

➔ TODAY'S VERSE

Isaiah 30:21 And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.



➔ FACES OF HAMILTON COUNTY

People who call our community their own.

What makes Kate Lantzer smile? "My friends," said the Fishers resident, who on June 3 turned her tassel and became a 2023 graduate of Hamilton Southeastern High School. She was winner of the 2023 Good Citizen of the Year Award by the Daughters of the American Revolution, Horseshoe Prairie Chapter, and was one of 13 state finalists at the Indiana Daughters of the American Revolution annual state conference in May in Indianapolis. Lantzer used her free time at school to assist the HSE Algebra teacher in helping others. At school, she was part of the HSE Mock Trial team and an executive board member of National Honor Society. She is the daughter of Jason and Erin Lantzer of Fishers and this spring had a current cumulative grade point average of 4.3, with a total of 12 advanced placement, dual credit and honors classes. She has been on the dean's list since 2019. Her volunteer experience includes interviewing candidates for the HSE school board, a volunteer math tutor, teacher's aide, an intermediate and junior high camp counselor and HSE Royal Rumble Mentor. She is team attorney for her school's mock trial and awarded "most valuable participant" for the 2021-22 season and has been a competitive equestrian since 2013. She's been riding for 10 years and has her own horse, Bama. She was in Law and Government Academy. She was peer-selected as vice president of Rho Kappa National Social Studies Honor Society chapter at HSE and helped register many eligible students to vote and helped find service opportunities for students. Lantzer has been a member of We the People since 2022, serving as a member and captain. Lantzer said the mock trial and We the People programs have given her the opportunity to become more patriotic. After high school, she plans to attend Miami of Ohio University to study political science and gender societies. She wants to be a lawyer. Read more about her DAR finalist award in The Times

And Another Few Things...

1. Young Professionals Coffee Roaster

Please send along to your organizations Young Professionals! If you consider yourself a Young professional. Join the Noblesville Chamber's Young Professionals Network in our 2023 Coffee Roaster Series! We spotlight businesses & leaders all around Noblesville on the first Wednesday of each month. Get engaged, be informed, and take your networking to the next level. Join us on June 7th and learn more about Adam Grubb Media! AGM is a high-energy team of go-getters, storytellers, and they are experts in all things media. We're excited to see their downtown Noblesville headquarters and see a different view of the cityscape on the rooftop of the Lofts on 10th! No cost to attend.

The TIMES

Hamilton County's Own Daily Newspaper

NOBLESVILLE, INDIANA

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Photo courtesy of Hyperion Players

Richard Cramer (Sir Christopher Hatton), Joshua Minnich (Sir James Locke), Becky Larson (Elizabeth Tudor), Duana Menefee (Mary Tudor), Steven Stone (Duke of Northumberland) and Brad Staggs (Thomas Cranmer) are featured in Hyperion Players' "Call Me Sister," an original play by Ian Hauer, Thursday through Sunday at The Ivy Tech Auditorium in Noblesville.

Hyperion Players' Founder Brings Original Play to Stage



BETSY REASON From The Editor's Desk...

In its first year, the new Hyperion Players' greatest challenge has been getting the word out and bringing in an audience. "I think we've succeeded so far, but it's a lot of work, especially because we're not doing musicals or children's theater yet," said Noblesville's Ian Hauer.

Hyperion's next play, "Call Me Sister," opening Thursday in Noblesville, is a historical drama set in Tudor England. It's the story of Mary and Elizabeth Tudor as they vie for their father's throne. It imagines what their relationship might have been like as sisters and how that conflicted with their ambition.

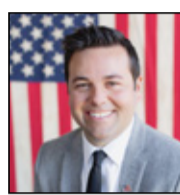
Hauer wrote the play, which will be on stage Thursday through Sunday at The Ivy Tech Auditorium in Noblesville. Tickets are \$12.

While this is not the first time

➔ See BETSY Page A6

Beckwith Announces For Lt. Governor

Yesterday at 9:30 am EST Micah Beckwith formally announced his candidacy for Lt. Governor.



MICAH BECKWITH

"As a father, husband and pastor, I am worried about the future of our state and nation. Our way of life is being threatened from within by the woke culture. Families are suffering due to high inflation and high property taxes. Our children are being radicalized in our schools. And crime is on the rise. We need leadership in Indianapolis that has courage, energy and determination to put our state on the right path. That's why today I am announcing my candidacy for Lt. Governor," said Beckwith.

Beckwith is a proud father, devoted husband, pastor and small business owner. He and his wife, Susan, and their 2 children have been serving Hamilton County and surrounding areas for over 15 years. He is a graduate of Huntington University with a degree in business and economics. Currently, Beckwith teaches a high-school constitutional literacy class for a Christian school in Carmel. He

➔ See BECKWITH Page A6



Photo courtesy of Indiana State DAR

Indiana State Daughters of the American Revolution Good Citizen Finalist Katelyn Lantzer of Fishers is pictured with her parents Erin and Jason Lantzer

Local Student Announced As Finalist In DAR Good Citizen Scholarship Competition

Katelyn Lantzer of Hamilton Southeastern High School Awarded as Finalist in the Indiana State Daughters of the American Revolution Good Citizen Scholarship Competition.

An awards luncheon was held in honor of the 13 State Finalists at the Indiana Daughters of the American Revolution Annual State Conference on May 20th

in Indianapolis. Katelyn Lantzer from Fishers, who just graduated from Hamilton Southeastern High School, was selected as the Horseshoe Prairie Chapter of the DAR winner for 2023 was awarded as a State Finalist.

Other Hamilton County school seniors recognized at

➔ See DAR Page A6

'Newbie' Label Comes Off In Month Five



MARK HALL The Timesheet

about projects and how our county government works.

As your employee, it's important to me that you know what is being worked on as transparently as possible in government. You hired me as your County Councilman, and my hope is that you'll choose to be informed by regularly reading this column, getting involved, and by asking questions. Council meetings are at 7 p.m. the first Wednesday of every month at the judicial center in downtown Noblesville. They are also available to watch online for those unable to attend in person. Here is where my time this past month has been spent.

Month five is in the books. The newbie label has vanished

➔ See MARK Page A6

Fourth Annual Juneteenth Jubilee



Fishers Arts Council is happy to announce their continuing partnership with Fishers High School's Future Black Leaders club in support of Juneteenth Jubilee. This annual student-managed event features black owned businesses and artists, culinary artists, community resources, as well as talented performing artists: Tom Foolery, Jasmine White, Pen & Paper, Zwebby, and DJ D Nyce. Journee Collins and Bailey Liner will perform the Black National Anthem: Lift Every Voice and Sing by James Wheldon Johnson.

The Fourth Annual Fishers Juneteenth Jubilee is sponsored by American Licorice Company and will be held at Conner Prairie from 5PM-8PM on Monday, June 19. This event is free and open to all. Juneteenth

➔ See JUBILEE Page A6

➔ INSIDE TODAY

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➔ HONEST HOOSIER

Counting down the days until the first official day of summer. But who cares - it's June and life is good!



➔ TODAY'S HEALTH TIP

Chronic sinus and nose problems can often be solved by using a salt water nasal irrigator like a neti pot or Sinus Rinse® and 4p.m. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



➔ TODAY'S QUOTE

"If at first you don't succeed, try, try again. Then quit. There's no use being a damn fool about it!" -W.C. Fields

➔ TODAY'S JOKE

Combine an elephant and a fish and what do you get? Swimming trunks!

➔ OBITUARIES

None

The Times appreciates all our customers. Today, we'd like to personally thank Valerie Howard for subscribing!



3 WTHR 7 DAY FORECAST

| | | | | | | |
|---------------------------|------------------------------|----------------------------------|----------------------------------|--------------------------------|---------------------------------|-----------------------------|
| 83 PARTLY SUNNY MON | 59-83 PARTLY SUNNY TUE | 60-78 MISTY & PLEASANT WED | 55-78 MISTY & PLEASANT THU | 55-80 PARTLY BARSANT FRI | 58-84 WASHING BACK UP SAT | 61-78 RAIN CHANCE SUN |
|---------------------------|------------------------------|----------------------------------|----------------------------------|--------------------------------|---------------------------------|-----------------------------|

Chamber Announces Trip To Germany Christmas Markets

We have one more exciting travel opportunity for you! The Westfield Chamber of Commerce is proud to offer this Trip to our Partners and Members.

This incredible 9-day tour will provide you with the opportunity to explore Germany in its festivities and full grandeur. Start your journey arriving at Frankfurt, fifth largest city of the country known for its classic architecture. Move to explore world famous Christkindlmarkt of Nuremberg. Absorb the country's history while exploring the Christmas Museum in Rothenburg

that holds numerous interesting articles. Explore Regensburg, one of the oldest cities of Germany before you get a chance to discover Marienplatz, Munich celebrated market squares. Visit Stuttgart, home to the head offices of Mercedes Benz and Porsche. Continue your journey back to Frankfurt, exploring the old town of Heidelberg.

