

▶ TODAY'S VERSE

Mark 8:38 Whosoever therefore shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his Father with the holy angels.



▶ FACES OF HAMILTON COUNTY

People who call our community their own.

What makes Joe Duncan smile? "My truck," said the 75-year-old Noblesville man, who was found sitting in a lawn chair next to his 1985 gray GMC El Camino Caballero at Saturday's Lucky 13th annual Lucky Teter Rebel Run Car Show and Motorcycle Show at Forest Park in Noblesville. "GMC had Mexico build these, and Chevrolet built all of the other El Caminos," he said. Duncan is the third owner of the truck, which is rare, he said, with "only 2,503 built." Duncan paid \$7,000 for the truck, which he said is now worth about \$15,000. The seats are gray velour. The truck has power steering and power brakes and a 305 engine V-8 with crank windows and manual locks. He found the truck in a little town named Ashley, Ind., in the northeastern part of the state. He had been looking for an El Camino. Duncan drives the "classic" every day. Anything else about the truck? "It's not for sale."

And Another Few Things...

1. September 9 - FALL CREEK AND DELAWARE TOWNSHIPS' SIGNATURE EVENT:

Memorial Unveiling Conner Prairie - Fishers 11a-2p FREE Both townships are partnering with Conner Prairie to create a permanent reminder of the Hamilton County Bicentennial! A memorial will be unveiled in Clowes Commons, near the Lenape Camp showcasing the history of Delaware and Fall Creek Townships, including Conner Prairie itself. Afterwards, join Conner Prairie for an architectural tour of the Conner House (also turning 200!) after the unveiling. Gather in the lobby before 11am to be sure to get your spot!

2. September 13 - TASTE OF HISTORY: FISHING IN FALL CREEK

Hamilton East Public Library - Fishers 6:30-7:30p FREE Discover the "lure" of fishing in and around Geist, Fall Creek Township, and Hamilton County! Join the staff of the Hamilton East Public Library's Indiana Room to learn about Hamilton County waterways and aquatic life past, present, and future. Connect modern fishing methods to the history of fishing in our area as you learn to tie your own fishing lure. Register on the library's website.

3. September 23 - WHAT'S BENEATH GEIST RESERVOIR?

Hamilton East Public Library - Fishers 11 a.m.-12 p.m. Flooded in 1943, Geist Reservoir was the result of decades of planning. Join our speakers, local historian Robert Bowling and area descendant and genealogist Susan Lucas, to learn about the community of Germantown and surrounding farms and how Geist came to be. If you're a descendant of a family from this area, bring your memories and records! Register on the library's website.

The TIMES

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Noblesville And Zionsville Lions Conduct School Acuity Testing



Photo courtesy of Noblesville Lions

This past week of Aug 28th the Noblesville and Zionsville Lion Clubs donated time for Acuity Testing at NWMS and NEMS. This is testing required by the State of Indiana, and saves time for school nurses. These two schools included over 800 students tested. Any discrepancies noted in the students are passed along to the parents. Left Photo: NWMS testing by Lions Dan Dumbauld, Bill Nesbitt, Jeane Jergen, Gregg Barth, Judy Barnes, Bill Kurtz, Kennedy Penwell, Gary Hipes, and Steve Shaw. Right Photo: NEMS testing by Lions John Terhune, Gary Hipes, Larry Jacobi, Steve Shaw, Dan Dumbauld, Walt Scheid, Ann Delpozso, Kathy Terrell, Kathy Ravstein, Donna Fisher, and Kathy Price

Two Weeks Left Before Fishers' Largest Community Race, Presented By Meijer 15th Annual Geist Half Marathon & 5K Presented By Meijer Returns With A New Fall Date On Saturday, September 16

There's only two weeks left before Fishers' biggest race of the year returns! The 2023 Geist Half Marathon & 5K presented by Meijer will celebrate its 15th year with a new fall date on Saturday, September 16. The race kicks off at 7 a.m. on Olivo Road near 113th Street.

There's still time to register to run, walk, or volunteer at this popular community tradition. This weekend, the City of Fishers is offering a special Labor Day weekend promotion today through Monday with 15 percent off registration in honor of the 15th year with promo code LABOR15.

This year's event features a new route for the family-friendly 5K (3.1 miles) through the new Geist Waterfront Park, a half marathon (13.1 miles) showcasing the

stunning water views and wooded landscapes along Geist Reservoir, and a post-race party hosted by Fishers Parks. All participants receive a race shirt, medal, and free post-race beverage from MashCraft Brewing. Runners and walkers can also receive race day discounts and free treats from local businesses after the race, including Ohanalulu, Pearl Street Pizzeria, Geist Jazzerise, MashCraft Brewing, and Mochinut.

VIP registration is also available, featuring free post-race drinks from King Jugg Brewing Company; an all you can eat breakfast buffet from Ale Emporium; a private Gear Check; commemorative pint glass; post-race stretch session from Stretch Zone; and additional restroom facilities. More than 600 volunteers

will help to host the community race, and volunteer opportunities are still available for course marshals and runner services volunteers. To sign up, visit VolunteerFishers.com.

