#### **⇒ TODAY'S VERSE**

Matthew 11:28 - 30 Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.



#### FACES of **HAMILTON COUNTY**

People who call our community their own. What makes Alison Farber smile? "Seeing people be happy and be outside and everybody trying to get back to normal, which makes me really excited," said the then 34-year-old Noblesville resident. Today's feature is a look back at one of The Times' previous Faces of Hamilton County. She and her oldest son, Emmett (above), then 4, were found sitting on a lounger in the middle of Federal Hill Commons during the 2021 Noblesville Farmers Market. Alison and husband, Daniel, also have a 2-year-old son, Jonah, who both stayed at home. "We're just visiting (the market and park) to give dad some time." Alison is originally from Elkhart but moved to Noblesville. "This is where my husband's family lives. We lived away for a while, and we decided to come back to Indiana." She is a local business owner and career coach and works from home, virtually based. They love living here. "Noblesville is just a good location and is fantastically accessible to Indianapolis." The Noblesville Farmers Market is open 8 a.m. to noon

#### **And Another Few Things...**

Saturdays for the 2023 season.

#### 1. How 'No Mow May' helps pollinators

Doug Richmond says the No Mow May initiative began in the United Kingdom to get more flowering plants to bloom in lawns. This gives pollinators like bees more food opportunities that otherwise would be mowed over. Even if homeowners can't fully commit to not mowing the entire month, Richmond says there are other ways to help pollinators. Raising your mower's cutting height and reducing how often a lawn is mowed can give flowering plants a chance to bloom. Planting more perennials and flowering trees is another great way to support early season pollinators.

#### 2. Town Hall

Congresswoman Spartz will be hosting a Town Hall at the Carmel Public Library on Saturday May 20 at 11 a.m. The Carmel Public Library is located at 425 E Main St. Carmel.

#### 3. Our Chamber is co-hosting a blood drive at the Hamilton **East Public Library** to support our community. Giving blood can be giving life!

Free Flip Flops for registered donors! The Versiti bloodmobile will be in the library parking lot. Appointments are highly recommended. Walk-ins will be processed if time allows. Healthy donors are encouraged to participate. Bring your photo ID and make sure to eat a healthy meal and drink plenty of water before donating. Donation or eligibility questions? Please email mborgmann@versiti.org Accidents/ trauma, premature babies, cancer patients, patients with blood disorders like Sickle Cell, and so many other Hoosier patients need you. Thank you for supporting the community!

# Hamilton County's Own Daily Newspaper

**NOBLESVILLE, INDIANA** 



### **Boomer Bits**

### **Ask Rusty - Should Octogenarians Tell Social Security They Married?**

Dear Rusty: We were married two years ago at age 78 and 81. Do we need to do anything with Social Security? Signed: Blissfully Happy

Dear Blissfully Happy:

Congratulations on your fairly recent marriage and, yes, there are some things you should do. Specifically, you should contact Social Security to inform them of your marriage, see whether any additional benefits are available, and to make any changes needed to your contact information. Here are some things to consider:

• If a name change has occurred for one of you, that person should contact Social Security to report the change. A copy of your marriage certificate (and other ID) will be required, and a new Social Security card will be issued.

• If a change of address has also occurred for one or both of you, that must be reported. It's important that Social Security has the correct mailing address, email, and contact phone number for every beneficiary.

• If there are any other changes to the contact Information on file with the Social Security Administration for either of you (e.g., your banking information), the affected person should inform Social Security

of the changes needed. • Social Security will evalu-



**Social Security Matters** This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

ate whether any benefit increase is available as a result of your marriage, which may be the case if one of you is entitled to a "spousal boost" (an additional amount from the other now that you're married). A spousal boost may be available if one has a monthly Social Security payment which is more than twice the other's benefit. Social Security can answer that ques-

tion for you when you call. You can contact either your local Social Security office (find the number at www.ssa.gov/locator) or call the national number at 1.800.772.1213 and tell them you need to inform them of your marriage and update your contact information. If you have (or if you create) an online "my Social Security" account at www.ssa.gov/myaccount, you can initiate changes to your contact information online, but you will need to call Social Security directly via phone to record your marriage and see if any changes to monthly benefits are available. All of this can

likely be done without requiring a visit to your local SS office.

