

➔ TODAY'S VERSE

Mark 8:38 Whosoever therefore shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his Father with the holy angels.



➔ FACES OF  
HAMILTON COUNTY

People who call our community their own.

What makes Juna Trefun smile? "Cute dogs," said the then 7-year-old Noblesville resident, who had just finished first grade at North Elementary School. She is an only child, has a dog named Dottie and is the daughter of Doug and Hayley Trefun, who are originally from Flatrock and Pendleton, respectively. She was found trying her skills at Moonshot Games' archery booth at the 2021 Main Street Block Party in downtown Noblesville. She was with her parents and friend, Lyla Coston, then 6, Noblesville, and Lyla's mom, Beth Coston. What did Juna enjoy most about the Block Party event? Eating a snow cone and dancing to the music. Favorite school subject? "Art." How does she plan to spend her summer? Swimming and visiting her grandparents. This year's Noblesville Street Dance, sponsored by Noblesville Main Street, returns tonight, from 6 p.m. to 11 p.m. on the Courthouse Square in downtown Noblesville. Today's entertainment: Kelli Yates, 6:15 p.m.; Indy Gorgeous Club, 7:45 p.m.; and Groove Smash, 9:15 p.m. Beer Garden, presented by Peterson Architecture and supported by Noble Coffee & Tea and Primeval Brewing with cornhole and giant Jenga; Touch-A-Truck, sponsored by Reynolds Farm Equipment, will let kids get up close with some cool equipment used in agriculture; Kids Activity Area, sponsored by The Lacy Building, with bounce houses, face painting and balloon twisting; Ice Cream Eating Contest, sponsored by Alexander's on the Square; Dance Contest and 50 vendors with food, art, clothing and more.

And Another Thing...

Indiana Gov. Eric Holcomb, along with many Hoosiers, is keeping an eye on the Indiana Legislature and the special session. After Thursday's action, Holcomb had praise for Indiana House members.

"I am extremely pleased to see the House advance Senate Bill 2 that includes returning a billion dollars back to Hoosier taxpayers in the form of an automatic taxpayer refund. After all, this is the reason I called the General Assembly back into special session and I'm grateful they have acted swiftly and collaboratively to advance this much needed bill to third reading in the House tomorrow. No less important is the package of robust programming to strengthen the health outcomes for Hoosier women and babies. The contents of this current bill now reflect strong contributions from all corners of the General Assembly and I look forward to signing it as soon as it arrives on my desk."

# The TIMES

Hamilton County's Own Daily Newspaper

NOBLESVILLE, INDIANA

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## Boomer Bits



### Ask Rusty – Do My Canadian Earnings Count Toward U.S. Social Security?

**Dear Rusty:** I am a 62 year old Canadian holding a green card and I have lived in the US for nearly twenty-three years. For 19 years prior I contributed to the Canada Pension Plan (CPP) which is the equivalent of US Social Security. I am contemplating retirement in the US and have been told that I can draw my old age pension from either the US, or from Canada, but I cannot draw from both.

My 19 years of contributions to the Canadian Pension Plan are not accounted for in the calculation of my U.S. SS benefits. Conversations with the U.S. Social Security office suggested that my contribu-



ASK Rusty  
Social Security Advisor

#### Social Security Matters

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

tions to the CPP would "probably" be applied to my U.S. pension upon application for benefits. However, the individual I spoke with was not sure how that would work. Do you know the process for having my Canadian earnings transferred to my U.S. SS account and how I might find out what

my combined benefits will be?  
**Signed: Retiring Canadian**

**Dear Retiring Canadian:** Allow me to clarify how things work under the bi-lateral agreement between the U.S. and Canada. Although you worked

➔ See RUSTY Page A7

### How Technology Can Help You Age in Place

**(StatePoint)** By 2030, almost a quarter of the American population will be over the age of 65, up from 16% in 2020, creating a situation that's going to drive greater demand and greater pressure on the care industry. In addition to a larger workforce and more financial resources, new technologies also have the potential to help solve the problems created by this seismic demographic shift.

According to experts, Artificial Intelligence (AI) and Machine Learning (ML) are already among the key components of new technologies providing im-

➔ See TECHNOLOGY Page A7

### New Study Shows Most Americans Aren't Planning for Future Healthcare Needs

**(StatePoint)** If you haven't spent time considering what your healthcare needs will be in the years or even decades from now, you're not alone.

Recent research suggests that many aging Americans aren't aware of the full range of options available to them. As we age, our healthcare needs intensify, and experts say that the U.S. healthcare system will need to embrace home healthcare options to meet the demand of an aging population.

The new national survey, titled "Aging in Place: Assessing Senior's Understanding of Home Healthcare Options,"

conducted by Bredin on behalf of Cross Country Workforce Solutions Group, shows that while most people aged 50-79 years old would prefer at-home care as they age, 91% of respondents have not proactively researched the care they may need as they grow older. Further, 34% have not thought about their care needs, and awareness of existing managed-at-home care programs was low among the survey respondents.

"By living at home, seniors can maintain their independence and be close to their loved

➔ See PLANNING Page A7

### Right to Life is the Belief That a Being Has the Right to Live, Shouldn't Be Killed

By John Grimaldi

In a new episode of AMAC's Better for America podcast, host Rebecca Weber, CEO of the Association of Mature American Citizens, is joined by two colleagues in a wide-ranging discussion of abortion. They are Alexa Abela, associate editor of the AMAC magazine, and Bob Chartuk, a Financial Planner at the Association.

In part one of the podcast Rebecca asked Alexa what her perspective is, as a woman 23 years of age, when it comes to the issue of abortion.

Her response: it's "about not having faith in God and having this self-centered idea of yourself ... [to those who have a pro-choice viewpoint]. It's like they are not realizing that it

is a child inside of them. It is a disconnect. It's just selfish. The left says 'It's my choice! It's my body!' It is not your body. You are now sharing your body. You're sharing your uterus with another human being. You are still a mother. Regardless of if you birth that child, you are still a mother. Your hormones change your endorphins change. Your body is prepping you as a mother. And you will not see the left acknowledge that. And you don't see enough people talk about that. They don't want to talk about the trauma that comes with having an abortion. There are so many articles I've seen of people - women coming out and saying that Planned Parenthood," which is govern-

➔ See GRIMALDI Page A7

### Groundbreaking Alzheimer's Research Revealed at Alzheimer's Association International Conference

alzheimer's association®

#### Greater Indiana Chapter

With more than 6 million Americans living with Alzheimer's disease today, researchers are working tirelessly to advance science that will lead to earlier detection, preventions and additional new treatments for Alzheimer's and all dementia.

This week, more than 10,000 researchers attended the Alzheimer's Association International Conference (AAIC) 2022 both in person and virtually to share the latest in Alzheimer's and dementia science. Highlights include:

- Another reason to move your body. Results are in from the longest-ever clinical trial of exercise in older adults with



Natalie Sutton

mild memory problems. After 12 months of regular physical activity -- aerobic exercise or stretching -- study participants experienced no significant cognitive decline.

- Junk food might be hurting our brains. Researchers studied

➔ See RESEARCH Page A7

➔ HONEST HOOSIER

Fond memories for racer Bryan Clauson and his family this weekend. Bryan was killed in a tragic accident on Aug. 7, 2016.



➔ TODAY'S HEALTH TIP

Take family walks – it's good exercise and good for conversation.

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at [www.thetimes24-7.com](http://www.thetimes24-7.com).



➔ INSIDE TODAY

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➔ OBITUARIES

None



The Times appreciates all our customers.

Today, we'd like to personally thank

**SANDRA DUPREE**

for subscribing!





# Alboher Development, Birkla Investment Group Propose New Development for 116th Street and Municipal Drive

Alboher Development Company, Inc. and Birkla Investment Group, LLC announced today their proposal to build a five-story, mixed-use building at 8603 E. 116th Street, located at the intersection of Municipal Drive and 116th Street near the newly opened downtown hub of the Fishers Nickel Plate Trail. The REV development will feature 36 for-sale condominiums, a parking garage, and 23,000 square feet of commercial and office space. The luxury condos, ranging from \$600,000 to \$1,000,000, will be the first of their kind as Fishers' first for-sale condominiums.

"The REV development provides us with a unique opportunity to diversify the housing market in Fishers," said Fishers Mayor Scott Fadness. "These condos will offer residents all the benefits of downtown living, but also an opportunity to build equity during a time when real estate options are limited. Combined with its emphasis on sustainability and the additional retail opportunities it will provide our community, the REV building is the perfect addition to our downtown cultural district."

