

➔ TODAY'S VERSE

Isaiah 50:10 "Who is among you that fears the LORD, That obeys the voice of His servant, That walks in darkness and has no light? Let him trust in the name of the LORD and rely on his God."



➔ FACES OF HAMILTON COUNTY
People who call our community their own.

What makes Jon Page smile?
"Doing my spinning and weaving at Conner Prairie" and "winning" the Sheep to Shawl spinning competition at the 2019 Indiana State Fair, said the then 17-year-old Noblesville resident, who was co-captain of his Conner Prairie spinning team. Today's feature is a look back at one of *The Times'* previous Faces of Hamilton County. His dad bought the scarf for \$5,000 in a bidding war with another spinning youth volunteer parent. The then Noblesville High School senior was in his fifth year as a Conner Prairie youth volunteer. That fall, he was also found volunteering with the NHS Leo Club, which sponsored "goat selfies" as a fundraiser at a varsity football game at Beaver Materials Field. (Read about Friday night's "Chicken Selfies," a fundraiser for the Leo Club, in the Betsy Reason column in today's edition of *The Times*.) Jon is the son of Ryan and Annie Page and played rugby at NHS.

And Another Few Things...

1. Rummage Sale

It is time for the annual fall Rummage Sale at First Presbyterian Church of Noblesville, 1207 Conner Street (corner of Conner St. and 12th St.). The sale will be on Sept. 24 from 8 a.m. to 2 p.m. All proceeds will go to a variety of charitable organizations, both local and statewide.

Our treasures can now be yours! They have new and gently used clothing and shoes for the whole family, household items for every room in your house, including small appliances. You will also find many kitchen items, linens, rugs, towels, pictures, books, toys, jewelry, garden gadgets, holiday decorations, tools, small pieces of furniture and much more. Some brand name items and antiques may be found at the PW Boutique.

2. Coming Rail Strike

Indiana Chamber of Commerce President and CEO Kevin Brinegar commented on the ongoing negotiations between the nation's six largest freight railroads and 12 unions.

"We are on the verge of an economic disaster if a national rail strike occurs. This will have devastating consequences for Indiana manufacturers, especially those in the agribusiness and automobile industries, with those perishable commodities to be impacted almost immediately since there is no ability to delay those shipments. Hoosiers also will feel the effects given the country's already compromised food chain."

"If the remaining two unions do not agree to the deal that the 10 others have, the federal government must intervene. We are in contact with Indiana's congressional members and are urging them to raise this issue to a level of emergency with all they can to spur the necessary action."

3. Purdue Enrollment

This fall, total enrollment at Purdue University reached a record 50,884 students - just topping last year's 49,639 students - and marked the university's eighth straight record high. This includes 37,949 undergrads - also a record. The incoming freshman class is 9,354, still one of Purdue's largest but smaller than last year's record of 10,191, by intent.

Purdue admissions officers and recruiters have delivered this growth without diminishing the preparedness of incoming Boilermakers. Purdue received 68,309 applications for the fall of 2022, 28,284 more than in 2014, when Purdue switched to the Common Application, and 37,093 more than when Daniels arrived.

The average new student in Fall 2022 had a 3.74 GPA, an average SAT total of 1317 and an average ACT composite of 29.8. New, admitted students had an average SAT and ACT disclosure rate of 82.4%.

Purdue's commitment to affordability, highlighted by 11 years of frozen tuition and savings of more than \$1 billion dollars for families since 2012-13, has played a central role. But investments in quality have also been key, as has a rising national profile as a top national university.

The TIMES

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The Times photo courtesy of Betsy Reason

Myka Parra, 8, a third-grader at White River Elementary, poses for a photo with her aunt Katie Richey of Noblesville, as Noblesville High School Leo Club adviser John Smith holds a chicken during the NHS Leo Club "Chicken Selfies" fundraiser on Friday night at the Millers' home football game against Westfield Shamrocks. Leo Club members and NHS sophomores Renee Small (back from left), Alanna Puckett and Elizabeth Cecil volunteer at the booth.

'Chicken Selfies' Bring in Dollars for NHS Leo Club



BETSY REASON
The Times Editor

Who wouldn't want to have a selfie photo taken with a chicken?

Yes, that's right.

For a small donation, fans at Friday night's Noblesville High School Millers football game against Westfield Shamrocks had the opportunity to pose for a photo with a chicken.

You know, those domesticated birds that can't fly.

Since the pandemic, there's been a surge of people raising chickens in their backyard.

The Noblesville High School Leo Club sponsored Friday

night's "Chicken Selfies" at the football game. For \$3 a person or \$5 for a group donation (sometimes they accepted less), folks could get their photos taken with one of two chickens, owned by NHS senior Alanna Riley. When asked by the Leos, she graciously agreed to let the club borrow two of her chickens, which were chauffeured by her family to and from the game in a stroller.

Riley coached the Leo Club adviser, NHS art teacher John

➔ See BETSY Page A8

Noblesville Schools Earns National Distinction for Protecting Student Data



CoSN yesterday awarded the Trusted Learning Environment (TLE) Seal to Noblesville Schools in Indiana. This is the second district in the state to earn the TLE Seal, a national distinction awarded to school districts that demonstrate a tangible commitment to protecting student data through modern, rigorous policies and practices.

The CoSN TLE Seal Program is the only privacy framework designed specifically for school systems. TLE Seal recipients are currently protecting the priva-

cy of over 1 million students annually and providing privacy training for almost 70,000 teachers nationwide.

"As education technology needs and tools continue to grow and evolve, Noblesville Schools is committed to protecting our students' and staff's data," said Noblesville Schools Director of Technology Andrew Swickheimer.

"Earning the Trusted Learning Environment Seal reiterates

➔ See DISTINCTION Page A8

Local Housing Market Down From Last Year



August home sales decreased slightly in central Indiana as sale prices and available inventory continue to trend upward. The August residential real estate market in both Hamilton County and Noblesville was quieter, with fewer homes sold and prices continuing to increase.

In August, pending home sales were down 16.4 percent in Hamilton County compared to this time last year. The average Hamilton County home sale

price continued to increase, up 14.1 percent to \$474,492 - the highest average home sale price in central Indiana for August. Housing inventory in Hamilton County also continued to increase significantly - up 84.5 percent - compared to Aug. 2021.

Noblesville home sale prices also continued to increase in August, up 19 percent to an average sale price of \$413,766. The price per square foot for a home in Noblesville also increased 22.3 percent to \$190.85. Homes in Noblesville sold in the same amount of time as this time last year, selling in 13 days.

Monthly real estate statistics from F.C. Tucker Company revealed that central Indiana housing inventory increased 52.3 percent compared to this time last year, while pending

➔ See HOUSING Page A8

➔ INSIDE TODAY

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➔ HONEST HOOSIER

Here's a tip of the seed corn cap to gas prices staying under \$5 a gallon ... and did you ever think we'd be celebrating THAT!



➔ TODAY'S QUOTE

"Out of the mountain of despair, a stone of hope."
- Martin Luther King, Jr.

➔ TODAY'S JOKE

Where do peanut cars go to fill their tanks?
The Shell station.

➔ TODAY'S HEALTH TIP

Pregnant women can get flu vaccine. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in *The Times* and online at www.times24-7.com.



➔ OBITUARIES

- Robert (Bob) Earl Anderson
- Charles W. Baird
- Carolyn Sue (Edwards) Brinkman
- Emily Mayre Morrow
- Hannah E. Surber

The Times appreciates all our customers.

Today, we'd like to personally thank

TIM STEWART

for subscribing!



13 WTHR 7 DAY FORECAST

56/74 PARTLY CLOUDY TUE	57/81 SUNNY AND WARMER WED	59/82 SUNNY THU	61/85 SUNNY FRI	64/86 MAINLY SUNNY & WARMER SAT	65/87 MAINLY SUNNY SUN	65/87 WARM MON
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OBITUARIES

Carolyn Sue (Edwards) Brinkman August 25, 1937 - September 6, 2022

Carolyn Sue (Edwards) Brinkman, 85, Indianapolis, passed away on Tuesday, September 6, 2022. She was born August 25, 1937 in Homer, Indiana.



Mrs. Brinkman graduated from Manilla High School where she was a cheerleader and participated in choir and theater. She was accepted at Ball State University before working at Western Electric, later at Smith-Alsop and finally starting her own business with her husband Bill, as general contractors.

She was a devoted mother, grandmother, and great grandmother, who took care to fill her family's days with love, especially our birthdays and holidays, and attended our countless shows and sporting events, giving us support and encouragement especially when our performances might have been less than stellar.

Mrs. Brinkman was a fan of both IU and Purdue, as well as Ball State, ISU, and IUPUI sports teams, equally supporting all our college choices, and proudly wearing the athletic wear of each.

She enjoyed bowling in her younger years earning several trophies which she modestly never displayed.

She loved to laugh and make others laugh, whether she was giving the family dog the first bite of the sandwich Bill had just meticulously prepared for himself, replying to a slow response to a question with a cartoon voice or purposely giving a huge toothy grin after eating Oreos.

Mrs. Brinkman was strong and fearless, working in factories to single-handedly support her family of three kids for several years in the 70s, and later taking on the challenges of running a business office for 30 years as a general contractor.

She had a huge collection of cookbooks and was the go-to at family gatherings for her homemade BBQ ribs, green bean casserole, macaroni and cheese, and potato salad; she also liked to sew clothing and do embroidery.

She enjoyed her two episodes of Little House on the Prairie in the afternoon, all her Food Network cooking shows and keeping QVC in business.

Mrs. Brinkman also enjoyed the music of Tom Jones and Mac Davis in her younger days, seeing musicals, and later hearing Mandy Patinkin sing.

She was her family's Google since long before it existed, and they thought she was the smartest person they knew. And she loved all of them as much as they loved her.

She's now in heaven with family and friends she's missed, feeling no pain and enjoying her mom's fried chicken, a big bag of Cheetos, and a bowl of vanilla ice cream with chocolate syrup while she waits for us.

Although we already miss her, one day we know we'll all be together once again to enjoy her hugs and the sound of her laughter. Her family would like to thank the caregivers at Brickyard Healthcare for looking after mom with such care and compassion; they appreciate you all.

Survivors include her brother Frank Edwards; four children Jack Dan, James (Sharon) Dan, Linda (Steve) Hamrick and Mark (Mindy) Brinkman; seven grandchildren; and four great grandchildren.

She was preceded in death by her husband William Brinkman; parents Olin and LaNelle Edwards; four sisters Betty, Edna, Annabelle and Clara Jo; three brothers Dallas, Ralph and Lynn; and an infant granddaughter.

There will be a visitation for her from 2-5 p.m. on September 17, 2022 at the Family Life Center at Emmanuel United Methodist Church at 16000 Cumberland Rd, Noblesville, Indiana.

Memorial contributions may be made to Peyton Manning Children's Hospital at give.stvincent.org/PMCH.

Emily Mayre Morrow

October 4, 1999 - September 10, 2022

Emily Mayre Morrow, 22, of Fishers, passed away on Saturday, September 10, 2022.

She was born on October 4, 1999 in Indianapolis, Indiana.

Ms. Morrow was a cheerleader on the Indiana Elite squad. She was very artistic and loved singing and doing hair and makeup. She was recently baptized as a Christian and attended Hamilton Hills Church. She had a love for animals. Ms. Morrow was compassionate and tender hearted, always wanting to help others. She was loved deeply, as she loved deeply. She will be dearly missed. Our loss is heaven's gain!



Survivors include her parents Patrick and Michelle (Durham) Morrow; sister Brittany Morrow; fiancé Thierno Berry; grandmother Mayre Paulette Kulb; and aunts & uncles Cheryl Morrow, Jeff Morrow (Debbie), George Durham II (Trisha), Vicki Malone (Sal), Kelly Lodde (Greg) and Lyndsey Snyder (Brian).