It is very important that Social Security be made aware of your new marital status and to ensure that they have the correct contact information for both of you. Even if the contact information is unchanged for one of you, the other should contact Social Security as described above to update their contact information and to determine if any changes to monthly benefits are appropriate as a result of your marriage. Doing so now will avoid future issues and will make sure you are both getting the correct monthly Social Security payments as a married couple. And if one of you is entitled to a higher spousal amount, you should ask for the increase to be applied retroactively (SS will pay up to 6 months retroactively). I suggest you call Social Security as soon as possible to inform them of your marriage and make any necessary changes to your contact information.

### 2023 Golden **Hoosier Award**

Lt. Gov. Suzanne Crouch, in collaboration with the Indiana Family and Social Services Administration's Division of Aging, announced today that nominations are now being accepted for the 2023 Golden Hoosier Award.

This is the 16th year for the program.

"Our state is filled with generous Hoosiers who are constantly giving back to their neighborhoods and communities," said Lt. Gov. Crouch, Indiana's Secretary of Agriculture and Rural Development. "The Golden Hoosier Award is an amazing opportunity to honor those who have dedicated their lives to serving Indiana

communities. The award began in 2008 and annually honors senior Hoosiers for their lifetime of service and commitment to their communities. Since the start of the program, more than 200 Hoosiers have been honored.

To be eligible, the nominee must currently be an Indiana resident, age 65 or older and

See CROUCH Page A5

Sunrise/Sunset RISE: 6:28 a.m. **SET:** 8:51 p.m.

> High/Low **Temperatures HIGH:** 79 °F **LOW:** 65 °F

#### Today is...

- Brunch For Lunch Day
- American Indian Day
- National Train Day

#### What Happened On This Day

- 1989 Thousands of students begin a hunger strike on Tiananmen Square in Beijing.
- 1981 Pope John Paul II survives an assassination attempt.
- 1950 The first Formula One World Championship season kicks off.

#### **Births On This Day** • 1964 Stephen Colbert

- American comedian, actor, talk show host • 1950 Stevie Wonder
- American singer-songwriter, pianist, producer

#### **Deaths On This Day** • 1977 Mickey Spillane American mobster

• **1975** Bob Wills American singer-songwriter

### **Wrapping Up** Reader's Choice

Readers' Choice is wrapped up for another year, and once again, The Times' annual promotion to recognize your favorites in a multitude of categories was a huge success.

Back when our company was founded, the staff at The Times brought Hamilton County this fun and good-natured promotion that features local businesses, people, products and more and gives you, our readers, the

See WRAP Page A5

#### Want **MORE**?

The results for winners, runner ups and honorable mentions of the following categories;

**Bowling Alley Bridal Store Cable Company Car Wash Carpet Cleaners Carpet Store** Caterer **AND MORE** 

will be inside on A5!

### **The Biden Administration Wages** A "Concentrated Regulatory And Legislative Assault On The Oil And Gas Industry," Says Tim Stewart

By John Grimaldi

Tim Stewart, president of the U.S. Oil and Gas Association, says it wasn't long ago that America had "global dominance" of the world's energy economy. As he explained it in an interview with Rebecca Weber, CEO of the Association of Mature American Citizens, on her Better For America podcast, up until January 2021, when Joe Biden became president, "the United States was the producer to which OPEC and the other oil and gas producers in the world responded ... now we're walking around, shaking a tin cup [and asking] the Saudis to please give us a little bit more oil."

America's expertise, when it comes to energy production, has been undermined. The administration has replaced professionals "who have oil and gas experience in their portfolios with think-tank activists. And that's why you see this

headlong rush into an unproven energy policy which will ultimately cost everybody a lot more money." Stewart pointed out that the Biden administration wasted no time in canceling the Keystone XL pipeline and suspending leases. "And now they're coming down into our personal lives and saying, you can do this and you can't do that. And it's a frightening direction in which we're going

right now." He went on to explain that the administration has triggered an invasive war that would outlaw fossil fuels such as natural gas. For example, San Francisco is bent on phasing out natural gas furnaces starting in 2027. "We don't have the infrastructure in place and it won't be in place for a long, long time," Stewart noted. He said that despite the fact that the powers that be seek to portray

See JOHN Page A5

HONEST HOOSIER

In the immortal words of one of the great columnists of all time



#### 🗢 TODAY'S QUOTE

"I'm at that age where my back goes out more than I do." -Phyllis Diller

#### TODAY'S JOKE

"I'm at that age where my back goes out more than I do." Phyllis Diller

WTHR 40 **7 DAY FORECAST** MON WED

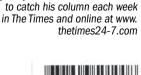


Service Directory.....A4 In The Home.....A6

Lewis Grizzard, Call your mama - I wish I could call mine.