The \$35 million investment is the first new development announcement along the Nickel Plate Trail since the downtown portion opened in May, and the first condominium project along the trail.

"We are excited to expand the REV brand into Fishers," said Tony Birkla, owner of Birkla Investment Group. "REV at Proscenium sold out quickly, as buyers immediately saw value in the home quality, amenities and lifestyle. REV Fishers will continue our precedent for all-inclusive luxury community living with quality construction that exceeds expectations."



The building's eco-friendly design features a stunning wood and glass façade, which will serve as a striking landmark in the bustling Nickel Plate Cultural District. The downtown district was designated as a Statewide Cultural District in 2018 by the Indiana Arts Commission (IAC).

"Having owned this property since 1986, I have seen dramatic changes to Fishers," said Mike Alboher, President of Alboher Development. "Having sorted through countless proposals on this property, I was not swayed until Steve Hardin introduced me and my daughter, Paige Pettenaro, to Tony Birkla and his team. We were so impressed with his team's vision for our site, things progressed quickly. Mayor Fadness and Megan Baumgartner shared our enthusiasm and worked tirelessly to make this happen. We believe this development perfectly fits the advancing evolution of our downtown area, filling both housing and retail needs."

Fishers City Council will vote on the project agreement approving incentives at the August 15 council meeting at Launch Fishers (12175 Visionary Way).

Visit REVFishers.com for condo and commercial leasing information or to sign up for project updates.

Birkla Investment Group, founded by Tony Birkla, has more than 30 years of experience in designing and developing urban-styled, residential, multi-family mixed-use communities. Each custom development incorporates unique features that attract residents and businesses vital to the larger community.

Birkla Investment Group developments include @580 in Cincinnati and Proscenium and Mezz 42 in Carmel. The company has additional developments under development in Indiana and Ohio. Birkla Investment Group creates real estate projects that break the mold and inspire. Learn more at BIG.dev.

The City of Fishers is a suburb of Indianapolis, Indiana, located in Hamilton County, and was named the #1 Place to Live in the US by Money Magazine in 2017. Under the leadership of Mayor Scott Fadness, Fishers is known as a smart, vibrant, and entrepreneurial city through its neighborhood development, dedication to supporting high-growth companies, and innovative city processes.

With a population of 98,977 (2020, US Census), Fishers is one of the fastest-growing communities in Indiana and has received national accolades for entrepreneurship, livability, and safety.

## Letters

# Reader: Real Coup d'Etat Happened Long Before

Dear Editor,  
Referring to Dr. Mollette's article about rejection, we all have experienced this in our lives and stepping away from a rejection takes courage and discipline. It is one of those lessons in life that we muse over what happened and why. Prayer can help with the unfortunate experience of pain and to move on away from it.

President Donald Trump needed time away from the awful treatment he received from the Democrats, Rinos, Leftists and Radicals. The lies, accusations, threats, disrespect and failed impeachments had to be hard on his health and sound mind. It all began in the very beginning of his term and the egregious treatment never let up. The normal mature adult would not have endured this treatment very long. Add in the vicious media and tech empires with their back stabbing and influence on the American people where comedians did the unthinkable such as Kathy Griffin and her rendition of a beheaded president and the shooter who came to the baseball practice in DC where Scalise was shot. Shame on the media and the tech empires! These two entities created HATE towards President Trump and divided families, communities, political parties and even religious

people.

I have accepted all presidents who were elected since I voted, even Obama. The majority of Americans have, but when the mistreatment of Trump kept on and on, I became involved in defending him. The haters just would not stop and it divided our country immensely.

It was a sad day when our President was pleading to the American people about the rigged 2020 election. Yes, it was rigged by the Trump haters and well planned out by the election officials in the states involved who kept on counting fraudulent votes days after election day. The election cheaters had to overcome the landslide amounts voted for Trump to elect Biden and that took time.

Trump had every right to defend this rigged election on Jan. 6. The Patriotic Americans came to D.C. to claim their right to fight the lying cheaters who took away an election from the American people. As for the riots, we all know the FBI, DOJ, the D.C. police department and the Capital building police had a plan to create the riots, pull away the barricades and open the heavy doors that could only be opened from the inside to invite the unsuspecting Patriots into the Capital building. Three women were harmed

during this chaos and one was murdered by the D.C. police. Talk about gender discrimination.

The Jan. 6 commission touted that it was a coup d'etat and has led a one-sided event to make the American people believe their lie. The real coup d'etat was during Trump's first term with the Russian collusion, Hillary's treasonous involvement against Trump, the illegal spying on Trump's campaign and how the Democrats reacted to Trump's phone call to the Ukraine – how close did he get to the deceptions of the Biden's family involvement with the Ukraine along with the other someones in our government.

The American people are angry knowing that, "when you steal an election from the American people, you can get away with any maltreatment to the American people". Biden has created a very long list of derailing and decimating our country.

Returning to the topic of "rejection", this action must take place in the November election of rooting out the un-American candidates. I don't believe these candidates will be embarrassed but they need to be exposed of their wrong doings toward our country.

Mari Briggs  
Sheridan

## We Are **HIRING**

Looking for a part-time job that does not involve the words:

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The Noblesville Times offers jobs that include **pagination** and **page design**, **basic clerical** and even some **photography** and **writing**.

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Photo courtesy of Fishers FD

Firefighter and paramedic Leann Foster receives her lieutenant shield from Fishers Fire Chief Steven Orusa.

# Fishers Fire Department Paramedic Leann Foster Appointed as EDO

The Fishers Fire Department this week announced the appointment of firefighter/paramedic Leann Foster to the rank of Lieutenant as the EMS Duty Officer. Foster was presented her Lieutenant shield at the start of her shift on August 2 by department Chief Steven Orusa.

Lieutenant Foster is a 19-year veteran with the department. Foster is a paramedic, apparatus engineer, acting officer, hazmat tech, rope rescue



tech, peer fitness trainer, and yoga instructor. She leads shift personnel and recruits in physical conditioning. In addition, Leann is CIT trained and part of the



Leann Foster departments peer support team.

Lieutenant Foster will be assigned to EDO 309, located at Station 392 on 116th and Brooks School Road. In addition to all major fire and rescue incidents, she will respond to mental emotional, cardiac arrests, and other serious medical runs. This position also acts as shift coordinator for EMS training and responsibilities in managing on duty injuries, and command functions.



Photo courtesy of Fishers FD

Fishers Fire Chief Steven Orusa presents Adam Lee (right) with his captain shield.

# Fishers Fire Department Lieutenant Adam Lee Promoted to Captain

The Fishers Fire Department announced earlier this week the promotion of Lieutenant/paramedic Adam Lee to the merit rank of Captain. Captain Lee was presented his captain shield at the start of his shift on August 1 by department Chief Steven Orusa.

Captain Lee is a 12-year veteran with the department. Lee is a paramedic, Public Safety Diver, member

of the Fishers Technical Rescue Team, Rescue Specialist with Indiana Task Force, sworn Tactical EMS officer in a partnership with Fishers Police Department, and co-manages the City of Fishers High Threat Response Program.

Captain Lee will initially be assigned Station 396 as the “house captain,” on 104th street on the East end of the city. This stations motto is “Squared Away.”

## PUBLIC NOTICES

**PUBLIC NOTICE AND NOTICE OF PUBLIC HEARING**

Public notice is given that the Sheridan Town Council will, on the 16th day of August, 2022, at 6:00 p.m., in the Sheridan Community Center, located at 300 E. 6th Street, Sheridan, IN 46069, hold a public hearing on Salary Ordinance 2022, Amendment 3, entitled An Ordinance to Amend the Salary Ordinance Fixing the Compensation of Elected Officials, Officers, Board and Commission Members and Employees of the Town of Sheridan. Public notice is hereby given that at said public hearing, the Sheridan Town Council, as designating body, will receive and hear all remonstrances and objections from interested persons. After hearing all evidence presented, the Sheridan Town Council shall, at its regular meeting on said date and at said place, take final action on Ordinance 2022, Amendment 3.

Such action of the Sheridan Town Council shall be final, subject to statutory rights of appeal.

Council of the Town of Sheridan, Indiana

TL19363 8/6 1t hspaxlp

## Meeting Notes

### Noblesville Common Council

Meeting Agenda  
City Hall - Council Chamber  
Tuesday at 7 p.m.

