

➔ TODAY'S VERSE

Philippians 4:4-8 "Rejoice in the Lord always: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." (KJV)



➔ FACES OF HAMILTON COUNTY

People who call our community their own.

What makes Kim Claussen smile? "Birdies on the golf course make me smile," said the Noblesville resident who has lived here for 40 years. She graduated in 1988 from Noblesville High School and attended Bowling Green State University in Ohio to play on the golf team. She graduated with a teaching degree and started teaching for Noblesville Schools, teaching special education at the middle school. She married Marc and stayed home for several years, raising their five children, Kyle, 22; Laura, 20; Cooper, 17; Nick, 16; and Caroline, 13. She also taught preschool for Noblesville First United Methodist Church for a few years. Hobbies or interests? "Golf, reading, gardening and spending time with my family," she said. She's been a member of Tri Kappa sorority for 25 years. "My friend, Sally Crow brought me in when I was a teacher at Noblesville." Kim is the new chairperson for the Tri Kappa Red Stocking Fund this holiday season, which is taking financial donations through the end of the year to help needy families in Noblesville. Learn more about the Red Stocking Fund, which is a partnership with The Times, and how to donate inside yesterday's edition of The Times. Why she wanted to be involved? Claussen said, "I'm passionate about philanthropy and helping those in need."

And Another Thing...

1. Schedule Change

The holidays mean a few changes in schedules.

For the most part, banks and government offices will be closed on Sunday and Monday, New Year's Day and the day after. This includes the U.S. Post Office as well.

For us at The Times, following our custom of not publishing on major and postal holidays, there will be no Online Edition on New Year's Day and the day after, Jan. 1-2. In addition, our offices are closed for the holidays from now until Jan. 2. If you need something during that time, please e-mail Tim Timmons at ttimmons@thetimes24-7.com

The TIMES

Hamilton County's Own Daily Newspaper

NOBLESVILLE, INDIANA

50¢ WWW.THETIMES24-7.COM

Happy New Years!

Happy holidays to all of our readers out there! The new year is fast approaching and in that spirit, The Times is offering these great tips

and tricks to help you start off the year right and have a great rest of it too. We hope you enjoy and have a Happy New Years!

Plan to Succeed in Your New Year's Resolutions with These Helpful Tips

(StatePoint) The new year is often a time to set new goals. However, statistics show that very few people are successful in keeping their resolutions. Why? Likely, because they don't have a realistic, long-term plan. And, as Ben Franklin said, "If you fail to plan, you are planning to fail."

This year, create "SMART" goals—as in Specific, Measurable, Achievable, Relevant and Timely. Here are a few ideas on how to set yourself up for success with some of the most common New Year's resolutions.

1. Focus on Fitness

According to a survey of adults who made a New Year's resolution, the most popular goal (48%) was to exercise more. The best way to stick to it is to do something you enjoy. So whether it's running, biking or yoga, find a way to make

it fun. That might mean purchasing new workout clothes or equipment or finding a friend to join in to socialize with and to keep you going. Just remember to start slow, track your progress and you'll soon be getting fit in your favorite way.

2. Connect with Family and Friends

With busy schedules, staying connected with friends and family can be difficult. Resolving to keep in touch can be easy though, thanks to new digital tools. Luckily, a subscription service like AmericanGreetings.com allows you to send a variety of digital greetings for any holiday or occasion. To ensure you keep in touch, the personalized greeting cards can be pre-scheduled for delivery by email up to one year in advance or can be sent via text or social

➔ See RESOLUTIONS Page A2

New Trends in Health Care to Come in 2023

(Family Features) With many people preparing for health and wellness resolutions in the new year, understanding the state of access to care and other patients' booking choices may give a sense of optimism for 2023.

To examine the outlook for 2023, Zocdoc, a free platform where people can find and book in-person or virtual health care appointments across more than 200 specialties and 12,000 insurance plans, analyzed appointment booking trends and conducted a provider survey. The results are reflected in the report, "Healthcare Hope for the Holidays: 2022," which provided three key insights.

Happier Providers, Happier Patients

Provider and health care staff burnout can have a negative effect on patient experience, and 52% of providers surveyed indicated they agreed or strongly

➔ See HEALTH Page A2

Help Your Body and Feet Stay Fit in '23

(StatePoint) While you may want to tone your abs, glutes and triceps in the new year, there's one often-overlooked area of the body that deserves your attention too: your feet!