The trip is open to Westfield Chamber Members and Westfield and Hamilton County Residents that would love to travel with a group of folks from our community.

IAA Executive Director Mario Rodriguez To Be Keynote Speaker At 2023 INAHOF Honors Banquet

The Indiana Aviation Hall of Fame has announced that Mario Rodriguez, Executive Director of the Indianapolis Airport Authority, will be the featured speaker at the Hall of Fame's 2023 Honors Banquet on October 7, 2023, in Carmel.

Mr. Rodriguez is an accomplished leader in the transportation industry. Under his leadership, the Indianapolis International Airport has been named "Best Airport in North America" for 11 straight years. He served on three Presidential Transition Teams and served three times on the U.S. Transportation Department's Aviation Consumer Protection Advisory Committee. He is a community leader serving on the boards of the Indianapolis Cham-

ber of Commerce, Ivy Tech Community College Board of Trustees, the Indiana Sports Corporation, and the Indiana Destination Development Corp. Foundation. He was president of the Indiana Latino Institute and a founder of the Hispanic Leadership Council.

Join us on October 7, 2023, to celebrate the accomplishments of eight outstanding individuals who will be inducted into the Indiana Aviation Hall of Fame's Class of 2023. This distinguished group of inductees represents a broad range of enduring contributions to aviation in Indiana and the world, ranging from pioneering and significant achievements in both civilian and military endeavors to aviation entrepreneurship and education.

Aspire Indiana Health Names Sheehan As New Leader

Aspire Indiana Health has named Antony Sheehan to be its new President & Executive Officer, replacing Barbara Scott, who is retiring this summer after 36 years with the healthcare nonprofit. The transition between leaders is expected to happen at the beginning of September.

Sheehan is a veteran healthcare executive who currently leads a behavioral healthcare company in Massachusetts. He began his career in the United Kingdom as a clinical nurse specializing in mental health and addiction, and later served as a senior civil servant in the Blair administration and hospital CEO.

An appointment with the Institute for Healthcare Improvement in Cambridge, Mass., brought Sheehan to the U.S. before becoming President and CEO

of Aspire Health Alliance in 2017. (No connection with Aspire Indiana Health.) Other positions he previously held include president of a health center and community health programs advisor in Memphis, Tenn.

"I feel thrilled and deeply grateful to be chosen as Aspire Indiana Health's new CEO. How wonderful it is to be joining such an accomplished team at a critical time for health and human services," Sheehan said. "I'm keen to get to work alongside my colleagues, to help Aspire grow in service of the communities that mean so much to us."

"Most of all, I just can't wait to meet Aspire staff, partners and community members. The thought of getting to know everyone connected to Aspire's mission fills my heart with joy. My commitment to

high quality, integrated care runs deep; my promise to honor the mission and values of Aspire is abiding."

Sheehan joins a healthcare nonprofit that has been in steady growth pattern over the past few years, adding or expanding health centers, creating an addiction treatment continuum and building on programs that address social drivers of health.

"I'm so pleased the board has chosen Antony to join Aspire, and to be handing off the baton of an organization that is in a strong financial and strategic position," said Scott. "Aspire is poised to do even more great things in the years ahead, and I know Antony is the right person to lead Aspire's strong leadership team and the Board on that journey."

Sheehan was selected



ANTONY SHEEHAN

after an exhaustive search process lasting more than six months conducted by the Aspire Board of Directors with the assistance of The Meyers Group.

"On behalf of the board, we feel very fortunate to have such an exceptional, experienced candidate joining us," said Michael Collette, chairman of the Aspire board of directors. "And we can't thank Barb enough for her many years of service. We are so pleased to be transitioning from one outstanding leader to another."

Local Students Named To DePauw University Spring 2023 Dean's List

DePauw University Spring 2023 Dean's List recipients Named. The Dean's List recognizes students who achieve a semester grade point average of 3.5 or higher on a 4.0 scale. Congratulations on this well-earned achievement!

- Andrew Alden from Carmel
- Ryan Anderson from Carmel
- Ashley Baldwin from Westfield
- Benjamin Batchelder from Carmel
- Lauryl Blunk from Fishers
- Thomas Brelage from Fishers
- Camden Brown from Carmel
- Neil Brown from Pendleton
- Olivia Carrico from Fishers
- Katherine Cottingham from Indianapolis
- Lindsey Dewaelsche from Fishers
- Aidan Ellison from Noblesville

- Carson Empie from Carmel
- Avery Fagan from Carmel
- Grant Forrer from Atlanta
- Ben Freeman from Noblesville
- Ellen Gardner from Carmel
- Olivia Goldblatt from Carmel
- Sloan Goldblatt from Carmel
- Robert Grider from Carmel
- David Guhl from Mccordsville
- Maria Hand from Westfield
- Andrew Harding from Carmel
- Kaleb Harris from Fishers
- Tara Holder from Cicero
- Danae Ingemi from Indianapolis
- Lily Jennings from Mccordsville
- Ella Jones from Pendleton
- Carly Mankin from Fishers

- Hope Mann from Fishers
- Grace McKinney from Pendleton
- Cole Melton from Noblesville
- Veronica Meredith from Noblesville
- Cole Metzger from Westfield
- Jillian Meyer from Fishers
- Macy Miller from Indianapolis
- Emily Minett from Noblesville
- Cole Momcilovich from Carmel
- Julia Muller from Carmel
- Yannick Ndongo from Fishers
- Ava Null from Carmel
- Zoie Obst from Westfield
- Ella Ohrvall from Carmel
- Sophia Porter from Westfield
- Ava Rennard from Noblesville
- Bailey Rent from Indianapolis

- Haley Riley from Mccordsville
- Alexander Russo from Carmel
- Lucy Salter from Carmel
- Kelly Seifert from Mccordsville
- Andrew Spoljaric from Westfield
- Lydia Stullken from Fishers
- Sophia Stutz from Noblesville
- Morgan Tharp from Mccordsville
- Calvin Thompson from Noblesville
- Elizabeth Todd from Carmel
- Brynn Urban from Fishers
- Elijah VanHaaren from Cicero
- Molly Venus from Fishers
- Devin Walker from Carmel
- Carter Wemhoff from Carmel
- Frances Werner from Carmel
- Paige Zurcher from Carmel


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Noblesville Babe Ruth Baseball Standings

| 13-15 League Standing POOL 1 | | | | | | |
|------------------------------|----|----|---|------|-----|-----|
| Team | W | L | T | RD | RA | RS |
| Canady | 12 | 1 | 0 | 113 | 47 | 160 |
| Sheridan | 10 | 2 | 2 | 36 | 64 | 100 |
| Smith | 8 | 3 | 2 | 51 | 84 | 135 |
| Johnson | 8 | 4 | 1 | 24 | 80 | 104 |
| Brockelman | 6 | 7 | 0 | -3 | 114 | 111 |
| Theisen | 6 | 8 | 0 | -25 | 122 | 97 |
| Coffman | 6 | 6 | 1 | 17 | 97 | 114 |
| Brown | 3 | 9 | 1 | -12 | 106 | 94 |
| Costlow | 2 | 11 | 1 | -123 | 170 | 47 |
| Kreke | 2 | 12 | 0 | -78 | 157 | 79 |

| 16-18 League Standings POOL 1 | | | | | | |
|-------------------------------|----|----|---|-----|-----|-----|
| Team | W | L | T | RD | RA | RS |
| Knebel | 10 | 4 | 1 | 36 | 86 | 120 |
| Springer | 9 | 5 | 1 | 10 | 96 | 100 |
| Castor | 6 | 5 | 3 | 18 | 85 | 100 |
| Thomas/Walters | 5 | 6 | 1 | -29 | 89 | 60 |
| Concannon | 5 | 5 | 1 | 23 | 62 | 85 |
| Mitchell | 4 | 5 | 3 | -6 | 84 | 78 |
| Moore | 1 | 10 | 0 | -52 | 100 | 48 |

Sounds Of America Concert



The White River Wind Symphony, which is the professional concert band in Fishers, announces their seventh annual Sounds of America concert on July 2, 2023, at 5:30 p.m. at Legacy Bible Church, 13490 Howe Road, Fishers. The theme of this year's concert, comprised entirely of American music, is The Sound of Music, and it includes selections of music from all the places in life we hear the sounds of music: Broadway (from the show with the theme name of the concert), film, TV, parade, circus, church, ballet, radio, armed forces, and more. Guest soloist Mindy Root, an exceptionally gifted professional

singer, will perform an extended version of our National Anthem to kick off the concert. The concert will conclude with the national march of the United States of America, John Philip Sousa's Stars and Stripes Forever. Peter McMonigle will serve as narrator. The concert will be conducted by Dr. Keith Kunda, music director of Fishers Music Works, which is the parent organization of the White River Wind Symphony and the White River Chamber Orchestra. Tickets are \$12 and are available at FishersMusicWorks.org. Anyone under 18 may obtain a free ticket at the same website.

