

➡ **TODAY'S VERSE**  
Jeremiah 33:3 "Call unto me,  
and I will answer thee, and  
shew thee great and mighty  
things, which thou knowest  
not." (KJV)



➡ **FACES OF HAMILTON COUNTY**  
People who call our community their own.  
*What makes Dan Spehler smile?*  
"Hanging out with my family on a nice summer day," said the Noblesville resident, 43. He was found in summer 2019 "enjoying Food Truck Friday" at Federal Hill Commons in Noblesville, with his wife, Kristi, and daughter Kaydan (pictured with her dad), who was 6 and a first-grader at Noble Crossing Elementary at the time. Spehler had been a news anchor at Fox 59 since 2012. "He goes on TV," said his daughter, who was eating a bowl of ice cream. An Ohio native, the Bowling Green State University grad moved to Indiana in 2005 to take a job at Channel 6. "That's when I met my wife, who is from Indiana. And now Indiana is home. Noblesville is home." When they moved here, they were "looking for a nice community where the kids could grow up and go to school, and we have really enjoyed Noblesville .... We love all of the things we can do...." They attend summer concerts at Federal Hill. The first free outdoor concert at Federal Hill is The Eagles Project, an Eagle tribute band, at 7 p.m. June 10. The full list of concerts at Federal Hill and Dillon Park were just announced Thursday by the City of Noblesville and are published in The Times. They also have a son, Declan, What else? "I like to play golf, Topgolf, like music and concerts ... I like spending time with family and friends. Hidden talents? "I played the saxophone in high school."

And Another Few Things...

- 1. Taste of Business**  
The Taste of Business | Made in Noblesville was a tremendous success! From the food to the business vendors, and Made in Noblesville exhibits, Noblesville delivered. Around 1000+ people made their way through the Embassy Suites Conference Center, sampling wonderful food & treats from 20+ restaurant and business booths. Simultaneously, they were able to learn more about all 100+ our local business participants. In case you missed our last digital newsletter check out some photographs and learn more for yourself about our great partners and participants! Thank you all for participating in this record setting night!
- 2. 146th and Allisonville Project Update**  
The Hamilton County Highway Department has begun Phase 1 of the 146th St. & Allisonville Rd. Interchange construction project. Go to our project page at 146th St. & Allisonville Rd. Interchange to SIGN UP for our Project Newsletter and get detailed project information, including current lane restrictions and road closures.
- 3. Former Chairman, Craig Dunn, Endorses Suzanne Crouch for Governor**  
Former Howard County GOP Chairman, Craig Dunn, has pledged his endorsement for Suzanne Crouch for Governor. "I support Suzanne Crouch for Governor as a fiscal conservative who will bring transparency and accountability to Indiana's government," said Dunn. Craig Dunn served three terms as Chairman of the Howard County Republican Party and has played an instrumental role in the election of many Republicans from Congress to governor. To learn more about Suzanne Crouch: <https://www.crouchforindiana.com/>

# The TIMES

Hamilton County's Own Daily Newspaper

NOBLESVILLE, INDIANA

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## Boomer Bits

### Ask Rusty – I'm Concerned About Social Security Solvency

**Dear Rusty: I retired at age 58. My husband and I worked 40 years of employment each. I had a 401K only...no other benefits. We saved, we invested through our financial advisor and have done okay watching our investments grow (except for the last 3 years). Neither my husband nor I have taken Social Security; we were both waiting until age 70 to get full benefits. Do you think this is still wise? I'm concerned there will not be any funds in 5 years when we both turn 70. Signed: Concerned Senior**

**Dear Concerned Senior:**  
Your question relates to Social



ASK Rusty  
Social Security Advisor

#### Social Security Matters

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisior@amacfoundation.org](mailto:ssadvisior@amacfoundation.org).

Security solvency, no doubt inspired by the recent spate of media discussion on this topic. Most articles I've read promote a "doomsday" scenario and, in fairness, Social Security's financial issues are serious. The latest report from the Trustees of Social Security warned Congress that the reserves now held

in Social Security's Trust Fund (which enable full benefits to be paid) will be depleted as early as 2033. What you may not know is that this is not new news - the Trustees have sounded the same warning for decades to multiple Congresses which have neglect-

➡ See RUSTY Page A5

## Physician And Congressman Scott DesJarlais: The HEALTH Act Will Establish Better Relations With Patients

By John Grimaldi

This week Rebecca Weber, CEO of the Association of Mature American Citizens (AMAC), interviewed Congressman Dr. Scott DesJarlais (R-TN) on AMAC's Better For America podcast. They discussed the Helping Everyone Access Long Term Healthcare (HEALTH) Act, a measure that was inspired by AMAC founder Dan Weber and of which Rep. DesJarlais is an original

co-sponsor.

The HEALTH Act would allow doctors and other health-care professionals to provide pro-bono healthcare services to low-income individuals and receive a simple charitable tax deduction in lieu of payment. Rep. DesJarlais explained that soon after he established his medical practice in Tennessee in 1993 he "began to see an over utilization of emergency rooms

➡ See JOHN Page A5

## Sunscreen Is A Great Start To Skin Protection. But Don't Stop There

(StatePoint) The warm weather months serve as an important reminder that the choices you make can help you keep your skin healthy and reduce your risk of developing skin cancer. Experts say that your routine can and should go beyond simply wearing sunscreen.