"A lot of people hit the gym or dust off their home exercise equipment in January," says Danielle Butto, DPM, FACFAS, a board-certified foot and ankle surgeon and a Fellow Member of the American College of Foot and Ankle Surgeons (ACFAS).

"But without proper precautions, a new exercise routine can cause foot and ankle injuries that could sideline you just as you're hitting your stride."

According to ACFAS, here's what to know as you follow through on your resolution to get fit:

Common Injuries

- Don't play through the pain

➔ See FEET Page A2

Experts Discuss Unexpected Hotel Travel Trends for 2023

(Family Features) Following the COVID-19 lockdown, outdoor and drivable destinations were in high demand for domestic travelers. As the country has reopened, Americans embraced the idea of getting back to normal and began traveling much as they did prior to the pandemic.

However, travel trends for 2023 suggest there is no normal when it comes to travel planning. Instead, individual interests are driving decisions about where to go and what to do.

"We see a detailed and robust picture of travel into 2023," Expedia Brands President Jon Gieselman said.

"We're seeing a surge in trips to culture capitals, a new wave of interest in wellness retreats and a spike in demand for outdoor destinations beyond just beaches and mountains. It's not a new normal so much as people branching out to unexpected trends in what we're calling the 'no normal.'"

A close look at these trends suggests there is no "one-size-

fits-all" approach to travel in 2023. Insights sourced from the company's first-party data, and from custom research of thousands of travelers and industry professionals across 17 countries, show value, alternative wellness options and hotels that cater to evolving traveler needs are heavily influencing travel choices.

Consider these conclusions from the experts at Hotels.com:

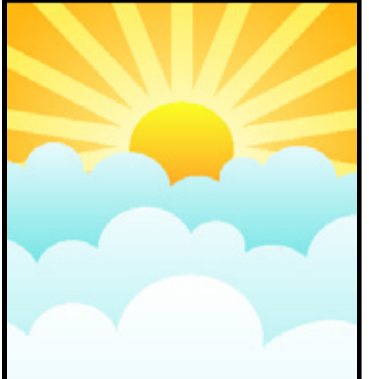
3-Star Superstars

Travelers are seeking smarter ways to see the world without compromising on comfort or cool factor. In the U.S., nearly one-third (32%) of travelers are more concerned with value for money than ever before with data showing interest is up more than 20% globally in three-star hotels.

In 2023, 40% of U.S. travelers plan to stay in 1-3-star hotels, and 34% plan to book a vacation with added value inclusions, such as free parking

➔ See TRAVEL Page A2

The Daily Almanac



Sunrise/Sunset
RISE: 8:05 a.m.
SET: 5:26 p.m.



High/Low Temperatures
HIGH: 52 °F
LOW: 40 °F



Today is....

- International Jewish Book Day
- National Pepper Pot Day
- Tick Tock Day



What Happened On This Day

- 1937 The Irish Free State is replaced by a new state, Ireland, with the adoption of a new constitution
- 2006 The UK settles its Anglo-American loan, post-WWII loan debt
- 1913 Cecil B. DeMille begins work on Hollywood's first feature film, *The Squaw Man*



Births On This Day

- 1809 William Gladstone English politician and Prime Minister of the UK
- 1972 Jude Law English actor, director and producer

Deaths On This Day

- 1929 Wilhelm Maybach German businessman and founder of Maybach
- 1986 Harold Macmillan English politician and Prime Minister of the UK

➔ INSIDE TODAY

- Obituaries.....A2
- Service Directory.....A3
- Classifieds.....A3

➔ TODAY'S HEALTH TIP

Most back strains improve on their own in a week or two. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



➔ TODAY'S QUOTE

"Be at war with your vices, at peace with your neighbors, and let every new year find you a better man."
- Benjamin Franklin

➔ TODAY'S JOKE

What do you call a Christmas joke after Christmas?
NoLOL!

➔ HONEST HOOSIER

You thinking about resolutions yet? Had to admit it, but I am.