#### TODAY'S HEALTH TIP Everyone should know their Body

Mass Index (BMI) - adults should be less than 25. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week





OBITUARIES

None



What

do moms

want for

Mother's Day?

**PAGE TWO © WEEKEND, MAY 13-14, 2023** 

### **What Moms Want For Mother's Day**



REASON From The

I talked to eight moms who were found Thursday Editor's Desk... at various locations around the Hamilton County Courthouse

Square in Noblesville. I asked each mom to share more about their kids and what she wanted for Mother's Day, which is coming up this Sunday.

Here is what they said: Name: Erren West of Noblesville.

Where found: 3 Rusty Nails Shoppe in downtown Noblesville, where she is owner and was found waiting on customers.

Kids: Two, a nurse in the U.S. Army stationed at Walter Reed Army Medical Center, and a daughter in Fort Wayne and "expecting our first grandchild."

Wants for Mother's Day: "To be able to see my kids. That's really what I want ... All I want is time with my kids and time with my own mother." Gift ideas from her store: Mid-Century modern and vintage-retro furniture and items.

Name: Debby Rogers of Noblesville.

Where found: Vintage Adventures in downtown Noblesville, where she was working. "My daughter and my son-in-law run this business together." They sell "handmade, wooden wall art ... All of the wall art is designed by my daughter.'

Kids: Three, oldest daughter, who designs the art and works the Vintage Adventures business with



**EREN WEST DEBBY ROGERS** 

her mom, is a part-time nurse; middle daughter is

a nurse at Rehabilitation Hospital of Indiana, and her son is a manager of an information technology company. Wants for Mother's

Day: "I just want to see my kids. That's all. I have 12 grandkids ... We have a dinner planned and a movie." Gift ideas from her store: handmade, wooden wall art.

Name: Rori Anderson of Noblesville.

Where found: Linden Tree Gifts in downtown Noblesville, where she is owner and was found waiting on customers. (The store will move June 16 to Lofts on Tenth mixed-use development.)

Kids: Three, a daughter in Wisconsin, a daughter in Zionsville and a son in Westfield, and six grandchildren.

Wants for Mother's Day: "I like something unique that my kids have spent some time thinking about." Gift ideas from her store: "Jewelry ... or a fun little shirt, plants or flowers, and we have the 'Happy Everything" cube.

Name: Karen Sutton of Carmel.

Where found: Sitting outdoors on a bench on Logan Street in downtown Noblesville, the crime scene investigator at Carmel Police Department was waiting to meet a friend for lunch.

Kids: One 15-month-old daughter, Mabel.



KATHY MOORHOUS

Wants for Mother's Day: "I just want to spend Mother's Day with my daughter and my husband. We came to parenthood late in life, due to infertility, and we had a surprise adoption. So every Mother's Day is exceptionally special."

Name: Madison Durham of Noblesville.

Where found: Walking around the Courthouse Square, pushing a stroller with her child riding in it. Kids: 5-year-old, Riley;

and a 3-month-old, Mateo. Wants for Mother's Day: "Spend it with my kids, and flowers.'

Name: Kathy Moorhous of Arcadia.

Where found: Having lunch with coworkers at Alexander's on the Square in downtown Noblesville. She is chief deputy in the Clerk's Office at the Hamilton County Government and Judicial Center in Noblesville.

Kids: Erin, 30, and Kelly, 28.

Wants for Mother's Day: "I would enjoy spending time with my family.'

Name: Nichole Gossman of Hamilton County

Where found: Having lunch with coworkers at Alexander's on the Square in downtown Noblesville. She is a bailiff for Hamilton County Superior Court I at the Government & Judicial Center.

Kids: One, a 16-monthold son, Baker.





Wants for Mother's Day: "I do think a break would be nice, but just spending time with him (Baker) and family, my husband, and we've been talking about going to Conner Prairie."

Name: Tracy Lishamer of Noblesville.

Where found: Logan Village Mall in downtown Noblesville, where she is manager and was found waiting on customers

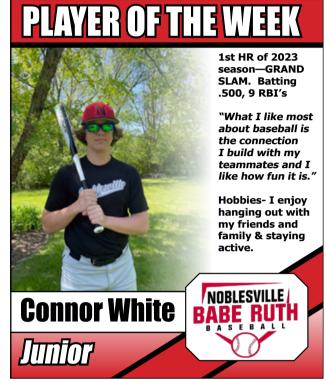
Kids: Three daughters, all local. Her oldest works for a grocery chain, her middle daughter is a waitress and her youngest works with autistic children.