"Taking care of your skin is

➡ See SKIN Page A5

## Noblesville Highschool Senior Honors Night



Photo courtesy of Noblesville Schools

**300 students recognized at Honors Night earlier this week for a 3.5 or higher GPA and over \$5 million in scholarships awarded.**

### ➡ INSIDE TODAY

Service Directory.....A4  
In The Home.....A6

### ➡ HONEST HOOSIER

Could somebody tell me when the Republicans became the party of spend-spend-spend? Hell, Democrat John F. Kennedy was more fiscally conservative than the GOP is today. For that matter, so was Hubert H. Humphrey!  
p.s. And happy 58th birthday Carmel grad and TV guy Ted Allen!



### ➡ TODAY'S HEALTH TIP

Sunlight increases your risk of developing cataracts - wear sunglasses that block UVA and UVB.  
Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at [www.thetimes24-7.com](http://www.thetimes24-7.com)



### ➡ TODAY'S QUOTE

"The older I get, the better I used to be."  
-Lee Trevino

### ➡ TODAY'S JOKE

The racing fan's wife and children left him because of his fanaticism about racing. What did he say?  
"And they're off!"

### ➡ OBITUARIES

None

The Times appreciates all our customers. Today, we'd like to personally thank **KERWIN & CHERYL KAUFMAN** for subscribing!



## The Daily Almanac

Sunrise/Sunset  
RISE: 6:26 a.m.  
SET: 9:01 p.m.

High/Low  
Temperatures  
HIGH: 70 °F  
LOW: 51 °F

Today is...

- Armed Forces Day
- Flower Day
- World Whisky Day

#### What Happened On This Day

- 1940 The first prisoners arrive at Auschwitz concentration camp.
- 1927 Charles Lindbergh takes off on the first solo non-stop transatlantic flight.
- 1873 Blue jeans are patented.

#### Births On This Day

- 1971 Tony Stewart American race car driver
- 1946 Cher American singer-songwriter

#### Deaths On This Day

- 2002 Stephen Jay Gould American paleontologist
- 1506 Christopher Columbus Italian explorer, discovered the Americas

## Wrapping Up Reader's Choice

Readers' Choice is wrapped up for another year, and once again, The Times' annual promotion to recognize your favorites in a multitude of categories was a huge success.

Back when our company was founded, the staff at The Times brought Hamilton County this fun and good-natured promotion that features local businesses, people, products and more and gives you, our readers, the

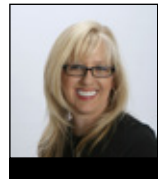
➡ See WRAP Page A5

### Want MORE?

The results for winners, runner ups and honorable mentions of the following categories;  
**Paint Store**  
**Painting Service**  
**Pest Exterminator**  
**Pet Groomer**  
**Pet Shop**  
**Pharmacy**  
**Physician**  
**AND MORE**  
will be inside on A5!



## Prom Night Is Always Special



**BETSY REASON**  
From The Editor's Desk...

It was May 2, 1981. It's been a lot of years, but I remember my high school prom like it was yesterday.

My prom dress was borrowed from my cousin. My date was a classmate I'd known since kindergarten. And my corsage was a pink carnation that I later pressed in a book to save.

I curled my hair. Put on a little makeup. And a pair of dressy sandals.

Then I waited in the living room for my date to arrive. I remember when his car (I think it was a late 1970s-model Chevy or Pontiac) pulled into our driveway, and he got out of the car, dressed in a suit and tie, carrying my lovely corsage.

At that moment, I couldn't believe that I was really going to my junior prom. I was such a nerd in high school. Not that I'm any less of a nerd now.

He drove us to a fancy Chinese restaurant in Chesterfield, Ind., where we had reservations for dinner. I think the name of the place was the White House Restaurant. I'd never eaten Asian cuisine, so it was a new experience.

After easy conversation and a nice meal, we drove to Shenandoah High School, where our gymnasium had been decorated for junior and senior prom-goers and their dates.

The theme was "A Night at Fantasy Island." As everyone entered into the world of fantasy, two hosts -- one a tall, slender man and the other a rather short man, portraying Mr. Roarke and Tattoo, if you remember the old television series that aired on ABC from 1978-84 -- greeted prom-goers.

The entrance was decorated with colored lights reflecting upon raindrops, and grass carpet led the way into the gym-turned-ballroom, where each corner of the gym was decorated differently. A western scene with a saloon and a rugged fence with straw surrounding was one "fantasy." There were palm trees, pineapples, a grass hut and scenery of the ocean in the Hawaiian fantasy area. In the world of make believe, there was a glowing rainbow with cartoon characters and a

fountain. A background wall with a castle painted on it also set the mood as mints were served in small glass slippers. A glittering star was centered in another area, where walls were papered in stars and a lighted moon hung from above, taking prom-goers to outer space. It was such a fun night. There were five each of senior prom king and queen candidates and junior prince and princess candidates nominated. (I bet you thought it's pretty good if I could remember all of those details. But I had to get out my old Raider yearbook.)

We had our photo taken in front of a tropical backdrop made by classmates.

Mostly teachers and some parents chaperoned. The only requirement to attend was to have your \$4 class dues paid.