➔ OBITUARIES

Crystal Nicole (Goens) Lawson



The Times appreciates all our customers. Today, we'd like to personally thank **KENNY LAUX** for subscribing!



13 WTHR 7 DAY FORECAST

40/52 CLOUDY, BREEZY, MILD	50/52 RAINY AND MILD	46/48 RAIN EARLY	40/50 CLOUDY AND MILD	44/56 WARM WITH LATE DAY RAIN	53/61 SCATTERED	53/55 CLEARING, COOLER LATE
THU	FRI	SAT	SUN	MON	TUE	WED

OBITUARIES

Crystal Nicole (Goens) Lawson November 18, 1984-December 26, 2022

Crystal Nicole (Goens) Lawson, age 38, of Noblesville, passed away unexpectedly on Monday, Dec. 26, 2022 at her residence.

She was born in Elwood on Nov. 18, 1984, the daughter of Tim and Candy (Gootee) Goens.

Mrs. Lawson was a 2003 graduate of Elwood Community High School where she was active in band and Latin Club. She was a 2007 graduate of her beloved Purdue University, where she received her bachelors of nursing degree and became a Registered Nurse. She worked as an RN in the NICU at Indiana University Hospital North and Riley Children's Hospital for over 14 years. On Nov. 8, 2014, Mrs. Lawson married Robert Matt Lawson, and they shared over 8 years of marriage together.

She was a member of the Gamma Tau Chapter of Kappa Delta Phi Sorority in Elwood. She loved music and enjoyed going to concerts. Reba McIntyre and comedian Bert "The Conqueror" Kreischer were some of her favorites. Mrs. Lawson loved Purdue University, traveling, and going to Gulf Shores with her family. She enjoyed making crafts, especially if it involved using her Cricut. She loved her pets Booger and Lance. More than anything, she loved her family. Mrs. Lawson adored her niece and nephew and loved watching them grow.

She will be remembered for having a huge caring heart and being a very kind soul. She was loved by more people than she ever realized, and she impacted countless families as a registered nurse.

Survivors include her husband Robert Matthew Lawson of Noblesville; parents Tim and Candy Goens; sister Larken (Todd) Uhrick; grandmother Sharon Sells; 2 aunts Brenda Bizila and Kathy (Mike) Wilburn; niece Katie Uhrick; nephew Colton Bogard; father-in-law Randy Lawson; and several cousins, extended family members and many friends.

She was preceded in death by her grandfather Charles Sells; grandmother Kate Gootee; grandfather Bob Gootee; uncle Bud Bizila; aunt Christina Miller; and mother-in-law Kaye Lawson.

Visitation is scheduled to be held from 11 a.m. - 1 p.m. on Friday, Dec. 30, 2022 at Dunnichay Funeral Home, 1113 S. Anderson St. in Elwood.

Services are scheduled for 1 p.m. on Friday, Dec. 30, 2022 at the funeral home with the Rev. Roger Gardner officiating. Services are scheduled to begin with a Nursing Honor Guard service, followed by the Kappa Delta Phi service. Burial to follow in the Elwood City Cemetery.

Memorial contributions may be mailed to Ignite Transform 698 North 10th St. Noblesville, IN 46060; envelopes will be provided at the funeral home.

Online condolences may be made at dunnichayfuneral-home.com



RESOLUTIONS

From Page A1

media. Plus, you can even include a gift card. Best of all, one subscription unlocks access to the entire American Greetings' online library, including Smash-Ups video greetings, Creatacard digital cards, and Pics & Wishes multi-media messages. Subscriptions are \$6.99 per month or \$29.99 per year.

3. Improve Finances

If improving your finances is one of your goals, the best place to start is to track your previous year's expenses and categorize them. You might be shocked how those daily lattes or online impulse buys add up! Then, find a

financial system that works for you. This could be as simple as a spreadsheet outlining and recording your set expenses and discretionary funds; or syncing your data to your online accounts utilizing a budget-tracking app. Once your system is in place, you'll be able to find areas for improvement and set new financial goals for the future.

4. Get Organized

Getting organized is always a top resolution for the new year—and managing your schedule is a simple way to relieve stress and improve productivity. Start by outlining your

daily, weekly or monthly commitments with a planner or online calendar. Google Calendar, for example, is a free option that allows you to view and color code appointments by category. Plus, by recording and prioritizing your responsibilities, you'll also be able to see your free time, so you can make time for things you enjoy.