Wants for Mother's Day: "I won't be seeing my girls this Mother's Day. We celebrated earlier. But I'll be spending Mother's Day with my mom and my sister, who are also in Noblesville." Gift ideas: "We have a lot of gift items, candles, live plants, and jewelry. We have a lot of things that appeal to moms.

-Betsy Reason writes about people, places and things in Hamilton County. Contact The Times Editor at betsy@ thetimes24-7.com. This columnist has a 16-year-old daughter and a 91-year-old mother to help celebrate Mother's Day.













### 6th Annual Impact Awards Celebrates Students' Success



The Hamilton Heights Youth Assistance Program celebrated the success of 13 amazing students at its 6th annual Impact Awards Dinner at Beck's Hybrids in Atlanta, Indiana on Wednesday. The event drew in students, their families, **Hamilton Heights School** Corporation personnel, and local dignitaries from the greater Hamilton County area and beyond for this special celebration of accomplishment.

The program recognizes one student per grade

(grades K - 12) who successfully maneuvered through a challenge in their life. Students can be nominated by a teacher, guidance counselor, administrator, or any staff member that feels a student is deserving of the award.

"I look forward to this event every year," said Mary Ann Haymaker, Hamilton Heights Youth Assistance Early Intervention Advocate. "This time is truly about the kids and recognizing the impact they have made on their

teachers and classmates. It is a special time to come together and honor their hard work, resilience, and determination of these students to rise above a challenging issue that may otherwise have negatively impacted their life."

The 2023 Hamilton Heights Youth Assistance IMPACT Award Recipients along with their presenters include:

K: Aaliyah Eastland -Sara Smith

1st: Brandon Dillard -Tracy Zachary 2nd: Tommy Kloepfer -Tracy Zachary & Chelsea Kleyla

3rd: Evelyn Young -Marianne Collar

4th: Ethan Vondersaar -Tracy Zachary 5th: Drew Champion -

John Walsh 6th: Saniya Thomas -**Emily Mcclelland** 

7th: Avery Patterson -**Bonny Stites** 8th: Hattie Graham -

Kari Beery 9th: Eva Pierce - Caty Wiegman

10th: Adalyne Price -Caty Wiegman 11th: Aerial Trump -

12th: Ethan Mead -Krista Shields

In addition, JP Etchison presented Sabrina Duncan, Hamilton Heights Middle School Counselor, with the 2023 Tony Etchison Memorial Award. "Sabrina is an incredibly caring and compassionate individual," said Mary-Ann Haymaker. "She is accessible, available, and simply a wonderful human being that has a knack for bringing joy to others. She represents everything this award is about.'

The event's emcee, Dr. Derek Arrowood, Hamilton Heights School Corporation Superintendent, said the event is truly a celebration of the accomplishments and triumph of these students, many of whom have overcome significant challenges in their lives. "These are extraordinary students who have shown the will and grit to overcome despite their situations," he said. "The adversities these students have faced did not limit their ability to succeed inside and outside the classroom. Their examples can be a lesson to all of us that anyone can overcome challenges in their life and become an inspiration to others. They certainly are to me."

The memorable evening was made possible, in part, thanks to the generous support of this year's sponsors: Beck's Hybrids, White River Christian Church, Bender Homes, Monuments by Robinson & Sons, Berrycomm, Cicero Pool & Spa, Cicero Insurance Agency, The Farmer's Bank, Purkey's Heating and Cooling, Church Church Hittle + Antrim, Powers Septic and Sewer, Big Dog's Smokehouse, Hamilton County Sheriff's Department, Adler Attorneys, Jackson Township Trustees Office, Specialty Tax Services, Logan Street Banners and Signs, Spring Valley Storage, Noblesville Elks, North Central Outdoor Power, and Blades Audio Video.

A special thank you to, the Youth Assistance Program Board Tricia Akers, Dr. Derek Arrowood, Sarah Buckner, Judge Michael Casati, Jeanann Dodson, Judge Paul Felix, Jessica Heiser, Jeremy Hunt, Syd Loomis, Natasha Robinson, Emily Schmale, Zach Smith, and Perry Williams



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### Carmel Clay Schools, Carmel Police Officer To Receive National Awards

National organization to present awards during June ceremony in Indianapolis.