Update from Washington, D.C.



VICTORIA SPARTZ
Guest Column

House Passes Biden/McCarthy Deal This week, the House passed H.R. 3746, the so-called

Fiscal Responsibility Act of 2023.

Rep. Spartz voted "No" on this legislation as it gives President Biden a blank check and punts major issues until 2025, fails to rein in spending to pre-COVID levels even adjusted for inflation, and does not even start a conversation on our unsustainable fiscal future.

CNN Primetime Rep. Spartz joined CNN Primetime with Pamela Brown to discuss the Fiscal Responsibility Act's lack of material changes

to address the fiscal state of our nation.

SiriusXM P.O.T.U.S. Rep. Spartz joined Laura Coates on SiriusXM's P.O.T.U.S. to highlight the lack of serious conversations on our debt and the rampant fraud and abuse in our system. (To listen, click picture)

Spartz Honors Fallen Heroes on Memorial Day On Monday, Rep. Spartz traveled across the district honoring those who made the ultimate sacrifice for our freedom.

- Rep. Victoria Spartz represents the Indiana 5th District, comprised of the north side of Indianapolis, Marion, Carmel, Anderson, Noblesville, Fishers and parts of Kokomo. She is the first Ukrainian-born person ever elected to Congress.

TheTimes24-7.com

Patrick Cherry Graduates From The Citadel

The South Carolina Corps of Cadets Class of 2023 are now part of the Long Gray Line.

Patrick Cherry of Carmel, Indiana earned a Accounting Bachelor of Science in Business Administration from The Citadel. Cherry graduated during the South Carolina Corps of Cadets commencement ceremony on Saturday, May 6. More than 500 members of the South Carolina Corps of Cadets and almost 400 students from The Citadel Graduate College accepted their degrees during

the commencement ceremonies on Saturday, May 6. Approximately 30% of the graduating cadets accepted commissions as officers into the U.S. Armed Services.

The top academic programs for the Class of 2023 included Intelligence and Security Studies, Business Administration, Mechanical Engineering, Civil Engineering and Criminal Justice. Graduates accepted their diploma from President of The Citadel Gen. Glenn W. Walters, USMC (Ret.), Class of 1979.

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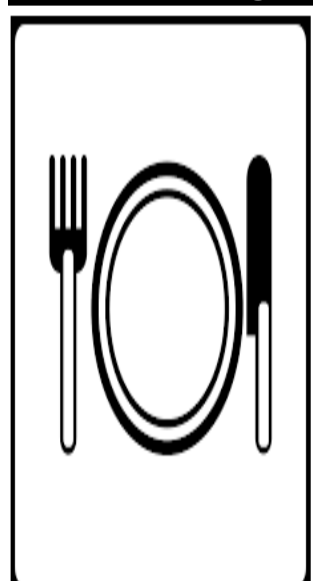
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Photo courtesy of Land Rover

2023 Land Rover Defender 130 Is A Big, Comfortable, And All-Capable Trail Wagon

Land Rover makes an array of fancy and capable SUVs from the entry-level Defender Sport to the Billionaire class Range Rover. But, the one that traces its roots to 1948 and gained popularity after World War II is the classic Defender that first appeared as Britain's take on the Jeep. Aluminum bodied and loaded for bear, it could assault trails like a soldier in hiking boots. A couple of redesigns since brings us to the current generation, available in two-door 90 series, four-door 110 series, and this giant broadside, the three-row 2023 Defender 130.

Like the original Land Rover, our Defender sports an aluminum body with strong shoulders, but this one flaunts flanks smoothly tapered rearward to politely part wind. The molded front looks tough with satin silver trim and round LED headlamps, but the wide hood with non-slip pads looks made for adventure. The side profile

2023 Land Rover Defender 130

Eight-passenger, 4x4 SUV
Powertrain: 3.0-liter T16, 8-spd trans
Output: 296hp/347 lb.-ft. torque
Suspension f/r: Air Ind/Ind
Wheels f/r: 19"/19" alloy
Brakes f/r: disc/disc
Towing: 8,000 lbs.
Fuel economy city/hwy: 17/21-MPG
Assembly: Nitra, Slovakia
Base/As-tested price: \$56,400/\$74,175

is highlighted by lower body cladding, 19" wheels with off-road tires, and cool square accent among the rear windows. Rear views encompass classy square flush-set taillamps and externally mounted spare tire.

Interiors look serious, but are considerably more upscale than the old Defenders that looked like you could open the doors and hose them out. It still looks pretty rugged, though, with heated leather seats, heated leather-wrapped steering wheel, and padded dash materials. Cleaning trail mud or kid yuck should be equally

simple.

Flatscreen instruments and wide touchscreen would fit in a Range Rover, but look little glass lakes here. Devices connect to the cherubic 400-watt Meridian audio system via Apple CarPlay, Android Auto, and Bluetooth. Charge wirelessly with a pad in the console too. Safety is enhanced by lane keep assist, blind spot warning, and rear cross path detection systems.

Underneath that flat wide hood is a turbo-charged 3.0-liter in-line-six-cylinder engine producing 296 horsepower and 347 lb.-ft. of

LIKES

- Big smooth style
- Insane capability
- Ride comfort

torque – all routed to the four-wheel-drive system through an eight-speed automatic transmission. It employs a mild hybrid system for optimum torque and smooth acceleration. That may not seem like a lot of power for a truck that wears its big tires with pride, but it runs 0-60 mph in 7.5 seconds and tows up to 8,000 lbs. of mini-yacht or mobile mansion. Drive how you want because fuel economy is rated a guzzling 17/21-MPG city/highway.

Driving this behemoth lets its Range Rover siblinghood shine through. The same air suspension that allows it to rise up with 11.5" of ground clearance also wafts serenely at unmentionable speeds on the highway. Land Rover's Terrain Response system configures

DISLIKES

- Third-row legroom
- Fuel economy
- Lofty price

the chassis and powertrain for a range of conditions, but also features a Wade mode that softens the throttle response, sets the heating/ventilate to recirculate, locks the driveline, and adjusts ride height. The depth finder keeps maximum fording to 35.4 in. Few vehicles are as talented no matter the road or lack thereof.

It's not perfect, though. Eight seats plant plenty of butts, and the middle row is quite roomy, but the new third row is for children and dogs. And, you'll have to retract that third row for any semblance of luggage space. With the two rear rows deployed, however, a couple of bicycles or a troop's worth of backpacks and rations are swallowed whole with zero indigestion.

One thing for sure; the



CASEY WILLIAMS
Auto Reviews

Defender 130 leans more towards Range Rover than Land Rover in price. Even the base Defender 90 starts at \$56,400. Our Defender 130 came to a considerably loftier \$74,175, but that's plenty competitive with the Chevy Suburban, Ford Expedition, Jeep Grand Cherokee, and Toyota Land Cruiser if you're inclined to spend that much on an all-capable trail wagon.

Storm Forward!

-Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @ AutoCasey.

The Man Who Built Lucas Oil Stadium Some Footprints



BRIAN HOWEY
Howey Political Report

The mammoth NFL gridiron sprawling out across this city's southern flank has long been called "the house that Peyton Manning built," a tribute to the Hall of Fame Colts quarterback. But it was a man who stood nearly a foot shorter and, perhaps, 75 pounds lighter, who really was responsible for building Lucas Oil Stadium.

Gov. Mitch Daniels had campaigned on a 70-plus point agenda when he defeated Gov. Joe Kernan in 2004. By the time he took office, the capital city was at loggerheads with the Colts, the NFL, and the General Assembly over building a new stadium. There was no funding mechanism in place. The team, it appeared, would be headed to Los Angeles. Mayor Bart Peterson and his team approached the new governor. "They came to see me, asking if could we pull it off, could we do it," Daniels told Howey Politics Indiana in a February interview.

"Having looked at it, we thought it was in the broad public interest. It's always important to point out to people that 90-plus percent of the events were not Colts games. We wouldn't have built a stadium just for the football team, much as I love the Colts. But it was the convention business and the almost year-round revenue that made it a real good idea." The Daniels Team focused at first on a 2% restaurant tax, but the city already had a 1% tax and a 2% difference with its neighboring counties was deemed unacceptable.

"So that's why we decided to talk to the surrounding counties," Daniels said. "We finally worked out a proposal where after it was paid and we knew this would be more than enough to cover it, they would share in the overage." Two audacious strategies emerged.