We danced to the 1970s and '80s cover music by Reelin' Kite.

It was a night to remember.

Fast forward 42 years. Tonight is prom night for Noblesville High School, where our daughter is a junior.

The concept of prom is the same.

It's still a special night where juniors and seniors and their dates dress up in beautiful floor-length prom gowns and rented tuxedos. They pose for photos. They dine out. They dance at a rented venue. Some drive. Some take limousines, buses or trolleys with hired chauffeurs.

Prom is such a special occasion that our daughter's been looking forward to for many weeks. We shopped for a prom dress as a family. She got a manicure and pedicure with a color polish to complement her dress. She found the perfect sparkly high heels and clutch. She's doing her own hair and makeup. She and her date are going with a group of friends, who will meet early for photos at a picturesque location, dine at a fancy restaurant and then dance the night away with friends at the prom.

Yes, prom night tonight will also be a night to remember.

*-Betsy Reason writes about people, places and things in Hamilton County. Contact The Times Editor Betsy Reason at [betsy@thetimes24-7.com](mailto:betsy@thetimes24-7.com). I thought about publishing my old prom photo, but my prom date actually now lives in Noblesville with his wife and family. Small world.*

## Hamilton County Launches One-Stop Resource For Support Services

Streamlined information increases connection and access for residents.

Hamilton County is known for being a thriving area where people want to live. One of the secrets to its success: a strong network of nonprofit organizations who believe that by working together, they can help their community and those who live in it. The power of that network collaboration has led to the launch of a new website - [Help4HamiltonCounty.org](http://Help4HamiltonCounty.org) - to provide residents with a one-stop resource for support services.

"Residents are more likely to seek support and be successful in overcoming challenges when resources are easy to find, understand, and access," says Hamilton County Commissioner Mark Heirbrandt, one of several elected officials involved in the project. "At [Help4HamiltonCounty.org](http://Help4HamiltonCounty.org), residents can access the large network of local organizations designed to provide support and ultimately increase quality of life in Hamilton County."

Made possible by the support of the Hamilton County Community Foundation, Duke Energy, the Hamilton County Trustees Association, and Good Samaritan Network, the new web resource offers connection to services in six key areas of need:

- Aging and Seniors
- Food Assistance
- Medical and Mental Health
- Youth and Families
- Housing
- Education and Employment

The site connects users to detailed information on local organizations, as well as videos designed to provide expert insight and raise awareness, featuring interviews with nonprofit executives and clients who have received services, as well as elected officials and other community leaders.

[Help4HamiltonCounty.org](http://Help4HamiltonCounty.org) has included Accessibility Adjustments on the new website to remove barriers and make finding resources accessible for as many community residents as possible. To learn more, please reach out through the 'Contact Us' page on [Help4HamiltonCounty.org](http://Help4HamiltonCounty.org).

## May Party On The Patio, Presented By Martin Marietta

Join us for a thrilling evening of excitement and camaraderie at the May Indy 500 Themed Party on the Patio presented by Martin Marietta and hosted by The Downtown Westfield Association (DWA) and the Westfield Chamber. The event will take place on Tuesday, May 23, 2023, at the stunning Grand Junction Plaza in downtown Westfield.

Step into the world of racing as we celebrate the iconic Indy 500 in style. Prepare to indulge in an array of free adult beverages and delectable food options from Jan's Village Pizza that will tantalize your taste buds. As you savor these delicious treats, let the lively tunes of live music fill the air, creating a vibrant atmosphere that's sure to uplift your spirits.

Please note that this event is exclusively for those aged 21 and over. Remember to bring your valid driver's license to ensure a smooth entry. Registration in advance is essential to secure your spot, so don't delay—reserve your place now!

The roots of the Party on the Patio trace back

to 2013 when DWA introduced this delightful gathering as a way to bring together Westfield residents and businesses. This annual tradition has blossomed into a catalyst for fostering relationships, building opportunities, and cultivating a sense of community in downtown Westfield. By uniting people in a relaxed and engaging environment, we hope to attract businesses to set up shop in our thriving city.

Last year, we were delighted to welcome nearly 200 attendees to each event. This year, we're setting our sights even higher and aim to surpass that record. Help us achieve this goal by inviting your colleagues, neighbors, and anyone who would relish a few hours of networking and mingling with the movers and shakers of Westfield.

Mark your calendars and prepare for an evening of enjoyment, connection, and celebration. Register now for the May Indy 500 Themed Party on the Patio on May 23, 2023. Together, let's make history and shape the future of Westfield!

Never miss a public notice on legal proceedings! After it prints in your local newspaper, it goes online:

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# City of Fishers Seeks Community Feedback For Fishers White River Park, Trails & Greenways Initiative

Community invited to provide feedback through survey, summer engagement events.

The City of Fishers announced today community initiatives to seek public input on the new Fishers White River Park and plans to develop a better-connected network of trails and greenways throughout Fishers. Residents and community stakeholders are invited to provide input for each initiative via community-wide surveys and at public events throughout summer.

The Fishers White River Park, coming to the intersection of 96th Street and Allisonville Road in 2025, features over 120 acres of parkland with more than 5,000 feet of riverfront. The new park will offer unique amenities along the west side of Fishers and Allisonville Road corridor.