5. Make Time for Mental Health

In addition to improving physical fitness, managing mental wellness should be at the top of the resolution list. According to Mental Health First Aid, Americans cited enhanced

self-confidence (64%), increased productivity (67%), and increased happiness (71%) as the top benefits of mental self-care. So, start your year by adding "mental break" moments to your daily and weekly schedule (maybe on your new calendar). Self-care can be anything from meditation and sleep, to cooking or reading, as long as it helps you decompress, unwind and find your mental zen.

New Year's resolutions can feel overwhelming; but by using available tools to plan ahead and keep you on track, you'll have realistic ways to achieve your goals.

HEALTH

From Page A1

ly agreed practices will face increased financial challenges in 2023. However, savvy providers and support staff are taking steps to run more efficient practices, including using technology. This saves providers time and stress, giving them more time to focus on patient care.

In 2022, positivity pervaded providers' perspectives on technology:

- 64% of providers indicated they agreed or strongly agreed their scheduling software helped their practice run more efficiently.

- 57% agreed or strongly agreed their telehealth solution was easy and intuitive to use.

- 36% agreed or strongly agreed insurance verification and eligibility software helped their practice run more efficiently.

This perspective paints a positive picture for patient-provider relationships in 2023:

- 71% of providers agreed or strongly agreed scheduling software will help run a more efficient practice.

- 69% agreed or strongly agreed technology will help practices run more efficiently.

- 59% agreed or strongly agreed their telehealth solution will become more intuitive and easier to use.

Technology Can Speed Up Access to Care

Amidst the unprecedented landscape of labor and supply costs rising, and physician and staff burn-out a reality, innovation is driving positive change for patients. With a growing number of people embracing technology as a driver of access to an improved health care experience, and patients and providers aligned on telehealth as a supplement to in-person care, there are reasons for optimism.

Expediting patients' access to care by surfacing the 20-30% of appointments that become available last minute due to cancellations and rescheduled appointments allows Zocdoc to enable faster speed-to-appointment for patients, compared to the averages reported in the Merritt Hawkins 2022 Survey of Physician Appointment Wait Times.

- **Cardiology:** Typically 1-3 days with 39% seeing a cardiologist within 48 hours, compared to 26.6

days national average appointment wait time

- **Dermatology:** Typically 1-3 days with nearly 30% seeing a dermatologist within 48 hours, compared to 34.5 days national average appointment wait time

- **OB-GYN:** Typically 1-3 days with nearly 26% seeing an OB-GYN within 48 hours, compared to 31.4 days national average appointment wait time

- **Orthopedic surgery:** Typically 1-3 days with nearly 38% seeing an orthopedic surgeon within 48 hours, compared to 16.9 days national average appointment wait time

- **Family medicine (PCP):** Typically 1-3 days with 42% seeing a PCP within 48 hours, compared to 20.6 days national average appointment wait time

Looking Back to Look Forward

Unique, actionable insights into consumers' health care behavior can be derived from 2022 data, providing a glimpse into what's to come. Examining the industry's journey affords the opportunity to predict what may continue to resonate in 2023.

For example, patients got back to regular care appointments after delaying or canceling appointments following the COVID-19 pandemic's onset.

Additionally, telehealth usage declined in all specialties except mental health, moving virtual care toward being a specialty- and case-specific care modality. Consider these appointment trends from January-November:

- 18% of appointments across all specialties were conducted via telehealth.

- Excluding mental health, just 9% of booked appointments were conducted via telehealth.

- 88% of mental health appointments were conducted via telehealth.

To find more information or book an appointment, visit Zocdoc.com

FEET

From Page A1

of an ankle sprain. Avoiding treatment can not only cause further damage to the ligaments which may take much longer to heal or possibly require surgery, but you may be overlooking a more serious injury -- a stress fracture.

- A stress fracture may feel like an ankle sprain at first, but you'll notice additional warning signs, such as swelling without bruising, and pain even during normal activities or when touching the area. If you have any of these symptoms, have your foot and ankle evaluated by a foot and ankle surgeon as soon as possible.