She was preceded in death by her grandparents Bill and Ruth Morrow and George Durham Sr.

Visitation is scheduled to be held from 11 a.m. to 2 p.m., with a Celebration of Life scheduled for 2 p.m., on Friday, September 16, 2022 at Randall & Roberts Fishers Mortuary, 12010 Allisonville Road, in Fishers. Pastor Matt Thistle will officiate. Burial will be at Oaklawn Memorial Gardens in Indianapolis.

Memorial contributions may be made to Josiah White's, 5233 S 50 E, Wabash, Ind. 46992 (https://host.nxt.blackbaud.com/donor-form?svcid=renxt&formId=d9b0b3b4-2890-4ec9-b22d-a0b-f6e6d9927&envid=p-0u0E_3UbukqwerU5u0DDUQ&zone=usa).

Online condolences may be made at www.randallroberts.com.

Hannah E. Surber

March 7, 1981 - September 6, 2022

Hannah E. Surber, 41, of Noblesville, passed away on Tuesday, September 6, 2022 at Riverview Health in Noblesville.

She was born on March 7, 1981 to Clayton and Sally (Cannon) Surber in Noblesville, Indiana.



Ms. Surber was a 1999 Honor Society recipient and received her Bachelor's degree from Indiana University. She worked for over 10 years as a pharmacy technician. She was artistic and created many different types of string art. Ms. Surber also loved dogs.

Survivors include her son Garion Eaton; and mother Sally Surber.

She was preceded in death by her father Clayton Surber.

No services are planned. Ms. Surber's family has entrusted her care to Randall & Roberts Funeral Homes. Online condolences may be made at www.randallroberts.com.

Robert (Bob) Earl Anderson

July 2, 1929 - September 7, 2022

On September 7, 2022 Bob Anderson, 93 years of age, heard the words "well done, good and faithful servant."



He was born on July 2, 1929 to Robert S. and Martha (Quinn) Anderson of Lafayette, Indiana.

Mr. Anderson dedicated his life to serving and helping others whether through church, community, business, life insurance sales and by donating financially to many organizations. He did it all with a humble heart.

Being raised on a dairy farm taught him the work ethic that continued throughout his life. As a youth he was a 10-year member of 4-H that impacted his life and continued with his children and grandchildren all being 10-year members. After graduation from Klondike High School, then BS from Purdue Agriculture in 1951 and member of Alpha Gamma Rho Fraternity, Mr. Anderson served in the Army at Fort Leonardwood, Missouri. He married his high school sweetheart Maurine Kathryn Stump on June 7, 1952. They met at a Sunday night church youth group and their Christian Faith was the foundation for their 66 years of marriage. His love and dedication to his three daughters was above and beyond in influencing their lives to continue the legacy of giving, strong work ethic and Christian values.

His passion for farming continued his entire life as he farmed 300 acres and had 50 head of Angus cows on the farm in Noblesville; but this was just his part time job. On February 1, 1957, Mr. Anderson started with Equitable Life Assurance Society and finished an exceptional career 42 years later. Some of his many awards included: "Equitable Hall of Fame", 1977 Hoosier Life Underwriter of the Year, over 30 years as a Life Member of the Million Dollar Round Table and National Quality Award, President of Indiana State Association of Life Underwriters and Indiana Leaders Club.

His leadership skills and influence were displayed in the community as well with: He was the founding member of the Noblesville Kiwanis Sunrisers club in 1976 that has raised over \$300,000 for local charities over the years. Twice he was Lt Governor for the Indiana District and helped start the clubs at Sheridan and Fishers. Many Saturdays, Mr. Anderson was serving pancakes to raise money for the Boys & Girls club or local youth sport teams. His time and talents were donated to the First Christian Church as long time Finance chair, Elder and board member. He also mowed the lawn for 25 years. He was on the Riverview Hospital Memorial Foundation that raised money for many services and equipment at the hospital. On June 29, 2018, Mr. Anderson and his wife were presented the Community Service Award for their lifetime dedication and service to the Noblesville community. They donated a Pavilion at Forest Park for families to enjoy. The city of Noblesville proclaimed January 19, 2021 as "Bob Anderson Day."

He Anderson loved God with a passion that enabled him to be a generous giver of his talents, time and monies. He had a passionate and fierce love for his family that will miss him yet take great comfort knowing they will see him again in Heaven. He left a legacy of giving here on earth that will continue to touch lives for many years.

Survivors include his three daughters Sara Anderson of Modoc, Ind., Gretchen Anderson Perigo (Dann) of The Villages, Fla. and Charlotte Anderson Carr of Lady Lake, Fla.; sister Barbara Jean Macklin of Rocky Ford, Colo; four grandchildren Ben Davis, Luke Gunn, Kate Skelley and Levi Perigo; four great-grandchildren Jackson Davis, Audrey Davis, Cambryn Perigo and Josie Perigo.

In addition to his parents, he was preceded in death by his wife, Maurine K. Anderson; and brother Richard Anderson.

Services are scheduled to be held at Noblesville First Christian Church, 16377 Herriman Blvd. in Noblesville on Tuesday, September 20, 2022. Visitation is scheduled to run from 10-11 a.m. followed by the service. Burial will be at Tippecanoe Memory Gardens in West Lafayette, IN.

Memorial contributions may be made to Kiwanis International, Kiwanis Children's Fund, PO Box 6457- Dept #286, Indianapolis, Ind. 46206. <https://www.kiwanis.org/childrensfund/give> or to Boys and Girls Club of Noblesville, 1700 Conner St, Noblesville, Ind. 46060

Online condolences may be made at www.randallroberts.com.

Charles W. Baird

March 15, 1930 - September 11, 2022

Charles W. Baird, 92, Noblesville, passed away on September 11, 2022.

He was born in Horton, Indiana on March 15, 1930 to Willie F. and Vada (Millikan) Baird.

Mr. Baird was a 1948 graduate of Westfield High School. He served in the U.S. Army during the Korean War and was self-employed as a master carpenter/builder his entire working life. He enjoyed playing cards, planting tomatoes in his garden each season, spending time with his family, a good laugh and watching sports.



On November 16, 1951, he married Joy Dill and they enjoyed 70 years together.

Survivors include his wife; son Kirk (Laura) Baird; daughter Karen Baird; two granddaughters Kristin (Shaun) Laird and Lauren Walker (Robert Karr); great-grandchildren McKenna, Sammy, Lacie, Henry, Graysen and Harper.

He was preceded in death by his son Gary Baird; and three sisters, Barbara Inman, Margaret Moore and Wilda Pitts.

Randall and Roberts will be handling the arrangements. There will be no services or calling.

Memorial contributions may be made to the Parkinson's Foundation (www.parkinson.org) or to your favorite charity.

Please visit www.randallroberts.com for online condolences or to share a favorite story or memory about Charlie.

The family would like to thank the doctors, nurses and staff at Riverview Hospital and Harbour Manor, as well as Brighton Hospice for their care.

Meeting Notes

Hamilton County Parks & Recreation Board

Meeting Agenda
HCPR Administration Building, 400 Lafayette Road, Noblesville
September 19 at 6 p.m. (*5:30pm-Executive Session-Land Acquisition/Litigation/Personnel)
1. Call to Order
2. Approval of August 15 Minutes
3. Finance Report:
A. Approval of Payroll
B. Approval of Claims
4. Committee Reports
A. Foundation Update
5. Old Business:

Carmel Plan Commission

Meeting Agenda
Tuesday, September 20 at 6 p.m.
Council Chambers, Carmel City Hall, 2nd Floor One Civic Square, Carmel
How to view electronically:

- AT&T Cable Ch. 99
- Digital Ch. 64.45
- Metronet Ch. 33
- Spectrum Cable Ch. 340

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• YouTube.com/CityofCarmel
• <http://carmelin.newswagit.com/views/1>

Agenda:
A. Call Meeting to Order

- B. Pledge of Allegiance
- C. Roll Call
- D. Declaration of Quorum
- E. Approval of Minutes
- F. Communications, Bills, Expenditures, & Legal Counsel Report
- G. Reports, Announcements & Department Concerns

1. Outcome of Projects at Committees:

a. Commercial: Docket No. PZ-2022-00118 DP/ADLS: The GOAT - 4-0 favorable recommendation to the full Plan Commission

b. Residential: PZ-2022-00117 PUD: 96th and Haverstick PUD Rezone - Tabled to Thursday, Oct. 6

H. Public Hearings
1. Docket No. PZ-2022-00119 DP/ADLS: Flora on Spring Mill

a. The applicant seeks site plan and design approval for a residential neighborhood consisting of 12 brownstones, 12 two-family homes, 10 single-family homes, and 86 townhomes on 18.31 acres. The site is located at 9950 Spring

1. Mill Rd. and is zoned Flora PUD, Ordinance Z-676-22.

A. Filed by Jim Shinaver and Jon Dobosiewicz of Nelson & Frankenberg on behalf of Pittman Partners, Inc. and Onyx and East, LLC.

2. Docket No. PZ-2022-00147 OA: Legacy PUD Amendment.

a. The applicant seeks approval to amend the Legacy PUD text in order to increase the number of permitted units in the PUD and increase the number of

- Project updates
 - HC Farms and Bray Family Homestead Park Master Plans
 - Coxhall Gardens
 - Williams House update
 - Campground
 - Water and septic update
 - Nation's trail update
 - Grant-Next Level Conservation Trust
 - Miscellaneous
 - Morse Beach House Renovation
 - Director's Report
 - Deputy Director's Report
 - Additions/Announcements

apartments permitted. The site is located southwest of 146th Street and Community Drive. It is zoned Legacy PUD Z-501-07 as amended. Filed by Nelson & Frankenberg, LLC on behalf of Advenir Oakley Development, LLC.

3. Docket No. PZ-2022-00149 DP/ADLS: Clay Terrace - Hilton Tempo Hotel.

a. The applicant seeks site plan and design approval for a new hotel on 1 acre. It will be 5 stories tall (70') with 150 rooms and a rooftop restaurant. The site is located at 14311 Clay Terrace Blvd. in Clay Terrace. The site is zoned PUD (Z-662-20). Filed by Mark Leach of Faegre Drinker on behalf of Lisa Callahan of Washington Prime Group and Christopher White of Equicor Hotel Group, LLC.

4. Docket No. PZ-2022-00167 Z: 1st Avenue SE C2 Rezone.

a. The applicant seeks to rezone 4 parcels from the B5 Business, R2 Residential and R3 Residential Districts within the Old Town Overlay Character Subarea to the C-2 Mixed Use District. The site is generally located on the west side of 1st Avenue SE, between 1st Street SE and Supply Street. Filed by the Department of Community Services on behalf of the Carmel Plan Commission.

I. Old Business
1. Docket No. PZ-2022-00118 DP/ADLS: The GOAT.

a. The applicant seeks site plan and design approval for a building addition/remodel on 0.2 acres. The site is located at 220 2nd St. SW in Frank Hawkins Addition Lot 1. The site is zoned B-2 and is within the Old Town Overlay, Character Sub Area. Filed by Ben Bemis of FEC Inc. on behalf of Kevin Paul, owner.

J. New Business
1. Docket No. PZ-2022-00143 ADLS: North End Pool

a. The applicant seeks site plan and design approval for a new pool and pool house at the North End Development. The site is located north of Mariposa Trail and Freeland Way and is zoned UR/Urban Residential. Filed by Rebecca McGuckin with Old Town Companies.