“The Fishers White River Park will anchor the southwestern portion of our community and will contribute to the Allisonville Road corridor revitalization and new roundabout at 96th Street and Allisonville Road,” said Fishers Mayor Scott Fadness. “The community has helped shaped our new destinations and experiences, like the Nickel Plate Trail and upcoming Fishers City & Arts Center, and I look forward to hearing what they come up with.”

The Fishers Trails and Greenway Plan will focus on trails that create continuous connections across the city. Community feedback will be used to identify trail gaps in the existing network, determine safety features along the routes, and plan for future trail networks.

“The culture around walking and biking in our community is growing as we install new trail networks such as the Nickel Plate Trail and Geist Greenway,” said Megan Vukusich, Director of Planning and Zoning for the City of Fishers. “We are excited to have representation from so many City departments on this initiative, including the-Fishers Health Department, Fishers Parks, Engineering Department and Public Works team, and we are looking forward to engaging with our residents and businesses to create a safe, more walkable and bikeable community.”


Residents and community stakeholders can submit their feedback for the Fishers White River Park survey at [playfishers.com/WhiteRiverPark](https://playfishers.com/WhiteRiverPark) and the Trails & Greenways survey at [fishers.in.us/Trails](https://fishers.in.us/Trails) through July 31.

Feedback for both initiatives can also be shared at a series of events throughout the summer, including:

- Fishers Farmers Market  
Saturday, May 20 | 8 a.m. - noon | Nickel Plate District Amphitheater (6 Municipal Drive)
- Community Open House: Visioning & Ideas  
Thursday, June 15 | 4 - 6 p.m. | Launch Fishers (12175 Visionary Way)
- There will also be events specific to each initiative, including:
  - Fishers White River Park: Geist Waterfront Park Booth  
Saturday, June 3 | 10 a.m. - 1 p.m. | Geist Waterfront Park (10811 Olio Road)
  - Fishers Greenways & Trails Bike Ride/Walk  
Thursday, June 15 | 6:15 - 8 p.m. | Launch Fishers (12175 Visionary Way)
- Share thoughts on connectivity and trails in Fishers during a community ride/walk around the city. Attendees should bring their own bikes.
- Fishers Greenways & Trails Open House: Routes & Facilities  
Thursday, August 24 | 4 - 7 p.m. | Hub & Spoke (8100 E 106th Street, Ste. 260)

After community input for both surveys is collected, the City will create comprehensive plans for each initiative.

Learn more and take the Fishers White River Park survey at [playfishers.com/WhiteRiverPark](https://playfishers.com/WhiteRiverPark) and the Trails & Greenways survey at [fishers.in.us/Trails](https://fishers.in.us/Trails) and take. Be sure to follow the City of Fishers' Facebook, Twitter, and Instagram for additional updates.



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Niko Moon Live In Concert In Fishers

3rd concert announced as part of popular venue's annual summer national show series.

The Nickel Plate District Amphitheater (NPD AMP) and MOKB Presents today announced Niko Moon live in concert in Fishers on Friday, August 11, 2023. Tickets for the Niki Moon show go on sale this Wednesday, May 24 at npdamp.com.

Niko Moon's show is part of the venue's annual summer series. Previously, Ripe was announced for July 15 and Snarky Puppy on September 8 and additional summer shows and events will be announced soon. Additionally, the NPD AMP will continue to host the Fishers Farmers Market and local community concerts and national tours. Updates on the 2023 summer schedule can be found at npdamp.com.

Friday, Aug. 11, 2023  
Nickel Plate District Amphitheater, Fishers.

Tickets on sale this Wednesday, May 24 at 10 a.m. at npdamp.com & mokbpresents.com

More about Niko Moon:

Niko Moon is an American country pop singer and songwriter signed to RCA Nashville. He has written songs for Dierks Bentley, Zac Brown Band, Rascal Flatts, and Morgan Wallen. He was also a member of the group Sir

Rosevelt with Zac Brown and Ben Simonetti. Sitting across from country singer/songwriter Niko Moon, the words "GOOD TIME" are inescapable, peeking through the threads above his knees. "Good Time" is a track on his forthcoming genre-testing debut EP, a moment he wanted to benchmark with tattoos: "GOOD" on his right leg, "TIME" on his left. "GOOD TIME" deserved permanent ink, since the phrase is more than just an album title. It's also a way of life for Moon, an adventurous artist,

writer and musician with an enduring optimism and a flair for challenging boundaries. That attitude is apparent in the EP, a judiciously layered synthesis of his Georgia roots, pairing Atlanta-bred hip-hop and rural-fed traditional country, two genres that were considered incompatible not that long ago. The EP will be released later this year, but for a sneak preview, "Good Time" and "Drunk Over You" are available now.

Tickets for the Niko Moon concert go on sale this Wednesday, May 24 at 10 a.m. and will be available at npdamp.com and mokbpresents.com. For ticketed shows, the venue is an all ages facility and children ages two and under are permitted for free. Fans can also bring their own lawn chair and blankets. Additional information is available on the venue website.

Visit: <https://www.nikomoon.com/> for more information.

Betterment Harvest Realizes Record Week Of Production

JC Fresh Farms produces a record 315,700 pounds of grape/medley tomatoes during the second week of May.