1. Call meeting to order
2. Pledge of Allegiance
3. Roll call
4. Approval of Executive Session memorandum: July 26, 2022
5. Approval of minutes: July 26, 2022
6. Approval of agenda
7. Petitions or

comments by citizens who are present

8. Council committee reports
9. Approval of claims
10. Previously discussed ordinance

A. **#51-07-22** Council to consider **Ordinance #51-07-22**, an ordinance annexing approximately 34 acres south of State Road 32 (Westfield Road) and east of Hazel Dell Road to be known as “Midland Pointe Planned Development” in Noblesville Township

(Joyceann Yelton)

B. Public hearing for **Ordinance #51-07-22**

11. Proposed development presentations

A. Council to hear introductory information for a proposed residential project consisting of 21 single-family lots on approximately 8.79 acres adjacent to the intersection of East 161st Street and Hazel Dell Road to be known as “Maple Grove” (Attorney Matthew Price)

B. Council to hear introductory information

for a proposed residential project consisting of 147 single-family lots on approximately 52 Acres on the west side of Promise Road adjacent to 196th Street, to be known as “Promise Run” (Attorney Matthew Price)

12. New ordinances for discussion

A. **#31-05-22A** Council to consider **Ordinance #31-05-22A**, an ordinance amending **Ordinance #31-05-22** and Section 11.01 of the City’s Code of Ordinances to correct a

scrivener’s error (Jonathan Hughes)

B. **#44-07-22** Council to consider **Ordinance #44-07-22**, an ordinance approving additional appropriations in the Downtown Development Fund for the East Alley Gateway Arch, and establishing a public hearing (Jeffrey Spalding)

C. **#52-08-22** Council to consider **Ordinance #52-08-22**, an ordinance amending **Ordinance #52-12-19** and Section 34.08 of the City’s Code

of Ordinances, concerning fees for Riverside Cemetery (Evelyn Lees)

13. Miscellaneous

A. Council to consider Resolution **#RC-38-22**, a resolution permitting reimbursement of project costs for Phases II and III of the East-West Corridor Project (Michael Howard)

B. Council to consider Resolution **#RC-39-22**, a resolution concerning the acquisition of real estate (Jonathan Mirgeaux)

14. Council comments
15. Adjournment

## Meeting Notes

### Noblesville Board of Public Works and Safety

Meeting Agenda  
City Hall - Council Chamber  
Tuesday at 9 a.m.

1. Call meeting to order
2. Pledge of Allegiance
3. Petitions or comments by citizens who are present
4. Approval of agenda
5. Bid opening: sale of surplus dump truck
6. Bid Opening: Levee Trail, Phase 2 Project (**EN-202-08**)
7. Consent agenda
8. For approval

A. Approval of Minutes: July 26, 2022

B. Board to consider temporary closure of north/south alley between 9th and 10th Sts. south of Conner St. for an alley art market (René Gulley)

C. Board to consider temporary closure of Logan St. east of 10th St. to the alley east of 14th St. for the Front Porch Music Festival (René Gulley)

D. Board to consider release of Performance Bonds for signs, storm sewer, subsurface drains, sanitary sewer, HMA surface, asphalt path, and right-of way acceleration/ deceleration lanes; and acceptance of Maintenance Bonds for HMA surface, right-of-way acceleration/ deceleration lanes, sanitary sewer, storm sewer, and asphalt path for Millers Walk, Section 2 (Sacha Lingerfeldt)

E. Board to consider acceptance of Performance Bond for erosion control for The Timbers, Section 1 (Sacha Lingerfeldt)

F. Board to consider release pf Performance Bond for signs for

Merion, Section 3 (Sacha Lingerfeldt)

G. Board to consider release of Performance Bond for common area sidewalk and acceptance of Maintenance Bond for common area sidewalk for Merion, Section 4 (Sacha Lingerfeldt)

9. Contracts/purchases under \$50,000

A. Agreement with Smart Dollar for employer-provided financial wellness benefit (Holly Ramon)

B. Agreement with St. Vincent Hospital and Health Care Center, Inc. to renew the employee assistance program (EAP) (Holly Ramon)

C. Agreement with O.W. Krohn & Associates for financial consulting for the Redevelopment Commission (Amy Smith)

D. Service agreement with Loci Creative LLC

for artistic improvements to the east and south alleys (Aaron Head)

E. Contract with Deanna Leonard of Caravan Classes for artistic design work on decorative crosswalks on Maple Avenue at 8th and 9th Sts. (Aaron Head)

10. New items for discussion

A. Board to consider a Memorandum of Understanding with the Hamilton County Council on alcohol and other drugs for the Fire Department’s participation in the Community Overdose Prevention Effort (COPE) (Division Chief James Macky)

B. Board to consider a Memorandum of Agreement with Aspire Indiana, Inc. to allow the Fire Department to refer mental health patients (Division Chief James

Macky)

C. Board to consider **Ordinance #52-08-22**, an ordinance amending **Ordinance #52-12-19** and Section 34.08 of the City’s Code of Ordinances, concerning fees for Riverside Cemetery (Evelyn Lees)

D. Board to consider contract with Sealmaster Indianapolis to apply liquid road for trail preservation (Brandon Bennett)

E. Board to consider a Joint Use and Maintenance Agreement with INDOT for center landscaping at three roundabouts on State Road 32 east of State Road 37 and additional roundabouts to be built (Patty Johnson)

F. Board to consider a Declaration of Surplus Property at the Street Department (Patty Johnson)

G. Board to consider

the temporary closure of Sedwick Court for a wedding reception (René Gulley)

H. Board to consider use of an empty lot across from 385 Division St. for wedding parking (René Gulley)

I. Board to consider Professional Service Design Contract with Lochmueller Group for construction of Olivo Road from 146th Street to 156th Street (**EN-359-02**) (Jim Hellmann)

J. Board to consider funding contract with INDOT for construction of 141st Street and Promise Road roundabout (**EN-352-02**) (Jim Hellmann)

K. Board to consider permission for an early morning concrete pour at the Federal Hill Apartments (Odise Adams)

11. Adjournment

# WHO’S HIRING?

Companies are searching high and low for good help. Are you in the market for a job? Are you perhaps tired of retirement? Looking to move up and earn more income? Maybe it’s time for a career change? Then take a look at these fine companies and open up new doors to a brighter future!

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At Ashlin Hadden Insurance, we have an amazing team that is on a mission to serve people through protecting their assets. We are looking for licensed personal lines and life insurance agents who will reach out to the community to bring in new customers, quote and issue policies, and handle policy renewals and service requests for customers. Candidates should be organized self-motivators who can work independently and are willing to advocate for our customers.

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Indiana House and Senate Reach Deal for Inflation Relief, Social Services

**By Whitney Downard**  
The House and Senate reached a deal for distributing more than \$1 billion in surplus accounts and providing \$75 million in direct appropriations and discretionary funding for social service programs in the wake of an abortion ban.

The deal was part of an amendment approved Thursday to Senate Bill 2.

The bill now combines elements from the Senate's initial proposal and House, including a \$200 inflation relief payment to qualifying Hoosiers, \$1 billion in pension stabilization funding, agency funding for social services and a cap on the gas use tax.

It leaves out a utility tax break that the Senate had proposed.

Gov. Eric Holcomb, who called for the special session in June to address inflation relief, released a statement celebrating the \$200 payments.

"I'm grateful they have acted swiftly and collaboratively to advance this much needed bill to third reading," Holcomb said in the statement. "No less important is the package of robust programming to strengthen the health outcomes for Hoosier women and

babies... I look forward to signing it as soon as it arrives on my desk."

**The details**  
Rep. Tim Brown, R-Crawfordsville, said the decrease from the proposed \$225 to \$200 is because of the anticipated 300,000-900,000 additional Hoosiers on Social Security and disability benefits who will qualify for the payments.

"This is more money going back to citizens to spend how they desire," Brown said.

Rather than requiring an affidavit filed with the Department of Revenue, as initially suggested, Hoosiers on disability and Social Security will receive a tax credit.

Newly eligible Hoosiers can apply for the \$200 tax credit when filing 2022 tax returns next year. Many of those Hoosiers, whose low income disqualifies them, don't file income taxes regularly but still pay sales taxes.

House Speaker Todd Huston, R-Fishers, said lawmakers were talking to the administration on how to contact those Hoosiers to "make sure they know they are eligible."

However, some lawmakers didn't approve of the cut included in the House and Senate deal.