The National Association of School Resource Officers (NASRO) announced that it will present its Model Agency Award to Carmel Clay Schools. The organization presents the award to agencies that exemplify in training, policies and standards, the NASRO triad concept — which describes a

school resource officer's (SRO's) role as mentor, guest lecturer and law enforcement officer — and that demonstrate creative and innovative approaches to school-based policing.

NASRO will present this award and others Friday, June 30 during a ceremony in Indianapolis as part of its annual National School Safety Conference.

The organization will also present Model Agency Awards to:

- •Allen County Sheriff's Department, Fort Wayne, Indiana
- •Cambridge City Police Department, Indiana
- •Fox Chapel Area School District Police Department, Pittsburgh

• Hailey Police Department, Idaho •Lafavette County Sheriff's Office, Lexington, Missouri

 Lawrence Police Department, Kansas •Ligonier Police

Department, Indiana Los Lunas School Police Department, Los Lunas, New Mexico

 Sumner County Sheriff's Office, Gallatin, Tennessee

 Thornton Police Department, Colorado NASRO will honor a

Carmel police officer with its The Bridge the Gap Award for activities that demonstrate a significant commitment to positive behavioral intervention services and at-risk youth. Officer Juan Navarrete of the Carmel Police Department will receive that award.

In addition to the awards above, NASRO will present the following awards during its June 30 ceremony:

The Floyd Ledbetter National School Resource Officer of the Year Award will go to Officer Peter Sutera of the Gloucester (Massachusetts) Police Department. This award

recognizes school resource officers (SROs) who have made specific and significant contributions to their local communities or school districts.

The National Award of Valor for acts of courage and valor above and beyond what would normally be expected, will go to five individuals:

Officer Rex Engelbert and Detective Michael Collazo of the Metropolitan Nashville Police Department ended the tragic shooting at The Covenant School March 27 by confronting and firing at the shooter, fatally wounding them within 14 minutes of the first report of the incident.

Nathan Tietz is dean of students at Burke High School in Omaha, Nebraska. Last January, Mr. Tietz restrained a student who was attacking other students with a knife. The student continued to swing the knife, narrowly missing Mr. Tietz' face, as the dean continued to push the attacker away.

Officer Sarah Heatherton of the Maroa (Illinois) Police Department single handedly subdued an armed

and resistant suspect in the stabbing of another student at her high school in November 2022. The assailant was still armed with a large steak knife when Officer Heatherton disarmed and detained him. The stabbing victim suffered serious injuries in the attack.

Officer Jonathan Hobbs of the Bellevue (Nebraska) Police Department deescalated a potential domestic violence incident in May 2022 in which a 13-year-old student of one of his schools was an assailant. Through the rapport Officer Hobbs had built with the teen at school, he convinced her to drop an axe with which she was threatening her grandparents.

The Chief Nicholas C. Derzis Safe Schools Leadership Award for contributions and dedication to an SRO program will go to Lt. Shane Wallace of the Cypress-Fairbanks ISD Police Department, Houston.

**Exceptional Service** Awards for continuous and sustained service to the school community above

and beyond that normally expected of an SRO will go to:

 Officer Charles McFarland, Vero Beach Police Department, Florida

 Officer James Beck, Cumberland Police Department, Maryland

 Officer David Watts, Quaker Valley School District Police Department, Leetsdale, Pennsylvania

 Officer Keith Medeiros, Bristol Police Department, Rhode Island •Officer Jared Rowley,

Topeka Police Department, •Sgt. Pamela Revels, Lee

County Sheriff's Office, Opelike, Alabama •Marty Rustvold, security supervisor, Oklahoma City Public

Schools, Oklahoma City •Officer Jacob Harlow, Pierre Police Department, South Dakota

•Officer Zach Keirsey, Wilsonville Police Department, Oregon

•Chris Ruiz, Pleasant Grove Police Department, Utah Deputy Director

Adullrahaman Al Mamari, Dubai Police Department, United Arab Emirates

Sgt. Rudolph Pratt,

Royal Bahamas Police Force

The International Exemplary Agency Award, for an international agency that demonstrates the same attributes as recipients of the model agency award above, will go to the Dubai Police Department, United Arab Emirates.

The SRO Social Award, for effectively utilizing social media to promote the SRO position, school, and agency, will go to Officer Adriana Nave of the Lindsay Police Department, California.

The National Road Safety Foundation Innovation in the Classroom Award, for demonstrating the use of innovative methods in teaching traffic safety to teens will go to Deputy David Haun of the Talladega County Sheriff's Office, Talladega, Alabama.