Orangeline Farms produces a record of over 14,000 cases of sweet snack peppers the same week.

Land Betterment Corporation ("Land Betterment" or the "Company"), an environmental solutions company fostering positive impact through upcycling former coal mining and industrial sites to create sustainable community development and job creation, today announced that its subsidiary, Betterment Harvest, recently realized a record week

of production between its JC Fresh and Orangeline Farms located in Ontario, Canada. The record-setting, second week of May production follows a successful 2023 crop planting and an initial pick that was one week earlier compared to last year. Additionally, the farms have secured record contract pricing for the 2023 season.

Matt Tatomir, Co-President of Betterment Harvest and Founder of JC Fresh and Orangeline Farms, commented, "We applaud our world-class team for a great start to this season and the 2023 year where we have been outperforming on almost every metric. Also, the technology we

have implemented along with gained efficiencies in picking practices, has enabled us to materially reduce our operating costs. We are proud of the accomplishments we have made to date, and we believe we can continue to gain on our current momentum throughout the rest of the season."

Betterment Harvest's record production week included:

- 14,200 cases of sweet, mini-snack peppers at Orangeline Farms;
- Over 315,700 pounds of grape/medley tomatoes at JC Fresh Farms; and
- On a consolidated basis, generated a record weekly revenue of \$894,500.

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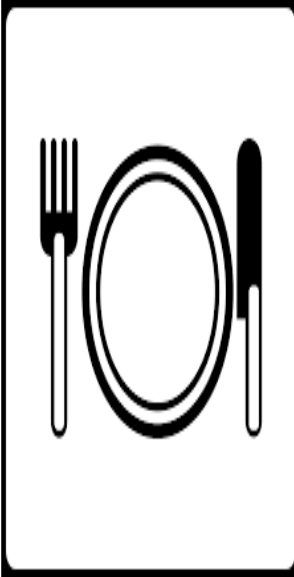
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**Honorable Mentions:**  
•Lowe's  
•Ace  
•Home Depot  
•Keeves Sheridan Hardware  
•PPG Paint Store  
•Keeves Sheridan Hardware

**Painting Service**  
**Winner:**  
TL Ballenger Painting in Noblesville  
**Runner Up:**  
Tony Delph  
**Honorable Mention:**  
Richard Rigby  
**Pest Exterminator**  
**Winner:**  
AAA  
**Runner Up:**  
Terminex  
**Honorable Mention:**  
Kapps  
**Pet Groomer**  
**Winner:**  
Noblesville Pet Grooming

**Runner Up:**  
PetSmart  
**Honorable Mentions:**  
•For the Love of Dogs  
•Animal Arts  
•Dog Dayz  
•Beverly's Pet Resort-Kennel& Bark Park  
•First Friend Canine  
•Gussy Grooming  
**Pet Shop**  
**Winner:**  
Pet Supplies Plus  
**Runner Up:**  
PetSmart  
**Pharmacy**  
**Winner:**  
Kroger  
**Runner Up:**  
CVS (Conner Street)  
**Honorable Mentions:**  
•Meijer  
•Sheridan Elliott  
•Walgreens  
•CVS in Cicero  
•Wal Mart  
•CVS (SR 37 & 146th)  
**Physician**  
**Winner:**  
Noblesville Family Practice

**Runner Up:**  
Amy Banter  
**Honorable Mentions:**  
•Kent Erb  
•Walter Beaver  
•Bill Kirsch  
•Michelle Neff  
•Randall Dermatology  
•Brian Benjamin  
•Charles Harris  
•Glenn Leer  
•Joy Cain  
•Keith McEwin  
•Lee Sredinski  
•Marla Guzman  
•Thomas Miller  
**Photographer**  
**Winner:**  
Tenth Street Photography  
**Runner Up:**  
Stacy Wolf  
**Honorable Mentions:**  
•Andy Duvall  
•Matt Doudt  
•Nicholas Shotwell  
•Kent Graham  
•Studio Kate  
•RDK Photography  
**Playhouse**  
**Winner:**  
The Belfry Theatre  
**Runner Up:**  
Basile Westfield Playhouse  
**Honorable Mentions:**  
•Booth Tarkington Civic Theatre  
•Nickel Plate Players  
•Carmel Community Players  
•The Switch Theatre  
•The Attic Theatre  
•Hyperion Players  
**Plumber**  
**Winner:**  
L.E. Isley's & Sons  
**Runner Up:**

Mark Plecker  
**Honorable Mentions:**  
•Brian Hunter  
•Jim Tittle  
•Schuler  
•Summers  
•Mark Bush  
•Chapman Heating, Air Conditioning, & Plumbing (Formerly Scott's)  
•Express Services  
**Police Department**  
**Winner:**  
Noblesville  
**Runner Up:**  
Indiana State Police  
**Honorable Mentions:**  
•Hamilton County Sheriff's Department  
•Fishers  
•Indiana State Police  
•Sheridan  
•Arcadia  
•Carmel  
•Cicero  
•Westfield  
**Politician**  
**Winner:**  
Victoria Spartz  
**Runner Up:**  
Brian Ayer  
**Honorable Mentions:**  
•Chris Jensen  
•Darren Peterson  
•Brad Beaver  
•Sue Finkam  
•Robin Ward  
•Mike Davis  
•Brian Bosma  
•Mark Hall  
•Scott Baldwin  
•Chuck Goodrich  
•Mark Heirbrandt  
•Christine Altman  
•Mark Boice  
**Pool / Spa**  
**Winner:**  
Cicero Pool & Spa  
**Runner Up:**  
Pools of Fun  
**Post Office**  
**Winner:**  
Noblesville  
**Runner Up:**  
Westfield  
**Honorable Mentions:**  
•Sheridan  
•Cicero  
•Fishers  
**Preschool**  
**Winner:**  
Noblesville Methodist Preschool and PNO  
**Runner Up:**  
Our Lady of Grace  
**Honorable Mentions:**  
•Legacy Christian  
•Noblesville Kindercare  
•Legacy Christian  
•Primrose  
•Creative Campus  
•Nature's Point