K. Adjournment

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Indiana Schools to Compete for \$1K Grant from Colts, American Heart Association

With the start of the National Football League (NFL) season, schools in Indiana will have the opportunity to compete for a \$1,000 grant from the American Heart Association and Indianapolis Colts as part of the NFL Play 60 program and this year's Race to Super Bowl LVII activation.

From Sept. 26 to Oct. 26, students can track their minutes of physical activity within the Group Play feature of the free NFL Play 60 app, which is available for iOS and Android.

The Group Play feature, designed for classroom and after-school program use, includes a leaderboard function that allows for healthy competition between classrooms, grades and schools.

At the end of the challenge, 32 schools, one per NFL team, will receive a \$1,000 grant to use for physical activity equipment. One national winning school will receive an additional \$1,000 grant.

"Rallying around our hometown team, the Indianapolis Colts, is a great way to help kids get the 60 minutes of physical activity that is recommended each day," said Dr. Sandeep Dube, president of the American Heart Association's Indianapolis board of directors. "Getting active for 60 minutes a day is critical as kids who are regularly active have a better chance of a healthy adulthood."

The grant competition is just one component of this year's NFL Play 60 program.

This year's in-school activation, Race to Super Bowl LVII, will provide students opportunities to get physically active throughout the 2022-2023 NFL season from Kickoff to the 2023 NFL Draft.

Another way students can get active with Race to the Super Bowl LVII is through a series of NFL PLAY 60 Fitness



American Heart Association.

Break broadcasts. The first of three broadcasts will air this Thursday at 1 p.m. This 15-minute, synchronous back-to-school, back-to-football broadcast features the Los Angeles Rams and the Carolina Panthers. The broadcast helps students to understand the connection between physical activity and classroom performance along with opportunities to move with exercise segments.

Two additional Fitness Break broadcasts will be held later in the school year. A Super Bowl broadcast will be held on Feb. 15 and an NFL Draft broadcast on April 26. Advanced registration for all three broadcasts is required via www.heart.org/nflplay60.

The American Heart Association, devoted to a world of healthier lives for all, recommends that kids get a minimum of 60 minutes of vigorous physical activity each day. Developing healthy habits and reducing sedentary behaviors in kids is key to immediate and long-term health benefits that can play a role in the classroom experience.

According to the U.S. Department of Health and Human Services' 2018 Physical Activity Guidelines for Americans, active kids learn better, focus more, think more clearly, react to stress more calmly, and perform and behave better in the classroom.

In addition to the Race to Super Bowl LVII activities, students and teachers can access on-demand exercises from the 32 NFL teams in the digital NFL PLAY

60 library to help them reach their recommended 60-minutes of daily physical activity.

For more information on NFL PLAY 60, visit heart.org/NFLPLAY60.

About the American Heart Association:

The American Heart Association is a relentless force for a world of longer, healthier lives. They are dedicated to ensuring equitable health in all communities. Through collaboration with numerous organizations, and powered by millions of volunteers, they fund innovative research, advocate for the public's health and share lifesaving resources. The Dallas-based organization has been a leading source of health information for nearly a century.

About NFL PLAY 60:

For 15 years since 2007, the NFL PLAY 60 initiative has served as the League's national youth health and wellness initiative to encourage millions of kids across the country to get physically active for at least 60 minutes a day and fuel the body with nutritious foods.

With more than \$360 million to youth health and fitness through PLAY 60 programming, grants and awareness campaigns, the NFL, its 32 clubs and its PLAY 60 partners have provided more than 38 million children the resources they need to boost their activity levels by supporting programs in over 73,000 schools and constructing more than 280 youth fitness zones nationwide.

For more information, visit NFL.com/PLAY60.

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2022 Flix and Float Schedule

 June 18th Moana G	 June 24th Finding Nemo G	 July 1st Jumanji PG-13
 July 16th Waterhorse G	 July 22nd Encanto G	 July 30th The Shallows PG-13
 August 13th The Goonies PG	 August 20th Dog PG-13	 September 3rd Top Gun PG

Cost: \$5 per person / Members get in free

Flix & Float Sponsors:

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*APY is Annual Percentage Yield. APY is effective as of 9.9.22 and is subject to change without notice. Minimum balance to open account and obtain APY is \$1,000.00. Early withdrawal may be subject to penalty. Fees may reduce earnings on the account. **Minimum \$25,000 to open account.

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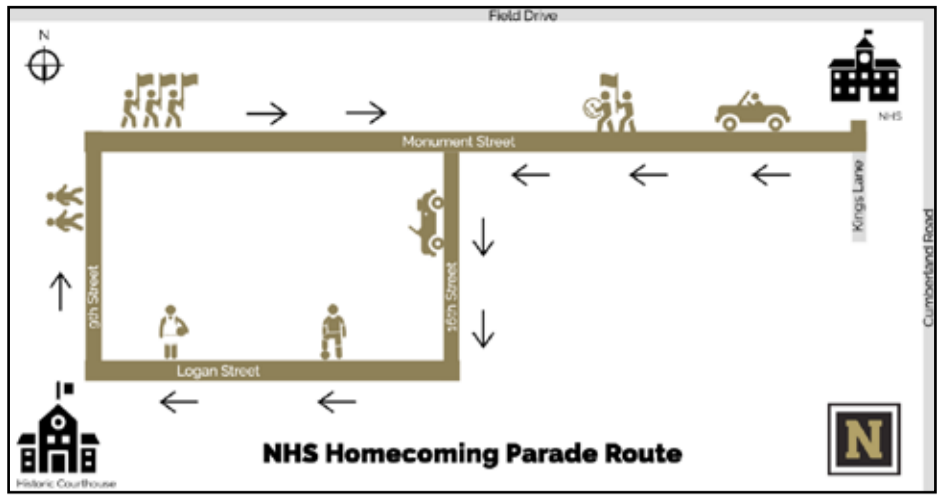


Photo courtesy of Noblesville Schools

Noblesville Homecoming Returns Once Again!

Noblesville's favorite parade is coming soon! Noblesville schools will release 30 minutes early on Friday, September 23 for Homecoming and the parade will start at approximately 4 p.m. The football game is at 7:30 p.m. that evening against Franklin Central. The parade route will run from Noblesville High School up Monument Street, then left on 16th Street before turning right onto Logan Street. The parade will continue up Logan Street to the Historic Courthouse in downtown Noblesville before turning right on 9th Street. The parade will finish up by going back up Monument Street to Noblesville High School. A detailed map is pictured above on the left. On the right, NHS Cheerleaders at last year's homecoming parade.

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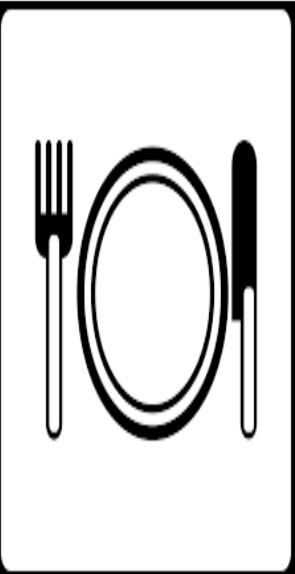
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Photos courtesy of Lincoln

2022 Lincoln Corsair Trades Elvis for McConaughey

I know, I know, Matthew McConaughey drives a Lincoln. So did Elvis Presley, who owned a Mark III and gave away Mark IVs like party favors. The King made them cool, but McConaughey is making them relevant. His commercials highlight the fact Lincoln has transformed from building block-long plushmobiles to offering all versions of SUVs without losing its American spirit. Drive the 2022 Corsair Reserve and you just might prefer it to its rivals.

There's a certain flash American flair to the Corsair's big mesh grille and long nose, but also hints of Range Rover in the sleek sheetmetal and shooting brake roofline. Its basic architecture is shared with the Ford Escape, but it presents as a larger and more substantial vehicle

riding on 20" alloy wheels and exhausting through twin chrome outlets. A full raft of LED lights, including a wide strip across the power liftgate, add distinction.

Moving inside, stylists blended traditional Lincoln elements with a more European flair. Soft leather and woodgrain dash trim meet heated and ventilated seats that can have right and left sides of their bottom cushions independently adjusted. Rear seats and the steering wheel are also heated. Add to that dual-zone automatic climate control, panoramic sunroof, and rain-sensing wipers. Everything feels expensive, but also posh with a thick slice of technology.

Tap into the intuitive touchscreen infotainment (with actual volume/tuning knobs) to control

the smooth Revel audio system and connect devices via Apple CarPlay and wireless charging. Driving is made easier with a reconfigurable flatscreen instrument display and widescreen head-up display that shows speed and navigation hovering over the hood. Safety is further enhanced by blind spot warning, lane keep assist, rear cross traffic alert, and adaptive cruise control systems.

I assure you no Lincoln from the '70s can match the Corsair's performance. Where it once took gigantic V8s to shove Elvis' rides down-road, the Corsair Reserve ravages left lanes with its 2.3-liter turbocharged four-cylinder making 295 horsepower and 310 lb.-ft. of torque — all routed to the all-wheel-drive system through an eight-speed automatic

2022 Lincoln Corsair Reserve

Five-passenger, AWD Crossover
Powertrain: 2.3-liter T4, 8-spd trans
Output: 295hp/310 lb.-ft. torque
Suspension f/r: Elect Ind/Ind
Wheels f/r: 20"/20" alloy
Brakes f/r: disc/disc
Must-have features: Style, Simplicity
Fuel economy: 21/28 mpg city/hwy
Assembly: Louisville, KY
Base/As-tested price: \$36,580/\$58,505

transmission. Select drive modes to configure the powertrain from sedate to sassy. Fuel economy rates 21/28-MPG city/highway, which would wholly embarrass any classic Lincoln.

So would its handling. An electronic adaptive suspension system provides a comfortable ride on the highway and on city streets, but tightens it near instantly and automatically when tossing

through corners or planting a landing off of a bridge or ramp. No bouncing allowed. Heavy steering adds to the feeling the Corsair is much larger than it seems from the outside.

You may be surprised given all of the luxury compacts I've driven that the Lincoln Corsair is one of my favorites. Lincoln embraces its American heritage, but translates it for today's drivers. I especially like the luxury fea-



CASEY WILLIAMS
Auto Reviews

tures plus a comprehensive infotainment system that couldn't be easier to use. The turbo-four is a delight. It does it all, beginning at \$36,580 and rising to \$58,505 as tested. Competitors include the Acura RDX, Mercedes-Benz GLB, Cadillac XT4, Infiniti QX50, GMC Terrain Denali, and Lexus NX. Storm Forward!

Send comments to Casey at AutoCasey@aol.com.

The Story of 'The Redhead and Cat'



CARRIE CLASSON
The Postscript

Here's the thing: I'm not superstitious.

It all started when I was still in Mexico, visiting a gallery, and I saw a painting across the room. The composition was striking. The bottom third was black and the top two-thirds were filled with a deep blue sky and great white clouds rising from the horizon. There was a bare tree on the right side and on the left was a full moon. I felt pulled into the gallery and across the room to see the picture, and that's when the figures in the foreground became clear.

Standing beside the tree were a woman and a cat. The woman had brilliant red hair. The cat was small and gray, and I felt something in me stir.

"The Redhead and Cat," the painting was called.

My best girlfriend, Angel, my biggest support to me when I started writing, had been a redhead, and my cat, Lucy, my muse every step of the way, was a small gray cat. They were both now long dead, but there they were, in front of this blue sky with the rising moon in the background.

I'm not superstitious, but having those two looking over me as I wrote seemed like a good idea. I brought the painting home to the U.S., and I got around to hanging it up just the other day.

That's when funny things started happening.

I've been grumpy. It's nothing big. It's nothing important. It's just the usual stuff that adds up like paper cuts. Working with no apparent progress. Feeling alone. Wondering if I am on the right track. Wondering if there is a track at all. That sort of thing.