"There are some of us who don't think \$225 is enough," Rep. Cherrish Pryor, D-Indianapolis, said while announcing her amendment to increase the payment to \$325.

"In particular, when we have residents who are struggling to pay their bills... and the state is in a very good position to help out their citizens."

The amendment failed.

Huston said he'd love to increase the amount distributed but said his caucus prioritized getting money to those Hoosiers on Social Security and disability benefits.

"It just means that the \$1 billion dollars goes into a bigger denominator and so it turns from \$225 to \$200," Huston said.

**Spending outlined in the new bill**  
Instead of a guaranteed \$400 million payment for the Pension Stabilization Fund, one of the state's only outstanding debts, the state will pay \$1 billion to the fund in 2023 if reserves are over \$5 billion.

The gas use tax — otherwise known as the sales tax on gasoline purchases — can decrease over the upcoming year but never go above \$.295 per gallon.

The amended bill

includes the discretionary funding of \$45 million in the Senate proposal with about \$32 million in direct appropriations to programs such as Real Alternatives and the Nurse-Family Partnership Program.

The House and Senate deal includes an elimination of the sales tax on diapers.

Not all of the direct appropriations made it into the latest version — instead of \$30 million in enhanced Medicaid funding the new proposal requests just \$700,000.

**Pharmacist amendment**  
Legislators narrowly voted to reject an amendment that would have allowed pharmacists to prescribe contraceptives on a 48-49 vote.

"If you're really serious about decreasing abortion, this is how you do it," amendment author Rep. Rita Fleming, D-Jeffersonville, said.

Rep. Ann Vermilion, R-Marion, advocated for the amendment, noting that other states who allowed pharmacists to prescribe hormonal birth control saw their abortion rates drop.

Vermilion passed her own amendment, which would require the Indiana Department of Health to contract with vendors to determine whether or



Photo courtesy of Whitney Downard/Indiana Capital Chronicle  
**Rep. Tim Brown, R-Crawfordsville, left, and Rep. Ed DeLaney, D-Indianapolis, discuss the consolidation of House Bill 1001 and Senate Bills 2 and 3.**

not the agency should distribute low-cost or free hormonal birth control to those who need it.

"The strongest avenue to reduce unwanted pregnancies is through access to affordable and accessible birth control, education and support," Vermilion said.

The House returns on Friday to vote on passing the final version, along with a bill banning abortion from conception with exceptions for rape, incest and life of the mother or fetus. If the Senate agrees with the House version Friday afternoon, the bill will head to the governor's desk.

Huston said he couldn't predict the Senate's actions and whether they'd approve either bill.

"We'll see what we do tomorrow and then see what they do and then take whatever action needs to be taken at that point," Huston said.

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# House Preserves Exception for Rape, Incest in Abortion Ban

**By Whitney Downard**  
House lawmakers on Thursday defeated amendments seeking to eliminate the exceptions for rape, incest and fatal fetal anomalies in a proposed abortion ban and redefined the exception for life of the mother to protect well-meaning physicians. If it passes, the Senate can either accept the changes or send the bill to conference committee for further negotiation. The legislature is currently in a special session and had hoped to finish this week. Rep. Karen Engleman, R-Georgetown, introduced an amendment that would have struck the rape and incest exceptions from the

new abortion restrictions. Democrats questioned her about the amendment, noting the case of a 10-year-old rape victim from Ohio. Engleman acknowledged young children would have to bring the fetus to term. Rep. Rita Fleming, D-Jeffersonville, recounted her experience as an obstetrician-gynecologist providing care to young mothers. Complications could include life-long incontinence and life-threatening fistulas (often tears between reproductive organs and the bowel), she said. “Imagine a child of 80 pounds having a 7-pound baby coming through her birth canal,” Fleming

said. “That is inhumane. We cannot do this to our children.” But Engleman disagreed. “If a person is raped by their grandfather and you do an abortion and sweep it under the rug, does it stop it? I don’t think so,” Engleman said. “Just because the 10-year-old has a child doesn’t make them the mom.” The amendment failed on a 39-61 vote, with 32 Republicans joining the Democratic caucus to vote against the proposal. An amendment to eliminate the exception allowing abortions related to fatal fetal anomalies fell on a 35-65 vote, though an amendment that capped the

fetal anomaly exception to 20 weeks passed. Bill sponsor, Rep. Wendy McNamara, R-Evansville, also passed an amendment to clarify the “serious health risk” to the mother exception. Lawmakers overwhelmingly defeated an amendment that would have eliminated all abortions with no exceptions on a 93-6 vote. The six Republicans voting for the total ban included: Rep. Bruce Borders, R-Jacksonville; Rep. Jeff Ellington, R-Bloomfield; Rep. Matt Hostettler, R-Patoka; Rep. John Jacob, R-Indianapolis; Rep. Curt Nisly, R-Milford; and Rep. Zach Payne, R-Charlestown. **No discretionary abor-**

**tions**  
The House also resisted attempts from their own moderate members to maintain some unrestricted abortion access for a shorter period of time than current law. Rep. Cindy Ziemke, R-Batesville, said her amendment would allow “discretionary” abortions up to 13 weeks based on the hours of testimony, phone calls and emails she’d absorbed. “This allows at this time for a woman and her doctor to choose when to terminate her pregnancy,” Ziemke said. “This is to preserve women’s rights in this state so they do have those first 13 weeks

to weigh and measure this decision.” The amendment failed on a 34-64 vote, with six Republicans joining 29 Democrats against the bill. Republicans voting to maintain elective abortion access up to 13 weeks included: Rep. Tim Brown, R-Crawfordsville; Rep. Ed Clere, R-New Albany; Rep. Sean Eberhart, R-Shelbyville; Rep. Tom Saunders, R-Lewisville; Rep. Ann Vermilion, R-Marion; and Rep. Cindy Ziemke, R-Batesville. Lawmakers also accepted an amendment making the effective date of the abortion ban Sept. 15, 2022.

## Rep. Walorski, Staffer, St. Joe County GOP Chair Perish in Fatal Accident

Hoosiers are mourning the passing of U.S. Rep. Jackie Walorski, who was killed Wednesday in an automobile accident along with three others. According to our newsgathering partners at WTHR, Walorski and two members of her congressional staff and another person were killed in a crash on State Road 19 in Elkhart County shortly after noon. According to police, a car driven by 56-year-old Edith Schmucker of Nappanee crossed the center line and struck the SUV carrying Walorski, 58 and her communications director 28-year-old Emma Thomson and district director and GOP chair for St. Joe County, 27-year-old Zachery Potts. Governor Eric Holcomb responded to the news by saying, "Janet and I are devastated by the tragic loss of our friend Congresswoman Jackie Walorski and her two staffers - Emma Thomson and Zach Potts - earlier today. Our broken hearts go out to her husband Dean and the entire family during this time of unimaginable mourning.

At every level of public service Jackie was known to be a positive force of nature, a patriot, and a relentless policy maker with an unwavering loyalty to her constituents. Jackie’s record of achievement is impossible to quantify. She will be remembered as a fighter with a huge heart that always went the extra mile and I’ll treasure the times we walked a few of those together. Every waking moment for her was energetically devoted to improving the lives of all Hoosiers better, the epitome of a good and faithful servant. She, and the example she set, will be missed every day forward.” Lieutenant Governor Suzanne Crouch also commented, saying, “I was shocked and heartbroken when I received the news today about the tragic death of Congresswoman Jackie Walorski. Jackie and I served together in the Indiana House of Representatives, and she was a fighter for her constituents and conservative Hoosier values. My heart goes out to her husband, Dean, and the rest of her family and friends. She will be deeply

missed.” “Jackie Walorski was a woman who stood strong in her values, cared for her family, and served Hoosiers well. I have many great memories and stories of our time together in Congress and on the campaign trail. In addition to everything else, she had a great sense of humor. She will be missed. Our sympathies also go out to the families of Zach Potts and Emma Thomson who died in the same tragic accident. Hoosiers across the state mourn the loss of these public servants,” said Indiana Attorney General Todd Rokita. Former Governor and Purdue University President Mitch Daniels, who worked with Rep. Walorski while she was in the Indiana Statehouse, commented, saying, “There could not be worse news. I’m heartsick at this tragedy. Jackie Walorski was a great public servant, a brave and constant ally for change during all my years in elected office, and a great representative of her district at both the state and national levels. I can’t say how much I’ll miss her.”