Race sponsors include Meijer (Presenting Sponsor), DeVau's School of Gymnastics (5K Race Sponsor), IU Health (Photo Sponsor), WTHR-Channel 13 (Bib Sponsor), and Stretch Zone (Starting Line Sponsor).

Online registration is open until 5 p.m. on Friday, September 15. Onsite registration is also available at the event expo on September 15 at Grace Church Fishers until 8 p.m. Day of registration is not available.

For road closure information, event details, and registration visit GeistHalf.com.

Flash Mob Is En Pointe In Courthouse Square



The Times photo by Betsy Reason

En Pointe Indiana Ballet students, featuring Joey Moore of Noblesville as Willy Wonka, assemble as a "flash mob" and do a choreographed dance to Harry Styles' "Golden," "Pure Imagination" from "Willy Wonka & the Chocolate Factory" and "Hot Chocolate" on First Friday on the Hamilton County Courthouse Square during Noblesville Main Street's Chocolate Trail. For more information on En Pointe, visit enpointeindiana.com

Noblesville Blesses Indiana's 105th Baby Box

Noblesville Fire Station 74 will be blessing their Baby Box on Tuesday, September 5th at 3:30 PM EST. The event will highlight the anonymous surrender option that is available 24/7 following the blessing. The fire station is located at 20777 Hague Rd. Noblesville, IN 46062 and the Baby Box is featured on the south side of the building. The Noblesville location marks the 105th Baby Box in Indiana and 162nd in the nation. Fourteen babies have been lovingly surrendered via Baby Box this year.

Safe Haven Baby Boxes fills the void in the Safe Haven movement as the only organization in the nation dedicated to

▶ See BLESS Page A6

The Daily Almanac

Sunrise/Sunset
RISE: 7:17 a.m.
SET: 8:14 p.m.



High/Low Temperatures
High: 88 °F
Low: 74 °F



Today is...

- National Cheese Pizza Day
- International Day of Charity
- Telephone Tuesday



What Happened On This Day

- 1972 Massacre at the Munich Olympics. A group of Palestinian militants belonging to the Black September terrorist group stormed the apartment Israeli athletes were staying at the Olympic Village in Munich, Germany several days after the XX Olympic Summer Games had begun.
- 1957 On the Road is Hits the Bookshelves for the First Time. The iconic book was written by American author Jack Kerouac and was based on his and his friends' travels across America.
- 1836 Sam Houston is Elected President of Texas. He was made the Head of State of the Republic of Texas after colonists won their revolt against the Mexican government and created an independent and sovereign nation.



Births On This Day

- 1946 Freddie Mercury Tanzanian/English singer-songwriter, producer
- 1942 Werner Herzog German director

Deaths On This Day

- 1997 Mother Teresa Macedonian/Indian missionary, Nobel Prize laureate
- 1877 Crazy Horse Native American war leader

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▶ HONEST HOOSIER

Here's a tip of the seed corn cap to all those hard-working people that Labor Day is actually all about!



▶ TODAY'S HEALTH TIP

If you work the night shift, put on your sunglasses before going out into the sun until you get home and go to bed. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Times and online at www.thetimes24-7.com.



▶ TODAY'S QUOTE

"If you can't tolerate critics, don't do anything new or interesting."
-Jeff Bezos

▶ TODAY'S JOKE

What did one hat say to the other hat.
You stay here. I'll go on a head.

▶ OBITUARIES

Thomas A. Jarosz

The Times appreciates all our customers. Today, we'd like to personally thank Valerie Howard for subscribing!



3 WTHR 7 DAY FORECAST

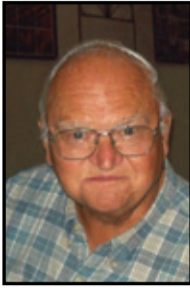
70/90 SUNNY HOT, HUMID LABOR DAY	74/88 PARTLY CLOUDY	72/87 BETH. SKYLINE	66/83 BETH. SKYLINE	63/79 SUNNY & PLEASANT	60/80 SUNNY & PLEASANT	61/82 PARTLY SUNNY
MON	TUE	WED	THU	FRI	SAT	SUN

➔ OBITUARIES

Thomas A. Jarosz

April 21, 1931, Wednesday, August 30, 2023

Thomas A. Jarosz, 92, of Westfield, passed away on Wednesday, August 30, 2023 at IU Health North Hospital in Carmel. He was born on April 21, 1931 to Thomas and Stephanie (Pawlikowski) Jarosz in Chicago, Illinois.



Thomas had a PhD in Philosophy from Antonianum University in Rome, Italy. He was a philosopher, who enjoyed reading and sharing his knowledge. Thomas loved to travel. He was a member of St. Maria Goretti Parish in Westfield.

He is survived by his many nieces and nephews; and brother-in-law, Denny Haley.

In addition to his parents, he was preceded in death by his wife, Kathleen Jarosz; and siblings, Joseph Jarosz, Mary Ann Turcan, and Therese Kulikowski.