- Pain or swelling around your Achilles tendon after a workout could be indications of Achilles tendonitis. Untreated, a stretched or strained Achilles tendon may worsen over time, leading to stiffness and fatigue in your injured leg. Worse yet, untreated Achilles tendonitis could result in a ruptured tendon requiring surgery and a rehabilitation of several months.

- Heel pain that lasts for more than a day or two, or worsens when you stand after sitting for an extended amount of time, may be plantar fasciitis. This common condition is a result of inflammation of the tissue extending from your heel to your toes. If caught early, your foot and ankle surgeon can recommend at-home conditioning. In late stages, plantar fasciitis is harder to treat and takes longer to resolve.

Prevention Tips

The good news? Many injuries are preventable. Foot and ankle surgeons offer five tips to help you keep your feet and ankles healthy:

1. **Be smart.** Consider consulting a personal trainer at first to ensure you're practicing good form, and to increase the duration and intensity of your workouts gradually and safely.

2. **Stretch.** Incorporate mobility and stretching into your fitness regimen, particularly before and after workouts.

3. **Be footwear aware.** Wear properly-fitting athletic shoes that support the arch of the foot, provide heel cushioning and are designed for the exercise in which you're engaged. These measures can help you avoid plantar fasciitis and neuromas. Wear cotton or non-slip socks to help prevent painful blisters, which can become infected and cause more serious issues, especially if you have diabetes.

4. **Guard against bacteria.** Sweaty shoes, public showers, exercise equipment and the pool deck are breeding grounds for fungus, viruses and bacteria. Wear water shoes in public areas, and after workouts, and get your feet clean and dry quickly.

5. **Book an appointment.** Foot and ankle pain isn't normal. It signals a problem that needs to be evaluated, diagnosed and treated by a specialist who fully understands this part of the body. To find a foot and ankle surgeon near you, use the "Find a Physician" search tool at FootHealthFacts.org.

"When you exercise, your feet and ankles do a ton of work holding you up and absorbing the shock of each step you take," says Dr. Butto.

"So, as you kick off your new fitness routine, don't forget to protect them."

TRAVEL

From Page A1

or breakfast. Showing a shift in mindset from the post-pandemic bucket-list mentality and moving toward a more spontaneous approach, one-third of travelers would rather go on more trips in three-star properties than splurge on one big luxury getaway.

New Wave Wellness

According to the survey, more than half (53%) of Americans are seeking wellness breaks but cite boredom with traditional retreats and want to experience something more exciting in 2023. Millennials are the top drivers of this as 60% of 25-34-year-olds are seeking alternative wellness getaways. Most travelers want to explore new offerings in the U.S. However, Gen Z has a different view and would prefer to book an adventure to Norway, Turkey, Switzerland, Iceland or Sri Lanka.

To capture this awakened market, some hotels are offering advanced rejuvenation programs and hands-on activities that encourage travelers to get up close and personal with nature. Sylvotherapy (forest bathing) and fruit harvesting are popular alternatives to cooking courses, sport holidays and meditation sessions.

Hot Hotel Openings Around the World

Hotels that cater to evolving traveler needs are opening around the world. These properties offer far more than a place to sleep with destination restaurants, coworking spaces and beautiful interiors. From an art-filled social hub in London to unbridled luxury in Rome, these are some hotels to have on your radar for the year ahead:

- La Palma, Capri, Italy
- 100 Princes Street, Edinburgh, United Kingdom
- Ikos Odisia, Corfu, Greece
- Celestial Suites, Kefalonia, Greece
- 1 Hotel Hanalei Bay, Princeville, Kauai
- Four Seasons Resort Tamarindo, Tamarindo, Mexico
- Alila Kothaifaru Maldives, Maldives, Indian Ocean
- Six Senses, Rome, Italy
- Atlantis The Royal, Dubai, United Arab Emirates
- art'otel London Battersea Power Station, London, Great Britain

Find more inspiration to take advantage of upcoming trends at Hotels.com



Life without local news is like hearing crickets

STOP LISTENING TO CRICKETS

The **TIMES**
Serving Noblesville & Hamilton County

SUBSCRIBE TODAY!