The first was to convene county officials from the doughnut counties to make a pitch from out of left field. The second would be to use the new governor's nascent political capital to make the sale, sans Mayor Peterson and General Assembly leaders. "In one of the most interesting moments in the entire eight years, I invited the county elected officials, commissioners, county counselors from the doughnut to a confidential meeting at the Governor's Residence," Daniels said.

Gov. Eric Holcomb, who was Daniels' deputy chief of staff at the time, told HPI in January, "We were there. We got criticized for breaking the Open Door Law because we had every county commissioner there and politely pointed out every single commissioner was a Republican." Daniels explained, "It happened that they were all Republicans at that time. That was crucial, because then the meeting could be held in confidence and not in public. This thing would never have happened; you'd have no stadium, no convention expansion and no Colts, probably, if that meeting had been held out in the open. Anyway, we had that meeting. We showed them a lot of data, how many people from their counties worked downtown, worked in hospitality, how many hotel rooms in their county filled up during conventions or even

games. And then we said, 'Go to separate corners here, and tell us whether you can help us with this.' "All but one county did," Daniels explained. That set the stage for the rookie governor to make the case for a tax increase in the doughnut counties to pay for a downtown Indianapolis NFL stadium. Gov. Daniels showed up at a Golden Corral in Shelbyville, the Hamilton County Council chambers, as well as stops in Greenfield, Lebanon and the three other counties.

In Lebanon, Gov. Daniels politely accepted a question from a Boone County man wearing a green "My Man Bitch" tee shirt and earnestly answered. It was the kind of moment that would have made other governor handlers cringe and steadfastly avoid. Gov. Atlas just shrugged. The Greenfield Daily Reporter's headline read, "Don't force-feed food tax, citizens warn governor" and its lead story began, "A vocal group of Hancock County residents told Gov. Mitch Daniels Monday they object to a 1% food and beverage tax being shoved down their throats."

After Daniels appeared in Noblesville, Hamilton County Council President John Hiatt said he had initial misgivings about the proposal, saying feedback from the public had been 50/50. "I was on the fence before tonight, but I'll probably vote for it," he told the Noblesville Daily Times. Commissioner Christine Altman agreed. "He opened it up to all the questions, he addressed all the issues, and I was just very impressed," she said. When it was all said and done, all one county approved of the plan. Lucas Oil Stadium

was built (with the state in control), the Colts (and Peyton Manning) staying put. "The point is, after all the consternation, on the back side of that we had a great venue, a new convention center, all that new business and we had a Super Bowl, and we kept the Colts," Daniels said. "And, believe me, without that process, that doesn't happen. I've told people over the years, here's one of the untold stories." In the June 9, 2005, edition of HPI, this was the observation: "The people loved this governor coming to their hometowns to sell and defend something that would have been unfathomable in times gone by. Many of them didn't agree with him on the tax hikes. But few were rolling their eyes or spewing under their breath as they left.

In the Nov. 27, 2012, edition of HPI, it was observed: "By definition, the word 'transformation' is a thorough or dramatic change in form or appearance. In a political or policy context, the word is often used in association with war, revolution or economic crisis. And in the Hoosier experience, the word clashes with 196 years of stereotype: We are a conservative people, cautious, suspicious, resistant to change. Interrupting this history in key moments has been the transformational governor, almost always thrust into that role by the churning events of the day. As Hoosiers at the turn of this century, we have witnessed such a governor in Mitch Daniels Jr."

-The columnist is managing editor of Howey Politics Indiana/State Affairs at StateAffairs.com/pro/Indiana. Find Howey on Facebook and Twitter @hwypol.



CARRIE CLASSON
The Postscript

walked across the cement and left little footprints!" My neighbor was amused. "I hope they leave them. They're so cute!" I thought those prints would probably survive. No one was going to take the trouble to cover up a few cat prints on the sidewalk with concrete.

A few years back, they started putting poetry on the sidewalk, laid right into the cement. I stop and read the poetry on my walk. I'll ponder for a moment or two, then move on. I'm not great with poetry. It fills me with questions that have no answers.

I want to ask the poet, "Can you tell me the rest of the story?" But there is no more. I'm sure the poet would be disappointed in me. But I like reading the poetry anyway.

Some pavement was replaced recently, and a leaf landed on it. There remains a perfect leaf print, and I took a picture of it. If I see the cat prints, I'll take a picture of them, too. I'm proud of that cat, leaving its mark.

Several years ago, I was camping in the northeast corner of New Mexico. I took a guided hike that showed prehistoric tracks. The tracks were made by dinosaurs when that piece of land, now desert, had been right at the edge of an ancient sea that stretched all the way to Canada. The land by the shore of this sea was jungle. The interpretive signs said there were a lot of animal tracks right there, because it was easier to walk on the beach than through the dense jungle. Just like today, creatures liked walking along the beach. The sand was dense, there was a lot of clay

in it, and many of those prints were filled in and eventually turned to solid rock. The tracks on display in this park were estimated to be 200 million years old.

I tried to imagine leaving footprints that lasted 200 million years. I failed.

But the most interesting part, to me, was one particular dinosaur track where the paleontologists said the dinosaur had slipped. They knew this because dinosaurs held their tails aloft and only touched them to the ground when they needed extra stability—if they were going to fall. And that's what happened. A dinosaur was walking along this beach—I'm going to imagine it was a nice sunny day—the sand (with all that clay in it) was slippery and... Whoops!

She slipped and caught herself in the nick of time with her tail. Then she kept walking. We don't know what happened after that one moment in time—that moment that happened 200 million years ago. Just like the poems in the sidewalk, there is no more. But today, we can still see her tracks.

I love that.

The cat prints and the poetry and the leaf print in the cement will not last 200 million years. I've no idea if the planet will be here that long. But they will last longer than the poet who wrote the words or the cat who left the prints or the tree that dropped the leaf. And I think that is, somehow, wonderful.

I'd like to leave a small print somewhere. Nothing big. Nothing ostentatious. Maybe just a book that is in print for a few years before it disappears. That would be nice. Maybe just a record of a time when I slipped and—at the last moment—caught myself.

Till next time,
Carrie

- Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.

Be On Lookout For Food Poisoning



JOHN R. ROBERTS, M.D.
Hamilton Health

Barbecue season is in full swing, so it's a good time to review food safety. Foodborne illness, commonly referred to as "food poisoning,"

is something that almost all of us have experienced at some point. Foodborne illness is defined as more than two people having a similar illness with evidence of food as the source.

There are approximately 76 million cases of food-related illness in the United States each year. There are also around 325,000 hospitalizations and 5,000 deaths. Underdeveloped countries, as a group, experience about one billion cases annually and four to six million deaths. The overall rate of these illnesses in the United States has gone down drastically in the last century with improvements in food handling and sanitation.

The Centers for Disease Control estimates that 97 percent of all cases of food-borne illness arise from improper food handling. Commercial establishments account for 79 percent of the cases, while the remaining cases occur at home.

Most cases of food poisoning have a few common denominators. Allowing foods to sit in environmental conditions that allow bacterial growth to occur is a frequent cause. Staphylococcal food poisoning typically happens in the summer months when food is left out in warm temperatures. Common summer foods like potato salad and pies that are high

in salt or sugar are prime breeding grounds for bacterial growth.

Raw or undercooked meat is another common source of food poisoning; hence the warning to check to make sure cooked meat is not pink in the middle. Cross-contamination between raw and cooked foods can increase the risk of food poisoning. This happens when raw food that contains microorganisms or their toxins comes into contact with cooked food. Food preparers who don't wash their hands can transfer these agents as well.

Most foodborne illnesses result in some combination of diarrhea, vomiting, and abdominal cramping. The organisms that cause problems do so by various means, too numerous to mention here. Diarrhea caused by infectious organisms or toxins can be classified as inflammatory or non-inflammatory, depending on how the offending agent affects the victim's gastrointestinal tract.

Inflammatory diarrhea involves actual injury to the cells that line the intestine. Organisms that cause this inflammation can invade the wall of the intestine and enter the body, causing an immune reaction. Salmonella is a well-known bacterium that causes this type of diarrhea.

Inflammatory diarrhea usually results in smaller stools that can be bloody, also known as dysentery. Sufferers usually run a fever, have abdominal pain, possibly a headache, and appear ill. Severe inflammatory responses may lead to liver and kidney damage as well.

Toxins produced by infectious organisms cause non-inflammatory diar-

rhea. The toxins act on the cells in the gut causing the release of water and electrolytes into the intestines. This results in large volumes of non-bloody diarrhea without much abdominal pain.

Ninety percent of cases of food-borne illness resolve in two to three days without needing any medical attention. Infants and the elderly are the most likely to develop complications, mostly from dehydration.