## State High Court Eyes Changing Sex on Birth Certificates

Indiana Attorney General Todd Rokita is defending the practice of listing individuals’ biological sex on birth certificates rather than changing them years after the fact to reflect individuals’ self-perceived gender identities. “The purpose of a birth certificate is obviously to establish a record of biological birth and certain relevant factual details of that occasion,” Rokita said. “To change the designated sex on a birth certificate at a later date is in effect falsifying that document.” At issue before the Indiana Supreme Court is whether the judicial branch has the authority

to order changes in the designated sex on birth certificates to make them match individuals’ preferences. While the Indiana General Assembly possesses the authority to pass a law permitting such alterations, Rokita contends the courts do not. The brief pertains to a case in which a mother filed a petition with a court seeking to change a 7-year-old child’s designated sex from male to female. The child has been treated as a girl by family, peers and doctors since around age 2, according to legal documents. “We all should care



about and sympathize with our fellow Hoosiers’ specific life experiences,” Rokita said. “By insisting on public policies that serve the greater good, we ultimately reinforce that principle rather than diminish it.”



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RUSTY

From Page A1

and contributed to CPP while living in Canada, your earnings in Canada do not count when computing your U.S. Social Security benefits (nor do your U.S. earnings contribute to your CPP benefit entitlement). Although the bi-lateral US/Canada agreement permits earnings credits from both countries to be combined to gain eligibility for benefits, computation of benefit amounts in each country uses only dollars earned in-country. Thus, your U.S. entitlement is based only on your U.S. earnings.

Because of your years contributing to the Canadian program, you are also eligible to separately collect a CPP pension, and you can apply for your CPP pension through your local U.S. Social Security office by submitting SSA form CDN-USA1. Your local SS office can provide the correct form and needed guidance to apply for your CPP benefits. You should be aware, however, that collecting

your CPP pension will impact the amount of your U.S. benefit because of a U.S. regulation known as the Windfall Elimination Provision (WEP). WEP reduces the U.S. Social Security benefit for anyone who has a pension earned separately without contributing to Social Security (that includes some U.S. state & local government employees, as well as those who have a pension from another country).

Your U.S. benefit will be computed using a special WEP formula which considers the number of years you contributed to the U.S. program from “substantial earnings.” Assuming you have 23 years of substantial U.S. earnings from which you contributed to the U.S. SS program, your U.S. benefit will be reduced by approximately 35%. Your CPP pension will cause WEP to apply, which will reduce your U.S. pension, but it cannot reduce it by more than 50% of your CPP benefit amount.

FYI, WEP and international benefits are complex topics, and it’s not especially unusual that SS representatives you first encounter (e.g., on the phone) aren’t fully versed in how those benefits work. You may wish to make an appointment to apply for your CPP benefits in person at your local Social Security office and at the same time obtain more specific information on how WEP will affect your U.S. Social Security benefits. That may require speaking with a senior person who is well versed in WEP and international pensions.

Finally, be aware that at age 62 your U.S. benefit will be further reduced because you haven’t yet reached your full retirement age (which is 66 years and 10 months). Be aware, too, that until you reach your full retirement age, you’ll be subject to Social Security’s earnings test, which limits how much you can earn before some benefits are taken away.

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PLANNING

From Page A1

ones and community, and by and large, that is what they want to do. At-home care can both meet the needs of those requiring long-term care, while alleviating some of the mounting challenges faced by hospitals and healthcare systems,” says Pamela Jung, president of Cross Country Workforce Solutions Group, a division of Cross Country Healthcare, the nation’s leading provider of in-home clinical and non-clinical care for aging seniors.

As you explore your options, consider the following tips:

- Leave no stone unturned: From transportation to medical appointments to help with household tasks, consider what your potential needs might be and research programs in your community to address them. While there are assistance programs available to help seniors age with dignity, the Cross Country Workforce Solutions Group survey found that

the majority of older Americans are unaware of an important one: Programs of All-Inclusive Care for the Elderly (PACE), a national program of comprehensive care for adults age 55 and over who would prefer to remain living at home rather than in a nursing facility. In some communities, PACE is known as Living Independently for the Elderly (LIFE). These programs can make living at home a safer and more affordable option than institutionalized care.

“This program has provided me with the best caregiver. She is a great person with a great heart, and she goes above and beyond during my home care services,” says Luther Bell, PACE participant. “I feel like I have improved a lot in many ways because my caregiver meal preps for me, provides quality care, and our daily interactions bring positivity to my life.”

- Start a dialogue: Talk to your family and friends

about your wishes and where you would like to receive care. Also, continue to have regular conversations with your doctors about your health.

- Consider your budget: While the average senior collects just \$18,000 annually in social security, 57% of survey respondents have not considered the budget they will need for aged care services and support. Take time to learn how much various aspects of care will cost, factoring in standard living expenses.

For additional survey results and information about home healthcare, visit [www.crosscountry-healthcare.com/aging-in-place](http://www.crosscountry-healthcare.com/aging-in-place).

“At a time when the burden on hospitals and health systems has at times compromised their ability to deliver quality care, living at home with support can provide optimized care and independence to seniors,” says Jung.

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GRIMALDI

From Page A1

ment funded, coerced them into having an abortion. I mean, how many stories do you hear of doctors convincing people to get an abortion for selfish reasons because your life is going to be more difficult.”

When Bob joined the discussion he revealed a personal “what if” story.

We have all heard stories about the mom who gave birth only to discover her newborn son or daughter suffered from Down syndrome. There are those who are quick to say she should have had an abortion for her sake and for the child’s sake. Or they’ll say get tested. But, as the Centers for Disease Control [CDC] “Screening tests do not provide an absolute diagnosis.”

One day Bob noticed a bump in his wife’s stomach. “We went to the doctor, and it turned out to be an ovarian cyst about the size of a tennis ball. The doctor wanted to remove it with a complete hysterectomy,” he said. That was not an option as far as he and his wife were concerned; They wanted a baby and so they wanted to find an alternative. The doctor offered a “risky” procedure. But, while thumbing through medical magazines in the MD’s waiting room, he came across a potentially safer option. He and his wife discussed it with their doctor, who agreed that it was, indeed, a way to remove the cyst without having to take out her reproductive organs and so they made arrangements to undergo the procedure.

“Lo and behold, the cyst started to shrink to the point where it could be safely removed.” It worked. The cyst was removed. And “a couple of months later, my wife was pregnant, and we were on our way to having a child.” But two months into her pregnancy, there was another hurdle to overcome. Tests showed that “the child would be a Down syndrome baby.

Their physician suggested that “probably the best option would be to abort. She told us, ‘You don’t really want to bring a child, you know, with birth defects into this world.’ And I have to say, there was a lot of pressure at that point to terminate the pregnancy, but there was no way we were going to do that.”

They had a baby girl and “we kept a close eye on her. We never went back to the Down Syndrome Support Group,” Bob said. “Our daughter started to develop and we kind of kept a close eye on her, and then we realized it doesn’t seem like she was a Down’s child. So, we took her to get tested, and lo and behold, she was not. And today she is going into her sophomore year as a college student studying math and physics.

Abortion advocates might say that Mr. and Mrs. Chartuk simply got lucky but that is not the point. Life is sacred whether a baby is a boy or a girl, has blue eyes or brown or has Down syndrome or is a healthy son or daughter. They have a right to life.

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TECHNOLOGY

From Page A1

proved quality of life for those who want to continue living independently at home.

“While AI and ML have transformed other industries, adaptation has been slow in the care industry, but we’re working to change that,” explains Chia-Lin Simmons, chief executive officer of LogicMark, (NASDAQ: LGMK), which manufactures personal emergency response systems (PERS), health communications devices and remote care and activity monitoring technologies to create a Connected Care Platform, and recently incorporated two-way voice communication technology into its medical alert pendant.

To help you live safely and comfortably in your home in the years to come, Simmons offers a few strategies for using the newest technology to your advantage:

- PERS, also known as Medical Emergency Response Systems, allow you to call for help in an emergency by pushing a button. Wearable pendants – along with water-resistant wall-mounted devices and mobile solutions – can keep you protected in every room of your home by helping you instantly connect with loved ones

and emergency personnel. Those offered by LogicMark use AI and ML for pattern recognition and fall detection, for an added layer of security. To learn more, visit [logicmark.com](http://logicmark.com).