**Print Shop**  
**Winner:**  
Discount Copies  
**Runner Up:**  
UPS Store  
**Honorable Mentions:**  
•Rowland Printing  
•Staples  
•Alpha Graphics  
**Radio Station**  
**Winner:**  
WIBC  
**Runner Up:**  
WZPL  
**Honorable Mentions:**  
•WFMS  
•WFBQ  
•WHJE  
•WFYI  
•WXLW  
**Real Estate Agency/Agent**  
**Winner:**  
FC Tucker / Peggy & Jennifer Deakyn  
**Runner Up:**  
Century Twenty One (Sheetz)  
**Honorable Mentions:**  
•Brian Ayer  
•Dave Galt / Team Re / Max  
•Tina Snodgrass  
•FC Tucker / Hershfield  
•Andy Sheets  
•Westport Homes  
•FC Tucker / Shannon  
**Plumer**  
•FC Tucker / Joni Corbett  
•FC Tucker / Kurt Meyer

RUSTY

From Page A1

ed to enact corrective measures. And, unfortunately, they are likely to continue to drag their feet for a while because the reform needed is not politically palatable and the impact is still a few years away.

Nevertheless, although Social Security's looming financial issues are serious, they are not fatal. Congress already knows how to fix Social Security's financial issues - they just currently lack the bipartisan spirit and political will needed to do so. The clock, however, is ticking and Congress will be forced to act soon, which we are confident will happen before the Trust Funds run dry. What motivates most politicians is getting reelected and allowing an across the board cut to all Social Security recipients (which would happen if the Trust Fund reserves were depleted) would be political suicide. Therefore, I'm confident that reform will occur in time, and I don't suggest changing your Social Security claiming strategy over worries about Social Security's solvency.

Let me further allay your fears by explaining what would hypothetically happen in the worst case scenario (if Congress doesn't act and Trust Funds are depleted). If that were to occur, when the reserves are depleted in about 2033 everyone would face an across the board benefit cut. Social Security can't go bankrupt because there would still be about 175 million workers contributing to the program but, since Social Security (by law) can only pay

benefits from revenue received, everyone's benefit would be reduced by about 23% (according to the Trustees). Every beneficiary would still get benefits, but only to the extent available from income received. Which brings me to your specific question - whether it is still wise to wait until age 70 to claim (or to claim your benefits now).

Ask yourself this question: which would result in a larger monthly payment, a 23% cut to your age 70 SS payment amount, or a 23% cut to your current benefit amount? The answer, of course, is that your monthly payment would be more if you stay with your current strategy and wait until age 70 to claim (a plan which I assume you developed considering your current financial needs as well as your life expectancy, both of which are very important to that decision).

Again, I do not believe the worst case scenario will happen. Congress already knows how to restore Social Security to full solvency, and they will almost certainly act in time to avoid an across the board cut to everyone's benefit. The Association of Mature American Citizens (AMAC) has proposed legislation which would restore the Social Security program to full solvency for generations without raising payroll taxes, a summary of which you are welcome to review here: [www.amac.us/social-security](http://www.amac.us/social-security). AMAC has provided this proposal to various members of Congress for consideration.

SKIN

From Page A1

absolutely essential no matter your age, skin color, or what time of year it is," says New York City dermatologist, Dr. Rachel Nazarian. "Shielding your skin from damage from the sun and other sources of free radical production will not only help you look and feel your best in the years ahead, it will ultimately help prevent skin cancer."

As you hit up the pool, the beach, the backyard and more this season, here are four skin protection tips to keep in mind:

1. Do the basics. Use a broad-spectrum sunscreen daily. It's one of the most basic steps you can take to protect your skin. Be diligent about application and reapply as needed throughout the day, following the directions of the product you're using.
2. Go above and beyond. UV rays from sun exposure are a major cause of skin cancer because they produce free radicals. The good news? You can neutralize their negative effects with a daily supplement that has antioxidant properties, such as Helio-care Daily Use Antioxidant Formula. Each dose of Helio-care -- a dermatologist-recommended, natural daily supplement -- has 240mg of Fernblock PLE technology, an exclusive extract with antioxidant properties from the Polypodium Leucotomos plant. Studies have shown that Polypodium Leucotomos

helps to counteract free radicals and decrease their damaging effects.

"Taking a supplement such as Helio-care is a great idea, because unlike sunscreen, it doesn't wash away," says Dr. Nazarian. "Incorporating it into your morning routine along with your SPF can help you start the day with peace of mind."