It wears at the soul—when hopefulness starts to

fray, and instead of facing the day with excitement, I just feel tired.

As I hung the painting, I tipped my head back and lost my balance. My favorite reading glasses slipped off my head and onto the floor just in time for me to catch myself and step on them. Crunch.

I grumbled. They were prescription glasses. Grumble.

The next day, I was still grumpy. I sat down at my computer and, to my surprise, found I had typed:

] am rrtuyi]ng rto
 "What the heck?!" I tried again.

] am rrtuyi]ng rto

I unplugged my keyboard and plugged it in again. I got the same results. The keyboard was unusable. I grumbled again. I reached for a pen to take notes. My hand felt wet. The pen had exploded, and my hand was covered in ink.

It wasn't until then I remembered the painting on my wall.

Honestly, I am not superstitious. But I did ask them, after all.

Directly or indirectly, I asked my two loyal companions to help me, to both encourage me and, I guess, show me the error of my ways when I got lost—when I was grumpy, or failed to remember what matters.

What matters is the glorious journey. What matters is this wonderful day. Sure, it's corny, and it's been said so many times that sometimes it loses meaning, but that doesn't make it any less true.

This time, sitting at my desk, this time is sacred. It is short. It is precious. And I am a fool not to rejoice in the little time I have.

So Angel and Lucy are watching over me. They might be doing no more than that. But perhaps, from time to time, they may take a more active hand and provide me with a much-needed reminder of what a great fool I can be.

Till next time,
Carrie

Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.

What You Should Know About Cold Sores

I saw a patient with a rather large "cold sore" on his upper lip the other day and he asked me to write a column on this unsightly condition.

People use the term "cold sore" to describe different types of lesions that occur on the lips or inside the mouth. I have not been able to locate the origin of the term, but I presume that it came into being to describe sores that sometimes appear when a person has an illness like the common cold.

I want to focus on one particular type of infection, herpes simplex. If you think this condition is caused by a herpes virus, give yourself a gold star; this family of viruses has appeared in this column before. If you recall, a particular type of herpes virus causes chicken pox and shingles.

There are two distinct types of herpes simplex viruses, HSV-1 and HSV-2. Lesions on the lips are caused by HSV-1 about 80 percent of the time. The remaining 20 percent of infections are found in the genital area. Conversely, HSV-2 causes about 80 percent of genital infections and 20 percent of oral infections. In adolescents, about 30-40 percent of genital infections are caused by HSV-1, probably due to the rise of oral sex in this age group.



JOHN R. ROBERTS, M.D.
Hamilton Health

Most adults (about 80 percent) have antibodies to HSV-1 in their bloodstreams meaning they were infected by HSV-1 at some point in their lifetimes. Most initial infections occur in children aged six months to three years. Despite the high rate of infection, only about 30 percent of people show any outward signs of infection. Antibodies to HSV-2 are found in about 20 percent of adults.

HSV is spread through respiratory droplets, saliva or from skin-to-skin contact. The viruses can't invade intact skin, so there must be breach in the skin barrier for them to enter the body. The virus can also invade mucus membranes that are found inside the mouth and in the genital area and can also enter through abraded skin which is why HSV infection is found frequently in wrestlers.

Most initial or "primary" HSV infections in

people with intact immune systems are mild and often without symptoms. The incubation period from exposure to lesion appearance averages about four days.

HSV lesions start with some tingling, itching, or burning at the site of infection. This is usually followed by swelling a day or so later and the formation of small blisters or vesicles. The virus causes skin cell death so often the lesions become dark or even black. They eventually scab over and the cycle repeats itself at some point in the future.

Just as with other herpes infections, once the primary infection is over the virus enters a dormant phase inside nerve cells, waiting to re-emerge at some later date.

There are various stimuli or triggers that can cause reactivation of herpes simplex. These include fever, physical or emotional stress, ultraviolet light exposure, suppression of the immune system, and nerve injury. Recurrent infections tend to be less severe because the body usually mounts an immune response more rapidly.

For some people, particularly those with weakened immune systems, HSV infection can be very serious. It can lead to brain infections (encephalitis) and can also spread throughout

the body infecting various organs. Herpes encephalitis kills 60 to 80 percent of its victims. Infections in newborns can be very serious.

HSV infections can be treated with oral antiviral medications like Zovirax (acyclovir), Famvir (famciclovir) and Valtrex (valacyclovir). There is also a topical drug available called Abreva. The drugs stop the reproduction cycle of the virus by inhibiting the replication of viral DNA. Despite treating the infection, there is no cure to rid the body of the virus.

Most physicians recommend starting an oral antiviral at the first sign of a recurrence. This often shortens the duration of the infection and may prevent it from progressing altogether. Some people who have frequent recurrences may need to take daily antiviral medication to prevent outbreaks.

Sufferers of recurrent herpes simplex should avoid triggers. Probably the most effective preventative measure is to stay out of the sun or at least use a lip balm containing a high SPF sunscreen. People with active infections should avoid kissing others and abstain from oral sex.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine.

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How Will Female Hoosier Voters Respond to SEA1?

On Sept. 15, about five weeks after the male-dominated Indiana General Assembly passed and Gov. Eric Holcomb signed some of the most sweeping abortion restrictions in the nation, SEA1 goes into effect.

Some of the reactions have been predictable. The American Civil Liberties Union filed suit to block the new law and, in a second filing, claims that SEA1 violates Indiana's Religious Freedom Restoration Act.

Carson Gerber of CNHI reports that SEA1 will send more kids into the state's swamped foster care system, observing that 10 out of every 1,000 children will enter that system (the national average is 6 out of 1,000). "The projected uptick comes as the state's child welfare programs face ongoing strain from a severe worker shortage that has forced some agencies to delay critical services," Gerber reports. "The strain is tightened by the lack of foster families available to take in about 13,000 children who need homes. More children coming into the foster system would



BRIAN HOWEY
Howey Political Report

add to an already large pool of kids who need help in Indiana, which consistently ranks among the top five states for the number of kids being placed in foster care."

Then there are new political realities. A late August Wall Street Journal poll revealed that 60% of respondents believe abortion should be legal in all or most cases, up 5% from March. "Republicans were cruising, and Democrats were having a hard time," said Republican pollster Tony Fabrizio. "It's almost like the abortion issue came along and was kind of like a defibrillator to Democrats. Male independents did not really change. Female independents, because of the abortion issue, changed

their opinions and their votes."

According to Tom Bonier, CEO of the Democrat-consulting group TargetSmart, Indiana has seen a 6% female gender gap in new voter registrations since the U.S. Supreme Court's Dobbs ruling on June 24. That type of surge was most pronounced in Kansas, which saw a 40% surge in the post-Dobbs gender gap, paving the way to a stunning 59-41% referendum that keeps abortion legal in a state Donald Trump won by 15% in 2020.

This emerging registration gender gap is taking place in other red states such as Idaho (18%), Wisconsin (17%), Louisiana (13%), Arkansas (12%), Ohio (10%) and Missouri (10%).

It was telling that few Hoosier Republican legislators put out statements lauding SEA1, which passed with virtually no one testifying in favor. We've also witnessed a number of Republicans scrub hard-line abortion restrictions from their websites after winning primaries.

FiveThirtyEight's Nate

Silver explained, "I still think the Supreme Court's decision to overturn Roe – and maybe declining inflation – are the more important factors in Democrats' recent surge. But Republicans are behaving in atypical ways for an opposition party in the midterms, and they may get an atypically poor outcome as a result."

I asked Gov. Holcomb why Republican legislators passed and he signed SEA1 when polling revealed wide opposition to first trimester abortion restrictions. "Because they and I did what we would do what we said we would do," Holcomb responded. "I think the bigger story would have been if Republicans answered the question one way before the big vote and then voted differently. That would be a story."

Holcomb added, "I signed it because I thought it was progress," adding it's been a significant issue for the past half century, and "I would predict, for the next 50 years as well." The battle for the Indiana House is dominated by 42 unopposed incumbents, including Speaker Todd

Huston and Majority Leader Matt Lehman. Of the 25 Indiana Senate seats up in November, eight are unopposed. An analysis by my newsletter, Howey Politics Indiana, reveals that of the 58 contested House seats, only seven are considered "tossups." In the Senate, there is only one projected tossup.

These tossup races are occurring in suburban areas placing the reelection of State Sen. Kyle Walker (Fishers and Lawrence), and State Reps. Dale DeVon (Granger), Julie Olthoff (Crown Point), Jerry Torr (Carmel) and Donna Schaibley (Zionsville) are in jeopardy. The other tossup races include two newly redistricted and open seats in Hamilton County, along with two Democrats (Rep. Terri Austin in Anderson and Rep. Mitch Gore of Indianapolis).

The reality is that the 2021 redistricting process has become a Republican incumbent protection plan. The House has a 71-seat GOP majority (out of 100 seats) while 39 of the 50 Senate seats are Republican. This, in a state where statewide Republican U.S.

Senate and gubernatorial candidates win with 55-57% of the vote.

Notre Dame Prof. Heidi Beidinger, who is challenging Rep. DeVon, said, "I have heard from several former Republicans in my district who have reached a breaking point. For them, Indiana's government intrusion into what should be personal medical decisions is a bridge too far."

Democrat Joey Mayer, who is challenging Rep. Schaibley, observes, "There are horrible consequences beyond what anyone currently comprehends now that Indiana turned SB1 into a law. I would never have voted for SB1. I respect people's right to make their own reproductive healthcare decisions!"

Indiana's voter registration deadline is Oct. 11 (you can register online at <https://indianavoters.in.gov/>).

Will this female voter surge accelerate and have Election Day impacts? As the Zen Master says, "We'll see."

The columnist is publisher of *Howey Politics Indiana* at www.howeypolitics.com.

US Entrepreneurs Come to Indiana to Develop Projects, Increase Cooperation

On Sept. 8-9, the Indiana Economic Development Corporation (IEDC) hosted entrepreneurship ecosystem builders from around the nation for the Ecosystem Building Leadership Project (EBLP).

The project and event was led by InBIA, a global network of incubators, accelerators and other entrepreneurship centers. Seventy participants gathered in Indianapolis to build nine pilot projects and nominate a provisional council to continue the project.

The IEDC was chosen to host the event given the state's focus on developing greater infrastructure and support for entrepreneurs.

"Historically, in communities around the world, you could find networks of individuals and groups supporting each other in business ventures, but it's not until recently that these networks have been formalizing into support systems like what we saw at the EBLP," said Julie Heath, IEDC VP of entrepreneurial ecosystems.

"New and young companies are a key driver of economic health and community well-being, and it was an honor for Indiana to host this group of leaders and practitioners who support entrepreneurship."

One of the projects identified during the event

centered on developing toolkits for stakeholder groups such as policymakers, corporate partners, economic development officials and academic institutions to assist them in learning more about entrepreneurial ecosystem development, hot to plug into the network, and execute on support initiatives.

Launched by InBIA, the EBLP is an initiative aimed to design, create and validate a supportive network of professionals and infrastructure of supportive resources. The ultimate goal is to create an entity or network to advance the practice of entrepreneurship ecosystem building. Funding for this project is from the Ewing Marion Kauffman Foundation.

"The EBLP is a once in a generation opportunity to transform the ways in which communities support entrepreneurs and enable equitable prosperity," said Charles Ross, project co-chair and president CEO of InBIA. "We're excited to collaborate on this initiative with a great group of partners that will bring a wealth of insight, experience, and guidance to the project."

The origin of EBLP stems from the work of more than 1,500 participants between 2017-2019 at ESHIP Summits hosted by the Ewing Marion

Kauffman Foundation. Over the course of three years, ecosystem builders from all 50 U.S. States, Washington, D.C., Puerto Rico and 20 other countries gathered to join collective efforts to explore and progress the entrepreneurship ecosystem building field of practice.