People who are ill for more than two or three days with high fevers, severe abdominal pain, or lethargy should always seek medical attention.

The primary aim of treatment for foodborne illness is to avoid dehydration. This can usually be accomplished by drinking fluids. Even if a person is vomiting, they can usually keep down small amounts of fluid given at frequent intervals.

There are many over-the-counter remedies to use to prevent dehydration, rehydrate someone who is dehydrated, and to replace electrolytes. A simple and inexpensive home recipe is to add two level teaspoons of salt and eight heaping teaspoons of sugar to a two-liter bottle of water.

Damage to the intestinal wall can affect the ability to absorb sugars from food. People should therefore avoid milk, dairy, and foods containing lactose during the illness and for a few days afterward.

Remember that proper food preparation and handling can go a long way to prevent interruptions to your summer fun.

- Dr. John Roberts is a retired member of the Franciscan Physician Network specializing in Family Medicine.

Different Ways Kinetic Energy Will Reduce Carbon Footprint



Dear EarthTalk: Can we harness kinetic energy to reduce our carbon footprint?

Harnessing kinetic energy as a means to reduce our carbon footprint is indeed a promising avenue for a sustainable future. Kinetic energy is the energy possessed by an object due to its motion, and finding innovative ways to capture and utilize this energy can have significant environmental benefits.

Wind turbines are a prime example of harnessing kinetic energy from the movement of air molecules. These turbines convert the kinetic energy of the wind into mechanical energy, which is then transformed into electricity. Wind power has already become a substantial contributor to global electricity generation, and its continued expansion can play a crucial role in reducing our carbon footprint. By investing in wind energy infrastructure, we can shift away from fossil fuel-based electricity generation and achieve a more sustainable and clean energy mix.

Another way to harness kinetic energy is through the use of kinetic energy recovery systems (KERS). KERS technology allows for the capture and storage of energy that is typically lost during braking or deceleration in vehicles, such as cars, buses and trains. By retrofitting vehicles with KERS, the kinetic

energy generated during braking can be converted into electricity and stored in batteries or other energy storage systems. This stored energy can then be used to power vehicle systems or assist with acceleration, reducing the overall energy consumption and carbon emissions of the vehicle.

The potential for KERS technology extends beyond transportation. Some energy harvesting systems can convert the kinetic energy generated by human footsteps into electrical energy. Specialized flooring or walkways can convert this mechanical stress (called footfalls) into electrical charges. This energy can be used to power various applications, such as lighting, sensors or even charging stations for small electronic devices. Implementing footfall energy harvesting systems in high-traffic areas, such as shopping malls or train stations, could significantly contribute to reducing our reliance on conventional energy sources.

There are still challenges to overcome in the widespread adoption of kinetic energy harnessing. The efficiency and cost-effectiveness of these systems need further improvement to make them economically viable on a large scale. Research and development efforts should focus on enhancing the efficiency of energy conversion, optimizing storage capabilities and reducing manufacturing costs. Policy

support and incentives can also play a crucial role to promote the deployment of these technologies.

Indeed, harnessing kinetic energy in multiple ways can undoubtedly contribute to reducing our carbon footprint. By capturing and utilizing the energy generated by motion, we can decrease our reliance on fossil fuels and mitigate the environmental impacts associated with traditional energy sources. However, it is important to view kinetic energy harnessing as part of a comprehensive approach to sustainability, combining multiple strategies to achieve a greener and more sustainable future.

CONTACTS: "Move over, fossil fuels - kinetic energy is the carbon-neutral future," kaspersky.com/blog/secure-futures-magazine/kinetic-energy/35026/; "The power of energy: How dancing and walking can light up a city," euronews.com/green/2020/11/21/the-power-of-energy-how-dancing-and-walking-can-light-up-a-city/; "Can Decentralized Sustainable Energy Generated by Crowds Become a Long-term Power Source, or is it just Virtue Flag Waving?" crowdsourcingweek.com/blog/energy-generated-by-crowds/.

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Ivy Tech Community College President Emeritus Gerald I. Lamkin Passes Away

Ivy Tech Community College President Emeritus Gerald I. Lamkin has died. He was 86.

Lamkin served as the president of both Ivy Tech Community College and the Ivy Tech Foundation from 1983-2007.

In his 40 years with the College, Lamkin served in a variety of roles, starting as a part-time instructor in 1967, just four years after the College was created by the Indiana General Assembly as the Indiana Vocational Technical College. He served as a full-time accounting and management instructor before moving into administrative roles including the business manager and director of education for the then-Indianapolis Region, dean for the then-Muncie and Richmond regions, and statewide vice president of operations before assuming the presidency in 1983. During his tenure, Ivy Tech went from an enrollment of approximately 45,000 to over 120,000 students in 13 individual regions with no transfer degrees to one comprehensive statewide community college with 23 locations. "Our dad lived his life to help others and always wanted to see others improve their lives. A problem solver by nature, he did not believe in the word 'can't'," said Jeri Criddle, his daughter and family spokesperson.

A Hoosier native, Lamkin was born in Rising Sun, Indiana in 1936 and graduated from Rising Sun High School, where he played baseball, basketball and ran track. After graduating, he joined the United States Air Force. He later attended Indiana State University, where he earned both a Bachelor of Science and Master of Science in Business Education. He worked for St. Louis Public Schools, the Ford Foundation Project, Ford Motor Company, and Indianapolis Arsenal Technical High School.

"No single leader has had more impact on Ivy Tech than Gerald Lamkin; he was the father of Indiana's community college system," said Ivy Tech President Sue Ell-

spermann. "His visionary leadership transitioned the College from a vocational school and positioned it to become what it is today: Indiana's workforce development engine."

"His commitment to student success and serving community needs led to the College's expansion in locations, programs, degree offerings, and transfer opportunities," Ellspermann said. "As the College celebrates its 60th anniversary, we owe a debt of gratitude for Jerry's vision and effort. Indiana's higher education and workforce development landscape is forever changed because of him."

Among his many professional accomplishments, Lamkin was known for the love of his family and friends. He was a devout Christian and always had a positive attitude. He would lend a helping hand to all those in need. He was steadfast in his commitment to help others change their lives and make Indiana better.

A five-time recipient of the Sagamore of the Wabash, the highest honor an Indiana governor can bestow, Lamkin volunteered and served on numerous community boards and organizations. His affiliations included: American and Indiana Vocational Associations; American Association of Community Colleges; American Legion Post #59 - Rising Sun, Indiana; American Technical Education Association; Association of Community College Trustees (Advisory Committee of Presidents); Association of Governing Boards (Council of Presidents); Athenaeum Foundation - Indianapolis (past chairman); Building Trades Apprenticeship Coordinators (directors of Indiana); Clan McLaughlin Society; Columbia Club Foundation - Indianapolis (past chairman); Council of North Central Two Year Colleges; Indiana Chamber of Commerce (Life Member, Emeritus); Indiana Conference of Higher Education; Indiana Council of Vocational administrators (past president); Indianapolis-Cologne

Partnership Cities (past member and chairman); Indiana German Heritage Society; Indiana Manufacturers Association; Indiana National Guard Foundation; Indianapolis-Cologne Partnership Cities (past member and chairman); International School of Indiana (past board member); International Sheet Metal Workers of America Accreditation Board; Phi Theta Kappa International Society of Two Year Colleges (president ambassador); Scottish Society of Indianapolis; Project 21 Planning and Assessment Committee for Vocational Education; and Zion Evangelical United Church of Christ - Indianapolis.

Lamkin is preceded in death by his parents, Robert Clayton and Ethel (McLaughlin) Lamkin, and brothers Robert James Lamkin and Clayton Byram Lamkin. He is survived by his wife, Louise (Theilig) Lamkin, son, William Ray Lamkin of Indianapolis, daughter Jeri (Lamkin) Criddle and son-in-law Troy Dempsey-Criddle, III of Florida, four grandchildren (Tyler Gerald and Nolan Leo Lamkin, Alison Louise Shields, and Ethan Ryder Criddle), and one great-grandson (Tyler William Lamkin).

Funeral and visitation arrangements are forthcoming, but the Lamkin family has requested that in lieu of flowers, memorial contributions be made to the Gerald and Louise Lamkin Scholarship with the Ivy Tech Foundation.

"Ivy Tech has always been a big part of our family and we hope to continue our father's legacy by creating more scholarships for students and staff. Nothing would make him more proud than for his family and friends to continue to support a cause that was most important to him, helping others to succeed," said Criddle.

Gerald "Jerry" I. Lamkin

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BETSY From Page A1

Want TO GO?

What: Hyperion Players, a Hamilton County-based theatrical nonprofit organization in its first year, will present its first original play, "Call Me Sister," by Ian Hauer of Noblesville.