3. Reduce exposure. You can greatly reduce your sun exposure by choosing to be in the shade while you're outdoors, and by wearing a hat and protective clothing. These days, there are special UPF fabrics to consider that offer UV protection. Simply wearing long, loose-fitting clothing that covers your arms and legs can also make a big difference in keeping you cool and protected.
4. Don't wait. Finally, don't wait for a special occasion such as a beach or pool day to take precautions. Exposure to the sun and other damaging elements happens all the time, even when you're indoors. So be sure to protect your skin from the inside out every day, this season, and beyond.

To learn more and to access additional skin care information, visit helio-care.com.

As you enjoy a season of sun, take care of your long-term health and wellness. Adopt a skin protection regimen and be sure to keep it up all year long.

JOHN

From Page A1

... it's been a problem that has grown over the years and that got worse under Obamacare."

He noted that under the current healthcare system, it has become harder and harder for doctors to provide health care to low-income Americans due to increased government rules and regulations. The HEALTH Act is designed to encourage more professionals to engage in pro-bono services by giving them a reduction in taxes for providing free care for those who need it. Noting that some 80% of ER visits are not emergencies, he pointed out that it would help relieve overcrowded conditions in hospital Emergency Rooms.

The HEALTH Act "would also help establish better relationships with the patients," Rep. DesJarlais said. "They would have an actual doctor rather

than whoever happens to be working in the ER."

Rep. DesJarlais explained that while those who supported Obamacare may have intended to increase access to healthcare, in reality the current system often fails to provide care to hardworking Americans:

"They always talk about the middle class and protecting the middle class, but if you're not poor enough to qualify for Medicaid and you can't afford private insurance, [you're] stuck. So if you don't work for a company that provides health insurance, you kind of fall into a loophole. So Obamacare inadvertently left out probably some of the hardest working Americans. And so it changed the way people had to look at their employment. It ended up hurting a lot of people." Rep. DesJarlais said.

WRAP

From Page A1

opportunity to vote for your favorites. We often joke that this is like Chicago politics and encourage you to vote early and vote often.

You see, this has never been about the rigidity of the process. Instead, it is designed to be an absolutely fun and very positive way for our readers to cast a good light on their favorites. And oh, how you have responded!

We annually see ballots that number in the hundreds of thousands -- so many in fact that we had to find a way to automate the counting process.

This year, rather than unveil all the winners at

one time like we have in the past, we are revealing several categories a day.

Today's categories can be found inside and a quick list is also provided here.

When the final winners, runner-ups and honorable mentions are revealed, we will compile all of them into one keepsake edition that will stay posted on our website for the entire year.

Lastly, we encourage you to pay attention to the many businesses who are saying thank you with their ads. Without those supporters, local news and specifically your daily edition, wouldn't be here.

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# WEEKEND

## In The Home

## Garden Growing Basics For Beginners Just Starting

(Family Features)  
Growing your own produce is an all-around smart practice, from the money you'll save at the grocery store to the contributions you can make toward a cleaner planet.

Maintaining a garden takes some effort, but it's a project even a beginner can tackle with ease. Consider these tips to start growing your at-home garden:

1. Select a perfect spot. You'll want to place your garden in an area where you see it often so you're reminded to weed and care for it regularly. Find a flat area you can access easily, where erosion and other pitfalls (including hungry wildlife) won't be a problem.

2. Choose between ground and containers. There are pros and cons to gardening in containers vs. the ground, and there's no universal right choice. Rather, the best garden depends on your goals and preferences. A ground garden usually offers more space and may provide a better growth environment for roots. However, a container garden is often

easier to maintain and may be all you need if you wish to grow just a few plants.

3. Understand the importance of quality soil. You may think any dirt will do, but keep in mind the soil you plant in will be the primary source of nutrients for your produce. Not only that, but quality soil provides stability so plants can root firmly and grow healthy and sturdy to support their bounty. Quality soil also allows for ample drainage. Organic matter like compost, leaf mold or aged manure all help improve soil quality.

4. Keep water close. Lugging water can quickly eliminate the pleasure of tending your garden, so be sure you're situated near a hose. You'll know it's time to water when the soil is dry about an inch below the surface.

5. Plan for plenty of sun. A bright, sunny spot is a must, since most vegetables, herbs and fruits depend on six or more hours of sun every day. Remember the sun's path changes throughout the year, and as trees and foliage grow, they may

produce more shade with each growing season.

6. Consider what you'll grow. Starting with veggies you know you like is a smart starting point since you'll be pouring sweat equity into making them grow. Over time, you might add new varieties, but early on, keep your focus on foods you know you like so you can see a meaningful return and avoid waste. You'll also need to consider what you can grow to maturity within your area's growing season. If necessary, you might want to start transplants you can nurture indoors before moving them outside when the temperatures allow.

7. Plant according to a calendar. Knowing how long it takes different foods to mature will help you create a planting calendar. You don't want to harvest everything at once, and if you stagger planting and replant what you can, you'll have a garden that produces food for your family for a longer period of time.

Find more helpful tips for managing your home and garden at eLivingtoday.com.



Photo courtesy of Unsplash

## 5 Garage Safety Tips

(Family Features)  
When you throw open the windows, you'll likely be spending more time with the garage door open, too. Make access to your outdoor equipment safer with these tips to get your garage ready for the warmer months.