Services will be held at 11:00 am on Saturday, September 9, 2023 at St. Maria Goretti Catholic Church, 17102 Springmill Road in Westfield. Visitation will be from 10:00 am to the time of service at the church.

Condolences: www.randallroberts.com

Noblesville And Carmel Lions Assist Gleaners Mobile Pantry



Photos courtesy of Noblesville Lions

On Thursday, Aug 31st, the Noblesville and Carmel Lions Clubs helped with the first Gleaners mobile pantry held at the Hamilton County Fairgrounds. This is a new site, and a new format for the mobile pantry that will continue on the third Thursday of every month. Instead of a drive through pantry, customers were able to walk through the line and choose the items for their families. The volunteers were kept busy assisting customers. Right photo: (Back row) Lions Rollin Cutter, Jerry Baker, Joe Connerley, Jeff Kozicki, (Front row) Lions Mark Bachar, Matt Best, Bob Yunker, Bill Ryan, and Ron Williamson. Left photo: Lions doing some initial sorting.

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Photos courtesy of Chevrolet

2024 Chevy Equinox RS Adds Sport To Parental Practicality

My family tends to buy the same car over and over again – especially if it's a good one. My 92-year-old grandmother drives a full-size GM sedan, just as she has since the 1950s. My other grandmother went through a sequence of Mercedes during more than three decades. After driving two Chevy Equinox crossovers, want to guess what my parents bought? Yep, another Equinox. Given my time with the updated 2024 Equinox RS, I find little argument with their choice.

My parents chose the fancy-pants Premier edition with all of its Cadillac-grade fittings, but our RS is probably the more fitting choice for those of us under fifty. A refresh last year gave it squintier headlights and smoked taillamps, but the RS aims to imbue a little Camaro

onto Chevy's compact crossover. Black chrome grille trim, dark window outlines, black logos, and 19" Dark Android alloy wheels give it a brooding sinister aesthetic that will add a touch of healthy anger to your morning drive.

You could be forgiven for thinking you got the luxury package when you slide inside, but red stitching on the leather seats, thick leather-wrapped steering wheel and dash confirm this is the RS. Those seats and steering wheel are heated, and dual-zone automatic climate control keeps everybody comfortable. Add to that Bose audio, dual-pane sunroof, and wireless Apple CarPlay and Android Auto to seamlessly connect devices. Safety is enhanced by adaptive cruise, automatic emergency braking, lane keep

2024 Chevy Equinox RS Five-passenger, AWD Crossover

Powertrain: 1.5-liter T4, 6-spd trans
Output: 175hp/203 lb.-ft. torque
Suspension f/r: Ind/Ind
Wheels f/r: 19"/19" alloy
Brakes f/r: disc/disc
Must-have features: Style, Turbo
Fuel economy: 24/30 mpg city/hwy
Assembly: Ramos Arizpe, Mexico
Base/As-tested price: \$26,600/\$38,220

assist, and rear cross path detection. I feel better knowing my parents are protected.

Previous generations of Equinox split the difference between compact and mid-size, but with the Blazer now in the line-up, the Equinox is a might

smaller to better compete with the Toyota RAV4, Honda CR-V, and Ford Escape. Three-across seating is less comfortable in the rear, and cargo space is tighter, but there's still plenty of room for four and their gear under the power hatch. Fold down the rear seats to throw in bikes and an all-day IKEA haul.

Compared to the non-turbo four-cylinders in my parents' previous two versions, this one is considerably more engaging to drive. Credit the 1.5-liter turbocharged four-cylinder engine delivering a peppery 175 horsepower and 203 lb.-ft. of torque – all routed to the all-wheel-drive system through a six-speed automatic transmission. Fuel economy rates a relatively frugal 24/30-MPG city/highway.

The Equinox RS does

not bottle lightning for ripping 0-60 mph sprints, but the small turbo does a good job of keeping a head of steam in the left lane with enough torque in reserve for rising hills and freeway onramps. The four-wheel independent suspension, firm steering, and narrow track make the Equinox feel much smaller and sportier than it actually is while rumbling over rough pavement with nary a squeak, creak, nor rattle. Its compact size also makes it easy to park in tight downtown and suburban garages.

My parents do like their Equinox. It offers nearly mid-size space with compact fuel economy and the practicality to make it fit their daily lives – whether heading to dinner, driving to the Smokey Mountains, or carrying their grandkids' gear. Base models start at \$26,600 with our



CASEY WILLIAMS
Auto Reviews

RS coming to \$38,220. If you want to pay less, also consider the Chevy Trailblazer and Chevy Trax. Competitors include the Ford Escape Titanium, Subaru Forester Sport, Hyundai Tucson N Line, and Honda CR-V Touring.

Storm Forward!

Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @ AutoCasey.

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GOP Chairman Hupfer's Historic Tenure At The Helm



BRIAN HOWEY
Howey Political Report

Kyle Hupfer has been, arguably, the most successful major party chairman in Indiana history. His Democrat counterpart, Mike Schmuhl, is attempting to get his party back in the game.