When: 7:30 p.m. Thursday, Friday and Saturday; and 2:30 p.m. Saturday and Sunday.

Where: The Ivy Tech Auditorium at Ivy Tech Hamilton County, 300 N. 17th St., Noblesville. Enter through Door No. 1.

How much: \$12.

Good to know: The show contains thematic elements, innuendo and brief peril.

Tickets: Online at <https://hyperionplayers.com/>, also cash or check only at the door.



IAN HAUER

He has a few other projects in the works but isn't planning to put up another original of his own for Hyperion in the near future. Next season's original, "I Love My Zombie," is by local playwright and actor Brad Staggs. "It's kind of an 'I Love Lucy' meets 'Shaun of the Dead,'" Hauer said. "I've read it; the script is very clever." Hauer will be producer of Staggs' play, set for June 6-9 at Theater at the Fort.

For Hyperion Players pilot season, two plays were at Ivy Tech Auditorium and two plays were at The Switch Theatre in Fishers. For Hyperion's second season, he said, they'll be splitting time between The Switch and Art for Lawrence's Theater at the Fort, about 25 minutes south of Noblesville in northeastern Marion County. (The Belfry Theatre staged three productions at The Fort this season.)

"We're happy with our arrangement at The Switch, and the Theater at the Fort is a great venue, though it's a little further south than we'd prefer to operate," Hauer said.

"But that's the challenge in eastern Hamilton County at the moment. There's a shortage of reliable venues for the performing arts," said Hauer, who schedules venues 12-18 months in advance.

Hyperion announced its 2023-24 season in April and feature four shows by four different directors: "Waiting for Godot," directed by Molly Bellner, Sept. 28-Oct. 1 at The Switch; "Doubt: A Parable," directed by Daniel Maloy, Jan. 26-28, at The Switch; "Grand Horizons," directed by Nicole Amsler, March 15-24, at Theater at the Fort; and "I Love My Zombie," directed by Angela Staggs, June 6-9, 2024, at Theater at the Fort.

Since Hyperion launched, the theater's members have assisted Basile Westfield Playhouse, Actors Theatre of Indiana, Duck Creek Center for the Arts, The Attic Theatre and Underdog Theatre.

"Our actors come from all over the place and have probably worked with two dozen theaters in the area," Hauer said. "We feel we have something unique to offer people, and we love opportunities to partner not just with other area theaters but any community-oriented organizations. We want to entertain and serve our community by telling all different kinds of stories."

Hyperion Players is producing "Call Me Sister" with the support of Indiana Arts Commission, and partnering with the Shepherd's Center of Hamilton County to offer free tickets to seniors.

Hauer said, "I want to offer special praise to the cast and crew of the show, without whom this wouldn't be possible. I'm very grateful to each and every person involved for taking on the challenge of staging a show that's never been staged before."

-Betsy Reason writes about people, places and things in Hamilton County. Contact The Times Editor Betsy Reason at betsy@thetimes24-7.com.

MARK From Page A1

and I'm diving deep into spending on highway projects, parks, not-for-profits and personnel. Citizens continue to reach out with questions or advocating views on issues that come before the council. Candidly, it's rewarding to help, and listening to stakeholders helps me frame my own opinions.

This month the personnel committee meeting consisted of 11 requests from seven different departments. We reviewed adjustments in position classifications, new positions for approval, changing employee responsibilities and how they fit within a compensation matrix, and we reviewed adjustments to compensation as merited. These requests will be voted on by the full council at our meeting tomorrow.

The Highway Committee meeting was canceled this month as there were only two items up for discussion. Those items are added to the full council agenda. Many improvement projects continue and the 146th and Allisonville project has a web site for interested parties to get updates and information www.streamline146.com.

In addition to the County Council public and committee meetings, I attended Cicero and Noblesville town council public meetings. This month also included a meeting with State Rep. Chuck Goodrich, a luncheon hosted by the Central Indiana Corporate Partnership where we focused on employment in central Indiana, meeting with city law enforcement leadership to discuss public safety, multiple meetings with HEPL board members, as well as with voters regarding Council library board appointments.

Of note this month was a tour and an introductory meeting with leaders from Janus Development Services. The county provides funding to Janus, and we partner with them on the Hamilton County Express, affordable public transportation. I had the opportunity to meet with two of our Judges and listen to their thoughts on future court needs, present caseload metrics, efficiencies, and current juvenile caseloads. Based on county population growth, additional courts are in our future. New court(s) require state legislative approval.

With much data from the team in Human Resources, hat tip to their great team, I presented the concept of a new employee benefit to a County Executive. The benefit would use

affordable housing dollars to assist tenured county employees with home ownership in Hamilton County. With more than 1,200 employees, approximately 250 don't reside in the county. If accepted and enacted, the program would help retention, assist in recruitment and offer home ownership support to county employees.

This month's work also included a loss in attempting to save taxpayer dollars. I like the train and its programming, having been an advocate for the train for many years. It is a wonderful not-for-profit organization that has been financially supported by the county through our tourism department. The folks from the Nickle Plate asked the county to repair the tracks at the inter-sections of county roads. That's absolutely a county responsibility. Train leadership also asked for the council to pay an additional \$650,000 to repair the balance of the tracks. In my opinion, that is not county taxpayer responsibility but that of the track users. Under questioning, Train leadership, were on public record in response to my questions, agreeing to repay the county the additional funds from their net operating proceeds. Unfortunately for taxpayers, the Council voted 5-2 to give the train the additional funds rather than agree to recover the taxpayer dollars.

This is my time sheet. This is where my time went during month five. There are quite a few projects in the queue for 2023 and while my job is primarily the financial oversight of the county budget it is important to understand the Board of Commissioners priorities and then to balance those with the stewardship of taxpayer dollars. That is the job, and I am excited to do the people's business.

As a taxpayer myself, and listening to so many of you, our employers, it's important for the taxpayers to have access to all the information you want. I work for you and although you may not choose to do a deep dive into what your County Council does, it's important that you always can do so. Feel free to contact me at (317) 832-1104 or mark.hall@hamiltoncounty.in.gov with questions, feedback or if you would like to talk about county business.

- Mark Hall is a successful businessman, husband, father and grandfather. He is serving his first term on the Hamilton County Council.

BECKWITH From Page A1

also co-hosts the popular podcast "Jesus, Sex and Politics" with Pastor Nathan Peternel. Beckwith is inspirational speaker and has served as the keynote speaker for several not-for-profit and community groups and over the past year has toured the state as an advocate for healthcare freedom. He currently serves in leadership positions for several organizations, including: Noblesville Campus Pastor for Life Church, Executive Director of Indiana Family Action PAC, Co-Founder of Indiana Coalition Conservatives, Indiana Chairman of U.S. Term Limits, and Executive Director of Hoosier Leadership Series.

"During these turbulent times, the people of Indiana deserve a Lt. Governor who is more than a ceremonial appointment or yes person. They need a proactive Lt. Governor who will fight for our constitutional rights, lead the war against the woke culture and get the politics out of the classroom," said

Beckwith. "As a father, I want my children to grow up in a free democracy not a socialist society. I am not going to sit on the sidelines and hope for the best. I am stepping forward to do my part in saving our state and build a brighter future for every child."

In the past the gubernatorial nominee has picked a Lt. Governor who is then anointed at the Republican Convention by the delegates. Beckwith believes that the people deserve a choice. That's why he is breaking with tradition and running for Lt. Governor.

"The voters need a say in who will be second in charge of our state. It should be the choice of the people not just one person. Like the position of Governor, I believe that a candidate must present their case to the voters, so I am launching a 11-month job interview with my fellow Hoosiers for the position of Lt. Governor," said Beckwith. "They are going to know why it will be better with Beckwith."

JUBILEE From Page A1

Jubilee has been organized and created by students from Fishers High School's Future Black Leaders club since 2020 and this is the first year it will be held at Conner Prairie. This year the Kid's Zone will be expanded to include a playground, bouncy houses, face painting, balloon animals, games, and interactive music with Indy Music & Wellness. All activities in the Kid's Zone are free. Conner Prairie will offer balloon rides for a fee, weather permitting. Food vendors include: ChefTLC, Just Cakin' It, and El Venezolano Food Truck.

"Juneteenth is important because it is a celebration for African Americans moving closer to freedom. This event highlights the achievements and advancements we have made as a culture. Being a part of the Jubilee helps to show support to this important historic holi-

day in a fun community setting," says Brooklynn Ferrell, student organizer for Juneteenth Jubilee and 2023-2024 Co-President of Fishers High School's Future Black Leaders club. Les Reinhardt, executive director of Fishers Arts Council says, "Working alongside these incredible student leaders, especially Brooklynn, is an inspiration. We are proud to support these students and the amazing event they create for the community year after year. They decide what will be offered, coordinate with the vendors and entertainment, create educational materials, and fundraise. It's really amazing to see the power of what our youth can make happen in Fishers." A few spaces remain for vendors to join this annual event. The deadline to apply is June 5, 2023. Interested individuals can visit FishersArtsCouncil.org/Juneteenth to sign up.