The EBLP is being hosted on behalf of the International Business Innovation Association (InBIA), with funding and support from the Ewing Marion Kauffman Foundation.

EBLP attendees included:

- Charles Ross, CEO and President, InBIA
- Kristin Leutz, Co-Founder, Colmena Collective
- Beth Zimmer, Program Manager, U.S. Entrepreneurship Ecosystem Building Leadership Project
- Jennifer Shieh, Director of Ecosystem Development, U.S. Small Business Administration
- Fay Horwitt, CEO and President, Forward Cities
- Enoch Elwell, CEO, CO.STARTERS
- Katie Gailles, Senior Director, Membership and Diversity at National Association for Community College Entrepreneurship (Charter Team)
- Eric Renz-Whitmore, Disaster Recovery Coordinator, North Central NM Economic Development

District

• Cecilia Wessinger, Director of Global Community, Global Entrepreneurship Network

• Frank Gruber, Co-Founder and Co-CEO, Established

About InBIA:

InBIA is a global non-profit with over 1,200 members that lead entrepreneurship support organizations in 30 countries. InBIA provides industry best practices through education while enabling collaboration, mentorship, peer-based learning, and the sharing of innovative ideas for entrepreneurs across the globe

About IEDC:

The Indiana Economic Development Corporation (IEDC) is charged with growing the State economy, driving economic development, helping businesses launch, grow and locate in the state. Led by Secretary of Commerce Brad Chambers and governed by a 15-member board chaired by Governor Eric Holcomb the IEDC manages many initiatives, including performance-based tax credits, workforce training grants, innovation and entrepreneurship resources, public infrastructure assistance, and talent attraction and retention efforts.

For more information about the IEDC, visit iedc.in.gov.

State of Indiana Wins Legal Settlement with Nevada Company Over Alleged Deceptive Emails

After filing a lawsuit over alleged misconduct, the state of Indiana has secured an agreement from a Nevada-based company to cease solicitations to Indiana public employees.

Under the agreement, PERA admits to no wrongdoing – but it relinquishes its ability for seven years to solicit, sell or coordinate appointments, discussions, or other similar communications to public employees on behalf of, or in connection with, third-party financial representatives in the State of Indiana.

In the emails sent to public employees, PERA offered to provide consultations with financial representatives to discuss each employee's personal retirement fund. Whenever a public employee agreed to the consultation, PERA then sold the appointment to a seller of various financial products.

Neither INPRS nor any approved INPRS provider had anything to do with the emails.

In the agreement, PERA pledged to pay a \$7,500 penalty to the State of Indiana, with an additional \$92,500 penalty suspended conditioned on compliance

with the consent judgment. If PERA chooses to resume such business in Indiana after seven years, it must advise the Attorney General of its intention to do so.

In court filings, Indiana Attorney General Todd Rokita alleged that PERA LLC sent more than 70,000 deceptive email solicitations to Indiana public employees giving the misleading impression that the communications came from the Indiana Public Retirement System (INPRS) or an approved INPRS provider. PERA is an acronym for Public Employee Retirement Assistance.

"Indiana's Deceptive Consumer Sales Act protects Hoosiers from the very kind of misconduct that we have alleged in this case," Rokita said. "Hoosiers should be able to trust that companies are providing accurate information in an aboveboard, honest, legal and straightforward manner."

The Attorney General's Consumer Protection Division investigated this matter after receiving complaints from the Indiana Public Retirement System.

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Hoosier Farmers Help Keep Rural Communities Viable

Keeping rural communities thriving, even as more people migrate to suburban and urban centers, has always been a priority for Indiana Farm Bureau.

As the largest general farm organization in the state, INFB has a presence in all 92 counties, making it possible to assist farmers and others involved in agriculture where they live and work. Although, where Hoosiers live and work seems to have shifted in the past decade.

According to the 2020 Census data, 52% of Indiana counties – including most mid-sized and rural communities – lost population between 2010 and 2020. That is the largest number of Indiana counties to show a decline between censuses since the 1980s.

“The realization that we needed to refocus our efforts hit home when we saw the recent census data,” said Andy Tauer, executive director of public policy at INFB. “We know our members come from all areas of the state, but the majority come from rural areas. So, we’re trying to make sure that the resources and businesses located in those rural areas don’t suffer because of loss of population.”

In December of 2021, INFB hired Colette Childress, previously from the Indiana Office of Community and Rural Affairs (OCRA), to be a local government policy advisor. Since then, she’s been able to visit 32 counties in her role to help INFB members engage more in their communities and work with local governments to improve the quality of life in those areas.

“I’ve heard the saying before that ‘If you’ve seen one Indiana community, you’ve seen one Indiana community.’ Every town, city and local government is different, so I’m working to engage those communities beyond just farming,” said Childress. “INFB members are more than just people on tractors. They’re leaders in their communities. By using INFB’s clout to help get things done at a

local level, we’re setting the groundwork and foundation to really make a difference.”

In fact, that groundwork was set as a strategic initiative for the organization this past year to engage in infrastructure projects around the state. Whether that includes writing a letter of opposition to a proposed road project that would take away precious farmland, lobbying on a county’s behalf to get a drinking water project funded, or speaking in support of repairing a grain bin at a county board of zoning appeals, INFB has shown up to advocate for members in whatever way they needed.

Recently, members in Sullivan County have taken advantage of an opportunity for the city to apply for funding for a new fire station for their community. A local farmer there explained that if a fire broke out today, he could lose everything in a matter of minutes. With the grant they are seeking, it requires letters of support stating the public need for something like this, so Sullivan County Farm Bureau is preparing a letter to help support the needs of their community.

When a meat processing company wanted to purchase a vacant facility in Adams County, at first the Decatur City Council shot it down. INFB public policy team, field staff and Adams County Farm Bureau went to work to help inform the community about meat processing, engaged with the business to host tours of the facility and spoke in support of the project at multiple public meetings.

Ultimately, those actions shifted support and helped move it through the approval process. This will be the first industrial development started in the city in 25 years, providing a big boost to the local economy.

“Keeping rural Indiana viable requires local residents to get more involved in solving local problems,” added Childress. “Sometimes all it takes is an idea or a meeting with the right people to set progress in motion.”

“Colette helped us surface issues in our area that were helpful and catalyzed things that we would have not been able to accomplish on our own,” said Virgil Bremer, Rush County Farm Bureau president. “She’s great to bounce ideas off. Having experience at OCRA, she really understands the funding process and how to solve local issues with funding gaps.”

Since the pandemic, people have learned that they can work or attend school from anywhere. As a result, broadband access has become a huge pain point for rural communities because they’re losing people to areas that have better internet access.

“We are currently working on a rural broadband initiative in Henry County that would bring several different players to the table to create a broadband task force,” said Lis McDonnell, Henry County Farm Bureau president. “By providing trusted policy advice to our members and setting up meetings that we wouldn’t have been able to, INFB has fostered

some key connections for us on the local, state and national levels that will really help improve our community in the long run.”

During the 2021 legislative session, INFB surveyed members around the state about broadband. The surveyed showed 97% of respondents said that access to reliable high-speed internet was important or extremely important to their future. INFB helped pass four different bills that session that addressed bringing better broadband access to the unserved and underserved in Indiana.

“Keeping rural communities viable has always been an INFB priority, we’re just being more intentional and putting more resources toward that effort now,” said Randy Kron, president of INFB. “We want to make sure our farmers are able to pass down their farms to the next generation. But that generation won’t be here if we don’t put in the effort at the local level now.”

About Indiana Farm Bureau:

For more than 100 years, Indiana Farm Bureau (INFB) has promoted agriculture in Indiana through public education, member engagement, and by advocating for agricultural and rural needs. As the state’s largest general farm organization, INFB works diligently to ensure a farmer’s right to farm—protecting the livelihood, land, equipment, animals and crops of Hoosier farmers—because agriculture is vital to Indiana’s economy.

Learn more at INFB.org.

Local Boarding, Daycare Facility Helps Train Pet Owners on How Best to Recognize Fall Allergies

While fall weather brings fun and excitement for many Central Indiana families, seasonal allergies can become unbearable for humans and Hoosier pets alike. Pet allergies impact the well-being of an entire household, with constant scratching, itching and nasal sneezing distressing both the animals and their owners.

Pet allergies present themselves in a different way than human allergies, so Dr. Anthony Buzzetti, co-owner of Priority Boarding & Daycare, encourages pet owners to be vigilant and look for the signs of potential allergy symptoms in their pets.

“As a veterinarian and lifelong pet owner, I’ve dedicated my life to providing animals with the best care possible,” Buzzetti said.

“Over the years, I’ve seen my fair share of severe animal allergic reactions that should’ve been treated sooner. By knowing the signs, you can catch them right away and get your pet the veterinary care they need.”

Buzzetti wants Hoosier pet owners to understand that allergies can occur at any time during a pet’s life but are usually discovered between six months and six years of age. Unlike the noticeable watery eyes, sneezing and coughing that humans endure, animals also suffer from skin-related allergy problems.

Buzzetti recommends bringing pets in for veterinary allergy care if pet owners notice their furry friends excessively licking certain areas or discover any raw skin spots on the body, feet or ears. Itchy ears without any other symptoms are also a sign of environmental allergies.

Awareness and clean homes are the best way to keep allergies from worsening and prevent pets from contracting any other illnesses. For those thinking about holiday travel plans and their allergy-prone four-legged friends, Priority Boarding & Daycare’s state-of-the-art Sani-Clean sanitizing system and Permatek flooring dramatically

reduce the viruses and surface bacteria that cause common kennel-related infections, like parvo and kennel cough. Pet condos throughout the facility have glass doors that give pets the feeling of freedom without exposing them to potential illness and allergens.

Unlike traditional providers, Priority Boarding & Daycare’s veterinarian-based practices, unique 24/7 access and convenient location right next to the Indianapolis airport ensure pet owners have peace of mind knowing their four-legged best friend will be given the same love and care they receive at home.

Any pets that suffer from fall allergies will be treated with the very best care while staying in luxurious condos that keep them out of harm’s way.

“It’s always been my passion to be the very best option when it comes to exceptional care,” Buzzetti said.

“That’s why I made it a priority to build a better boarding facility that dramatically reduces the likelihood of developing infections or worsening common fall allergies. I want both animals and pet owners alike to have peace of mind while they’re at Priority Boarding.”

For more information about Priority Boarding & Daycare and its services, visit www.priorityboarding.com.

About Priority Boarding & Daycare:

Priority Boarding & Daycare, founded in 2021, is a premier pet destination that provides a new standard of pet care for the 4-legged best friends of busy travelers and vacationers alike. Conveniently located by the Indianapolis International Airport, Priority Boarding & Daycare’s unique 24/7 access, Sani-clean technology and low-stress environment creates a better, more luxurious boarding and daycare experience for pets so their owners can have peace of mind while traveling knowing their pet is receiving the same 5-star service they get at home.

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All obituaries must come from a funeral home. A photo may be included and should be sent as a high-resolution JPEG.

Daily obituary deadline is 4 p.m. for the following day’s print publication.

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BETSY

From Page A1

Smith, on how to handle the chickens and off they went. Being a city boy, Mr. Smith was a little nervous, but members of the Leo Club kept the chickens under control.

All ages walked up to the “Chicken Selfies” table -- which was placed near the south entrance to the new Beaver Stadium -- to ask to hold a chicken and get their photo taken.

Parents brought their little kids up close to see the chickens. Groups of students wanted photos. It was just a fun night. (It was also Noblesville Mass Band Night (see Nicholas Shotwell’s photos in Wednesday’s edition of The Times.) at the football game which ended with a final score of 34-33, a Westfield win.)