When it comes to straight tenure, the late Indiana Republican Chairman Gordon Durnil had the helm for eight years under Gov. Robert D. Orr. The Indiana congressional delegation was held by the Democrats during four of those years. Compare that to out-going Indiana Republican Chairman Hupfer, who left office on Thursday after the GOP Central Committee elected Anne Hathaway as the first female at the helm.

During Hupfer's tenure, Hoosier Republicans never lost a constitutional Statehouse office. There were four consecutive General Assembly supermajorities (and six overall), while under Durnil the GOP House majority topped out at 63 seats twice. And in his final election as chair, Democrat Evan Bayh was elected governor and the Indiana House split 50/50.

During Hupfer's reign, the GOP held the Indiana House congressional delegation 7-2; and in 2018, Republican Mike Braun upset Democratic U.S. Sen. Joe Donnelly. Gov. Eric Holcomb was reelected with 56.5% of the vote and a record 1,706,727 votes (that compares to Bayh's 62% reelection victory in 1992 with 1,382,151 votes). Under

Durnil, Orr was reelected with 52% and Lt. Gov. John Mutz was defeated by Bayh in 1988.

Under Hupfer, Hoosier Republicans hold more than 90% of county offices and won a record 70 mayoral races in 2019. Hupfer raised \$34.75 million for the Eric Holcomb For Indiana campaign as treasurer and \$21.8 million for the Indiana GOP.

"Kyle Hupfer's tenure as chairman of the Indiana Republican Party has proudly been one for the record books," Holcomb said last week. "When he assumed the role in 2017, many believed the Indiana Republican Party had reached its apex. Instead, Kyle pulled together and led a team that was able to defy the annual odds."

What does Hupfer attribute to this historic success? It was creating unified campaigns under the state GOP umbrella. "The first impactful thing we did was really locking hands with a governor, which had never been done before," Hupfer told me. "We expanded that in '18 knowing that we had an incumbent U.S. senator on the Democratic side we were going to try and beat. We recreated how the state party operated on a statewide basis in those general elections. We started early and got buy-ins from the statewide, from the congressionals; buy-in from the federal side of things and then ran one campaign. All the grassroots folks were state party employees. We did GOTV, we were recruiting, making calls, knocking on doors, distributing signs, pushing absentees, mail; we were doing all of those nuts and bolts GOTV

and we won."

With the unified campaigns, he was able to share resources. "We've had really, really good data so when we're running these cohesive, one statewide plan, that data gets to everyone," Hupfer said. "If it's not in their hands it's impacting them by the way we're using it and so we're deep into polling, deep into modeling."

Where does this leave Hoosier Democrats, who are at a low, low ebb?

Schmuhl, who took the helm in 2021 after managing Pete Buttigieg's \$100 million 2020 presidential campaign, has started by raising money. "You've got to raise a lot of money to be successful in politics and with campaigns," he said. "We had an operating budget of about \$1 million a year and we've doubled that. That's allowed us to hire more people, hire more organizers around the state, make some investments in technology for different tools to reach more voters."

This year, Schmuhl hopes to increase the party's 47 mayors, believing Democrats have a good chance of holding on to Indianapolis and Fort Wayne by reelecting Joe Hogsett and Tom Henry, while targeting Michigan City, Terre Haute, Lawrence, Evansville, Muncie and Carmel. "Those communities are where we have great candidates who are putting together great bids to become leaders of their communities," Schmuhl said.

He expects Jennifer McCormick, a former Republican who served as the superintendent of public instruction, to win the

Democratic gubernatorial nomination in 2024, riding such issues as abortion access, school security and the GOP's overreach on matters like banning library books. "Jennifer is making the rounds, and she's doing everything you need to do to be a serious candidate," Schmuhl said. "She's meeting people at the grassroots level, she's working on raising more money. I think she has a strong message."

Democrats are recruiting candidates for the General Assembly in 2024. Schmuhl believes the current environment will lead to a revived party.

"Which record is longer? President Biden's legislative record or Trump's felony count?" Schmuhl asked. "When you look at what Joe Biden has been able to accomplish with the slimmest of majorities during his first two years — the American Rescue Plan; the Inflation Reduction Act; the Sacred Communities Act, which addresses gun violence; the Bipartisan Infrastructure deal; the CHIPS Act — these are monumental pieces of legislation."

"The other side, Donald Trump, all they want to do is talk 24/7 about the politics of division," he said. "They don't have a 21st century plan for the future. Their agenda is division, culture wars, pitting people against one another, making our dialogue fractured and limited access to the ballot box. That's their path to success. That's wrong."

-Brian Howey is senior writer and columnist for Howey Politics Indiana/State Affairs. Find Howey on Facebook and Twitter @hwypol.

Older Car, Engine Fried: What To Do?

EARTHTALK

Dear EarthTalk: The engine is fried on my old Honda Civic. What's the most environmentally friendly thing to do with this car?

