With meth, heroin, opioid addiction and now with deadly fentanyl flooding in the United States, fatal overdoses of these drugs are up 30 percent across the nation today.

"While this film is

set in the small community of Brown County, Indiana, it's the story of almost every county – small, rural, large, urban and inner city – in the United States," said Hall. "And this crisis hits every aspect of our society."

The film shares interviews and perspectives not only from individuals and families impacted, but teachers, law-enforcement, courts, neuro-

science professionals and faith-based programs.

The Addicts Wake has earned acclaim with the Audience Choice Award at the Heartland International Film Festival, in addition to winning the Sedona International Film Festival's Independent Spirit Award. The film has also spurred grant investment to create a shorter film that can be used in classrooms to help educate students and

teachers about the impact of Substance Abuse Disorder, or SUD.

The virtual screening admission is \$15 per download, and advance tickets can be purchased now at https://watch. showandtell.film/watch/addictswake. Funds help to cover the cost of film distribution and will go toward the film's second edit that Hall hopes to have completed by early 2023.

www.TheTimes24-7.com