- Automatic pill dispensers can help ensure you never miss a dose or take too much medication. Depending on your needs, you may need to look for a solution offering both visual and audio notifications, or one suited for those with limited dexterity.
- Motion-sensing lighting can make nocturnal trips to the bathroom – common in one’s golden years – much safer, helping to reduce the risk of dangerous trips and falls. Many lighting options plug directly into outlets, while others are battery-operated and can be installed anywhere. Be sure to include these fixtures in bedrooms, hallways and bathrooms.

“True independence must be accompanied by peace of mind for you, your family and your caregivers,” says Simmons. “By adopting new technologies, you can help create a virtual safety net, enabling you to stay at home while living in a safe environment and providing piece of mind to your loved ones.”

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RESEARCH

From Page A1

more than 10,000 people over eight years and found that high consumption of ultra-processed foods led to a 28% faster decline in cognitive function.

- Racism’s impact on memory. In a study of nearly 1,000 adults, exposure to interpersonal and institutional racism was associated with lower memory scores, especially among Black individuals.
- More long-term impacts of COVID-19. Researchers found that loss of smell due to COVID-19 infection may be a better predictor of long-term cognitive and functional impairment than severity of the illness.
- Earning less money may increase dementia risk. Compared with workers earning higher wages, sustained low-wage

earners experienced significantly faster memory decline in older age.

“There is great progress in Alzheimer’s and dementia research,” said Natalie Sutton, executive director, Alzheimer’s Association Greater Indiana Chapter. “This year at AAIC, we heard new ideas about what makes us at risk, as well as a diverse array of treatments and prevention methods for Alzheimer’s disease and all dementia. The work of the scientific community holds great promise for the future.”

The Alzheimer’s Association is available with information and support for families as they navigate the disease and related research. For more information, visit [alz.org](http://alz.org) or call the 24/7 Helpline at 800.272.3900.

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# WEEKEND

## In The Home

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Weekend, Aug. 6-7, 2022

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## Hot Weather Garden Woes

By Melinda Myers

Poor flowering and misshapen or a lack of fruit on tomatoes, peppers and squash may be due to the weather, not your gardening skills. Temperature extremes can interfere with flowering and fruit set on these and other vegetables in your garden.

We watch for and can't wait to taste that first red ripe tomato. It is certainly frustrating when we see flowers drop or the plant fails to form fruit. Tomatoes thrive in warm sunny conditions; but temperature extremes can prevent fruiting, cause misshapen fruit, or reduce the size of the harvest.

When daytime temperatures rise above 90°F and night temperatures remain above 70°F blossom drop and poor fruit development may occur. Combine this with low humidity and the pollen is not viable. In hot and humid conditions, the pollen is too sticky and doesn't move from the male to the female part of the flower. Without pollination the flowers won't be fertilized, and fruit will not develop.

Cool weather can result in poor fruiting. Night temperatures below the optimum of 59° to 68°F will reduce the amount and viability of pollen that the plant produces. Less viable pollen means fewer fruit will form. Cooler temperatures below 55°F can result in misshapen fruit and catfacing. Fortunately, the malformed fruit is still tasty and safe to eat.

Temperature extremes also impact pepper productivity. When



Photo courtesy of MelindaMyers.com

**Misshapen fruit and some other issues can be the result of temperatures dropping below 55°F.**

temperatures climb to 95°F or higher the pollen is sterile and flowers may drop. Small fruit may also fall from the plant during such hot spells. Pepper plants also experience poor fruit set when night temperatures drop below 60°F or rise above 75°F.

Tomatoes and peppers aren't the only vegetables impacted by temperature extremes. Eggplants, a close relative to tomatoes and peppers, do not set fruit until night temperatures are above 55°F. Beans stop flowering or the flowers die when temperatures rise above 85°F.

Flowering in squash and cucumber plants is also influenced by temperature and other environmental factors. These plants produce separate male and female flowers. The male flowers usually appear first and it is not until both the male and female flowers are present that pollination, fertilization and fruit production can occur.

Research found cool temperatures, bright sunlight, and shorter days encourage female flower production while male flowers are more prolific during warmer temperatures, less sunlight and close spacing. Flowering on squash and cucumbers is also impacted by nitrogen fertilization. Too much can prevent female flower formation while insufficient amounts can reduce the number of male flowers.

The simplest solution is to wait for optimum temperatures and the proper humidity levels to return. Once this happens, the plants will begin producing fruit.

If poor productivity related to the weather is a yearly problem, consider planting more heat tolerant varieties, adjust planting times and look for more suitable growing locations.

When the harvest is delayed, extend the season with the help of row covers. These fabrics allow sunlight, air, and water

through while trapping heat around the plants. Just loosely cover plants and anchor the edges with stones, boards, or landscape staples when frost is in the forecast. You can leave the fabric in place for the remainder of the year. Just lift it to harvest and secure the fabric when done.

If this summer's weather leaves you disappointed with the harvest, remember there is always next year.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook, 2nd Edition* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD instant video series and the nationally syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her website is [www.MelindaMyers.com](http://www.MelindaMyers.com).

## Ornamental Grasses in Pots Bring Life to Your Outdoor Space

Ornamental grasses in pots can bring any outdoor space to life. Even the slightest breath of wind is enough to get them swaying. Let ornamental grasses shine on your balcony, terrace, or roof garden, and enjoy their appearance as it changes throughout the seasons.

### Variation in color, shape & height

Ornamental grasses are perennials that you will be able to enjoy for a long time. They come in a variety of shapes: from low to high, from compact to lush. There is also plenty of variety when it comes to color. First of all, there are different shades of green, from yellow-ish to dark. Ornamental grasses also come in the surprising colors blue (blue fescue, *Festuca glauca*), black (black mondo grass, *Ophiopogon*), and red (cogon grass, *Imperata cylindrica*).

### From spring greenery to winter silhouette

Ornamental grasses look attractive in all seasons, from the first fresh green blades in spring and beautiful plumes in (late) summer to the intense leaf colors in fall. Even in winter, ornamental grasses create a fairy-

tale winter silhouette, enhanced by a layer of frost after a cold winter night. Evergreen ornamental grasses that retain their color, such as blue fescue and sedge (*Carex*), are also an option.

### Endless combinations

If you like the power of simplicity, why not try filling containers with a single type of ornamental grass, such as silvergrass (*Miscanthus*) or fountaingrass (*Pennisetum*). If you would rather go for variety, you can go wild with ornamental grasses combined with flowering perennials. For a botanical look, you could combine them with foliage plants, such as coral bells (*Heuchera*).

### Tips

Use frost-resistant pots and containers to plant ornamental grasses. Make sure there are holes in the bottom of the pot to allow excess water to drain away. Water the grasses regularly to prevent them from drying out. Cut them back in early spring to make room for the first fresh greenery of spring. Evergreen grasses don't need cutting back; you can just pick out any withered blades of grass.

Visit [www.perennial-power.eu](http://www.perennial-power.eu) for more information about perennials.

## Easy And Affordable Bathroom Upgrades

**(Family Features)** Long among the most popular areas for homeowners to undertake improvement projects, bathrooms can be some of the easiest rooms in the house to renovate without spending a fortune.

If you're looking to update one of the most-used spaces in your home, consider these easy and cost-effective ways to give your bathroom a facelift.

Accessorize with Color  
There are numerous ways to create a new look without lifting any tools. Replacing linens and other soft surfaces like rugs, window treatments and shower curtains can help brighten up your space. Adding a fresh coat of paint is another low-cost way to modify the look and feel of a space. With a variety of paint colors and finishes to choose from, you can add a splash of color as an accent or go all out to create depth and

contrast.

**Update Cabinetry and Light Fixtures**

Keeping your existing vanity and other bathroom cabinetry, especially if they're in good condition, can be a cheaper option than replacing all the cabinets. To create an updated look, add a different coat of stain or paint, replace the hardware and add pullout shelving or drawer dividers.

Replacing old, out-of-date light fixtures with modern, efficient options – including the appropriate bulb selections for each fixture – is another cost-effective way to help the space look and feel brighter.

**Install a Heated Towel Rack**

Consider investing in a multi-purpose appliance to help refresh the look of your area. For example, a heated towel rack can save time and money while providing comfort and

convenience. Companies like Amba Products offer a variety of styles and finishes to fit almost any decor that produce radiant heat to gently warm and dry towels, which can save time, water and energy by not having to do laundry as often. In addition, the racks can help eliminate moisture, resulting in less growth of mold and mildew. Some freestanding models come ready to use and take as little as 5 minutes to set up.