Studies show that the typical combustion engine has a lifetime expectation of about 200,000 miles. For the average American, reaching this mileage takes about 14 years. Surprisingly, a survey by Zebra found that the average American only keeps their longest-owned car for eight years. The manufacturing of new cars, even electric ones, generates heavy emissions, contributing to pollution. Large automotive conglomerates like Stellantis (parent company of well-known brands like RAM, Maserati, Jeep, Chrysler and Dodge) are now focusing on extending car lifetimes and reusing parts to reduce carbon emissions.

One obvious option is engine repair or replacement. Repairing or replacing your car's engine, though it may seem like a weak investment, is more environmentally friendly than buying a brand-new car. However, older cars often have poor fuel efficiency, so it is good to check online databases to compare your old car's fuel efficiency with newer models you're considering.

Another possibility is to convert your gasoline-powered engine to electric. But it is no easy task, as you'll have to not only remove and replace the engine itself but also the transmission, gas tank and exhaust system. This option is certainly more eco-friendly than buying a new car, and you'll save on fuel costs. However, the immediate costs for the conversion kits, accessories and installation service can range from \$7,000 to \$20,000, making it reasonable only if you plan to keep your car for a while.

If your car is truly beyond repair, buying a hybrid or electric vehicle is likely the best option.

Then if you're truly eco-motivated, you can choose to recycle your old car's parts yourself. In doing so, make sure to do so responsibly. Drain and recycle used motor oil. Some recycling centers accept it for re-refining and repurposing, and certain locations of Auto Zone and O'Reilly Auto Parts will recycle engine oil and filters for no cost. The same firms may also be willing to buy your car's battery for a small amount. The car's tires, if in good condition, can be held onto for spares or sold for repurposing.

Beyond those simple tasks, you'll need an auto-salvage yard or junkyard to handle the rest. They will crush the car frame and chassis. The metal is then melted and repurposed. Car glass is laminated, so it cannot be mainstream recycled. However, your local junkyard may have contacts with large auto glass manufacturers, many of whom, according to onlyautoglass, "are innovating and coming up with new ways to recycle auto glass, for multiple reuses." This practice isn't the norm throughout the industry, says only1, but it is gaining in popularity.

-CONTACTS: Why The Keeping Older Cars On The Road Is The Best Way To Cut CO2 Emissions, <https://www.hotcars.com/keep-old-cars-running-to-cut-carbon-emissions/>; Survey: Average length of car ownership in America, <https://www.thezebra.com/resources/driving/average-length-of-car-ownership/>; Keeping old cars longer can help the environment MORE than buying new electric cars, <https://studyfinds.org/keeping-old-cars-help-environment-more-than-new-electric-cars/>; Car Recycling Process: How Does It Work? <https://shrinkthatfootprint.com/car-recycling-process-how-does-it-work/>.

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earth-talk.org>. Send questions to: question@earthtalk.org.

Stubby Got Into Some Trouble



CARRIE CLASSON
The Postscript

It was time to come back from Mexico.

It wasn't because of the weather. The weather was

wonderful. The nights up in the mountains were cool, and the days were warm, and sometimes, in the afternoons, a thunderstorm would roll in, and a refreshing rain would fall, leaving the air clean and sweet. No. It wasn't the weather.

And it wasn't really my family—although, I do miss them. My parents have been in the thick of summer activities at their cabin by the lake. They had lots to do and lots of visitors, and I knew they were doing well. No. It wasn't my family.

The truth is, I heard some concerning news about Stubby, my mother's pet red squirrel, and I thought it was time I went to visit him to make

sure everything was OK.

My mother reluctantly adopted Stubby after the tragic loss of half his tail last year. He went from her archenemy to her best friend, and now my mother feeds him every day. He spent the winter under their deck, digging tunnels through the snow to get to the treats my mother left under the bird feeder. He has become quite tame and is clearly devoted to my mother and so, naturally, every time I chat with my mom, I ask how Stubby is doing.

Apparently, Stubby got into some trouble.

According to my mother, their neighbor, Rod, painted his deck recently. I can picture Rod's deck. It is a cheerful blue and has bright yellow flowerpots and patio furniture on it. It's a beautiful deck, but keeping it that color requires a bit of upkeep. So I'm assuming that when there was no rain in the forecast, Rod got out there to paint the deck.

At this point, I would

like to emphasize that there is no proof whatsoever of Stubby's guilt.

According to Rod, whose house is next door, his work was spoiled with little squirrel tracks all over his newly painted deck. Rod was not happy. He told his wife that he was going to get some squirrel traps and catch whoever ruined his paint job and deposit them far away.

Rod would never kill a red squirrel, but I can imagine he was pretty angry about the deck and would be willing to drive quite a long way to relocate whoever had left paw prints all over it.

Char, Rod's wife, was chatting with my mother last week, and she told Mom about Rod's plan.

"Oh, no!" my mother said. She told Char she wished Rod wouldn't do that, but she never heard back, and she hadn't seen Rod or Char since.

"I haven't seen Stubby all day," my mother wrote me. "Should I be worried?" And she signed

her note, "Stubby's friend and protector."

And that was how the story was left.