DAR From Page A1

the Horseshoe Prairie Chapter level in February were Liam Courtney from Carmel High School, Cassidy Felger from Hamilton Heights High School, Chaney Smith from Sheridan High School, Abigail Phillips from Tipton High School and Will Byers from Westfield High School.

234 students across Indiana competed at the Chapter level, and 64 entries were forwarded by Chapters for the State competition. Of those, 13 were selected as finalists by three non-DAR judges. In addition to state judging there are will be divisional and national levels of scholarship awarded as well.

The DAR Good Citizens

program and scholarship contest is intended to encourage and reward the qualities of good citizenship. The program is open to all senior class students enrolled in accredited public or private secondary schools in good standing with their state boards of education. United States citizenship is not required.

The student selected as the school's DAR Good Citizen must have the qualities of: dependability, service, leadership and patriotism. In the application, students had to describe how they have manifested the qualities of a good citizen as well as submitted a grade transcript and two letters of recommendation. The second part is a timed essay.

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Health and WELLNESS

Tuesday, June 6, 2023

A7

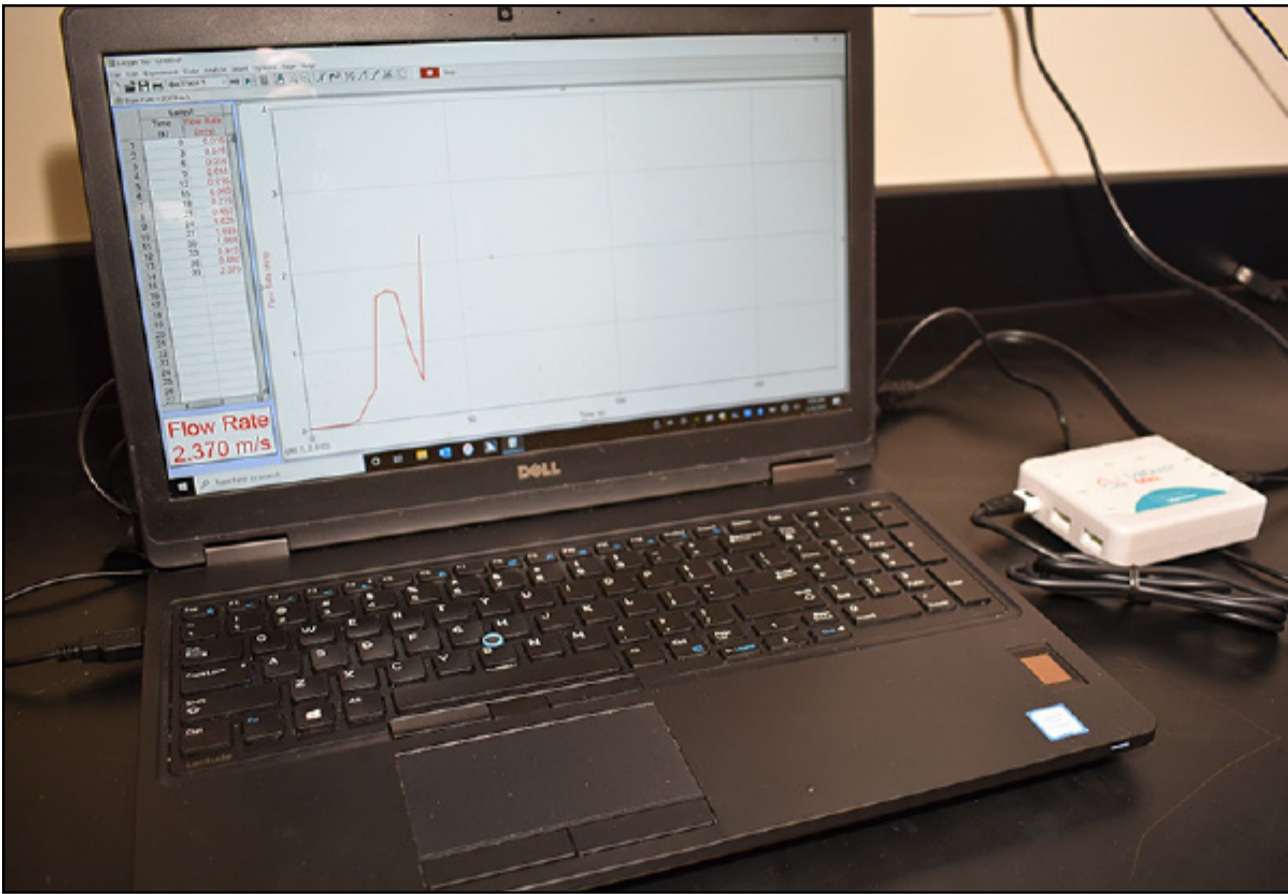


Photo courtesy of Independence Science

Graphical flow rate data is provided to users in an auditory way by the talking LabQuest Mini, developed by Independence Science. Independence Science and ViewPlus Technologies have announced a collaboration to develop new science access tools for people who experience blindness or low vision.

Independence Science And ViewPlus Technologies Partner To Create Science Access Tools



Independence SCIENCE
 ...empowering a new vision



Leaders at Independence Science and ViewPlus Technologies have announced a collaboration to develop new science access tools for people who experience blindness or low vision.

Mike Hingson, spokesperson for Independence Science, said ViewPlus Technologies will leverage Independence Science's team of blind scientists to inform product development road maps.

"It is these collaborative efforts between access technology firms that leverage one strength with another to drive innovation to its furthest potential," Hingson said. "We will develop products that blind people want."

Dan Gardner, CEO of ViewPlus Technologies, said, "We look forward to making STEM more accessible for all through this collaboration and ushering in a day when everyone can participate equally in STEM subjects in an inclusive way."

ViewPlus Technologies has developed cutting-edge embossing technology capable of producing multi-dot height, tactile graphic information and Braille on the same page. In addition, ViewPlus offers a range of products that supports the use of ink for standard text and graphics, providing a more equitable collaboration experience for both sighted and blind

and low-vision individuals. By allowing the use of the same document, ViewPlus is empowering people to work together more effectively, regardless of their level of vision.

"We have a great deal of expertise in embossing tactile graphics and understanding the challenges that users face when high-quality graphical information is presented," Gardner said. "We are highly aware of what goes into producing graphical materials that consumers can use effectively. The company's efforts are further enhanced by the fact that John Gardner, our founder, is a blind physicist who has experienced firsthand the need for quality graphic information in STEM."

For more than 14 years, Independence Science has designed products that make STEM laboratory equipment inclusive. One is the Talking LabQuest, which presents graphical information to users two ways: sonification, which provides information to users in an auditory way, and transmission of graphic information to the ViewPlus Braille embosser line of products.

"Combined, our companies have the most hands-on experience in understanding inclusive graphic information presentations," Hingson said. "Working together, we are confident that the best possible products

will be produced to provide real-time access to students who experience blindness or low vision and other students with print access challenges."

Hingson said there is a natural synergy between the companies because of their leaders and experience.

"First, both company founders are blind scientists who know through lived experiences the importance of inclusive access to data visualization tools and techniques," Hingson said. "Second, both companies understand what must go into a quality product. The combined experience of the two teams will provide the best coding and widest range of capabilities that will help our users break through the ongoing attitudinal ceiling they face as they attempt to study and work in STEM-related fields."

Hingson said the companies expect to see a working prototype of a new STEM education product that beta testers can evaluate within a short time.

"Between both companies, we have a variety of potential users and contacts we can utilize to get the best possible feedback," Hingson said. "As product development continues, the sales and marketing teams in both companies will work together to explore, educate and penetrate potential markets."

Independence Science

is headquartered in the Purdue Research Park of West Lafayette, which is managed by the Purdue Research Foundation.

About Independence Science

Independence Science is an access technology pioneer dedicated to changing how blind people view their own capabilities about pursuing scientific careers as well as helping to educate the sighted scientific community that blind persons can make significant contributions to the STEM fields. Where before blind students and scientists only had human sighted assistants available to them, Independence Science is helping the blind reclaim their laboratory independence. Through real inclusion and access to scientific laboratories, Independence Science is evolving the way society views science accessibility and helping blind students and scientists become more successful and equal participants within the scientific community. Interested persons and organizations can contact Independence Science at info@independencescience.com.