An option like the UL-certified Jeeves Wet-Rated Kit allows homeowners to install a high-quality, stainless steel heated towel rack inside moisture-rich environments like wet rooms, shower alcoves and walk-in showers or above bathtubs to make their bathrooms more functional while adding a touch of comfort.

Swap Out Decor and Accessories

A quick, inexpensive way to transform your bathroom is to update the decor and other design elements. Installing a new toilet seat, faucet or showerhead and adding matching accessories, such as a toilet paper holder, shower control knobs or a toothbrush holder, can make the space feel new and interesting. For even more impact, add artwork that matches the theme of the room, greenery or floating shelving.

**Add Accent Tile**  
You can create a luxurious look with your backsplash, flooring or shower by adding a pop of colorful tile. Cheaper than purchasing an entire room's worth of tile, creating a chevron or herringbone pattern in one of these oft-seen areas of the bathroom can make a fresh statement.

Get started on your bathroom remodel with more tips and ideas at [ambaproducts.com](http://ambaproducts.com).

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# WEEKEND

## *In The* **Home**

Weekend, Aug. 6-7, 2022

A8

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# UNEXPECTED SPACES

## Surprising home upgrade ideas

### FAMILY FEATURES

Not all great things come in big packages, and home upgrades are an example of the truth in this wisdom. Unexpected, smaller spaces may not get the same attention as high-traffic areas like kitchens, bathrooms and living areas, but their impact can be just as powerful. Get inspired to make improvements to the lesser-used areas of your home with these tips from the home decorating experts at Wellborn Cabinet, Inc.:

#### Entryway

It's the impression that welcomes guests into your home, so even if the space is small, your entryway warrants some TLC. Focus on making it open and inviting by removing any unnecessary furnishings. Some functional storage, like a bench with integrated coat hooks, can serve a practical purpose, and if you have the space, some built-in cabinetry with an eye-catching countertop can incorporate stylish storage.

#### Laundry Room

Getting motivated to do chores like laundry is easy when you have a beautiful setting for getting to work. Introducing pops of color in nontraditional places, like the cabinetry, adds a high-end elegance. Water-inspired and earthy hues like Midtown Matte Tidewater or Arcadia Chiffon Cypress are perfect for the laundry space. Both are options in Wellborn Cabinet, Inc.'s Aspire Series, which features concealed hinges with self-close functionality and matching interiors for a high-class look, even when the doors are open for business.

#### Closet

A cluttered closet may not be the first thing a guest notices, but it's a space you visit daily. Improving the organizational features can streamline your morning routine and put you in a more positive frame of mind to start each day. There's no right or wrong when it comes to closet design, but using cabinetry in place of open shelving and rods lends a more luxurious feel. Plan for adequate hanging and closed storage, and if space allows, be sure to plan for shoes and accessories since these items can easily contribute to a closet's disarray.

#### Mini Bar

If you fear you don't have room for a mini bar, you may be surprised. Reimagining a larder cabinet, like the ones Wellborn Cabinet, Inc. offers in 30-, 33-, 36- and 42-inch widths, can create an instant bar out of just about any wall space where you can fit a cabinet. Install it as a coffee bar or traditional bar, or add the optional Appliance Pullout shelf for more versatility.

#### Pantry

Guests may not find themselves in your pantry very often, but you likely use this space every day. Transform your pantry for heightened utility in simple ways like using clear plastic bins for small boxed foods or stylish wicker baskets to hide away snacks. For a more permanent solution, take advantage of unused space on the back of the pantry door with thin shelves for items like seasoning packets and smaller canned goods.

#### Guest Bathroom

Swapping out a tired vanity and countertop is a relatively affordable upgrade that can completely change the style of a secondary bathroom. Be sure to also update the fixtures for a more contemporary look and, if budget allows, replace the flooring. Finish the project with a fresh coat of paint in a light, airy shade and add new textiles and a few decorative touches to complete the job.

Find more ideas for updating unexpected spaces in your home at Wellborn.com.



## Hideaway Storage Spaces

One feature that enhances virtually any space is more storage. Having convenient places to tuck away all your stuff makes rooms feel more open and inviting. Hidden storage solutions are often better because you can enjoy the functionality they add to the space without interrupting your design aesthetic.

Here are some clever ideas for keeping necessary items tucked out of sight but within easy reach:

**Built-in Step Stool:** If you love the look of tall cabinets but struggle to reach the top shelves, a practical addition is a hidden step ladder in a pullout caddy. Specially designed ladders that fold down extra narrow and feature nonslip rubber treads make this a handy addition you'll reach for again and again.

**Paper Towel Pullout:** Keep paper towels hidden but close by hiding them in a pullout cabinet such as Wellborn Cabinet Inc.'s 12-inch-wide model, which features a built-in paper towel holder and bottom shelf ideal for organizing cleaning products. There's also a space behind the paper towels that's perfect for storing sponges and other kitchen supplies.

**Drawer Dividers:** While you can find many after-market options to organize the insides of your drawers and cabinets, choosing organizers designed to work seamlessly with your cabinetry creates a more polished look (and saves the headaches of measuring and guesstimating the fit). Tray dividers are useful for sorting cookie sheets and baking pans, while you can find dividers in a variety of heights to match drawers below the oven or where you store your cutlery. Another option that serves a similar purpose is pegs, which keep fragile items from shifting when drawers are opened or closed.



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# WEEKEND *Travel or stay! and Play*

A9

Weekend, Aug. 6-7, 2022

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## Route 66 and Buttertubs Pass: Top Ten Best Driving Holidays!

Eager travellers are being encouraged to get behind the wheel on their holiday to fully immerse themselves in the culture overseas.

Holiday car rental experts at StressFree-CarRental.com have put together the best driving holiday destinations for travellers to swap the taxi for a car.

Recommended routes including the famous Route 66 in America and the Garden Route in South Africa.

Yorkshire's Buttertubs Pass in England, known for its tight turns and steep descents, also makes the exclusive list.

A spokesperson from StressFreeCarRental.com said: "Driving whilst on holiday in another country is a great way to get into another culture because it allows you to be fully independent."

"You have the freedom to go where you like and explore your surroundings a bit more and it'll probably be cheaper than booking a taxi each day to get you around your destination."

"We've picked out some of the best places for driving whilst on holiday so you don't have to."

Here is StressFreeCarRental.com's best driving holidays in the world:

1. Great Ocean Road, Australia

Australia can offer many options when it comes to road-trips, with the vast open plains of the outback giving tourists some great adventures. One of the most idyllic stretches of road, however, is the Great Ocean Road. Starting in the city of Melbourne the 150 mile stretch follows the South Australian coastline allowing you to discover rainforests, remote beaches and the famous 12 Apostles.

2. Rocky Mountains, Canada

Journeying between Calgary and Vancouver allows you to take in beautiful views of glaciers, waterfalls and mountains. Driving the route is a unique way to visit attractions such as the Valley of the Ten Peaks and Wells Gray Provincial Park. Part of the journey takes you through Cochrane, giving you the ultimate cowboy experience.

3. The Trasfagarasan Highway, Romania

The journey entails 60 miles of winding road which cuts through the Carpathian mountain range. Due to its remote location, spend some time travelling towards the central Romanian highway, enjoying the views of Lake Vidraru. You'll be joined by local vendors on the side of the road selling their homemade cheese. The road is normally only open for the months of June to September due to the treacherous weather, so make the most of the route whilst you can.

4. Hai Van Pass, Vietnam

Motorbikes are the chosen mode of transport in Vietnam however cars are available. The 'Sea of Clouds', is 500 metres above sea level and joins the cities of Lang Co in the north and Da Nang in the south. The route offers hairpin turns and steep inclines showing off the dense greenery against the backdrop of the Da Nang Bay. There are many other routes similar to this in Vietnam, meaning your driving skills will be put to test.

5. Route 66, America

Perhaps one of the most famous roads in the world, at nearly 2,500 miles long, Route 66 makes for the road trip

of a lifetime. Linking Chicago to Santa Monica, the route gives you the opportunity to visit seven of America's 50 states and several famous landmarks, such as the casinos of Las Vegas and, with a short but extremely worthwhile detour, the Grand Canyon. It is possible to do the full journey in just two weeks but be prepared to drive nearly 180 miles a day in order to complete it.

6. Great Dolomite Road, Italy

The 86 mile long route allows you to explore the UNESCO-listed Dolomite Mountains. It runs between Bolzano and Cortina d'Ampezzo in the north of Italy and takes you through the rocky landscape of the Rosengarten area. Littered with small villages, traditional food is never far away. At its 2,239-metre peak, you begin to snake down a valley giving you views of Lake Carezza and Andraz Castle. It is passable in every season, although care must be taken in winter months.