There is a lot I don't know. First—and most importantly—there is no evidence that it was Stubby who ruined Rod's deck. Stubby is missing his tail, not a paw, and his tracks would look like any other red squirrel's—including the very wicked squirrel who ran across that fresh blue paint.

And I never heard back from my mother. Surely, she would have called me in Mexico if Stubby had gone missing for more than 24 hours. So now I am planning a visit to check up on my mom and my dad—and Stubby.

But I will tell you right now, if I happen to notice a slightly blueish tint on Stubby's feet, I do not plan to say a word.

Till next time, Carrie

-Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.

PUBLIC NOTICES

HAMILTON COUNTY REGIONAL UTILITY DISTRICT MEETING NOTICE

Pursuant to IC 5-14-1.5-5 (a) The Hamilton County Regional Utility District will meet on Monday, September 11, 2023 at 10:30 a.m. in the Commissioners Courtroom located in the Hamilton County Government and Judicial Center, One Hamilton County Square, Noblesville, Indiana 46060. TL20692 9/5 1t hspaxlp

HAMILTON COUNTY REDEVELOPMENT COMMISSION MEETING NOTICE

Pursuant to IC 5-14-1.5-5 (a) The Hamilton County Redevelopment Commission will meet on Tuesday, September 19, 2023 at 8:30 a.m. in the Commissioners Courtroom located in the Hamilton County Government and Judicial Center, One Hamilton County Square, Noblesville, Indiana 46060. TL20691 9/5 1t hspaxlp

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13th Annual Lucky Teter Rebel Run Car Show and Motorcycle Show



The Times photos by Betsy Reason

A record 235 vehicles entered Saturday's Lucky 13th annual Lucky Teter Rebel Run Car Show and Motorcycle Show at Forest Park in Noblesville. The car show, started by Barry Dixon of Noblesville, benefits Noblesville Masonic Lodge's Angel Fund.

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THE TIMES classifieds.

BLESS From Page A1

providing an anonymous surrender option for mothers in crisis.

The organization was founded in 2016 by Monica Kelsey who learned in adulthood she was abandoned as an infant. Now her life's mission is to end infant abandonment and advocate for the Safe Haven Law. In addition to educating citizens on the Safe Haven Law, Safe Haven Baby Boxes provides free confidential counseling via their hotline 1-866-99BABY1.

Kelsey explained, "This area of Indiana has seen several surrenders and we are pleased to offer another location to protect vulnerable women and their children. We are seeing our program successfully offer a safe option for

women who are unseen and underserved."

A Baby Box allows for the legal, safe, and anonymous surrender of an infant provided under the Safe Haven Law. It features three silent alarms alerting first responders to the presence of a surrendered infant. The baby will be attended to within five minutes and taken to the hospital for medical evaluation. Adoption occurs within 30 to 45 days by families who are signed up for foster care with the intention to adopt.

Fire Chief Matt Mitchell stated, "The Noblesville Fire Department is honored to provide a safe, anonymous, life-saving option for mothers and parents that are unsure of where to turn or what to

do. The Safe Haven Baby Box exists to help people who have no recourse but to surrender their infant in a way that ensures the child's safety."

Since 2017, 35 infants have been placed in a Baby Box. Nationwide, over 130 surrenders have resulted from calling the National Safe Haven Baby Box hotline. Safe Haven Baby Boxes are currently available in Indiana, Ohio, Arkansas, Florida, Kentucky, New Mexico, North Carolina, Pennsylvania, Tennessee, Oklahoma, Missouri and Mississippi.

For any questions Monica Kelsey will be on site at this blessing. For more information please contact Monica at monicakelsey@safehavenbabyboxes.com

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THE TIMES

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TUESDAY

Health and WELLNESS

Tuesday, September 5, 2023

A7

Managing Your Family's Year-Round Health



FAMILY FEATURES

Now is a good time to check in and make sure your entire family is protected from infectious diseases.

According to the Centers for Disease Control and Prevention (CDC), vaccines help create protective antibodies that fight off infections. Timely routine vaccinations, such as MMR (measles, mumps and rubeola) and Tdap (tetanus, diphtheria and pertussis), are known to prevent around 4 million deaths annually, yet only 1 in 5 adults are up to date on their vaccines.

Convenience, accessibility and lack of trust all play fundamental parts in why vaccination numbers are low across some demographic groups and geographic regions. Community pharmacies and clinics, such as the Kroger Family of Companies' Pharmacies and The Little Clinic, have emerged as accessible and convenient options for people seeking needed healthcare services outside of traditional settings. These facilities offer a range of high-quality services, including medication counseling, health screenings and immunizations.

Routine preventive care, including vaccine administration, can take place at various points throughout the year and is not limited to a single season. Certain populations, such as people who are 60 years of age and older, those with chronic diseases and some minority populations, are more at risk for contracting certain infections and are encouraged to maintain updated vaccinations and boosters throughout the year. (For children younger than 5 years of age, check with your local pharmacist or clinician for vaccine guidelines.)