Organizing clutter is part of the process, but warmer weather can also serve as a reminder to make sure your garage equipment and features are secure and functioning properly.

\* Your garage floor tends to capture grime and grit from the outdoors, especially where your car sits. Take time to thoroughly sweep and mop, but also take stock of the floor's condition for any chips or other

damage that may grow worse over time and pose a risk for tripping or other safety issues.

\* Check your garage door performance. Ensure doors are rolling smoothly with no hitches. If you do happen to notice any abnormalities, it's a good time to investigate. In some cases, a little grease or a minor adjustment is all you need to get things back on track.

\* Don't forget to check your garage door sensors, too. Warmer weather means animals and children (and their toys) are more likely to find themselves in an automated door's path when it begins to lower. Ensure sensors are operating properly to prevent injury

or property damage.

\* Verify all outlets, lights and other electrical features are in proper operating condition and all wires are intact and free of damage or fraying.

\* Ensure any poisonous materials, such as paint, garden pesticides, cleaners and automotive fluids, are safely stored out of reach of pets and children that may have increased access to the garage during warmer months. Also check for spills or leaks of any potentially hazardous or flammable materials.

Taking time to safety-proof your garage can provide your family months of stress-free use. Find more tips for getting your garage in order at eLivingtoday.com.

## Keep Pets Safe In The Garden

(Family Features) If you have pets that enjoy spending time outdoors, it's important to make sure your yard is a safe place for them to be.

Consider these hazards that can negatively impact the well-being of your furry friends.

Poisonous Plants - Some common plants can be dangerous for animals, causing anything from mild oral irritations and upset stomachs to cardiovascular damage and even death. For example, these are some of the toxic plants the American Society for the Prevention of Cruelty to Animals (ASPCA) has identified as harmful for either cats or dogs:

\* Aloe - can cause vomiting, diarrhea, tremors, anorexia and depression

\* Azalea - can cause vomiting, diarrhea, hypersalivation, weakness, coma, cardiovascular collapse and death

\* Burning bush - can cause vomiting, diarrhea, abdominal pain and weakness, as well as heart rhythm abnormalities with large doses

\* Caladium - can cause burning and irritation of the mouth, tongue and lips, excessive drooling, vomiting and difficulty swallowing

\* Daylilies - can cause kidney failure in cats

\* Hibiscus - can cause vomiting, diarrhea, nausea and anorexia

Mulch and Compost - The decomposing elements that make



Photo courtesy of Unsplash

compost good can be bad for pets, according to the National Garden Society. Keep compost in a secure container or fenced off area so pets can't get to it. Cocoa mulch can be a particular problem for dogs. A byproduct of chocolate production, cocoa mulch can cause digestive problems and even seizures in dogs. Shredded pine or cedar mulch is a safer choice.

Fertilizer and Insecticides - The chemicals used to get rid of pests or make your lawn lush can be toxic to pets. Some of the most dangerous pesticides include snail bait with metaldehyde, fly bait with methomyl, systemic insecticides with disyston or disulfoton, mole or gopher bait with zinc phosphide and most forms of rat poison, according to the ASPCA.

Follow all instructions carefully, and store pesticides and fertilizers in a secure area out of the reach of animals.

Fleas and Ticks - In addition to using appropriate flea and tick prevention methods such as collars and sprays, make sure your yard isn't a welcoming environment for these pests. Keep the lawn trimmed and remove brush and detritus, where fleas and ticks often lurk. Fleas can cause hair loss, scabs, excessive scratching, tapeworms and anemia. Ticks can do all of that, plus bring you and your family in contact with diseases like Rocky Mountain spotted fever and Lyme disease.

Find more tips for keeping pets safe in your yard at eLivingtoday.com.

## Introducing Kids To Gardening

(Family Features)  
Warmer months are likely to have the whole family eager to dive into outdoor activities. This year, as you tackle the garden, find ways to get the youngest family members in on the action, too.

Not only is gardening an activity you can enjoy together, there are numerous ways to incorporate age-appropriate, teachable moments from counting and colors to responsible care of living things.

Creating a positive first experience with gardening can start with this simple advice:

\* Dedicate a spot for a junior garden, which allows you to instill a sense of pride and ownership in

the little gardener while protecting your own garden areas from ambitious young hands.

\* Provide appropriate tools in child sizes. Just as you would teach a child the finer points of baseball using a bat and glove, demonstrate the joys of gardening with tools such as a rake, hoe and trowel, all of which can be found in sizes more manageable for little helpers.

\* Let the kids choose what to plant. Whether flowers or food plants, allow children to make their own decisions (within reason) about what they would like to grow. This can help them engage in the magic of watching items they selected emerge from the

ground and grow into their finished forms.

\* Encourage exposure to unfamiliar plants that entice the senses with appealing smells and flavors. Herbs such as chives, mint and basil are good choices, or consider edible flowers such as pansies or violets.

\* Set an example for your child to imitate by giving regular and proper care to your own garden.

Remember to bring the lesson full circle by enjoying the bounty of your garden together, whether it's a small hand-cut bouquet or a meal featuring your child's fresh-grown produce. Find more tips for gardening with your kids at eLivingtoday.com.

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