7. The Garden Route, South Africa

Linking the Western and Eastern Capes, George is seen as the Gateway to the Garden Route. Situated at the foot of the Outeniqua Mountains, the lush green city is a stark contrast to the Cango Caves you must visit along this road. The Bloukrans Pass, home to the highest commercial bungee jump in the world, is perfect for adrenaline-junkies but the route also offers picturesque beaches and wonderful whale-watching spots.

8. Buttertubs Pass, Great Britain

The route which UK TV star Jeremy Clarkson described as "England's only truly spectacular road" can be found in the

heart of the Yorkshire Dales. The five-and-a-half-mile long route allows you to test your driving to the max, featuring steep climbs, fast descents and plenty of tight corners. Although only a short journey, the neighbouring villages and characteristic thin Yorkshire roads mean your driving experience doesn't finish once you reach the cheese-making village of Hawes.

9. The Ring Road, Iceland

The 828-mile-long ring road circles the whole of the island, allowing you to start and end in the same place, which tends to be the capital Reykjavik. Along the route you can enjoy the natural beauty of the Blue Lagoon, a geothermal park and a two-million-year-old river canyon. It is recommended to enjoy the trip between May and October to avoid the potentially dangerous roads. If you travel around late September you might even be lucky enough to catch the Northern Lights.

10. Ruta de la Plata, Spain

An easy way to save money on flights, driving to mainland Europe can be an amazing way to enjoy a unique driving experience. Following the Roman 'silver route', the Ruta de la Plata runs between Gijón and Seville on the western side of Spain. It will bring you through the UNESCO heritage sight of Salamanca as well as cities such as León. Although the original route is still passable on foot and bike, an adapted version is used for car journeys.

Find out about the easiest way to rent a car to explore the best driving holidays at StressFree-CarRental.com.

## WTTs Presents an Evening With The Avett Brothers

With night one already sold out, a second show has been added to The Avett Brothers tour stop in Indianapolis this summer – Sunday, Aug. 21 at MacAllister Amphitheater in Garfield Park.

Tickets for this added show are on sale now <https://fanlink.to/avett-brothers-2> as well as the HI-FI Box Office in Fountain Square (located in the Virginia Avenue Mercantile, 1043 Virginia Ave). Pricing options include \$55 - \$95. This is an all-ages show.

The Avett Brothers quickly rose to the top of the charts following their 2009 debut, and they've been rocking crowds and selling out shows ever since. These three-time GRAMMY Award nominees made mainstream waves with their 2009 major label debut, "I And Love And You," which landed at No. 16 on the Billboard Top 200 & garnered critical acclaim. In 2012, The Carpenter hit No. 4 on the Billboard Top 200, followed by "Magpie And The Dandelion" in 2013, which debuted at No. 5 on Billboard's Top 200. In 2016, the band was inducted into the North Carolina Music Hall of Fame.

2017's documentary "May It Last: A Portrait of The Avett Brothers" (co-directed by Judd Apatow and Michael Bonfiglio) chronicles the process of writing 2016's True Sadness (which debuted at No. 1 on Billboard's Top Albums chart, No. 1 Rock Albums, No. 3 on the Billboard 200, and scored 2 Grammy noms). The film was released theatrically & on HBO to rave reviews & is now available on DVD/Blu-Ray/VOD.

In 2019, the band released their 10th studio album, "Closer Than Together" feat. single "High Steppin'," which reached No. 1 on the Americana Radio Singles Chart. Newest album "The Third Gleam" (August 2020) debuted at No. 1 on Billboard's Americana/Folk Albums chart, No. 1 Rock Albums, and No. 1 Vinyl Albums. Single "Victory" hit No. 1 on the Americana Radio Singles Chart. Also in 2020, The Avett Brothers played 2 sold out drive-in shows at Charlotte Motor Speedway in the span of

three months and ended the year on a high note with a livestream of their 17th annual New Year's Eve concert. An estimated 150,000 fans watched the show, which featured a full-band performance and an impressive lineup of special guests. Coming in 2022: Swept Away - a musical inspired by & featuring the music of The Avett Brothers.

Calling All Vendors & Food Trucks

Interested in servicing 8,000 hungry fans? We are looking for Vendors and Food Trucks to join the party on Saturday, Aug. 20 and Sunday, Aug. 21 at Garfield Park. Interested parties should contact [dk@mokb-presents.com](mailto:dk@mokb-presents.com) to sign up.

MOKB Presents is an independent concert promoter focused on bringing the best live music to Indianapolis area venues including HI-FI, HI-FI Annex, The Pavilion at Pan Am, The Vogue, Garfield Park, White Rabbit Cabaret, LO-FI and more. Since its inception in 2008, MOKB Presents' is focused on attracting artists and high profile events to Indianapolis. Over the years MOKB Presents has been recognized for its horsepower behind breaking new bands in Indianapolis. In 2021, MOKB Presents has emerged from the pandemic in a growth state, aggressively adding talent and venues.

MacAllister Amphitheater in historic Garfield Park is one of Indy's best-kept secrets. The outdoor atmosphere, welcoming neighborhood and scenic park provides the perfect setting for Summer concert experiences. Fans are treated to amazing live music performances, food trucks, adult beverages and great people; all in one of Indy's oldest city parks. A portion of the proceeds from our Summer Concerts at Garfield Park benefit the Garfield Park Farmers Market and Indy Parks Foundation, which supports future community and music programs at Garfield Park. Past Summer Concerts have included Father John Misty, The Revivalists, Greensky Bluegrass, BORNs and Houndmouth. Garfield Park has also played home to the annual Holler on the Hill Music Festival.

## Janie Fricke, Moe Bandy, And More Have Been Added To The Country Music Cruise

The 9th Annual Country Music Cruise is set to sail Jan. 22-29, 2023, and is already 90% sold out. Organizers today announced the addition of Janie Fricke, Moe Bandy, and Sarah Gayle Meech to an already exciting lineup. The seven-day Country Music Party At Sea aboard Holland America's stunning Nieuw Amsterdam ship will feature more than 100 live performances and make stops in scenic St. Maarten and San Juan.

"The Country Music Cruise is my favorite week of the year when all we need to think about is enjoying warm weather on a beautiful ship, seeing old friends and making some new ones, and listening to great country music all day and all night," said Mike Jason, StarVista LIVE Senior Vice Presi-

dent, Live Entertainment.

In addition to headliners Randy Owen, Clay Walker, The Oak Ridge Boys, Mark Chesnutt, Neal McCoy, and Pam Tillis, the star-packed lineup includes Asleep At The Wheel, Johnny Lee, John Berry, Jimmy Fortune, T.G. Sheppard, Gary Morris, Darin & Brooke Aldridge, The Malpass Brothers, Ray Scott, Karen Hester – A Tribute To Dolly, Gil Grand "The Grand Tour", 50 Shades of Hay, Chuck Mead, Tim Atwood & Chrissy Sparks, and more to be added. Cruise host Nan Kelley, perennial favorites the Elvis Tribute Artists, and a very special Grand Ole Opry at Sea performance event return in 2023.

Guests onboard The Country Music Cruise enjoy live performances

in seven different venues from bow to stern throughout the week. Fans have unprecedented opportunities to meet and mingle with the stars at theme nights, panel discussions, Q&A sessions, jam sessions, and more aboard what has been called the ultimate country music party. The non-stop entertainment also includes Country karaoke, dueling pianos, corn hole tournament, line dancing, and theme nights.

Fares for The Country Music Cruise 2023 include all concerts, daily activities, delicious meals and so much more. For cabin rates and more information, visit [www.countrymusiccruise.com](http://www.countrymusiccruise.com) or call toll-free 866-476-2879.

StarVista LIVE creates unique entertainment

experiences that bring fans together to relive their favorite moments, create new memories, and enjoy unparalleled access to the superstars they love. StarVista LIVE events include the Malt Shop Memories Cruise, the Soul Train Cruise, The Country Music Cruise, The Flower Power Cruise, the '70s Rock and Romance Cruise, the Sandy Beaches Cruise, and the Ultimate Disco Cruise. StarVista LIVE is a division of Direct Holdings Global. Direct Holdings Global is a leading multi-channel marketer with a broad portfolio of products and services, most notably associated with the success of the StarVista and Time Life brands, delivered with a commitment to excellence and integrity.

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