About ViewPlus Technologies

ViewPlus Technologies, founded in 1996 by Dr. John Gardner and Carolyn Gardner, is a leading provider of innovative Braille and tactile graphics solutions. Their revolutionary TIGER technology has transformed multi-dot height tactile graphics, improving accessibility and opportunities in education and employment for blind and low-vision individuals worldwide. For more information, contact CEO Dan Gardner at dan.gardner@viewplus.com or 541-754-4002.

How To Control Your Asthma When Outdoor Air Quality Is Poor

(StatePoint) Asthma, a lung disease that makes breathing difficult for over 24 million Americans, is often exacerbated by air pollution and the effects of climate change. However, understanding how the environment impacts asthma can help you minimize your exposure to air pollutants and prepare for extreme weather events.

As part of its Promoting Asthma Friendly Environments through Partnerships and Collaborations Project, the American Lung Association is offering these important insights:

1. **Outdoor Air Pollution.** While outdoor air pollution can make breathing more difficult for everyone, it's particularly harmful to those with asthma, causing symptoms and increased need for medical attention, and to children, whose lungs are still growing and who breathe in more air per pound than adults. Children with asthma can be especially vulnerable to experiencing negative health effects caused by air pollution.

2. **Climate Change.** The effects of climate change increase air pollutants like ozone, particle pollution, molds from increased rainfall and floods and smoke from wildfires. As temperatures increase, warmer air helps to form ground-level ozone pollution, also known as smog, a powerful air pollutant. Smog acts like a sunburn on your lungs and may trigger an asthma attack. Before doing any activities outside, check the pollution level in your area by visiting airnow.gov. When the air is bad, limit the time you and family members spend outdoors and try to move outdoor activities inside.

3. **Wildfires.** In some areas of the country, climate change is increasing the frequency and intensity of wildfires, and extending wildfire season. Wildfires produce smoke that contains particle pollution, consisting of dangerous particles tiny enough to travel deep into the lungs and sometimes even into the bloodstream. Parti-

cle pollution can cause asthma attacks, heart attacks, lung cancer and early death. But you don't need to live in an area prone to wildfire to be impacted. Winds can carry these particles for thousands of miles, meaning many people may have an unknown exposure. Preparation is key to protecting yourself and family. Check out American Lung Association's resources, which includes information about using N-95 masks for protection and creating a clean room inside your home. Visit lung.org/clean-air/emergencies-and-natural-disasters/wildfires to learn more.

4. **Taking Action.** Did you know you can reduce your own contribution to air pollution and climate change? Prioritize walking, biking and public transit over diesel or gasoline-powered vehicles. Conserve electricity and purchase your power from clean, non-combustion sources if you can. Don't burn leaves or trash and avoid burning wood whenever possible. Additionally, when looking for a place to live or upgrading your home, look for efficient, zero-emission appliances like induction stoves or heat pumps. You may even be able to take advantage of tax incentives for making these upgrades.

If poor air quality, wildfires, pollen and mold cause asthma symptoms or flare-ups, follow your asthma action plan, and call your doctor if your symptoms don't improve or get worse. To get your asthma under control, check out the American Lung Association's many resources, found at <https://www.lung.org/lung-health-diseases/lung-disease-lookup/asthma>, which align with the Centers for Disease Control and Prevention's EXHALE strategies. The strategies can help reduce asthma symptoms, prevent emergency hospital visits and help you avoid missing school or work. If you have asthma and have been impacted by poor air quality, consider sharing your story on Lung.org.

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A Full, Fresh Menu Fit for a Brunch Feast



Savory Cheese Balls

FAMILY FEATURES

Birthdays, holidays or just casual Saturdays are all perfect excuses to enjoy brunch with your favorite people. Bringing everyone together with quiches, pastries, appetizers, desserts and more offers an easy way to kick back and relax on a warm weekend morning.

These recipes for Easy Brunch Quiche, Savory Cheese Balls and Lemon Blueberry Trifle provide a full menu to feed your loved ones from start to finish, regardless of the occasion.

Find more brunch inspiration by visiting Culinary.net.

A Savory Way to Start the Celebration

Serving up exquisite flavor doesn't have to mean spending hours in the kitchen. You can bring the cheer and favorite tastes with simple appetizers that are equal measures delicious and visually appealing.

These Savory Cheese Balls are easy to make and perfect for get-togethers and brunch celebrations. Texture and color are the name of the game with this recipe, and the result is a beautiful array of red, gold and green, all on one plate.

To find more recipes fit for brunch, visit Culinary.net.

Savory Cheese Balls

Servings: 6-12

- 2 packages (8 ounces each) cream cheese
- 2 tablespoons caraway seeds
- 1 teaspoon poppy seeds
- 2 cloves garlic, minced, divided

- 1/4 cup parsley, chopped
- 2 teaspoons thyme leaves, chopped
- 1 teaspoon rosemary, chopped
- 1/4 cup dried cranberries, chopped
- 2 tablespoons pecans, chopped
- crackers (optional)
- fruit (optional)
- vegetables (optional)

Cut each cream cheese block into three squares. Roll each square into ball. In small bowl, combine caraway seeds, poppy seeds and half the garlic. In second small bowl, combine parsley, thyme, rosemary and remaining garlic.

In third small bowl, combine cranberries and pecans.

Roll two cheese balls in seed mixture, two in herb mixture and two in cranberry mixture.

Cut each ball in half and serve with crackers, fruit or vegetables, if desired.



Lemon Blueberry Trifle

Finish Brunch with a Light, Layered Treat

After enjoying eggs, bacon, French toast and pancakes or any other brunch combination you crave, it's tough to top a fresh, fruity treat to round out the meal. Dish out a delicious dessert to cap off the morning and send guests out on a sweet note that's perfectly light and airy.

The zesty zip of lemon curd in this Lemon Blueberry Trifle brings out the sweetness of whipped cream made with Domino Golden Sugar, fresh blueberries and cubed pound cake for a vibrant, layered bite. Plus, it's a bright, beautiful centerpiece you can feel proud of as soon as guests try their first bite.

Find more dessert recipes fit for brunch and other favorite occasions at DominoSugar.com.

Lemon Blueberry Trifle

Prep time: 45 minutes

Servings: 8-10

Lemon Curd:

- 1 cup Domino Golden Sugar
- 2 tablespoons cornstarch
- 1/4 cup freshly squeezed lemon juice
- 1 tablespoon lemon zest
- 6 tablespoons water
- 1/4 teaspoon salt
- 6 egg yolks
- 1/2 cup (1 stick) unsalted butter, at room temperature, cut into 1/2-inch cubes

Whipped Cream:

- 2 cups heavy whipping cream, cold
- 2 tablespoons Domino Golden Sugar
- 2 teaspoons pure vanilla extract

Trifle:

- 1 cup blueberry jam
- 12 ounces fresh blueberries, plus additional for garnish, divided
- 1 pound cake, cubed
- lemon slices, for garnish
- mint, for garnish

To make lemon curd: In medium saucepan, stir sugar and cornstarch. Stir in lemon juice, lemon zest, water and salt. Cook over medium heat, stirring constantly, until thickened. Remove from heat and gradually stir in three egg yolks; mix well until combined. Stir in remaining egg yolks. Return to heat and cook 2 minutes, stirring constantly. Remove from heat.

Stir in butter; mix until incorporated. Cover with plastic wrap, touching surface of lemon curd to prevent curd forming skin. Refrigerate until completely cool.

To make whipped cream: In large bowl, beat cream, sugar and vanilla until soft peaks form. Do not overbeat.

To make trifle: Mix blueberry jam with 12 ounces fresh blueberries. Place one layer cubed pound cake in bottom of trifle dish. Top with layer of blueberries. Add dollops of lemon curd and whipped cream. Repeat layering ending with whipped cream.

Decorate trifle with lemon slices, fresh blueberries and mint.

Say Goodbye to Basic Brunch

The same old brunch menu can become tiresome and dull. Adding something new to the table with fresh ingredients and simple instructions can enhance your weekend spread and elevate brunch celebrations.

Try this Easy Brunch Quiche that is sure to have your senses swirling with every bite. This quiche is layered with many tastes and a variety of ingredients to give it crave-worthy flavor, from broccoli and bacon to mushrooms, eggs and melty cheese.

Visit Culinary.net to find more brunch recipes.

Easy Brunch Quiche

Serves: 12

- 1 package (10 ounces) frozen broccoli with cheese
- 12 slices bacon, chopped
- 1/2 cup green onions, sliced
- 1 cup mushrooms, sliced
- 4 eggs
- 1 cup milk
- 1 1/2 cups shredded cheese, divided

- 2 frozen deep dish pie shells (9 inches each)

Heat oven to 350 F.

In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.

In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.

In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.

In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies.

Bake 40 minutes. Cool at least 12 minutes before serving.

Note: To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.



Easy Brunch Quiche