770-7777

Never miss a public notice on legal proceedings! After it prints in your local newspaper, it goes online:

IndianaPublicNotices.com

TheTimes24-7.com

NELSON'S BARBERSHOP

9165 Otis Ave Suite 267 • Indianapolis

317-790-5353

Monday	9-7	Friday	9-9
Tuesday	9-7	Saturday	9-5
Wednesday	9-7	Sunday	10-2
Thursday	9-9		

The Times SERVICE DIRECTORY

FUNERAL SERVICES

Traditional Services
Affordable Cremation
Pre-Planning



3028 North Main Street
Lapel, Indiana 46051
765-534-3131
www.hersbergerbozell.com




indianafuneralcare.com

Indianapolis
(317) 636-6464
8151 Allisonville Rd.
Indianapolis

Greenwood
(317) 348-1570
2433 E Main St.
Greenwood



Serving Hamilton County
and surrounding areas

BussellFamilyFunerals.com



Donna Bussell
Owner/Director

1621 E. Greyhound Pass
Carmel, IN 46032
317-587-2001



FEATURED BUSINESS

Traditional Services
Affordable Cremation
Pre-Planning



1010 North Main Street
Lapel, Indiana 46051
765-534-3131
www.hersbergerbozell.com



HOME SERVICES



Carpet Cleaning & Repair
Area & Oriental Rug Cleaning
Tile & Grout Cleaning
Upholstery Cleaning
Pet Stain & Odor Treatment
Water Damage Restoration
Painting Services

317-600-6304

Contact our advertising department at **765-361-0100 ext. 1** to be included in our next Service Directory.

RESTAURANTS



Online Ordering is HERE!
Visit our new website at www.jdrest.com to order now!
Sign up for our email list to receive weekly deals and specials!

Monday - Saturday 6:30 AM - 9 PM
Sunday 7:00 AM - 9:00 PM

2301 E. Conner Noblesville 317-773-3288

Classifieds

765-361-0100 ext. 15 | class@thepaper24-7.com Deadlines for next-day publication:
Monday - Friday 9 a.m. to 4 p.m. Line ads: 1 p.m. | Display ads 11 a.m.

FREON WANTED: We pay \$\$\$ for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-291-9169 or visit RefrigerantFinders.com

Portable Oxygen Concentrator May be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 877-930-3271

DISH Network. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-551-9764

Earthlink High Speed Internet. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-977-7069

High-Speed Internet. We instantly compare speed, pricing, availability to find the best service for your needs. Starting at \$39.99/month! Quickly compare offers from top providers. Call 1-844-961-0666

4G LTE Home Internet Now Available! Get GotW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 1-877-327-0930

Smart Home Installations? Geeks on Site will install your WIFI, Doorbells, Cameras, Home Theater Systems & Gaming Consoles. \$20 OFF coupon 42537! (Restrictions apply) 855-668-0067

LIVE PAIN FREE with CBD products from AceWellness. We guarantee highest quality, most competitive pricing on CBD products. Softgels, Oils, Skincare, Vape & more. Coupon Code: PRINT20 Call Now 833-226-3105

SERIOUSLY INJURED in an AUTO ACCIDENT? Let us fight for you! Our network has recovered millions for clients! Call today for a FREE consultation! 844-517-6414

ATTENTION OXYGEN THERAPY USERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 855-965-4916

New Starting Base Pay - .60 cpm w/ option to make .70 cpm for Class A CDL Flatbed Drivers, Excellent Benefits, Home Weekends, Call 800-648-9915 or www.boydandsons.com

DONATE YOUR CAR TO CHARITY! FAST FREE PICK-UP-24 HR RESPONSE! Help Children in Need, Support Breast Cancer Education/Prevention or Veterans. Tax Deduction 844-820-9099

DIAGNOSED WITH LUNG CANCER? You may qualify for a substantial cash award. NO Obligation, NO risk! We've recovered millions. Let us help you!! Call 24/7, 844-284-4920

Looking to SELL your Home? Save time & money, connect with the Top Agents in your area to get more MONEY and close FASTER! Call 317-854-9781

Wesley Financial Group, LLC - Timeshare Cancellation Experts - Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 877-329-1207

Never Pay For Covered Home Repairs Again! Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF 2 FREE Months! 1-855-408-3894