NASRO will announce later the winner of the NASRO Instructor of the Year Award, for instructors who demonstrate excellence in teaching NASRO courses while continuously performing above and beyond the call of duty.

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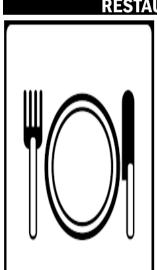
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**O CROUCH** 

ties. Since the start of

the program, more than

200 Hoosiers have been

To be eligible, the

nominee must currently

be an Indiana resident,

been a volunteer in the

community for the past

mitting applications is

Sunday, July 9. Nom-

accessed electronically

ination forms can be

by visiting in.gov/lg/

lt-governor-initiatives/

golden-hoosier-award.

later this year.

A ceremony honoring

those selected will be held

relax & enjoy

THE TIMES

The deadline for sub-

age 65 or older and have

honored.

three years.

•Noblesville Family

Church

Winner:

Methodist

Genesis

Life Church

Runner Up:

Harbor Shores

Chiropractic/Dr. Dahlager

**Honorable Mentions:** 

Our Lady of Grace

•Emmanuel United

•Grace Community

•Sacred Heart (Cicero)

•First United Methodist

•White River Christian

Noblesville Baptist

•First Christian

•Christian Church

•Green Valley Church

•Hinkle Creek Friends

•Sheridan United Meth-

•Sheridan Christian

•Westfield Friends

Church of God

•Cicero Christian

Arcadia Christian

Contractor

**Runner Up:** 

Carl Abbott

struction

Garner

Cleaning Svc

Winner:

TJ Maxx

Just Lagom

**Runner Up:** 

M/I Homes

Dan MacInnis

Design & Build

**Clothing Store** 

Winner:

ship

•Clarksville Christian

•White Rock Fellow-

Gollner Home Improve-

**Honorable Mentions:** 

•Indiana Restoration &

•Taylor Home Improve-

•David Weekly Homes

•Meyer Najem Con-

### **Readers' Choice 2023 Results**

Home Depot

Adam's Flooring

Custom Floors

E.F. Marburger

Big Hoffa's Smoke-

Nameless Catering

**Honorable Mentions:** 

•Zeck's BBQ & More

**Cell Phone Provider** 

**Honorable Mentions:** 

**Honorable Mentions:** 

**Honorable Mentions:** 

•Abe Beaber/Ham Co

Dr. Brian McCarley

•Grant Family Chiro-

•Himsel Chiropractic

•Cicero Chiropractic

**Rokita Warns Churches And Other Nonprofit** 

Advanced America

Chiropractor

Mark Woloshin

Richard Bailey

Van Garmetere

Dean Wiggers

Jared Himsel

**Runner Up:** 

Creekside

The Joint

Chiropractic

practic

Jeff Dimick

**Check Cashing** 

The Corner Cook

•Lowe's

•Blakely's

Midwest

Caterer

Winner:

Runner Up:

Ritz Charles

•Famous Dave's

•A Cut Above

•Sahm's

Winner:

Verizon

AT&T

Sprint

Service

Winner:

A-1 Cash

Wal-Mart

Winner:

**Runner Up:** 

•T-Mobile

Runner Up:

house BBQ

**Bowling Alley** Winner: Bowl 32

Runner Up: **Pinheads** 

**Honorable Mentions:** Woodland Bowling

Center **Bridal Store** 

Winner: The Wedding Studio Runner Up: Kim M Bridal and For-

mal Wear Resale **Honorable Mentions:** 

Beloved Brides

•Blue House Bridal

•Leena's Bridal Cable Company

Winner: Metronet **Runner Up:** 

Comcast **Honorable Mentions:** 

Direct TV •AT&T

Brighthouse

Dish Network Endeavor

Car Wash Winner: Crew

Runner Up: Car Wash King **Honorable Mentions:** •Prime Car Wash

New Life **Carpet Cleaners** Winner:

Bolden's Cleaning & Restoration

Runner Up: Indiana Restoration & Cleaning

**Honorable Mention:** 

Oxi Fresh •All Pro Restoration

•Abbott's Accuclean **Carpet Store** 

Winner: Floors to Your Home

Runner Up: Kinsey's

Hoosiers should be

alert to the possible rising

incidence of cyberattacks

on churches and other

general's office.

nonprofit organizations.