The Leos combined the “Chicken Selfies” with a bake sale that had more than a dozen Leo members donating baked items that included cookies, cupcakes, pretzels, brownies, cake sticks and more. Even the adviser made chocolate oatmeal cookies that the Leo members nicknamed “hootenannies.” They sold the items at a table near the “Chicken Selfies” and eventually pedaled the baked goods into the stadium bleachers.

The “Chicken Selfies” and the bake sale raised more than \$700 for the club on Friday night and set a Leo Club fundraising record for the “selfie” night.

The club three years ago came up with “Goat Selfies,” which were a great success, thanks to Leo Club member Emma Humburg for lending two “funny little” Nigerian Dwarf goats, Rosie and Butters, from her family’s farm, with the NHS principal’s approval. Humburg secured tennis balls on the goats’ horns just in case they bumped into anyone. The Leos raised \$250, and did it again at another home game. Then the pandemic slowed down the “selfies” until last year when club member Breckin Parker offered up two chickens.

“I think people in this one-time farm community just get a kick out of seeing those animals in a place where they typically would not seem them,” the teacher said.

The Leo Club is “the younger kid version” of the Lions Club and was formed in September 2016 with the help of Noblesville Lions Club members, who are nurturing the next generation to take over. The Leo Club offers youth the opportunity to serve, as Lions do.

Noblesville Lion David Marsh, a retired NHS teacher and old friend, recruited Smith to be the NHS Leo Club adviser. The first year, when the Leo Club formed, this



The Times photo courtesy of Betsy Reason

Here’s what started all of the animal “selfie” fundraisers at Noblesville High School, where NHS Leo Club members, including Annie Jessee (left), pose with two goats, owned by member Emma Humburg, and the Club’s adviser, NHS teacher John Smith, during a Goat Selfie fundraiser in 2019 at the Noblesville Millers varsity football game at Beaver Materials Field.

journalist was at the first meeting at NHS, and the club finished with about 10 members. Noblesville Lion Steve Shaw counted 47 Leos at their last meeting.

The Leos do charitable work in the community and are currently gearing up to collect new and used book bags, Smith said. The bags will be filled with blankets, hats, scarves, gloves, sweat-shirts, adult coloring books, colored pencils, hand warmers, granola bars and personal hygiene products.

The more of these items that are donated, the less money that the club has to spend. In 2021, the Leos filled 54 book bags, which were delivered to St. Vincent DePaul in Noblesville and are in-turn taken to homeless people in downtown Indianapolis. The club’s record year for bags has been 108.

The Leos adopt a family or two for the holidays and are given a wish list for members, who go shopping to fulfill family requests. Then they wrap the gifts, club members critiquing each others’ wrapping styles, Smith said. Meals made and frozen by Leo Club members also get delivered to the families with gifts.

The Leo Club members volunteer at various events in the community. My daughter, for instance, a Leo, volunteered at the Hinkle Creek Elementary School carnival in the spring, and there are plans to volunteer at other elementary carnivals next year. Leos have also filled Thanksgiving baskets for Good Samaritan Network of Hamilton County at the Fairgrounds.

The Leos wanted to give back to the community in the form of a scholarship, so the club offered a \$500 scholarship. Then, thanks to donations by a “retired member of the Noblesville community,” the club has since been able to give away a \$1,000 scholarship, which goes to a graduating senior who has

“endured or overcome a great obstacle during their school years, was able to still get the job done in the classroom, is an upstanding human at NHS, while still finding time to give back in the community,” Smith said.

Five years ago, the Leos decided to buy new clothes for two graduating seniors whose families are in need, recommended by the NHS guidance department. So the club sent them anonymously to Kohl’s to shop with \$150 from the Leos.

If the Leos would come up with more money, if the bake sales and “Selfie Nights” become more profitable, Leo Club members would like to shop for groceries and deliver to needy Noblesville school families, who would have anonymity. “Kids need to learn to shop, and budget to shop, and there are a lot of families in the community that having enough food to get through the week, would be a huge shot in the arm,” Smith said.

The Leos meet during Academic Lab study hall at the end of the school day on Gold Day schedules, which alternate every other day with Black Day schedules.

The Leos also help out each year with the Lions Club Pork Chop Dinner usually the first Friday in June. My daughter helped with the dinner, by clearing tables while other members were serving desserts and pouring beverages. Leo Club members also have helped set up for the Lions dodgeball and a few years ago at the Indiana School for the Blind and Visually Impaired. Leo Club members enjoyed a year-end celebration with pizza and bowling at Bowl 32 in Noblesville.

“What’s next, I asked? “Good question,” Smith said. “We are always looking for ways to get involved. Big numbers this year just means more strong minds and strong

backs to help out.”

Smith, who grew up on Indianapolis’ Eastside and attended Seccina Memorial High School in the 1970s, is the seventh of eight children in a big Catholic family. His parents were big in getting the St. Vincent DePaul Society in Indianapolis big in the 1970s when he was in high school. He gave up many Saturday mornings picking up donated washers and dryers and refrigerators by people, then delivering them to people in need of those items. Smith said, Smith has taught at NHS ceramics for 31 years and enjoys being involved outside of the typical responsibilities of a teacher.

He said, “My parents taught me to give back when I was a kid, and I like showing and teaching kids at NHS that it feels good to help others.”

As the Leos were breaking down the “Chicken Selfies” booth at the end of Friday night football, there was some talk, wondering what animal would be at the “Selfies” booth the next time.

Contact Betsy Reason at betsy@thetimes24-7.com

DISTINCTION

From Page A1

our commitment to maintaining strong privacy and security protections.”

Earning the TLE Seal requires that school systems take specific steps to implement strong data privacy practices in the following areas:

- **Leadership**, by providing the guidance, frameworks and resources to direct the use and governance of student data in a manner that is transparent to all stakeholders.

- **Business**, by establishing vetting processes and contracts for technology providers that, at a minimum, comply with applicable laws while supporting innovation.

- **Data security**, by implementing strong data protection practices across all media and auditing regularly to maintain high thresholds over time.

- **Professional development**, by requiring school staff to conduct privacy and security training and offering related resources to all community stakeholders.

- **Classroom**, by implementing educational processes and procedures to ensure transparency and build privacy knowledge while advancing curricular goals.

“We’re delighted with the continued growth of the CoSN TLE Seal Program in Indiana. We applaud the work of Noblesville Schools and of the school districts nationwide that continue to leverage the TLE Seal Program to support development and maturity of organization-wide student data privacy programs,” said Keith Krueger, CEO of CoSN.

To learn more about the TLE Seal Program visit CoSN.org/Trusted.

About Noblesville Schools:

Noblesville Schools is a nationally recognized school district serving over 10,000 students across 10 different school sites in Noblesville, Indiana. Our commitment

to academic excellence, strong connection to our hometown community, accomplished staff, and state-of-the-art facilities are important components of our Miller spirit. The academic achievements of our students make us a top performing district in Indiana and nationally.

To learn more, go to www.noblesvilleschools.org/.

About CoSN: CoSN (the Consortium for School Networking) is the premier professional association for school system technology leaders. CoSN provides thought leadership resources, community best practices and advocacy tools to help leaders succeed in the digital transformation.

CoSN represents over 13 million students in school districts nationwide and continues to grow as a powerful and influential voice in K-12 education.

Head to CoSN.org to learn more about CoSN.

About the CoSN Trusted Learning Environment Seal Program:

The CoSN Trusted Learning Environment (TLE) Seal program is the nation’s only data privacy framework for school systems, focused on building a culture of trust and transparency. The TLE Seal was developed by CoSN in collaboration with a diverse group of 28 school system leaders nationwide and with support from AASA, The School Superintendents Association, the Association of School Business Officials International (ASBO) and ASCD.

School systems that meet the program requirements will earn the TLE Seal, signifying their commitment to student data privacy to their community. TLE Seal recipients also commit to continuous examination and demonstrable future advancement of their privacy practices.

For more information, visit CoSN.org/Trusted.

HOUSING

From Page A1

home sales decreased 17.2 percent compared to Aug. 2021. Year-to-date home sale prices continued their upward climb, increasing 13.5 percent.

- The average August home sale price for the 16-county central Indiana region was \$322,410 an increase of 12.8 percent compared to Aug. 2021.

- Pended home sales decreased, down 17.2 percent compared to this time last year.

- Available housing inventory increased, up 52.3 percent compared to Aug. 2021.

In Aug. 2022, 3,712 central Indiana homes were purchased, down 17.2 percent from the 4,484 sold in Aug. 2021. Specifically:

- Decatur County showed the greatest increase in pended home sales with 43.5 percent growth compared to Aug. 2021.

- Boone County pended sales had the greatest decrease with 30.9 percent fewer homes sold in Aug. 2022 compared to this time last year.

Central Indiana year-to-date home sale prices continued to increase:

- Decatur County recorded the highest average year-to-date home sale price increase at 21.3 percent.

- Homes sold in 17 days on average, which is 10.5 percent faster than in 2021. Hamilton County homes left the market 27.8 percent, or 5 days, more quickly than in 2021 – selling the fastest in the 16-county central Indiana area.

Central Indiana experienced a 52.3 percent increase in overall available home inventory Aug. 2022, with 1,474 more homes available for sale than in August 2021.

- Hancock County had the largest inventory increase – up 196.7 percent compared to Aug. 2021.

- Montgomery County experienced the largest decrease in inventory – down 7.3 percent compared to this time last year.

“Even with a continued increase in sale prices, central Indiana homes continued to leave the market more quickly in August than this time last year,” said Jim Litten, CEO of F.C. Tucker Company. “The slight increase in interest rates has calmed the market slightly; however, we expect homes to continue selling briskly throughout the remainder of the fall season.”

Of the pended home sales in the region last month, six (6) were priced \$2,000,000 or higher; 51 were priced \$1,000,000

to \$1,999,999; 359 were priced \$500,000 to \$999,999; 1,104 were priced \$300,000 to \$499,999; 1,139 were priced \$200,000 to \$299,999; 839 were priced \$100,000 to \$199,999; and 214 were priced at \$99,999 or less.

About FC Tucker Company:

Founded in 1918, F.C. Tucker Company is Indiana’s largest independently owned comprehensive real estate firm with more than \$5 billion in annual sales, more than 40 offices, and more than 1,500 sales associates throughout Indiana and select markets in Kentucky. F.C. Tucker’s family of businesses includes a full range of real estate services—mortgages, title insurance, relocation services, a full line of insurance products, auctioning and homeowner warranty products.

In 2021, F.C. Tucker formed a partnership with Pittsburgh-based Howard Hanna Real Estate Services, the nation’s largest independently owned real estate brokerage firm, furthering each company’s ability to provide service and enhance the real estate experience for clients by providing agents, products and services.