The CDC recommends everyone 6 months old and older get an annual flu vaccine. Influenza, more commonly known as the flu, is a highly contagious respiratory virus that infects the nose, throat and lungs, and could lead to serious illness, hospitalization or death. Dominant flu strains are constantly shifting and protection from a single flu vaccine declines

over time. To reduce the risk of getting or spreading the flu, it's important to get a yearly flu vaccination.

Retail pharmacies and clinics hold a unique position in the local communities they serve and are deeply committed to vaccine education and outreach. In addition to providing protection against illnesses such as influenza, vaccines also offer protection against hepatitis A, hepatitis B, varicella (chicken pox), measles, RSV, pertussis (whooping cough), COVID-19 and more. By equipping people with consistent, factual information, retail pharmacies and clinics empower them to make informed decisions about their health and the health of their loved ones.

Research shows schools and colleges have the potential to cultivate a higher disease transmission rate that affects all ages, from students to staff and teachers, due to the proximity of people within buildings. When students are protected against vaccine-preventable illnesses, they experience fewer absences due to illness, allowing them to fully participate in classroom activities and maximize their learning potential.

Ensuring children are current on their vaccines also creates opportunities for parents and caregivers to check their own preventive health statuses. The National Institutes of Health notes vaccine-preventable diseases cost the country approximately \$27 billion annually in lost wages and increased healthcare costs. Missing routine immunizations could result in missed work and medical bills that could prevent people from being able to provide and care for their families.

Unlike some traditional healthcare settings, retail pharmacies and clinics are easily accessible. They are often located within local communities and have extended hours that cater to busy schedules, allowing flexibility for people getting their families vaccinated. In fact, 90% of the U.S. population lives within 5 miles of a pharmacy. Options like the Kroger Family of Companies' Pharmacies and other retail pharmacies have established vaccine clinics within their pharmacy and

clinic locations, making vaccinations a seamless and convenient part of the healthcare experience they provide.

Annual Gallup Polls consistently show pharmacists and nurse practitioners are among the most trusted people in the medical field. Healthcare professionals at retail pharmacies and clinics undergo rigorous training and possess in-depth knowledge about vaccines, proper storage and handling as well as administration techniques. These professionals contribute to the

confidence of their patients and the health of the community at large.

Retail providers disseminate accurate information about vaccines and address vaccine hesitancy and misinformation within their local communities. By prioritizing proactive vaccinations, retail pharmacies create an environment that supports the overall well-being of students, teachers, staff and families alike, helping communities live healthier lives.

To learn more about annual vaccination needs, visit kroger.com/vaccinations or plan a visit to a local pharmacy or clinic.



Stay Up-To-Date on Recommended Vaccines
Check the boxes on this form to keep track of your and your family's vaccinations

Infant to Age 15 <small>Please call. The Kroger Family of Companies' Pharmacies and The Little Clinic can only administer vaccinations for children 12 months and older.</small>	<input type="checkbox"/> COVID-19 <input type="checkbox"/> Hemophilus Influenzae Type B (Hib) <input type="checkbox"/> HPV (Human Papilloma Virus) <input type="checkbox"/> Influenza (Flu) <input type="checkbox"/> Meningitis (Meningococcal) <input type="checkbox"/> Polio
Age 16 to 49	<input type="checkbox"/> COVID-19 <input type="checkbox"/> Hepatitis A <input type="checkbox"/> Hepatitis B <input type="checkbox"/> HPV (Human Papilloma Virus) <input type="checkbox"/> Influenza (Flu) <input type="checkbox"/> Meningitis (Meningococcal) <input type="checkbox"/> Td or Tdap (Tetanus, Diphtheria, and Pertussis)
Age 50 to 64	<input type="checkbox"/> COVID-19 <input type="checkbox"/> Influenza (Flu) <input type="checkbox"/> Shingles (Herpes Zoster) <input type="checkbox"/> Td or Tdap (Tetanus, Diphtheria, and Pertussis)
Age 65+	<input type="checkbox"/> COVID-19 <input type="checkbox"/> Flu (Influenza) <input type="checkbox"/> Pneumonia (Pneumococcal) <input type="checkbox"/> Shingles (Herpes Zoster) <input type="checkbox"/> RSV (Respiratory Syncytial Virus)

For more information or to make an appointment, please visit Kroger.com/vaccinations

You may be eligible for other vaccines based on underlying medical conditions or other considerations. Please talk to your healthcare provider for a recommendation on which vaccines are right for you.

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TUESDAY

In The Kitchen

Tuesday, September 5, 2023

A8

Cooking Clean

A reliable energy source can make cooking nutritious meals quick and easy



Chef Dean Sheremet

FAMILY FEATURES

With many people focused on achieving a cleaner and healthier lifestyle, taking actionable steps such as recycling, using less hot water and eating nutritious foods can help lower your carbon footprint. Another step for a clean lifestyle: cooking with an environmentally friendly, clean energy source like propane.

Propane is already powering more than 12 million homes with reliable energy people can count on. Plus, gas-powered cooktops are preferred by 96% of professional chefs, including nutritionist and chef Dean Sheremet of "My Kitchen Rules," who partnered with the Propane Education & Research Council (PERC) to educate homeowners on the benefits of cooking with gas.