That's the message coming

"Hackers regularly carry

out of the state's attorney

out attacks on companies

and governmental offices," Indiana Attorney General

Todd Rokita said. "Now,

that cybercriminals are

expanding their lists of

tioners struck a national

Catholic publishing house

based in Huntington, Ind.

ware group attacked an

— one day after a ransom-

targets."

though, we're seeing signs

On April 30, data extor-

**Honorable Mentions:** 

**Church Bulletin: Attorney General Todd** 

**Organizations To Beware Cyberattacks** evangelical megachurch in

South Carolina.

"Nothing is sacred to these high-tech outlaws," Rokita said. "Our own office and law enforcement agencies nationwide are working to bring offenders to justice. At the same time, we encourage all Indiana institutions, as well as everyday Hoosiers, to take proactive steps to implement cybersecurity

Attorney General Rokita offered the following tips:

measures."

•Be on alert for communications with dangerous attachments or fraudulent

links. •Always verify the email addresses of those who send you emails.

•Don't reveal personal or financial information via email or text message.

•Encourage regular and updated cyberattack training for organizations' employees, members and volunteers.

•Ensure that your organization has updated appropriate software patches and that it monitors current schemes and scams by hackers.

 Avoid using gift cards, money orders or cryptocurrency to conduct transactions or regular organization business.

For more information, go to in.gov/attorneygen-

### **• NAME** From Page A1

an invasive war that would outlaw fossil fuels such as natural gas. For example, San Francisco is bent on phasing out natural gas furnaces starting in 2027. "We don't have the infrastructure in place and it won't be in place for a long, long time," Stewart noted. He said that despite the fact that the powers that be seek to portray fossil fuel as the enemy, "the reality is natural gas is probably the best bridge fuel you'll ever get if you want to completely decarbonize."

Stewart pointed out, the "Ninth Circuit Court recently overturned Berkeley, California's ban on gas stove infrastructure. They said you can't do that. You don't have the authority to do that. Which is encouraging to me because, if you can win in Berkeley, in the Ninth Circuit, which is the most notoriously liberal court there is, we can win across the country.

New York State, has also recently passed a statewide ban on natural gas and Stewart suggested that his association will get involved there as well. In fact, he said his Oil and Gas Association has established what he called, a 'Hands Off My Stove Initiative' as an op-

**WRAP** 

opportunity to vote for

joke that this is like Chica-

go politics and encourage

you to vote early and vote

You see, this has never

been about the rigidity of

the process. Instead, it is

ly fun and very positive

cast a good light on their

We annually see ballots

way for our readers to

favorites. And oh, how

that number in the hun-

dreds of thousands – so

the counting process.

many in fact that we had

to find a way to automatic

you have responded!

designed to be an absolute-

often.

your favorites. We often

From Page A1

here.

year.

Another liberal state,

tion for people who don't work for our industry, but who want to figure out how to do something. We're gathering people from all across the country to help local groups fight these local initiatives. We'll team people up with them to keep the communists out of our kitchens. "I have never in my 30

years seen a more concentrated regulatory and legislative assault on the oil and gas industry like we have seen in the last 18 months. The Biden administration, I think, really is to blame. There is significant overreach right up front. And in doing so, they bought this issue of energy poverty and they put it on their own shoulders. That is the biggest issue and we've been pushing back on them over and over and over again. If I'm a senior living on a fixed income, there are some things I can't control. Nor can I control the price of energy, and that is something that I have to have. And the administration has been very slow and frankly unresponsive and uncaring in terms of what their policies are actually creating. We're being squeezed by a regulatory regime, which is frightening.

one time like we have in

the past, we are revealing

Today's categories can

several categories a day.

quick list is also provided

When the final winners,

runner-ups and honorable

mentions are revealed, we

will compile all of them

that will stay posted on

into one keepsake edition

our website for the entire

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the many businesses who

are saying thank you with

their ads. Without those

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### and specifically your daily This year, rather than unveil all the winners at edition, wouldn't be here. sell it in the classifieds.