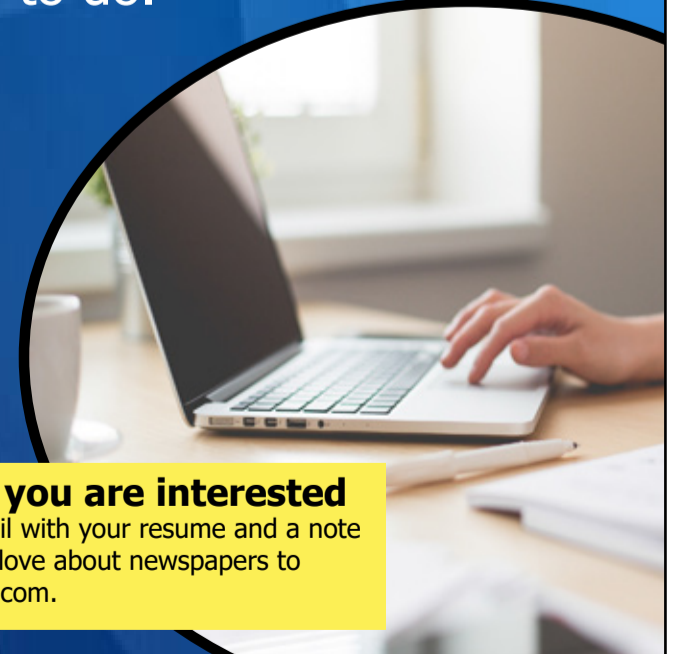
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TUESDAY

In The Kitchen

DAY

Tuesday, Sept. 13, 2022

A9

POP UP Cooking Creativity

FAMILY FEATURES

As an important life skill, learning to cook and becoming familiar with kitchen basics can be an exciting adventure for kids from toddlers to teens. Using a delicious childhood favorite like popcorn as the key ingredient at the center of your lessons can spur interest and enthusiasm.

Along with understanding measurements and safety, teaching your children how to make simple recipes also offers opportunities to bond and make memories that can last a lifetime. Popcorn is a snack food associated with good times and it's versatile enough to encourage creativity.

While it's important to start with easy techniques that introduce future chefs to the culinary world, it's also helpful to ensure they'll enjoy eating their first creations so they'll be eager for more time in the kitchen.

As a whole grain that's 100% unprocessed with no additional additives, hidden ingredients or GMOs, air-popped popcorn has only 30 calories per cup and offers a whole grain that provides energy-producing complex carbohydrates. Because whole grains are important sources of nutrients such as zinc, magnesium, B vitamins and fiber, you can instill the values of nutritious snacking all while having some fun.

These simple yet delicious recipes and tips can help you get your kids involved in the kitchen.

Encourage Creativity

Making learning fun is an important introduction to the world of cooking. Starting with a versatile base ingredient like popcorn that's naturally low in fat and calories, encourage your child to get creative with a recipe like Pop-a-rific Popcorn Balls. With simple variations like adding food coloring or mixing in candies, nuts or dried fruit, it's a colorful way for little ones to build confidence in their skills.

Measure Ingredients

A key component to recipes of all difficulty levels, teaching measurements from teaspoons and tablespoons to cups, ounces and more is valuable knowledge. Start with the basics like these Simple Popcorn S'mores that call for popcorn and graham crackers to be measured out in cups so your child can focus on one unit of measurement. Then, if little ones are helping, have an adult melt the chocolate and drizzle for a family-favorite snack.

Get Messy

Learning how to create and explore is often productive (and fun) when children can get their hands dirty. Sweet 'n' Salty Popcorn Pretzel Sticks are a perfect canvas for letting kiddos work directly with the ingredients as they can roll pretzels in peanut butter, add sprinkles to their heart's content and press popcorn into their newfound favorite treat.

Find more kid-friendly recipes to get the whole family involved in the kitchen at popcorn.org.

Sweet 'n' Salty Popcorn Pretzel Sticks

Servings: 6

- 6 tablespoons peanut butter
- 6 large pretzel rods
- 3 cups popped popcorn
- sugar sprinkles
- 3/4 cup mini chocolate chips (optional)

Spread 1 tablespoon peanut butter over one pretzel, leaving 2-inch "handle" without peanut butter. Repeat with remaining peanut butter and pretzels.

Press and roll popcorn onto peanut butter to coat each pretzel. Sprinkle with sugar sprinkles.

To make optional chocolate drizzle: Place chocolate chips in small resealable plastic bag and seal bag. Microwave 30 seconds, or until chocolate is melted.

Clip small corner from bag and squeeze to drizzle chocolate over popcorn.

Sprinkle with additional sugar sprinkles. Allow chocolate to harden before serving.



Pop-a-rific Popcorn Balls

Yield: 14 balls

- 3 quarts popped popcorn, unsalted
- 1 package (1 pound) marshmallows
- 1/4 cup butter or margarine

Place popped popcorn in large bowl.

In large saucepan over low heat, cook marshmallows and butter or margarine until melted and smooth. Pour over popcorn, tossing gently to mix well. Cool 5 minutes.

Butter hands well and form into 2 1/2-inch balls.

Variations: To color popcorn balls, add 3-4 drops of food coloring to smooth marshmallow mixture. Mix well to distribute color evenly then pour over popcorn as instructed.

Mix in candies, nuts or dried fruit after mixing popcorn and melted marshmallows. Stir to distribute then form into balls.

Place nonpareils in shallow bowl or plate. Roll popcorn balls in nonpareils after forming.



Simple Popcorn S'mores

Yield: 10 cups

- 10 cups freshly popped popcorn
- 1 package (10 1/2 ounces) miniature marshmallows
- 2 cups graham crackers, broken into small pieces
- 1/2 cup milk chocolate, melted

On baking sheet, combine popcorn, marshmallows and graham crackers. Drizzle with melted chocolate and cool.

DIY Popcorn Bar



Whether you're entertaining guests, hosting a houseful of kids or simply enjoying a weekend at home, a DIY popcorn bar provides a tasty and joyful way for children and adults alike to create their own version of an afternoon snack. Just set out a few ingredients and watch the fun unfold.

- Small popcorn bags, bowls or cups
- Scoops or spoons
- Popped popcorn
- Peanuts (remember to ask fellow parents if their children may have an allergy)
- Candies
- Raisins
- Chocolate chips
- Seasonings
- ❖❖❖ Shredded cheese
- Shredded coconut
- Melted butter

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TUESDAY

In The Kitchen

DAY

Tuesday, Sept. 13, 2022

A10

Tackle Tailgate Menus with Fast, Flavorful Foods

Sweet and Spicy Bratwurst Subs

Recipe courtesy of Aramark
Servings: 8

Kimchi:

- 1 1/2 cups green cabbage, cut into thick strips
- 1/4 cup water
- 4 teaspoons white vinegar
- 1 tablespoon gochujang paste
- 2 teaspoons fish sauce
- 1/2 teaspoon minced garlic
- 1/2 teaspoon minced, peeled ginger root
- 1/2 cup daikon radish strips
- 1/4 cup shredded, peeled carrot
- 1/4 cup sliced green onion

Mango Slaw:

- 2 cups shredded green cabbage
- 1/3 cup diced mango chunks, thawed from frozen
- 1/4 cup shredded, peeled carrot
- 1/4 cup sliced green onion
- 1/4 cup red bell pepper, cut into thin strips
- 2 tablespoons chopped fresh cilantro
- 2 tablespoons minced, peeled ginger root
- 2 tablespoons white vinegar
- 1/2 teaspoon kosher salt
- 1/4 teaspoon minced garlic

Spicy Sesame Mayonnaise:

- 1/3 cup mayonnaise
- 1 tablespoon sriracha
- 1 1/2 teaspoons sesame oil
- 1 1/2 teaspoons seasoned rice wine vinegar

- 8 bratwursts (4 ounces each)
- 8 hoagie rolls (6 inches), split

To make kimchi: Place cabbage in microwavable bowl. Add water. Cover and microwave on high 2 minutes, or until tender-crisp. Rinse with cold water and drain well.

In large bowl, mix vinegar, gochujang, fish sauce, garlic and ginger. Add steamed cabbage, daikon, carrot and onion; toss to coat. Cover and chill.

To make mango slaw: Mix cabbage, mango, carrot, onion, red bell pepper, cilantro, ginger, vinegar, salt and garlic. Cover and chill.

To make spicy sesame mayonnaise: Mix mayonnaise, sriracha, sesame oil and vinegar until well blended. Cover and chill.

Heat grill to medium and lightly oil grill rack. Grill bratwursts 8 minutes, or until internal temperature reaches 155 F.

Spread mayonnaise on rolls. Place grilled bratwurst on rolls and top with kimchi and slaw.



Korean Bratwurst Subs

FAMILY FEATURES

While they may not strap on helmets and head to the field for kickoff, football fans often feel like they're as much a part of the game as the players themselves. When the team is in the locker room laying out the game plan, scores of fans are fueling up with tantalizing tailgate foods.

In fact, many tailgaters believe food is the most important aspect of the pregame festivities, and one trendy way to feed your crowd is with small plates, appetizers, samplers and innovative sides that feature a variety of flavors like these ideas from the experts at Aramark.

An easy hack for your next game day meal can be a recipe you prepare at home before heading to the stadium. The toppings are what set these Korean-inspired Sweet and Spicy Bratwurst Subs apart. Just make the crunchy kimchi, bright mango slaw and spicy sesame mayonnaise up to two days ahead of time so grilling the bratwursts is all you need to do before kickoff.

As tailgate grub continues to trend toward easy and quick, Sweet Heat Foil Packets provide another no-mess, single-serve solution. Load up individual packets with shrimp, chicken, andouille sausage and favorite veggies then head to the game and grill on-site for a hot meal to fire up your fellow fans.

Find more game day recipe inspiration by visiting Aramark's Feed Your Potential website, fyp365.com.



Sweet Heat Foil Packets

Sweet Heat Foil Packets

Recipe courtesy of Aramark
Servings: 8

- 1/2 cup cold butter, diced
- 1 cup diced yellow onion
- 1 cup diced, peeled potatoes
- 1 cup diced, peeled carrots
- 1 cup diced red bell pepper
- 2 cups diced skinless, boneless chicken breast
- 16 extra-large shrimp, peeled, deveined and tails removed
- 8 teaspoons Cajun seasoning
- 1 cup diced pineapple
- 1 cup andouille sausage, cut in half and sliced
- 8 frozen mini corn cobs, cut in half (16 pieces)

- 1 cup sliced green onion
- salt, to taste
- pepper, to taste

Heat grill to medium. Place eight 18-by-18-inch squares heavy-duty aluminum foil on work surface.

On half of each foil square, evenly layer butter, onions, potatoes, carrots, red bell peppers, chicken, shrimp, seasoning, pineapple, sausage, corn cobs and green onions.

Fold foil in half over filling. Fold edges of foil tightly toward filling to seal packets.

Place packets on baking sheet. Grill 15 minutes with lid closed until chicken and shrimp are cooked through. Season to taste with salt and pepper.

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TUESDAY

Health and WELLNESS

Tuesday, Sept. 13, 2022

A11

Hospitals Finally Face the Music on Price Transparency

By Sally C. Pipes

Two Georgia hospitals were recently fined \$1.1 million for failing to publish their prices. The facilities had also ignored letters from the Centers for Medicare and Medicaid Services asking them to publicly disclose what they charge for procedures.

It's about time. The federal government directed hospitals to publish clear, consumer-friendly charge lists by the beginning of 2021. Six months later, just 6% of hospitals nationwide had complied, according to a study published in June in the medical journal JAMA.

Hospitals shouldn't

be able to get away with flouting the law. Price transparency empowers patients and payers to shop around for medical care -- and ultimately allows them to leverage the power of competition to extract the best value for their dollar.

The Trump administration issued the price transparency rule in 2019. It required hospitals to publish standard prices for 300 of their most common services, including rates for insurers and those for individuals paying cash. The rule set daily fines for non-compliant institutions, which the Biden administration increased in November 2021.

Since the rule took

effect, hospitals have been cautioned plenty. CMS has issued more than 350 warning letters requesting compliance.

Yet transparency has lagged. The biggest medical centers have been among the worst offenders. Just 0.5% of facilities owned by the country's three largest hospital systems were fully compliant as of early 2022, according to a report from Patient Rights Advocate.

Hospitals may be leery of revealing their prices because the results can be embarrassing. In one case, an Illinois patient received a \$15,000 hospital bill for an EpiPen. He later learned he could have purchased the same

device from a pharmacy for \$320.