"There is a lot of misinformation about cooking with gas in the news," Sheremet said. "It's important to remember, the act of cooking itself impacts indoor air quality, regardless of the energy that powers the stove. Having a qualified technician install and perform regular service for the stove, maintaining proper ventilation using a hood or opening doors or windows and following common sense safety measures can ensure the safe use of any stove."

Because ventilation when cooking is key, it's important to note that cooking with propane results in lower carbon dioxide (CO2) emissions than electric cooking, on average. That's because more than 60% of electricity production comes from natural gas or coal generation plants, which release more CO2 emissions as part of the generation process.

Beyond the environmental benefits, propane-powered cooking appliances provide convenience, modern design and performance in kitchens, allowing home chefs to prepare healthy meals for their families in a short amount of time. Sheremet values the efficiency of a propane cooktop when creating nutritious meals like Skirt Steak with Salsa Verde and Spaghetti and Clams, which can be whipped up in minutes using a clean energy source.

"Chefs, and parents like me, prefer gas for a variety of reasons," Sheremet said. "My son, Atlas, is often in the kitchen when I'm cooking, and we know sometimes kids don't listen when we tell them to not touch a pan or the stove. Propane cooktops allow for greater control of heat levels and their instant flame turnoff capabilities help them cool faster than traditional electric stoves, which can remain dangerously hot for a period after they have been turned off."

Learn more about cooking with propane and find recipes from Sheremet at Propane.com/ChefDean.

DO'S AND DON'TS OF COOKING WITH GAS

Cooking with a reliable and environmentally clean energy source like propane can take your home chef skills to the next level. However, there are steps to take to ensure safety while maximizing the benefits of cooking with your gas range.

Do:

- Follow the manufacturer's installation and operating instructions.
- Keep pot handles turned inward to protect against accidents like knocking the pot off the stove or little ones reaching for the handles.
- Keep the range surface clean.
- Keep flammable materials away from burner flames.

Don't:

- Do not cover the oven bottom with foil as it can restrict air circulation.
- Never use gas ranges for space heating.
- Do not allow children to turn burner control knobs.
- Do not leave food unattended on the cooktop.



Spaghetti and Clams

Spaghetti and Clams

Recipe courtesy of chef Dean Sheremet on behalf of PERC

Salt

- 8-12 littleneck or other small clams in shell, scrubbed
- 1/4 pound spaghetti noodles
- 2 tablespoons extra-virgin olive oil
- 1/2-1 garlic clove, minced
- 1/2 dried red chile pepper
- 1/3 cup vermouth or white wine
- 1-2 tablespoons chopped fresh Italian parsley

Bring large pot of lightly salted water to boil. Soak clams in cold water.

Add spaghetti to boiling water and cook until slightly underdone. In large saucepan over medium-low heat, add olive oil, garlic and chile pepper. Saute gently, reducing heat, if necessary, so garlic does not brown.

Add vermouth and clams; cover. Clams should open in about 2 minutes. Add hot drained pasta, cover and shake pot gently. Simmer 1-2 minutes until spaghetti is cooked to taste.

Discard unopened clams. Add half the parsley and shake pan to distribute evenly. Transfer to plate or bowl and sprinkle with remaining parsley.

Skirt Steak with Salsa Verde

Recipe courtesy of chef Dean Sheremet on behalf of PERC

- 1/2 cup extra-virgin olive oil
- 1/4 cup red wine vinegar
- 2 thinly sliced scallions
- 3 tablespoons capers, drained and roughly chopped
- 3 garlic cloves, minced
- 1/2 teaspoon kosher salt, plus additional, to taste, divided
- 1/2 teaspoon black pepper, plus additional, to taste, divided
- 1 1/2 pounds skirt steak
- 2 tablespoons chopped parsley
- 2 tablespoons chopped fresh mint, divided
- 1/4 cup pistachios
- 1 romaine heart
- 1 radicchio
- 1/2 cup crumbled goat cheese

Whisk olive oil, vinegar, scallions, capers, garlic, 1/2 teaspoon salt and 1/2 teaspoon pepper. Pour about 1/3 of dressing (about 1/3 cup) over steak and turn to coat.

Add parsley and 1 tablespoon mint to reserved dressing; stir and set aside until ready to use. Cover and refrigerate steak 30 minutes, or up to 24 hours.

In small saute pan over medium heat, toast pistachios, tossing often, until golden brown, about 3 minutes. Set aside.

Set grill to medium-high heat or heat grill pan on stovetop over medium-high heat. Grill steak about 5 minutes per side. Transfer to plate and rest 10 minutes.

Cut romaine hearts lengthwise into quarters. Arrange romaine and radicchio in layers on large platter, leaving room on one side for steak. Sprinkle with goat cheese, pistachios and remaining mint.

Slice steak into 3-inch pieces then slice against grain to cut steak into wide strips. Add sliced steak to platter. Drizzle reserved dressing on romaine and steak.



Skirt Steak with Salsa Verde