COMPUTER ISSUES? GEEKS ON SITE provides FREE diagnosis REMOTELY 24/7 SERVICE DURING COVID19. No home visit necessary. \$40 OFF with coupon 86407! Restrictions apply. 888-715-8176

Need Help with Family Law? Can't Afford a \$5,000 Retainer? www.familycourtdirect.com/ Family/Law - Low Cost Legal Services - Pay As You Go - As low as \$750-\$1,500 - Get Legal Help Now! Call 1-888-417-4602 Mon-Fri 7am to 4 pm PCT

Denied Social Security Disability? Appeal! If you're 50+, filed for SSD and denied, our attorneys can help get you approved! No money out of pockets! Call 1-855-995-4758

Thinking about installing a new shower? American Standard makes it easy. FREE design consultation. Enjoy your shower again! Call 1-855-475-0534 today to see how you can save \$1,000 on installation, or visit www.newshowerdeal.com/hoosier

AT&T TV - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package, \$84.99/mo for 12months. Stream on 20 devices at once in your home. HBO Max FREE for 1 yr (w/CHOICE Package or higher.) Call for more details today! (some restrictions apply) Call IVS 1-844-412-9997

Guaranteed Life Insurance! (Ages 50 to 80). No medical exam. Affordable premiums never increase. Benefits never decrease. Policy will only be cancelled for non-payment. 833-535-1043

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920. Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-888-965-1444 or visit <http://dorranceinfo.com/hoosier>

DIRECTV for \$69.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. One year of HBO Max FREE. Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Call for more details! (some restrictions apply) Call 1-888-885-8931

Are you facing challenges in your business?

Are you looking for help from EXPERTS that have found ways to make businesses successful? Then....

TAG

we're it!

Contact **Timmons Advisory Group** & let our experienced staff help with

- Strategic Directions
- Operations
- Personnel
- P&L Management
- Competitive Strategies
- Marketing
- Communications

Whether it's finding ways to get better or making sure practices line up with bottom-line goals, TAG can help make that happen!

www.tagtimmons.com

SWITCH TO DIRECTV

LIMITED-TIME OFFER
SAVE AN ADDITIONAL
\$120
OFF YOUR FIRST YEAR PRICE

CHOICE™ PACKAGE

~~\$74.99~~ **\$64.99** /MO

+TAX & FEES FOR FIRST YEAR

W/ 24-mo. agmt. 2nd year price currently \$12.40/mo. + taxes & fees. Price subj. to change.

IV Support Holdings
888-885-8931



Offer ends 1/21/23. Offer price includes limited-time savings of \$10/mo. All prices include \$5 AutoPay & Paperless bill discount, which may take 1-3 bill cycles to begin (pay \$5 more per month until discount begins). New approved residential customers only. Offers may be discontinued at any time. Regional sports fee up to \$11.99/mo. Is extra & applies. See details.

A Report on Our Stewardship

On Nov. 24, 2004, the company that would grow into Sagamore News Media published its first issue. Since then, we have committed ourselves to doing our part toward improving the communities in which we all live.

Thanks to our company, our owners and our employees, we submit this report to you. We believe that local ownership matters. We believe that not just having roots in a community makes a difference, but that what companies do with their time, treasure and talents matters. Some companies seem to continually cut back on the resources they use to serve our communities; cutting jobs and sending profits out of the state. But for us, it just means we get more involved.

From weekly church ads donated at no cost to sponsorship of community events to donated ads to investments of time and money, we don't just say it, we live it. SNM is proud to report that in 2022, we have donated more than

\$135,270

in the communities we serve!

Some of the great organizations that includes:

Boys & Girls Club
Athens Arts
Noblesville Babe Ruth
United Way
VFW
Multiple Churches
Vacation Bible Schools
Kiwanis
Lions
Rotary
American Legion
Community Christmas Dinner
Forest Park Aquatic Center
Lew Wallace Study
TASTE!
Libraries
Masonic Cornerstone
Cicero American Legion Riders
The Belfry
The Vanity
Hillsboro Homecoming
New Ross
Ducks Unlimited
Champions of Character
Mental Health
Historical Society
Master Gardeners
Various sororities
Sheridan Historical Society

Since that first publication almost two decades ago,
Sagamore News Media
has now committed millions to our great communities.

*We believe in not just talking, but doing.
We believe in our communities!*