Or, take the recent experience of a couple in Fresno, Calif. According to reporting from NPR, the husband underwent cataract surgery with an in-network provider that cost over \$4,000. His wife, who has the same coverage, received the same exact procedure at a neighboring clinic -- and only owed \$204. The two facilities were just a half mile from one another.

High-cost providers wouldn't be able to get away with those wide spreads in price if patients and payers knew about them. That's why a 2021 RAND Corporation study projected that improving

price transparency could reduce U.S. healthcare spending by up to \$26.6 billion a year.

Of course, some hospitals may be justified in charging more than others. Factors like quality, convenience, and reputation of doctors and hospitals always influence price. But patients and payers should be able to evaluate those factors on their own. Hiding prices deprives them of key pieces of information that help them make prudent decisions.

Opaque prices also undermine competition -- and thus help healthcare providers avoid improving quality or reducing costs in order to attract

customers at the margin.

The feds did the right thing by fining hospitals that aren't following the rules. But more needs to be done to make hospitals around the country do what businesses in every other sector do every day -- tell potential customers what they can expect to pay.

Sally C. Pipes is President, CEO, and Thomas W. Smith Fellow in Health Care Policy at the Pacific Research Institute. Her latest book is False Promise, False Promise: The Disastrous Reality of Medicare for All (Encounter 2020). Follow her on Twitter @sallypipes. This op-ed originally ran in the Chicago Sun-Times.

Midwest Transplant Family Brings Attention to Childhood Cancer Awareness

Sept. is a noteworthy month for the Payne Family of Michigan. Sept. 4 was PKD (Polycystic Kidney Disease) Awareness Day and the entire month of September is Childhood Cancer Awareness Month. While these awareness-raising days may not seem to be related, they are completely intertwined for this family who was dealt the blow of both kidney disease and liver cancer with their firstborn daughter.

Emily and Zack Payne were ecstatic when they found out they were pregnant with their first child. But what the young couple anticipated would be a normal pregnancy and delivery turned out to be anything but. At the 20-week mark in the pregnancy, they were in disbelief when they were told the child Emily was carrying would be born in kidney failure. Adding to their disbelief was being told numerous times the baby Emily was carrying would likely not survive.

Their daughter, Rilynn, was born in Jan. 2017 and diagnosed with Recessive Polycystic Kidney Disease (ARPKD) upon her arrival. Due to the ARPKD diagnosis, the newborn had both of her kidneys removed when she was just a week old. Once Rilynn beat the odds and arrived, their next emotional struggle was not being able to hold their precious fighter until she was six days old. Emily and Zack were immediately thrust into parenting a medically-complicated newborn who required 18 hours of dialysis a day, weekly labs, feeding therapy, physical therapy and numerous medical appointments. In addition, at birth Rilynn was placed on two ventilators because her lungs were so compromised; Rilynn remained in the NICU for 95 days.

"Rilynn's diagnosis brought so many emotions and fear ... one being the financial aspect of raising a child who would need constant care, numerous hospital stays, countless medications and eventually a life-saving transplant," Emily said. "Zack and I never planned on being a one-income household and I still remember the months of despair and agony as we tried to figure out how to make this work. My maternity leave was over before Rilynn was released from the NICU ... in a hospital that was two hours away

from our home. We had to make a difficult decision that 'my job' would be caring for Rilynn."

During the long inpatient stay with Rilynn, Emily constantly worried about the cost of the highly specialized care their little infant was receiving. She also wondered about the cost of the kidney transplant that was undoubtedly in Rilynn's future. A transplant social worker at C.S. Mott Children's Hospital in Ann Arbor suggested they consider reaching out to the Children's Organ Transplant Association (COTA) to learn more about how they might be able to help ease some of the young family's stress. Emily called COTA in Oct. 2017 to learn more about fundraising for transplant-related expenses. Just two days later their agreement arrived at COTA's Indiana headquarters, and the Payne family officially became part of the COTA Family.

The Children's Organ Transplant Association (COTA) uniquely understands that parents who care for a child or young adult before, during and after a life-saving transplant have enough to deal with, so COTA's model shifts the responsibility for fundraising to a team of trained volunteers. COTA is a 501(c)3 charity so all contributions to COTA are tax deductible to the fullest extent of the law, and COTA funds are available for a lifetime.

Later in October 2017, a COTA fundraising specialist travelled to Michigan and trained the family's volunteers so fundraising for transplant-related expenses could get underway. The COTA staff member shared information about COTA's fundraising process, fundraising templates, guidance and support, and the no-cost website they would be provided. COTA for Rilynn P was launched and the website was immediately available for online donations for transplant-related expenses.

Utilizing the COTA-provided website to update their friends and families, Emily wrote several detailed blogs about Rilynn's 'ups and downs.' On Nov. 17, 2017, Emily titled her COT.

Blog "From Worrier to Warrior" and here are a few highlights:

Tonight, as I was scrolling through Facebook I stumbled upon a

new mom's post, and I clicked to see what it was all about. Her writing was captivating, and I kept scrolling to hear her openly confess to the anxiety nobody told her about when having a child. I felt tears in my eyes and I had to stop reading. I longed for those issues to be what kept me up at night. I wished my baby could have been breast fed instead of being tube fed. I felt sorry for myself as I scooped Rilynn up to take her vitals before I had to hook her up for dialysis. She had been asleep, but like every other night I had to tip toe her onto the scale and get her weight. She is less than three pounds away from the minimum requirement to get a kidney transplant. We headed into our room and tried multiple times to get her blood pressure. She is such a trooper. This girl is so patient as that cuff squeezes her so tightly that it often times pops right off her arm. 91/53. I smile knowing that is a perfect blood pressure and dialysis is set up to match. I literally have to decide how much fluid to take off my child. I have to be her kidneys. I have to do it right. Based on Rilynn's blood pressure and how she looks (puffy, sunken in, etc.) we have to choose which dialysis strength to use. As I put on my mask and gloves to connect her, I hear what sounds like a big blow out. We both smile and I laugh thinking at least I have this mask on. We laugh and smile more than most families do. Rilynn does not even know she has no kidneys. I am lucky enough to have the strength to not be anxious and to be proud.

After many nights of at-home dialysis with Mom and Dad at the helm, Rilynn eventually met the requirements to qualify for a kidney transplant. Emily and Zack were overjoyed that a living donor had been found who was a perfect match and was willing to give their daughter a second chance at life. Rilynn's kidney transplant date was set for Sept. 12, 2018, and the relief they felt once the transplant plans were in place was palpable.

"With the amazing help and guidance from COTA, our volunteer team organized successful fundraisers for transplant-related expenses, and it felt like another huge burden was lifted from our shoulders," Emily said.

"Our volunteers were able to reach the \$60,000 goal set by COTA in a short amount of time. And in that moment of celebration and appreciation, we had absolutely no idea how incredibly important COTA was going to be to our family when Rilynn's transplant journey took several unanticipated turns."

A major unanticipated turn happened on Aug. 10, 2018, when everything turned upside down for the Payne family. Emily remembers standing at the kitchen sink with tears rolling down her face, holding the telephone in a state of disbelief as Rilynn's doctor said they had found cancer. Their baby ... their precious Rilynn ... had stage 4 hepatoblastoma, or liver cancer. Rilynn's kidney transplant had to be cancelled and instead they found themselves back inpatient starting chemotherapy on their 15-month-old baby. After a few rounds of chemotherapy, it was determined the treatment was not effective in Rilynn's case. The family's only remaining option was a liver transplant.

Emily remembered, "We waited and waited and waited. The waiting was the hardest part -- watching your child deteriorate, lose her hair, lose weight and have no energy while you sit there hopelessly watching and waiting. But nine months and 17 rounds of toxic chemo later, Rilynn received the greatest gift ever in June 2019 ... a new liver from a little boy named, Jackson." Rilynn was declared cancer free that December. While the news was the perfect Christmas gift for this family, it did come with a downside. Because of the major surgery that was required to give Rilynn a new liver, she was no longer able to do dialysis at home (peritoneal) as Emily and Zack had hooked her up to every night since her newborn hospital stay. Instead, Rilynn had to be placed on hemodialysis that required the family to drive two hours one way for her to receive the four-hour treatment at the transplant center. They would need to make this trip four times a week until she was able to be listed for a desperately needed kidney transplant.

In the midst of the many two-hour trips from their home in Gobles to the transplant center in Ann

Arbor, Emily and Zack were surprised to learn Rilynn had a little sister on the way whose due date was April 2020. It was becoming increasingly urgent that Rilynn receive her new kidney prior to the new baby being born so the family of four could hopefully be under the same roof ... in the same town ... and not have to worry about hemodialysis trips any longer.

To that end, Emily and Zack were told Rilynn could be reevaluated for her kidney transplant in January 2020. But their matched donor was no longer available to give Rilynn her kidney. Another gift? A second living donor who had read about the family's journey in local media coverage stepped forward to be tested. She was miraculously a match. But in January when the transplant could start moving forward, Rilynn developed a serious case of whooping cough, which postponed her kidney transplant again ... this time until March 2020. And just when plans for Rilynn's living donor kidney transplant were falling into place, the COVID-19 pandemic hit Michigan hard; Rilynn's kidney transplant was postponed once again.

After another potential childhood cancer scare was put to rest following a bone marrow biopsy that came back negative, Rilynn was finally able to be scheduled for her living donor kidney transplant on October 27, 2020. Emily says she and Zack will be forever grateful to their real life donor angel, Tabitha -- a stranger who was a perfect match for Rilynn.

The Community Coordinator of the COTA for Rilynn P fundraising effort was Rilynn's grandmother, Heidi. After Rilynn received her new kidney, Grandma Heidi Keister said, "This should be our last major surgery. Rilynn is really looking forward to eating all the things she could not before and being able to drink water and getting in the bathtub and going swimming. These are things she has never done before. This transplant is totally going to change her life and make her feel so much better." As the head of the COTA for Rilynn P fundraising effort, Grandma Heidi made and sold her homemade candles via Rilynn Rose Candle & Co. to raise funds for trans-

plant-related expenses. Her efforts, as well as the many other fundraisers the COTA team organized, have been extremely appreciated by the Payne family.

Emily and Zack remember feeling overwhelmed when COTA's online transplant expense calculator suggested a goal of \$60,000. But when their amazing team of volunteers quickly surpassed that goal and raised more than \$71,000, they were overwhelmed and filled with gratitude. Emily explained that due to the extended dialysis and the unanticipated liver transplant necessitated by Rilynn's cancer diagnosis, their family's journey was unique in many ways. She speaks highly of how COTA's team of professionals worked to help streamline the family's reimbursement process because of several complications with Rilynn's medical diagnoses and treatments. COTA funds can also be used for living donor expenses, which is something else for which the Payne family is extremely grateful.

Rilynn is doing great, Emily said. She just celebrated her third liver transplant anniversary in June and will celebrate her second kidney transplant anniversary in October. The really big news is that Rilynn just started Kindergarten.

"Throughout all of these months of turmoil and unexpected diagnoses, absolutely nothing mattered more than keeping our daughter alive and being together as a family," Emily said. "We gained the most important thing in the world -- our daughter's life, but at the same time we nearly lost everything else. Trying to juggle the nonstop medical bills, endless time off work, four-hour commute to and from dialysis, prescriptions and hospital stays nearly destroyed us financially. The successful COTA for Rilynn P fundraising effort saved us. None of us plan to have a child who has to travel a long and expensive transplant journey. COTA continues to allow us to breathe a sigh of relief knowing ongoing transplant-related expenses will be taken care of now ... and for a lifetime."

For more information about the Children's Organ Transplant Association (COTA), or to find a COTA family in your area, please email kim@cota.org.