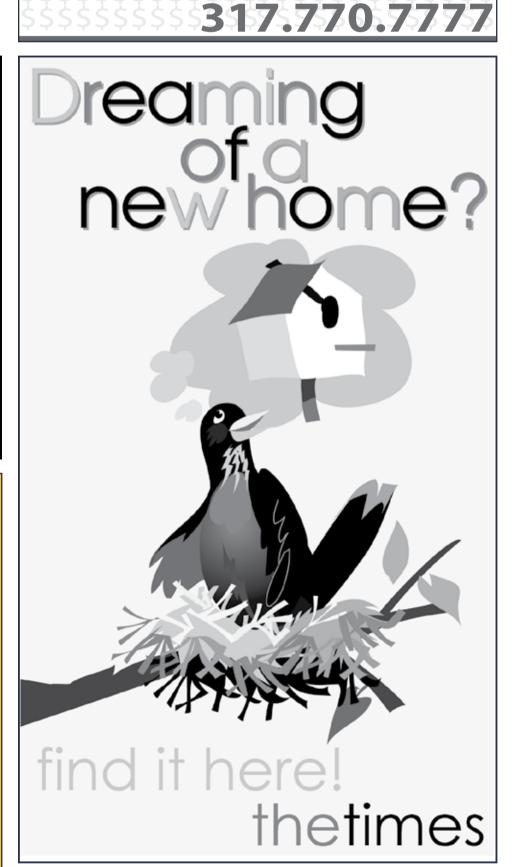
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### **Addressing Your Children's Challenging Behaviors**

FAMILY FEATURES

any parents of young children face behavioral concerns like children not listening, throwing tantrums, biting and more. While every situation is unique, parents can rest assured they aren't alone and these behaviors aren't atypical.

"As young children grow and develop, behavioral challenges are to be expected," said Dr. Lauren Starnes, senior vice president and chief academic officer, The Goddard School. "That said, just because these behaviors are often normal doesn't mean they are easy for the parents addressing them or the young children our parents great them."

children experiencing them."
While eliminating undesired behaviors like defiance, tantrums and biting is likely unrealistic, it's not a lost cause for parents. Understanding why certain behaviors occur and the appropriate techniques to address them can help parents mitigate their impact and lessen their frequency, duration and severity.

Starnes recommends these ways to understand and address challenging behaviors in young children.

#### Biting

Infants often bite when teething. Young toddlers bite out of excitement, exploration or in response to inconsistencies in their environment. Older toddlers and 2-year-olds frequently bite as a communication method, such as when they fail to have the language to communicate frustration.

For children who are 3 years of age or older, biting is typically an aggressive behavior. Understanding the root cause can help tailor the response more appropriately to curb the behavior. For example, giving infants various textured teething toys can lessen the likelihood they will bite. For 2-year-olds, modeling how to use words and phasing out oral soothing items like pacifiers can also reduce the likelihood of biting.

#### **Defiance**

Raising young children means preparing to hear them say, "No." One of the primary developmental milestones of early childhood is emerging independence. The overt exertion of independence tends to peak at or around age 2 and can continue at varying degrees of intensity, depending in part upon the personality of the child.





Photos courtesy of Getty Images

One important factor about defiant behavior is that while it is independence exertion, it is also attention-seeking. Behavior is communication and some defiant actions may simply be a means of obtaining attention and situational control. By giving children more independence – for example, asking "Can you please put your shoes on for me?" or "Can you pick which one of these dresses you want to wear today?" – you may be able to help them become compliant.

Logical consequences can also help. For example, if children refuse to sit in their chair to eat, have them stand for dinner or remove their snack until they sit.

#### Tantrums

The American Academy of Pediatrics defines tantrums as a behavioral response by young children who are learning to be independent and desire to make choices yet lack the coping and self-regulation skills to handle frustration. Whether a tantrum is triggered by communication gaps, frustration or a reinforced behavior to control a situation, there are specific techniques that can be used to deescalate the behavior and help children regain emotional composure.

Your reaction to a tantrum is a direct predictor of its intensity and longevity. Taking an opposite

position to children in terms of volume, speed of movement and pace of speech can be enough to counterbalance the tantrum.

Another effective technique to curb a tantrum is sportscasting. Using a soft tone of voice, sportscasting is the verbal, non-biased account of what is happening in the moment retold in third-person as though telling a story or broadcasting a sport. While this may feel awkward at first, it often catches children's attention and deescalates their reaction. For example, "Lou wanted more gummy bears. Mom said no. Lou is yelling and crying."

There is no silver bullet to stop biting, defiance and tantrums. These behaviors, for better or worse, are expected parts of early childhood. However, by gaining an understanding of their root causes and employing appropriate techniques to address these behaviors, parents can mitigate their impact while helping children develop and grow socially and emotionally.

For more actionable parenting insights, guidance and resources – including a webinar with Starnes providing additional tips for behavioral guidance visit GoddardSchool.com.



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